

Certificate in Aroma Science

Micro-credential (Level 4)

-ENROLMENT BROCHURE-



"Aromascience Training is a private training establishment that has been granted registration by the New Zealand Qualifications Authority under Subpart 5 of Part 4 of the Education and Training Act 2020."

"Aromascience Training Limited is accredited to provide the Certificate in Aroma Science Micro-credential (Level4) by the New Zealand Qualifications Authority under section 446A of the Education and Training Act 2020"

Version 6: 21/04/2024 2 | Page

Contents

About Us	4
About This Course	4
Who Should Do This Course?	5
Career Opportunities	5 & 6
Entry Requirements	6
How Do I Enrol?	6
What Qualification Do I Obtain?	6
Intakes and Overview	6 & 7
Content and Structure	7
Assessment Requirements	8
Resources	8
Attendance	8
Aroma Science Tuition Fees	9

Version 6: 21/04/2024 3 | Page



Nau Mai, Haere Mai – Welcome!

We are excited to be part of your learning journey to achieve a Certificate in Aroma Science (Micro-Credential) Level 4.

We care about you, your learning and wellbeing. You will not be alone on this journey; we are right here beside you to support you every step of the way.

About Us

Our Vision

We provide exemplary aroma science knowledge and skills to our learners to empower them to improve the health and wellbeing of themselves, their whanau, their clients and their communities.

Our Mission

We imagine a future where complementary medicine is scientifically understood and is embraced by all communities in Aotearoa New Zealand.

Our Purpose

We provide aroma science training to improve human health and well-being outcomes in a way which complements conventional medicine.

AromaScience Training, is a New Zealand owned and operated *Private Training Establishment*, specialising in aromatic medicine in the tertiary education sector.

Industry involvement is key to keeping compliant with our Governing bodies both within and outside of New Zealand so that graduates can confidently practice professionally anywhere in New Zealand and around the world.

AromaScience Training is registered, affiliated with and/or approved with the following bodies to teach the Certificate in Aroma Science course:

- The International Federation of Professional Aromatherapists <u>www.ifparoma.org</u>
- The New Zealand Register of Holistic Aromatherapists www.aromatherapy.org.nz
- ITENZ Independent Tertiary Education New Zealand
- NZQA New Zealand Qualifications Authority

About This Course

This Micro-credential has been developed with you in mind. We know you are busy so we have made this much easier to access anytime, anywhere by being an online course that you can start any time.

The skills and knowledge will not only gain you a recognised micro-credential but also the ability to support the health and wellbeing of yourself, your whānau and your community.

What is Aroma Science?

The controlled use of pure, natural aromatic oils (essential oils) obtained from plants to achieve good health and wellbeing through nature's chemistry.

Essential oils can be prescribed for a range of conditions and applied topically on the skin and or

Version 6: 21/04/2024 4 | P a g e

used in compresses, inhalations, creams, lotions and other simple mediums, such as hydrosols.

Once you have the skills and knowledge it will be easy for you to use in safe and practical ways.

Aims and Objectives

The **Aim** of the Certificate in Aroma Science course is:

- To train people in the study and application of essential oils and plant related products.
- To educate New Zealanders about our native and global plants in the form of Aromatic Medicine for complementary therapies.

The **Objective** of the Certificate in Aroma Science course is:

To provide purpose and meaning to Aroma Science (Aromatherapy) to practice safely with your loved ones, add knowledge to your qualification base or to gain employment options.

Who Should Do This Course?

This Course Is Suitable For:

- Any adult returnee to study with a genuine interest to learn and a desire to work as an Aroma Science Therapist or support the health and wellbeing of their community.
- People who work from home, Health Food shops or Chemists who need to know more about essential oils and safe use.
- People who wish to make natural cosmetics or products from organic plant compounds for their own use.
- Those who wish to use this Certificate as a first step to become an Aromatherapist but are unable to undertake study in Nelson.
- Those who are upskilling for professional practice and memberships as part of CPD (Continued Professional Development).
- Other qualified Massage therapists, Reflexologists, Physiotherapists, Osteopaths, Nurses, Beauticians and Doctors who wish to add a specialised Certificate to their practice.

Why We Are Providing This Course:

- To provide opportunities for learners to develop a range of skills and techniques, essential for successful blending, topically and internally.
- To provide learners with knowledge and support to prescribe and administer plant-based medicine to their clients, through professional practice recording methodology.
- To provide learners with advanced, current, and up-to-date learning about Aromatic medicine and its use within your own personal or professional practice.
- To explore the science around the growth, production, and composition of essential oils
- To develop in-depth knowledge of essential oils, hydrosols and carrier oils and natural related products that support aromatic medicine.
- To explore and develop an understanding of how to use organic plant compounds and the methods of making natural products such as balms, creams, and blends.
- To develop an awareness of current research into essential oil science and associated products used in practice and evaluate its usefulness in professional practice, e.g., Midwives and pregnancy, & breast cancer oils.
- To qualify learners as Aroma Science Therapists in the Complementary / Care industry, specialising in aromatic medicine for safe practice.



Career Opportunities

On completion of your AromaScience Training Certificate in Aroma Science (Micro-credential), you will have the skills to become a professional Aroma

Version 6: 21/04/2024 5 | P a g e

Science / Aromatology specialist using individual and integrated treatments for your clients.

You will be entitled to apply to NZROHA for associate membership status.

Practitioners with a Certificate in Aroma Science have established themselves in clinics that specialise in natural medicine, aromatherapy, and massage.

Graduates can also gain employment in Salons, Health Clubs, Health Food shops, Spas, and various aspects of the Complementary Medicine / Beauty Industry.

There may also be opportunities to work in midwifery, rehabilitation, and palliative care.

Other opportunities include:

- Self-employment; private or group practice.
- Specialist clinics.
- Hotels, cruise shops, health spas.
- Working with people with special needs.
- Community Education.
- Post Graduate Studies.
- Consultant to specialist industries.
- Perfumer or natural product consultant, spa, and beauty product manufacturers.
- Product distillers / distributors of natural products.
- Advisors of essential oils.

Entry Requirements

Admission Requirements

- Open to New Zealand Citizens or Residents.
- Applicants must be a minimum of 16 years of age at commencement of study.
- Learners must have regular access to and use of a computer with reliable internet. It is recommended that you have Internet Capable devices to complete this course, such as a laptop, desktop computer, iPad, or smart phone.

How Do I Enrol?

Enrolment

Learners can apply to be enrolled through completion of the enrolment form found on the website: www.aromasciencetraining.com

or email: info@aromasciencetraining.com for an enrolment pack.

If all entry criteria are met, an offer of place will be sent. Once all required paperwork and fees are received, learners will receive a confirmation of their study and access to the online learning platform.

Learner Responsibility

Learners are expected to:

- Notify any change in contact details.
- Notify any changes affecting the ability to complete their study.

What Qualification Do I Obtain?

 A NZQA approved Certificate in Aroma Science (Micro-credential) Level 4.



Intakes and Overview

Intakes

The Certificate in Aroma Science course is fully online so, once your enrolment is approved, we will place you with a group of learners that are just starting like you. There are bi monthly intakes from February to November.

Version 6: 21/04/2024 6 | P a g e

Overview

Each component/module of the online learning must be done in order i.e.,

- 1. Aroma Science 1
- 2. Aroma Science 2
- 3. Aroma Science 3
- 4. Aroma Science 4

The Certificate in Aroma Science course is available by **distance and online learning only**. There will be no need to come to our campus in Nelson.

The Certificate in Aroma Science course consists of approx. **400 hours of learning (40 Credits).**

Don't worry though, the course is broken up into easy to achieve topics and you will have online support available to you.

Study Skills for Success

This provides both literacy and numeracy and study skills for you if you need it. It also provides tips on studying and how to use your time wisely.

Health and Wellbeing

We know that juggling studying with life can be hard. We have a toolkit available through our online learning with links to organisations that can provide support. Of course, we are also able to help, and we will keep in touch with you.

Feedback

Your voice is important to us, and we want to make sure that your voice is heard. From time to time, we might ask you to complete a survey, or we might ask you to share any feedback when we are talking to you. To help us help you and for other learners that might do the course after you, we really encourage you to use your voice.

Further Training Options

Once learners have achieved the Certificate in Aroma Science, they may like to go on to other programmes of study i.e, the NZ Diploma in Wellness & Relaxation Massage or ITEC Diploma in Aromatherapy for the Complementary Therapist.

Content and Structure

Content

Includes but not limited to:

- Pure Essential Oils (learning 80 different varieties).
- Foundation knowledge of aromatherapy (history and theory of essential oils).
- Methods of extracting oils.
- Key to Chemical Components of Essential Oils.
- Carrier Oils (learning 20 different varieties)
- The Art of Blending (therapeutic cross reference charts and how to formulate etc).
- Methods of Absorption (learning about Nose & the Olfactory system, the Skin etc.).
- Chemistry (Photosynthesis, Plant Families, chemotypes, etc.).
- Special Topics (a new topic each module).
- Health and Safety.

Structure

The Certificate in Aroma Science Micro-Credential is divided into four modules.

Aroma Science 1.

Aroma Science 2,

Aroma Science 3,

Aroma Science 4.

There are seven (7) topics that repeat throughout the four modules.

These are:

- 1. Pure Essential Oils.
- 2. Carrier Oils,
- 3. The Art of Blending,
- 4. Methods of Absorption,
- 5. Chemistry,
- 6. Special Topics,
- 7. Health and Safety.

Learning Outcomes:

Graduates of this micro-credential will be able to:

LO 1: Examine the properties of pure essential oils and carrier oils for therapeutic applications.

LO 2: Describe the chemistry of essential oils and their botanical sources.

LO3: Evaluate various application methods when formulating blends, synergies, sprays, creams, and other natural aromatherapy products.

LO4: Select aromatherapy solutions to improve outcomes for a range of health conditions.

Completions and Extensions:

- It is anticipated that, unless extenuating circumstances exist, the course will be completed in the set period, i.e., within six to twelve months from commencement of the course.
- In the event the course work has not been completed within the above timeframe, you may be granted an extension up to 6 months. This is on a case-by-case basis.



Assessment Requirements

Learners will need to have completed all four components/modules in order showing competency in each.

The Assessment Includes:

- There will be some quizzes to practice on within your modules.
- Each module will have an individual assessment that will need to all be completed to achieve the Certificate in Aroma Science (Micro-Credential) Level 4.

Resources

Overview

Each online learning component/module has video links, interactive learning resources, charting, PowerPoints and much more to help you fully engage and participate in your learning within a most modern up to date learning platform available on the market.

- Zoom and or phone calls (one per module) with a facilitator to further support your learning.
- Please visit this link to see how our learning platform Coassemble Works

Learners have access to our AromaScience Training learning platform that is consistently updated.

Learners will be sent an email upon approved enrolment where you can login, and start completing the course material, videos etc.

Each component of the Certificate in Aroma Science course is open one at a time:

- Aroma Science 1; Includes online course material and assessment.
- Aroma Science 2; Includes online course material and assessment.
- Aroma Science 3; Includes online course material and assessment.
- Aroma Science 4; Includes online course material and assessment.
- A PDF of the course material is available to download and print, should you require a copy of the books.

Course Alterations

AromaScience Training reserves the right to update or alter course content at any stage throughout the duration of the course as deemed necessary for an improved learning experience.



Version 6: 21/04/2024 8 | P a g e

Dispensary

Learners have access to an educational dispensary as part of their learning if they wish to come to Nelson to experience the Aromaflex shop. This is at no extra cost.

Visit: www.aromaflex.co.nz to view what we do and to purchase organic oils and related aromatherapy products.

Attendance

- This is a distance, online learning course.
- No attendance is required in class, you can learn from your own home.
- Attendance is required online, through our AromaScience Training learning platform.

Aroma Science Tuition Fees

Description:	Learner Fee
Administration Fee	\$150.00
Aroma Science 1	\$450.00
Aroma Science 2	\$450.00
Aroma Science 3	\$450.00
Aroma Science 4	\$450.00
TOTAL AROMA SCIENCE FEES:	NZ\$1950.00

All Prices are quoted in New Zealand Dollars.

Please note that we are now a supplier with Work & Income so your fees can be paid.

Other Course Costs (optional, not compulsory)

Recommended but not	Amount
compulsory	
The Essential Blending Guide by	\$100.00
Rosemary Caddy	
Essential Cards (Pack 1 & Pack 2)	\$40.00
	(for pack 1 & 2)
Caddy Blending Calculator	\$20.00
An Introductory Guide to	\$60.00
Aromatherapy by Louise Tucker	
Essential Oil Kits	\$1200.00

A full break-down of optional course costs are available on the Certificate in Aroma Science tax invoice.

Prescribed Text

Essential Oils in Colour by Rosemary Caddy

Refunds & Course Withdrawal

Domestic learners are entitled to a refund if they withdraw from this programme as per the Education and Training Act 2020 as the course is:

- a. of more than three months duration and
- b. withdraw is within the refund period, ie, up until the end of the 8th day of the programme.

Full Refund details can be found in the course A to Z given out on Step 1 of the enrolment process.

Privacy Act

The Privacy Act 2020 ensures AromaScience Training collects, uses, discloses, and gives access to personal information in an appropriate way. The result of this is that our staff are unable to provide information on individual learners, their whereabouts, and addresses.

Complaints

We have a complaints policy. If you would like to see this, please email info@aromasciencetraining.com

Version 6: 21/04/2024 9 | P a g e



