

ISSUE 32 MAY/JUNE 2009



# Kids on the Coast

**IS IT JUST ME,  
OR IS EVERYONE  
HAVING BABIES?**

**Celebrating  
your baby's arrival**

**COPING WITH  
SLEEP DEPRIVATION**

**KEEPING YOUR BABY SAFE**

**Are your other  
KIDS JEALOUS?**

**Tips to help you enjoy your  
first ever holiday together**

**PLAYGROUNDS:  
Fun or menace?**

**PLUS** the Kids on the Coast  
calendar of events, product reviews  
and the latest parenting books

**FRReE!!**

things to do, places to go,  
everything for kids & parents  
on the Sunshine Coast

**SPECIAL  
BABY  
EDITION**

# CHECK THIS OUT!

our guide to interesting & essential bits & pieces



## HEALTHY SKIN FOR BABY

Moo Goo was first made when the founder adapted a cream used in dairy farms to help a family member with a skin problem. It was so successful, it spawned a range of products, one of which is *Moo Goo Scalp Cream*. This moisturiser controls the yeast on the skin using natural ingredients, allowing your baby's skin (and your own!) to return to a healthy condition. Applied after washing, the skin should regain its glow within a few days. *Moo Goo* products are available at Elements 3, Buderim 5476 8835, Coolum Village Amcal Pharmacy, 5546 2111 and Mrs Flannery's Natural Grocer, Maroochydore 07 5479 3522. Not all products are available at all stockists. Visit [www.moogoo.com.au](http://www.moogoo.com.au) for more information.

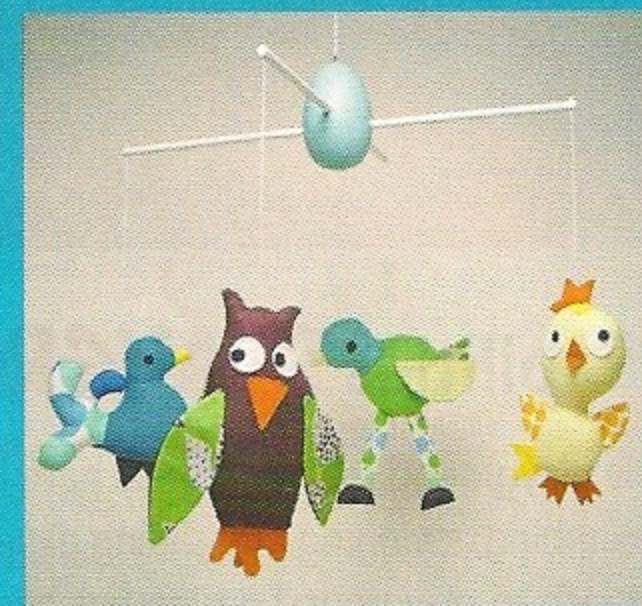
## Reduce your landfill

It's a dilemma for many parents: cloth or disposable? One is good for the environment, the other is way more convenient. The decision has been easier in Europe, where biodegradable disposables are used widely. Now they can help you sleep soundly too. Although a little more expensive Danish *Bambo* nappies are now available in Australia. Available through Mums Happy Nappies, phone 1300 760 140 or visit [www.mumshappynappies.com.au](http://www.mumshappynappies.com.au) or [www.hellocharlie.com.au](http://www.hellocharlie.com.au). Why not change your baby wipes too? *Clearly Herbal Baby Wipes* are equally as good for the environment and safe for your baby. They come with a pleasant aroma of Lavender and Chamomile and include no alcohol, chlorine or lanolin to harm your baby. Not to be confused with *Bambo*, their *Bambo Cloth Wipes* are made from 100% natural bamboo fabric which offers natural antibacterial properties! Available online at [www.theproductstore.com.au](http://www.theproductstore.com.au) and [www.nappysupplies.com.au](http://www.nappysupplies.com.au)



## FLIGHTS OF FANCY

We all know mobiles stimulate your baby as they lie in their cot and if you are going to have one, why not make it art? This delightful whimsical mobile by artist Kristin Loffer Theiss features several felt animals measuring about 15-19cm in height. They rotate around a turquoise egg and provide hours of entertainment. Available online at [www.kindergallery.com](http://www.kindergallery.com)



## MAKE IT LAST WITH A CAST

You may never look this way again, so relish your condition and preserve it for posterity with a *Belly Art Casting Kit*. Safe and easy to use, these kits can be used in the comfort of your own home. With the help of your partner, you can create a wonderful wall hanging to commemorate this precious time. The kit comes complete with easy to follow instructions and photos. It makes a wonderful baby shower gift, but don't leave it too long! Kits can be purchased at Eckersley's, Maroochydore 5479 5933 or Holy Sheet, Noosaville 07 5474 4729. Or visit [www.bellyart.com.au](http://www.bellyart.com.au)



## HOW LONG HAS THAT BEEN THERE?

You have better things to think about now, than how long your food has been in the fridge... problem is, you want to make sure you don't keep baby products too long. That's where the *Days Ago Digital Counter* (as seen on Oprah) comes in. This little timing device attaches to jars and cans with a magnet, band or suction and it counts the amount of time lapsed at the push of a button. *Days Ago* comes two to a pack. Visit [www.jespo.com.au](http://www.jespo.com.au)



## THE FOOD FLIES OFF THE PLATE!

Troublesome tots can't resist these ingenious flying spoons from French Bazaar. Add a few parental sound effects and they make meal times come alive. Things might get a little messy, though, so why not grab a stylish biopolymer bib? Made from potato starch, these colourful Velcro fastened bibs have no negative environmental effect. Both products can be found at Soul Sanctuary, Noosa Head 5447 5566 or visit [www.frenchbazaar.com.au](http://www.frenchbazaar.com.au)



## Toilet training made easy

No more searching for the toddler toilet seat or potty... The *Lupi Lu* is a fantastic must have item for everyone with small children. Clever in design, it is a toilet seat to meet all your family's needs. You simply replace your normal toilet seat with the stylish *Lupi Lu* which has separate toddler and adult seats integrated into the one unit. Both the toddler and adult seat have the added benefit of a soft close hinge. The *Lupi Lu* fits all standard Australian toilets. RRP \$109 and available from [www.theproductstore.com.au](http://www.theproductstore.com.au)



## PLAIN SAILING

The famous lullaby *Rock a Bye Baby* has been given a whole new approach. We found a local boat builder who custom makes cradles that simulates the 3 dimensional movement of a boat at sea. The cradle boat was born to imitate the natural movement a baby feels in the womb. It can be hung directly from the ceiling or from a flexible stand (pictured). With these beautifully handcrafted wooden cradles, sleep time will be plain sailing. For enquiries call Fritz Schwarz on 0418 795 186. Check out the gallery on his website. [www.blackboards.net.au](http://www.blackboards.net.au)

