



# Afternoon Wellness Sessions

### Morning or Afternoon Tea Menu

- Zucchini & halloumi fritters with minted yoghurt (V, GF)
- Supergreen falafel bites with hummus (GF, Vegan)
- Chicken skewers with satay sauce (GF, DF)
- Mini Thai beef salads (GF, DF; Vegan option available)
- Mini Carrot & beetroot crunch salads with halloumi (GF, V)

- Peanut Butter Fudge Slice (GF, vegan, refined sugar free)
- Raspberry Ripe Slice (GF, vegan, refined sugar free)
- Seasonal fresh fruit

### Drinks

- Freshly brewed coffee
- Gourmet teas, including herbal teas
- Flavoured & plain sparkling mineral water

All inclusive packages for your team:  
30min practical learning session, full menu & staff to set up food & take care of cleaning up following your event (prices ex GST):

- Group up to 10pax - \$850
- Group up to 30pax - \$1415
- Up to 50pax - \$1730

Larger groups welcome - please ask!