



## INSTRUCTIONS FOR THE AETHERX ESSENCE OILS

The AetherX Essence Essential Oils do not require any form of activation or amplification. The Essence Technology are already activated and fully amplified when received. Once you have received them in the mail, simply apply them on your skin as the transcendental codes and Source Vibration will work immediately penetrating your skin and assisting you with your skin's complexion, blood circulation, nervous system and working on all organs and bodily systems.

Each of the Essence oils contains source vibration within the crystals inside the roller bottle and contain transcendental codes within the label upon the bottle. Please **do not** remove the label from the bottle as you will remove the imbued codes for the oil.

## USING ESSENCE OILS FOR CHAKRA CLEARING

When clearing your chakras, the Frankincense oil would be the highest recommendation as its vibration is specifically designed for evacuating debris from within the chakras, however; the other oils can also do a good job at keeping the chakras strong and pure.

When applying to the chakras, ensure that you are rubbing the oil into each chakra area in a **clockwise direction**.

For 1<sup>st</sup> chakra (root): Rub a small amount of oil on the lower part of the pubic bone area, or you can place a small amount on the perineum between the genitals.

For 2<sup>nd</sup> chakra (sacral): Rub a small amount on the upper pubic bone area.

For 3<sup>rd</sup> chakra (navel): Rub a small amount on the navel.

For 4<sup>th</sup> chakra (heart): Rub a small amount on the center of the chest beside the heart.

For 5<sup>th</sup> chakra (throat): Rub a small amount on the pit of the throat



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For 6<sup>th</sup> chakra (3<sup>rd</sup> eye): Rub a small amount on two areas – first area is the craniovertebral junction where your neck and skull meet. This stimulates the medulla oblongata that is the power center of the third eye. The second area is at the brow.

For the crown (Padma – “Lotus”): Rub a small amount as you part your hair revealing an open spot at the crown of the head and dab a small amount there.

If you have any further questions regarding the functions of the AetherX Essence Essential Oils, or if you’d like to leave a testimonial of your experience, please contact us through our website: [www.AetherX.co](http://www.AetherX.co).

Thank you, and please enjoy your unique experience!