## Wrist Sizing

1. Cut a strip of paper as indicated on this sheet. Wrap the strip around the wristtightly just above the wrist bone (towards the elbow). Mark the paper just where one end of the paper overlaps. Then lay the strip flat and measure the length to the mark with a ruler.

2. Select the bracelet size that corresponds to the emasurement you made. The appropriate length will be added to make sure you get a comfortable custom fit.
