## We're Here to Help!

As winter temperatures drop and the snow piles up, perhaps you, like so many others, are stricken with the insatiable desire for fresh greenery. If so, consider starting an indoor herb garden.

Phelan Gardens carries herbs year-round. We are open seven days a week. Stop by to view our current varieties.





Open Year-Round 7 days a week 4955 Austin Bluffs Parkway 80918 \* 574-8058

### www.phelangardens.com

\*local gardening information \*upcoming classes & events \*what's new at Phelan Gardens

### **Connect With Us!**

Our monthly newsletter is offered via e-mail. Sign up in-store or on our website to receive special offers, class & event updates and seasonal gardening tips. Follow Us On Social Media



# Indoor Herb Gardens





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# **Herbal Interests**

Start by deciding which herbs to grow. Is your interest culinary? Would you enjoy fragrant ornamental plants? Do you have one sunny windowsill to spare—or perhaps an entire sunroom?

Keep in mind that overcrowding is unhealthy for all plants. Determine if a windowsill is big enough for your selections, or if you need to construct a winter plant table complete with florescent lighting. If you plan to cook with your own fresh herbs throughout the winter, one pot of parsley is not enough. However, one brightly blooming, sweetly scented pineapple sage could cheer you through the gloomiest of days.

Make your indoor garden visually appealing. Be creative with pot sizes, styles, and colors. For herbs with roots that spread, such as mint, plant in a wide shallow container. Those with long taproots, such as parsley, prefer a deep pot or bucket. Display shade tolerant herbs throughout your home in attractive groupings or in pebble trays. Choose herbs with similar water requirements and growth habits. Try your hand at growing a standard (single trunk tree form) using lemon verbena, scented geranium, or rosemary. Experiment and have fun!

As with any other type of plant, find out the specific needs of each herb you wish to grow. Most herbs like cooler temperatures, well-drained rich soil, and good air circulation without drafts. However, there are many exceptions. What works well for one, may be sudden death for another. Feel free to call or stop by Phelan Gardens for ideas or assistance.

Start you indoor garden now and when the next big snowstorm hits, enjoy your oregano as you season a pot of spaghetti sauce, curl up with a good gardening book, sip a cup of lemon verbena tea, and let spring surround you.



#### Herbs Phelan's Typically Offers

Note: Although we strive to offer you a wide selection of herbs year-round, not all herbs are available during the winter months.

**Basil varieties** Catnip Chamomile Chives Cilantro/Coriander Comfrey Dill Fennel **French Tarragon Garlic Chives** Lavender Lemongrass Lemon Balm Lemon Verbena Mint varieties Oregano **Parsley Rosemary** Sage Scented geranium Sweet marjoram **Thyme varieties**