- ► Functional Medicine
- ► Cosmetic Dermatology
- Pharmaceutical-Grade Supplements
- Prescription StrengthSkin Topicals



BE WELL. LOOK WELL.

MYDRLORI.COM



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**MYDRLORI.COM** 

## **DR. LORI'S WELLNESS JOURNEY**

From Traditional to Non-Traditional Medicine

# MY PARADIGM SHIFT

Medicine was not the original path I envisioned for myself (as a child, I wanted to be a veterinarian and I started college as an Art Major). I always thrived in the sciences, so it wasn't surprising that medicine ended up being a very natural fit. What I did not realize at the time was that traditional medicine would fail me and my own health — and this would lead to my a-ha moment and life's work.

During medical school, I developed Hashimoto's thyroiditis (auto-immune hypothyroidism) and after pregnancy, I developed too many food allergies to count. Traditional medicine said to avoid the foods, take antihistamines and do some allergy testing. This left me miserable and hungry. After searching for answers and the frustration of hearing "just deal with it," I discovered the sub-specialty of Anti-Aging and Regenerative Medicine. The light bulb went off at the first conference — I realized that I could do so much more medically to help myself and my patients by looking at the connection between the body systems instead of treating the actual disease when it is already too late — and I never looked back.

I have since taken control of my health and helped so many others with these non-traditional, integrative medicine methods. I think of the body systems as working as series of interconnected pyramids. These pyramids work together and heal together. They drive health in each other as well as disease in each other.

Truly listening to patients and compiling all symptoms combined with the most technologically advanced lab testing, I am able to create personalized, integrative protocols that work toward a healthy gut, immune system, brain, thyroid, adrenal gland, pancreas and hormones as well as chronic infection, inflammation and Post-Covid Syndrome just to name a few.

I thrive on teaching integrative health to each patient and hope to be able to bring my knowledge to more people. The information and treatment plans I provide are not something I learned in medical school. I deconstruct and reconstruct your health one step at a time, and I guarantee that I provide information that your regular doctor won't tell you simply because they do not know it. I offer several different plan options for anti-aging and integrative medicine and I bring them directly to you.

Let me introduce you to the other side of medicine.

Dr. Lori Gerber, D.O.

Functional Medicine and Cosmetic Dermatology

215-948-9833 MYDRLORI.COM WHERE IN THE U.S. IS DR. LORI?

# WHEREVER YOU ARE

Dr. Lori travels through your screen or across the country, bringing her anti-aging cosmetic expertise, wellness services, and functional medicine programs directly to you — in your town, business, or home.

OFFERING ON-SITE CUSTOM VISITS & EVENTS
AND VIRTUAL WELLNESS SERVICES

# NEXT STOP...

# BOOK YOUR UNIQUE, ON-SITE EVENT TODAY

Dr. Lori brings her cosmetic and wellness expertise to you in the comfort of your home or chosen location

### **CUSTOMIZABLE EVENTS = SOMETHING FOR EVERYONE:**

Neurotoxins (Botox, Dysport, Xeomin) • Fillers (Various) • Peels • Threads Spider Vein Therapy (Asclera) • Neck Fat & Jawline Contouring (Kybella) Metabolism, Immunity & Integrative Medicine • Wellness Consults • & more!



Host a party and receive discounted or complimentary services/products. Attendees will receive discounted pricing and other incentives. Just pick a date and get your group on Dr. Lori's traveling rotation

For more info or to book your party, submit a request via

**EMAIL** info@MyDrLori.com **WEBSITE** www.MyDrLori.com

# WELLNESS, REDEFINED.

Dr. Lori Gerber has made it her mission to help patients across the country via her virtual, functional medicine practice. She addresses all of the concerns that patients complain of daily but "regular" doctors fail to treat effectively. **Do any of these concerns below apply to you?** 

Fatigue	☐ Hot Flashes	☐ Constipation
Brain Fog	☐ Night Sweats	☐ Food Sensitivities
Anxiety	☐ Skin Changes	☐ Joint Pains
Insomnia	☐ Weight Gain	☐ Body Aches
Moodiness	☐ Thinning Hair	☐ Difficulty Gaining Muscl
Depression	□ Reflux	□ Persistent Cough
Low Libido	□ Diarrhea	☐ Exercise Intolerance

### TAKE THE NEXT STEPS ON YOUR WELLNESS JOURNEY

Let's start with your story Fill out the intake form and let's talk about your health & history Complete Health Tests/Analysis Order labs kits and supplements suggested at your intake meeting Personalized Health Plan Review results, set goals, and discuss your wellness plan On-Going Care & Collaboration
Continuity of care programs empower your wellness journey



# FILLERS

Fillers have a range of uses and applications to bring back your natural contour and create a more youthful, natural appearance

ILLERS

# Alliest Will

#### JSAGE

- Deep lines & Creases
- CheekEnhancement
- Jawline Contouring
- Non-surgical Nose Job

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- Medium to Deep Lines
- Nasobial Folds
- Marionette Lines
- Jowel Area Improvements
- Lip Enhancement

 Softer Lines and Creases

Under Eve

Circles

Volume

Subtle

Loss

- Subtle Lip Enhancement or - Hydrated Lip Effect
- Fine lines above lip

# BOTOX

Soften and preserve your appearance with Botox—the glowing, smooth skin that you once had can be achieved by a few simple pinches and a bit of time.

Botox can be used to reverse signs of aging and to proactively prevent lines/wrinkles from deepening or appearing at all.

- Smooths forehead deep lines/wrinkles
- Eliminates frown lines and furrows
- Softens chin creases and dimpling
- Lifts the eyebrows and corners of mouth
- Reduces lines around eyes (crow's feet)
- Reducing signs of aging in neck

It's never too early to start Botox. Proactive prevention reduces signs of aging and is key for a smooth transition and always-natural look that never appears dramatic.

**BEYOND FINE LINES.** Botox has many other uses that are not as commonly known. It is extremely effective for the following:

- Migraine Therapy
- Reducing Jaw Tension (TMJ treatment)
- Excessive Sweating
- Contour the Jawline Shape over time
- Eye Asymmetry
- Eye Twitching





Unsure what area to improve or which filler is best?

Send Dr. Lori a selfie with your questions and she can choose the perfect filler and treatment for your goals. Dr. Lori specializes in these non-surgical alternatives that are designed to help you achieve a natural and enhanced look — all with little to no downtime.

# Discover no-knife options that lift, sculpt, and shape

Safe, effective treatments that deliver high-impact payoffs and designed to help you cut corners in your daily beauty routine

# UNIQUE SERVICES

# **ADVANCED & SKILLED PROCEDURES**

### **DEFINE YOUR JAWLINE**

**Kybella** a non-surgical way to dissolve fat for a sharper, chiseled jawline. No more double chin.

**PERMANENT** after 1-3 sessions

#### **ENHANCED COMPLEXION**

VI Peels remove old skin to spark growth = less breakouts, improve texture/tone, and minimize pores PERMANENCE: Best if repeated a few times a year

### **AGELESS HANDS**

Radiesse reduces visibility of tendons and veins, restoring natural-looking, youthful hands PERMANENCE up to a year

#### **ILLUMINATE YOUR LEGS**

Asclera safe & simple injections to erase spider veins. Legs are porcelain in 6-8 weeks PERMANENT (but may need to repeat for new vessels over time)

### **TIGHTEN - SMOOTH - FILL**

**PDO THREADS (3 TYPES)** Subtly lift facial features, reducing wrinkles and fine lines while encouraging collagen production and adding volume on treated areas. **Dr. Lori's top 3 types of threads:** 

- TEXTURED THREADS lift sagging skin on the face, chin, jawline, neck and can create a brow lift. PERMANENCE: 1.5 Years
- SMOOTH THREADS go under the skin to spark collagen production in the jowl, under eye, neck area, and many body parts such as belly, above the knees and arms. PERMANENCE: a year or more
- TWISTED THREADS for subtle volume at the lip line or to fill out very fine lines like neck necklace lines or smile crease lines, delivering a natural boost. PERMANENCE: 1.5 Years

#### **NON-SURGICAL NOSE JOB**

**FILLERS (VOLUMA)** A typical rhinoplasty is invasive, painful and requires a lot of downtime, unlike this no-knife alternative which uses injectable fillers to achieve dramatic and fulfilling results. This popular treatment is perfect for those who want to smooth out bridge bumps or create nostril symmetry. **PERMANENCE:** 1 Year

# PRESCRIPTION GRADE

# **SUPPLEMENTS AND TOPICALS**

### **DECONSTRUCTED WELLNESS:**

Customized programs and supplements
Using cutting edge science, pure and potent
pharmaceutical grade ingredients, and treating
the body systems as a series of interconnected
pyramids, Dr. Lori provides each patient with a
customize-to-you supplement protocol





### THE CONTOUR:

### Dr. Lori's Anti-Aging Cosmetic Line

The Contour line is a physician-only line designed by Dr. Lori and created with the finest anti-aging topicals. These gluten free, paraben free, prescription strength products use both proven anti-aging principles as well as new innovations in skincare technology to help you put your best face forward.

## **BEAUTY IS NEVER SKIN DEEP**

Beauty and wellness truly are more complex than what's on the outside, which is why it's crucial to nourish your skin, hair, nails, and self – driving wellness from the inside out.

Put your best self forward with Dr. Lori's beauty + wellness approach and her exclusive, clean & scientifically-proven, supplement and cosmetic product lines



"I can't say enough good things about Dr. Lori, she's simply amazing. I love that she takes the time to answer all my questions and also be clear on the results I hope to achieve and she definitely delivers those results!

Her work never looks fake or over done and just keeps me looking and feeling my best.

She also helped me gain insight into some long standing medical issues—which was a huge relief, as no other doctor could understand the way I felt or so long. Take the time to treat yourself to an appointment with Dr. Lori, she can help you achieve the results you deserve!

- SUSAN C.



