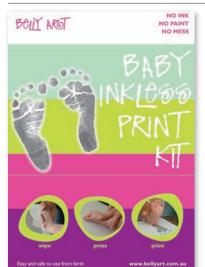


Compiled by Lisa Quittner

D on't forget **Sunday May 10th** is Mothers Day! Mothers Day gives us an opportunity to tell our mums how much they mean to us and how much we appreciate them and all they do. Mothers come in many forms from birth mums to step-mums, mums passed and present, special people who have shown kindness or taken you under their wing, or have guided and mentored you. Mothers are very special people that deserve a little recognition every day but especially on Mother's Day. We have put together some gift ideas to suit Mum's of all ages; we hope your day is special.



## **BELLY ART**

Belly Art is a locally based company started by two young mums providing professional belly casting services for expectant mothers, hand and foot plaster casting and framing as well as 100% safe, tried and tested DIY Kits and an extensive range of merchandise to put a smile on the face of Mums and Grand-mums everywhere.

The DIY Kits are very easy to use, assembled in Australia and beautifully boxed and presented making them ideal gift ideas. Their latest kit, the Inkless Print Kit is "miraculous" you simply wipe the child's foot or hand with the inkless wipe, press onto the magic paper and hey presto, a perfect print appears, no mess, no fuss and no ink. You can use your prints as a keepsake for the baby book, or digitally apply them for thank you cards or to the range of key rings, mugs and stubby holders. This magical process is used across Maternity hospitals in the U.S for identification records and is foolproof.

Belly Art also produce life casts which literally freeze moments in time. Casts are taken of mother and baby or grandparents holding hands, the cast is completed in a bronze, gold or silver finish and is a truly priceless memento.

Belly Art are leaders in their field and offer traditional, modern and funky alternatives to age old practices. Many finishes are exclusive to Belly Art. Check out their website for a Mother's Day gift that will last a lifetime. Gift vouchers are also available. **www.bellyart.com.au** or **9509 4060** 



## MOTHERS DAY CLASSIC

The Mother's Day Classic gives us all an opportunity to remember those who have been lost to breast cancer, to show support to someone with breast cancer or just to show appreciation to your mum on Mother's Day. By taking part we are assisting in finding a cure while giving support to the millions of women, mum's, children and families affected by the disease. Let's walk or run together to make a difference. I'll be there with my mum, sister and daughter, please join us! Sunday May 10th you must register asap. www.mothersdayclassic.org or 9645 1333



## DISCOVER THE ORIENTAL BEAUTY CODE

Australia has been well exposed to Eastern culture but are we aware of the benefits of Chinese facial beauty therapy? Chinese facials are a part of the skin care regime offered as part of the Oriental Beauty Code which allows the release of blocked "chi" (energy), to assist in the elimination of toxins.

Oriental Beauty Code brings the Chinese beauty and massage service to Docklands, a wonderful gift for Mothers Day.

Chinese acupressure massage has been a traditional healing and relieving procedure throughout China's long