



The Larder

Only the very best in plant-based



THE ORIGINAL PLANT-BASED FOODIES

We've been nuts about plant-based food since 1987 and have been inspiring and sharing ideas with like-minded chefs ever since. We search the world to bring you the most vibrant and authentic ingredients available and in The Larder you'll find them all.

To make it into our larder it's got to be more than just plant-based; it's got to be the best. You'll find hundreds of new products inside; the cutting edge in plant-based ingredients.

And if you need a bit more inspiration head over to seed-bank.co.uk a treasure trove of over 400 plant-based dishes including the ones featured in this book.

**Call to place
an order today
01923 249 714**

 Vegan  Does not contain gluten
 Organic  Frozen  Chilled



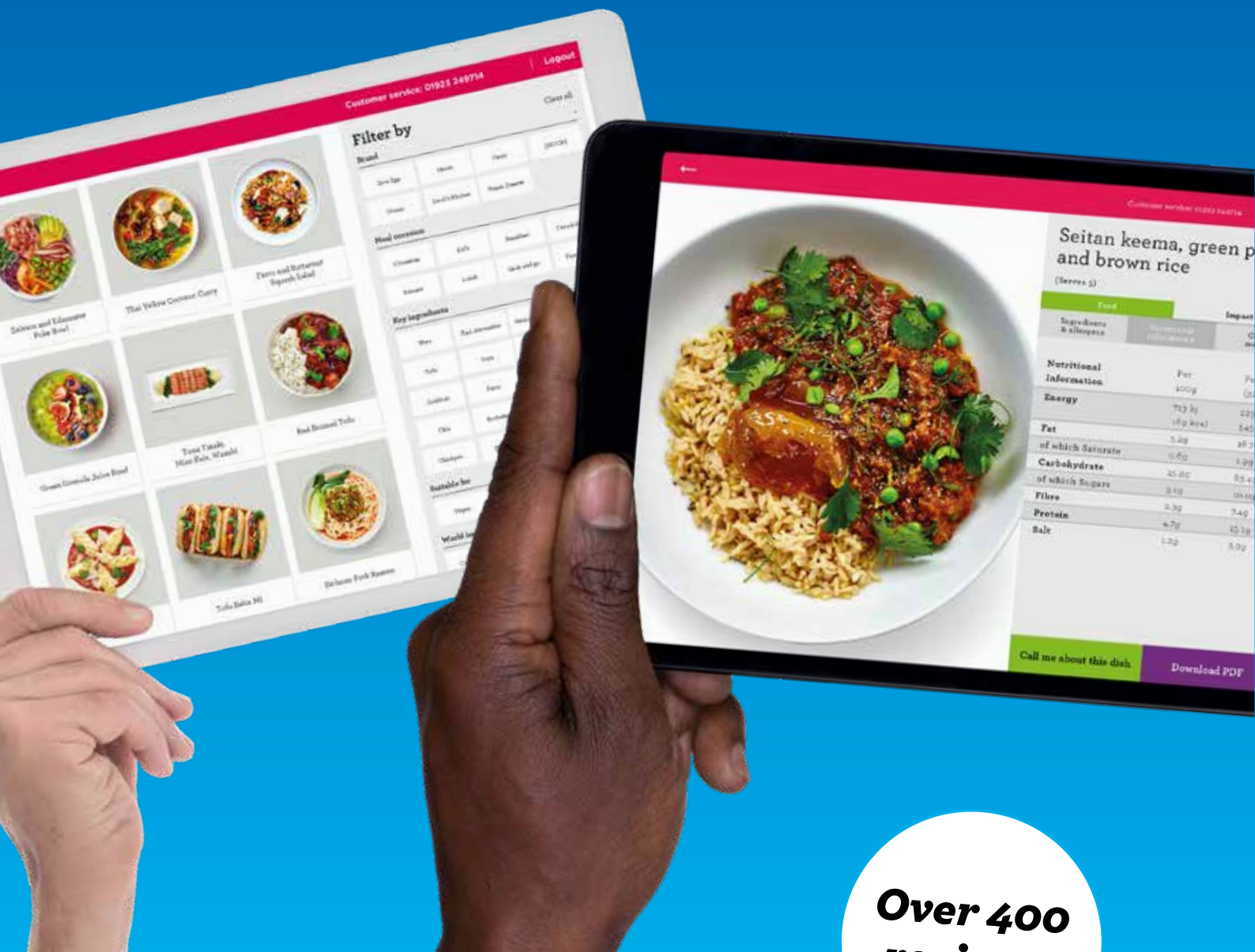
Some products shown as serving suggestions. For full terms and conditions visit: vegetarianexpress.co.uk/terms



CONTENTS

Breakfast	5	Grains	31	Ambient ingredients	60
Healthy powders	5	Powders & flakes	60	Gravy, bouillon & suet	60
Toppings	5	Pulses	34	Cooking wine	60
Cereals & oats	6	Pre-cooked pulses	34	Jelly crystals	60
Granola	6	Beans	34	Lemon & lime	60
Viennoiserie	7	Lentils & peas	34	Dried veg & mushrooms	60
Breakfast bowls & smoothies	7	Rice, noodles & pasta	36	Batter mix	60
Cooked breakfast	8	Rice	36	Flour & baking ingredients	61
Plant proteins	9	Noodles	36	Flour	61
Tofu	10	Pasta	37	Pastry & dough	61
Tempeh	10	Avocado, falafel & dips	38	Chocolate & cacao	61
Seitan	10	Falafel	38	Ambient ingredients	61
Meat alternatives	12	Dips	38	Breads, wraps & pizza bases	63
Plant-based chicken	12	Houmous	39	Breads	63
Plant-based turkey	12	Avocado	39	Focaccia	63
Plant-based mince	12	Deli range	40	Pizza	63
Plant-based meatballs	12	Speciality deli goods	40	Viennoiserie	63
Plant-based beef	12	Olives	40	Wraps	63
Plant-based duck	12	Pesto	40	Gluten free	64
Plant-based steak	15	Indian	42	Oils & vinegars	65
Plant-based pork	15	Poppadoms	42	Accompaniments	66
Plant-based bacon	15	Breads	42	Dressings, marinades & sauces	66
Plant-based lamb	15	Flour	42	Condiments	66
Plant-based kebab	15	Sugar	42	Sweet spreads	66
Vegan black pudding	15	Pastes, pickles & chutney	43	Chutneys, relishes & pickles	66
Plant-based burgers	16	Indian buffet	43	Snacks & grazing	67
Plant-based beef	16	Chinese	44	Flavoured nuts	67
Plant-based chicken	16	Asian goods	44	Snacks	67
Jackfruit	16	Buffet	44	Flavoured beans & peas	67
Other	16	Sauces	45	Fruits, nuts & seeds	68
Sausages and hot dogs	18	Soy sauces	45	Nut butters & sweet ingredients	70
Vegetable sausages	18	Korean	45	Sweet spreads	70
Plant-based pork sausages	18	Thai	46	Savoury spreads	70
Vegan black pudding	18	Japanese	48	Sweet ingredients	70
Hot dogs	18	Mexican	50	Sugars, sweeteners & honey	71
Plant-based fish & seafood	19	Other world ingredients	51	Desserts	72
Plant-based fish	19	Hospitality buffet	52	Vegan ice cream	72
Plant-based seafood	19	Starters & snacks	52	Dessert & baked goods	73
Jackfruit	24	Asian & Indian	52	Drinks	73
Centre of plate	26	Cocktail & finger	53	Hospitality disposables	74
Plant-based turkey	26	Tex mex	53	Sticks & skewers	74
Filled pasta	26	Canned goods	54	Cups & boats	74
Cheese, dairy & egg alternatives	28	Pulses	54		
Plant-based milk	28	Tomatoes	54		
Plant-based iced coffee	28	World goods	54		
Plant-based cream	28	Herbs, spices & seasonings	55		
Plant-based yoghurt	29	Herbs	55		
Plant-based spreads & butter	29	Seasonings	55		
Egg alternatives	29	Spices	56		
Plant-based cheese	29				
Dairy cheese	29				
Nutritional yeast	29				

seed-bank.co.uk
the easy way to get plant-based
food on your menus



**Over 400
recipes!**















Putting plant-based dishes on your menu that customers will love can be a bit tricky. That's why we've built seed-bank. It makes it simple for you to put vibrant, exciting plant-based and meat-free food on your menus. There are over 400 recipes created by chefs, for chefs, each recipe comes with full nutritional information, allergen advice and environmental impact savings.

Visit seed-bank.co.uk and register today.

















Breakfast

Healthy powders

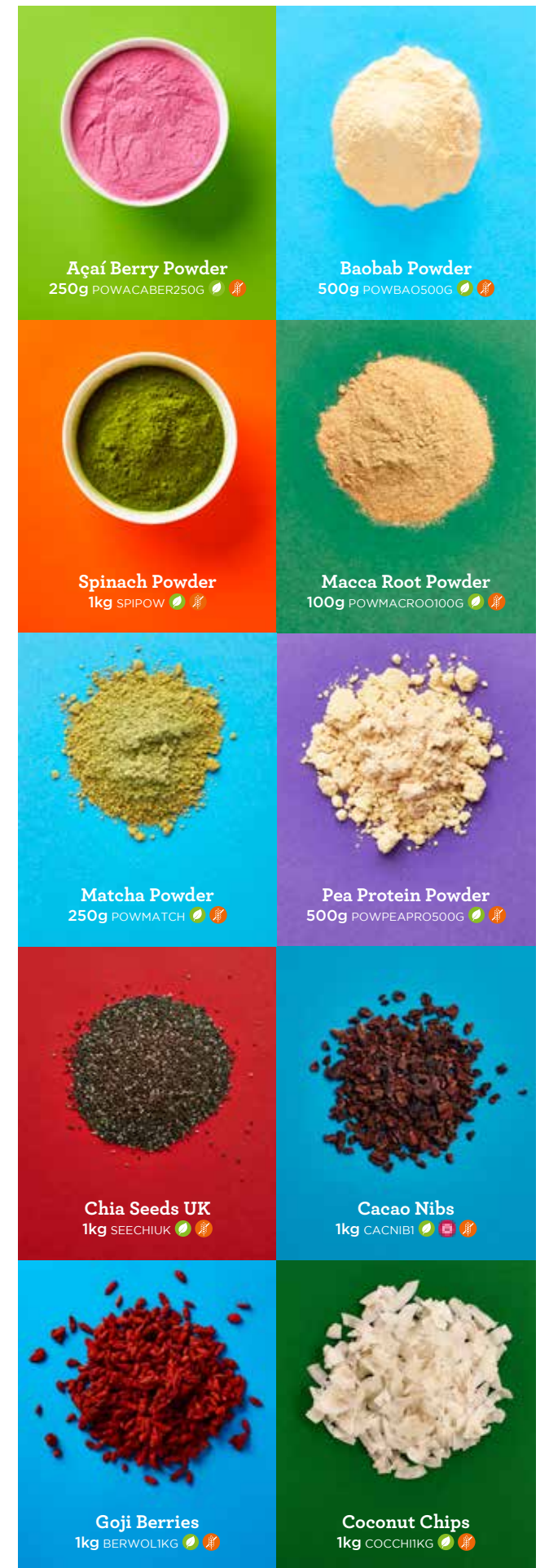
- Açaí Berry Powder** 250g POWACABER250G  
- Ashwagandha Powder** 250g ASHPWX1  
- Baobab Powder** 500g POWBAO500G  
- Lucuma Powder** 200g POWLUC200G   
- Macca Root Powder** 100g POWMACRO0100G  
- Matcha Powder** 250g POWMATCH  
- Moringa Powder** 500g MORPOW  
- Pea Protein Powder** 500g POWPEAPRO500G  
- Spinach Powder** 1kg SPIPOW  
- Spirulina Powder** 250g SPIRUL250G  
- Whey Protein** 500g PROWHE500G 

Toppings

- Banana Chips** 1kg BANCHI1KG  
- Bee Pollen** 100g POLBEE100G 
- Cacao Nibs** 1kg CACNIB1   
- Chia Seeds** 500g SEECHI500G  
- Chia Seeds UK** 1kg SEECHIU1K  
- Coconut - Chips** 1kg COCCHI1KG • 2.5kg COCCHI2.5K  
- Flax Seeds - Ground** 250g SEEFLAGRO250G  
- Goji Berries** 1kg BERWOL1KG  

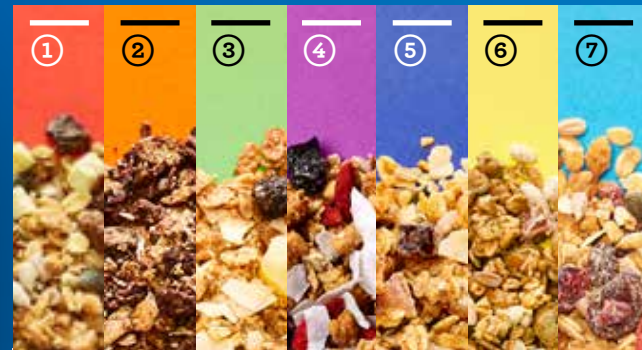
Puffed grains

- Puffed Amaranth** 500g AMAPUF   
- Puffed Millet** 500g MILPUF   
- Puffed Quinoa** 500g QUIPUF   





🌱 Green Granola Juice Bowl



Granola power

These granolas come in a wide variety of flavours (some of which are vegan and gluten free). Easy to serve or perfect for self-serve breakfasts. Why not try adding to desserts for extra flavour and crunch!

Granola

- ① **Apple, Raisins & Cinnamon Granola**
1kg CERAPPCINIKG
- Banana & Pineapple Granola Crunch**
1kg CERBANPINIKG
- Cherry & Blueberry Granola Crunch**
1kg CERCHEBLUIKG
- ② **NEW Chocolate Granola (Vegan)** 🌱 🌱
1kg CHOCOGRAN
- NEW Coconut Granola (Vegan)** 🌱 🌱
1kg COCOGRAN
- ③ **Cranberry & Pineapple Granola Crunch**
1kg CERCRAPINIKG
- Date & Cacao Granola Crunch**
1kg CERDATCACIKG
- ④ **Goji Coconut & Chia Granola**
1kg CERGOJCOCIKG
- Golden Syrup & Flame Raisin Granola**
1kg CERSYRRAIKG
- Pecan & Maple Granola Crunch**
1kg CERAMEPECIKG
- Maple & Banana Granola (Gluten Free)** 🌱
325g CERGFMAPGRA325G
- ⑤ **Tropical Fruits Granola**
1kg CERTROPIKG
- Strawberry Granola Crunch**
1kg CERSTRCRUIKG
- Strawberry Granola Crunch (Gluten Free)** 🌱
325g CERGFSTRGRA325G
- ⑥ **Super Greens Granola**
1kg CERGREIKG
- ⑦ **Very Berry Granola**
1kg CERBERIKG

Cereals & oats

MUESLI

- Muesli** 🌱 🌱
1kg MUEGLUFREIKG
- Deluxe Muesli** 🌱
1kg MUEDELIKG
- Gojiberry & Cranberry Muesli** 🌱
1kg MUEGOJCRAIKG

FLAKES

- Fibre Flakes** 🌱 🌱 🌱
5x375g CERGFIBFLA5X375G
- Oat Flakes** 🌱
25kg OATFLAORG25K

OATS

- Gluten Free Oats** 🌱 🌱
450g OATGF450G • 5kg OATGF5KG
- Jumbo Oats** 🌱
3kg OATJUM3KG • 25kg OATJUM25K
- Regular Porridge Oats** 🌱
1kg OATREGIKG • 5kg OATREG5KG • 25kg OATREG25K



Plant-based Viennoiserie

CROISSANTS

- NEW Plain** 🌱 🌱
45x65g CROISPLA
- NEW Charcoal** 🌱 🌱
45x65g CROISCCOAL
- NEW Chocolate** 🌱 🌱
40x85g CROISCHOC
- NEW Raspberry & Elderflower** 🌱 🌱
45x80g CROISRAE

See page 63 for **Breads** →



🌱 Authentic Açai Bowl with Coconut Granola

Breakfast bowls & smoothies

- SAMBAZON AÇAÍ**
- Original Superfruit Pack** 🌱 🌱 🌱 🌱
60x100g ACAORI60X100G
- Pure Superfruit Pack** 🌱 🌱 🌱 🌱
60x100g ACAPURE60X100G
- Large Scoopable Tub** 🌱 🌱 🌱 🌱
3.6ltr ACASORB3.6L
- Scoopable Tub** 🌱 🌱 🌱 🌱
500ml ACASORB500 • 18x500ml ACASORB

BATCH ORGANICS SMOOTHIES

- Açaí and Berries** 🌱 🌱 🌱 🌱
12x140g BERSMOO
- Mango and Coconut** 🌱 🌱 🌱 🌱
12x140g MASMOO
- Greens and Pineapple** 🌱 🌱 🌱 🌱
12x140g GRSMOO

EFFORTLESS. AWESOME. SMOOTHIES.

**SUPER-CHARGE YOUR MENU WITH NO FUSS
SUPER-FOOD SMOOTHIES FROM BATCH ORGANICS.**

This new range of frozen smoothie kits contains whole pieces of ultra-fresh fruit and ingredients crafted by chefs, balanced by nutritionists. Available in three stunning flavours each pouch is packed with 100% organic fruit and veg. Simply pour the ingredients into your blender, add plant milk or juice, blend and serve in just 30 seconds.

- **No prep. No mess. No waste. No training.**
- **Consistent delicious smoothies every time.**
- **Fruit is flash-frozen at the farm locking in all the taste and nutrients.**



BATCH ORGANICS SMOOTHIE KITS 12X140G

- Acai & Berry**
BERSMOO
- Greens & Pineapple**
GRSMOO
- Mango & Coconut**
MASMOO



Make the most out of breakfast

These dishes both use the same ingredients. Serve on a plate or in a bun. Give your customers a choice to sit in to eat or to grab and go with their breakfasts.



Our guide to plant proteins

Plant-based food doesn't mean missing out the protein. Here's a quick guide to three favourite protein-rich products. Versatile, hearty and delicious this trio packs more than enough punch to create food envy in even the most determined meat eater.

Cooked breakfast

- Plant-based Cumberland Style Sausage 🌱❄️
30x40g SAUSCUMB
- NEW** Heura Plant-based Sausage 🌱🌶️❄️
24x54g HEUSAUS
- NEW** Omni Plant-based Luncheon Meat 🌱❄️
20x40g OMNLUNCH
- Vegan Black Pudding 🌱❄️
200g PUDBLA200G
- NEW** La Vie Bacon Rashers 🌱🌶️❄️
300g LVBAC
- THIS** Isn't Bacon Rashers 🌱🌶️❄️
3.6kg THISBAS
- Vegan Zeastar Sashimi Zalmon 🌱🌶️❄️
310g SASHZAL
- Zero Egg - Classic 🌱🌶️
1kg ZEREGGCL
- Tofu - Extra Firm Plain Tofu 🌱🌶️❄️
1kg TOFIK
- Black Salt Kala Namak 🌱🌶️
300g SALBLA300G
- Diced Avocado 🌱🌶️🚫❄️
1kg AVODIC
- Sliced Avocado 🌱🌶️🚫❄️
1kg AVOSLI
- NEW** Avocado Halves 🌱🌶️🚫❄️
1kg AVOHAL
- Vegan Mayonnaise 🌱🌶️
1ltr MAYVEGIL
- Engevita Nutritional Yeast Flakes with B12 🌱🌶️
125g ENGB12 • 750g ENGB

🌱 Zero Egg Zalmon and Dill Crumpet



Zalmon?

Vegan Zeastar's Zalmon is a fantastic fish alternative for breakfast dishes. With great texture, flavour and that bright pinky orange colour it's a winner all round.

See page 22 for **Vegan Zeastar** →

The trio...



Tofu

Tofu has been an integral part of the Japanese diet for thousands of years. It's essentially a simple curd made of soy beans, water, nigari (a sea vegetable which acts as a coagulant) and a dash of salt. Once the water is squeezed out it becomes a solid block. Its ability to take on flavour makes it perfect across many different cuisines. Or if you'd prefer we also supply pre-flavoured Tofu and silken Tofu too.



Tempeh

Tempeh is a traditional plant-based protein that's been a staple in many Southeast Asian dishes for hundreds of years. It's made with fermented soy beans squeezed into blocks that can be sliced, diced, grated or blitzed. It has a deep, nutty, umami flavour, but will absorb other flavours readily. It's really versatile and can be caramelised and crisped up for extra texture.






Seitan





Seitan is a very high protein product made from wheat gluten and originates from Indonesia. A great alternative to soy based meat substitutes. Seitan has a meaty texture that adds bite to a dish. Available pre-flavoured or plain. It holds flavour really effectively.

See our introduction to **plant-protein videos online at:**
vegetarianexpress.co.uk/plant-protein

Plant proteins

Tofu





Tofu - Plain    
3kg TOF3K

Tofu - Extra Firm Plain Tofu    
1kg TOFIK

Tofu - Basil    
1kg TOFBASIK

Tofu - Indian    
1kg TOFINDIK

Tofu - Oriental    
1kg TOFORIK

Tofu - Smoked    
1kg TOFSMOIK





Tofu - Silken  
340g TOFMOR340G





Tempeh

Tempeh    
400g TEM400 • 10x400g TEM10X400

Tiba Tempeh Organic Sweet Chilli Pieces    
750g TIBACHIL

Seitan

Seitan - Classic    
1kg SEITANCLA

Seitan - Smokey    
1kg SEISMO

Vital Wheat Gluten (Key ingredient for making Seitan) 
3kg GLUVIT3KG • 1kg GLUVITA

PLANT-BASED TURKEY

Plant-based Roast Turkey (Seitan)    
1kg RTURK

PLANT-BASED KEBAB

NEW Plant-based Kebab Meat    
1kg KEBAB



🌱 'Duck' Rice with Chorizo and Seitan



🌱 Smoked Tofu and Ginger Broth



🌱 Thai Yellow Tempeh Curry



🌱 Chairman Mao's Red Braised Tofu, Steamed Rice



🌱 Sticky Tofu Banh Mi

Unlimited delicious menu options...

Our plant-proteins open up a world of possibilities. From fridge to fork in just a few minutes or stable enough to be slow cooked there is nothing you can't do with this trio. With all three taking on flavour well you really can create dishes from any cuisine.

We've proved it. With over 400 plant-based recipes all available at your fingertips, Seed-bank is the easiest way to get amazing plant-based food on your menus. Sign up today.

Visit seed-bank.co.uk

Meat alternatives

Flexitarian diets are on the rise and customers will only settle for the best, no compromise alternatives. We are on a continuous search for the most innovative new products. If it makes into our Larder you can be sure it has fantastic flavours and textures just as you'd expect.

🌱 Vegan
🌾 Does not contain gluten
🌿 Organic
❄️ Frozen
🧊 Chilled

Plant-based chicken

UNCOATED

- Plant-based Chicken Chunks 🌱🌾❄️
1kg CHICHUNK
- NEW** Heura Original Plant-based Chicken Chunks 🌱🌾❄️
2.5kg HEUCHUNK
- NEW** Heura Original Plant-based Chicken Strips 🌱🌾❄️
2.5kg HEUSTRI
- THIS Isn't** Chicken Pieces 🌱🌾❄️
3kg THISCHS • 4x3kg THISCH
- Vivera Plant Chicken Tenders 🌱❄️
40x35g VIVTEN
- Vivera Plant Chicken Breasts 🌱❄️
24x90g VIVCHIBRE

COATED

- NEW** Southern Fried Plant-based Chicken Fillet 🌱❄️
25x100g CHICSF
- NEW** Extra Hot Southern Fried Plant-based Chicken Fillet 🌱❄️
25x100g CHICSFHT
- [MOCK] Chicken Fillet Burger 🌱❄️
10x100g MOCKCHBUR
- [MOCK] Chicken Popcorn 🌱❄️
1kg MOCKCHPO
- [MOCK] Chicken Drumsticks 🌱❄️
1kg MOCKCHDR
- NEW** Heura Plant-based Chicken Nuggets 🌱🌾❄️
2.5kg HEUNUG
- THIS Isn't** Chicken Nuggets 🌱❄️
3kg THISGOU
- Vivera Plant Southern Fried Goujons 🌱❄️
30x50g VIVSGOU

Plant-based turkey

- NEW** Plant-based Roast with Plant-based Sausage Stuffing 🌱❄️
2x1.5kg ROASTUF
- Plant-based Roast Turkey 🌱🌿❄️
1kg RTURK

Plant-based mince

- Plant-based Mince 🌱🌾❄️
1kg MINCVE
- NEW** OmniPork Plant-based Pork-style Mince 🌱❄️
1kg OMNPO
- Vegan Mince 🌱🌾❄️
1kg VEGMINIKG
- Soya Mince 🌱🌾
1kg SOYMINIKG • 15kg SOYMIN15K
- Soya Mince Flakes 🌱🌾
3kg SOYMIN3K

Plant-based meatballs

- Plant-based Meatballs 🌱🌾❄️
1kg BALLVE
- Devil's Kitchen Shiitake Balls 🌱🌾❄️
240x19g SHIBAD

Plant-based beef

- NEW** Sgaia Pastrami Style Slices 🌱🧊
5x110g SGPASTR
- NEW** Jackfruit Plant-based Ground Beef 🌱❄️
750g JACGRBF

Plant-based duck

- NEW** Jackfruit Plant-based Duck Shredded 🌱❄️
750g JACDUC



🌱 Smokey Chili 'Meatball' Nachos



🌱 'Chicken' and Spring Vegetable Quinoa Bowl



🌱 Mexican 'Beef' and Sour Cream Taco



🌱 Mushroom Rib Eye Steak, Miso Butter

🌱 Heura 'Chicken', Asparagus, Mascarpone Farfalle and Basil Oil





O!NK OMN!PORK

PLANT-BASED PORK YOU'LL WANT TO SQUEAL ABOUT!

Omni have nailed plant-based pork for good. Hard on the heels of their incredibly popular and versatile pork-style mince comes two other pork must-haves, pork-style strips and luncheon meat, both with the same crazy pork-like taste.

- NEW** Omni Plant-based Pork-Style Strips 650g OMNPOSTRI
- NEW** Omni Plant-based Luncheon Meat 20x40g OMNLUNCH
- NEW** OmniPork Plant-based Pork-style Mince 1kg OMNPO

Find out more at vegexp.co.uk/omni-pork

Plant-based steak

- NEW** Plant-based Mushroom Rib Eye Steak 20x150g MUSTEARE
- NEW** Plant-based Mushroom Steak 30x80g MUSTEA
- NEW** Sgaia Original Steak 10x100g SGSTEAOR
- NEW** Sgaia Smoked Steak 10x100g SGSTEASMO
- Vivera Plant Steak 24x100g VIVSTEA

Plant-based pork

- NEW** Omni Plant-based Pork-Style Strips 650g OMNPOSTRI
- NEW** Omni Plant-based Luncheon Meat 20x40g OMNLUNCH
- NEW** OmniPork Plant-based Pork-style Mince 1kg OMNPO
- NEW** Sgaia Pepperoni Style Slices 5x150g SGPEP
- NEW** Heura Plant-based Chorizo 24x54g HEURCHOR
- NEW** Jackfruit Plant-based Chorizo Diced 750g JACCHORDIC
- NEW** Jackfruit Plant-based Sausage Slices 500g JACSAUSCO
- NEW** Jackfruit Plant-based Pepperoni Slices 500g JACKPEPSLI

Plant-based bacon

- NEW** La Vie Bacon Rashers 300g LVBAC
- THIS** Isn't Bacon Lardons 1kg THISBALA
- THIS** Isn't Bacon Rashers 3.6kg THISBAS
- Vivera Plant Bacon Pieces 1.5kg VIVBAC
- NEW** Sgaia Streaky Rashers 5x150g SGRASH
- NEW** Jackfruit Plant-based Bacon Diced 750g JACBAC

Plant-based lamb

- [MOCK] Lamb 1kg MOCKL

Plant-based kebab

- NEW** Plant-based Kebab Meat 1kg KEBAB
- Vivera Plant Shawarma Kebab 1x1.5kg VIVSHA

Vegan black pudding

- Vegan Black Pudding 200g PUBLA200G

[MOCK][®]

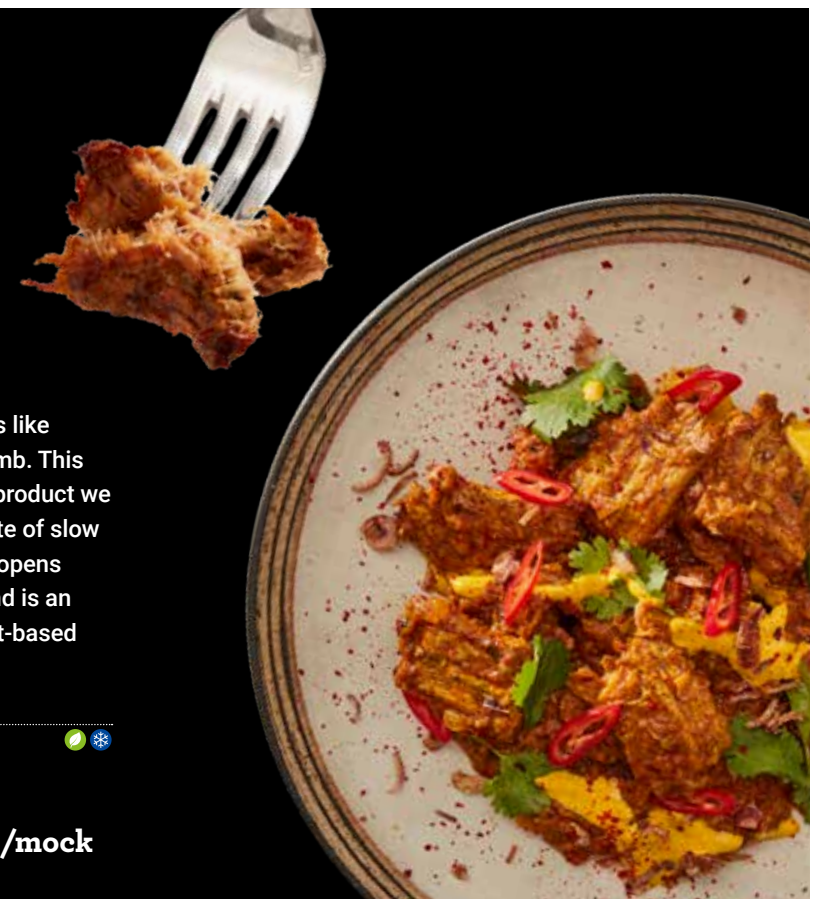
THE ALTERNATIVE

GAME CHANGING PLANT-BASED ALTERNATIVES.

It looks like lamb, tastes like lamb, cooks like lamb, so it's difficult to believe it's not lamb. This innovative plant-based meat is the only product we know that has nailed the texture and taste of slow roast lamb. Its deep, rich, meaty flavour opens up endless possibilities in the kitchen and is an exciting, game-changing product in plant-based dining.

- [MOCK] Lamb 1kg MOCKL






Find out more at vegexp.co.uk/mock








Plant-based burgers

There's an abundance of plant-based burgers out there, and we've kissed a few frogs. From your trusty veggie burger to colonel rivalling 'chicken' burgers and everything in between, we can safely say these are the best in the business.




Plant-based beef

- NEW Premium Plant-based Hamburger** 23x110g BURHAM   
- NEW Heura Plant-based Burger** 23x108g HEUBUR   
- Devil's Kitchen Plant Power Slider Burger** 80x57g BURKIDD   
- Devil's Kitchen Shiitake Mushroom Burger** 48x113g BURGPRD   
- Future Farm 2030 Burger** 36x115g FUTFARBUR   
- NEW Sgaia Original Burger** 10x110g SGBURORI  
- NEW Sgaia Italian Style Burger** 10x110g SGBURIT  
- Vivera Plant Burger** 30x100g VIVBURG  














Plant-based chicken

- NEW Southern Fried Plant-based Chicken Fillet** 25x100g CHICSF  
- NEW Extra Hot Southern Fried Plant-based Chicken Fillet** 25x100g CHICSFHT  
- [MOCK] Chicken Fillet Burger** 10x100g MOCKCHBUR  


Jackfruit

- Jackfruit Burger** 36x150g BURJAC36X150G   
- Biff's Jackfruit Burger** 24x118g BURJACB  

Other

- NEW Heura Plant-based Choriburger** 10x110g BURCHOR   
- NEW Omni Ocean Burger** 18x75g OMNOBUR  
- Flamin Nacho Man Burger** 20x155g BURNACH 
- Mac n Cheese Burger** 36x120g BURMAC 
- Gosh Beetroot Burger** 12x125g BURBEE12X125G   
- Gosh Moroccan Spiced Burger** 12x125g BURMOR12X125G   

Premium Plant-based Hamburger



One of our own


We search far and wide for the best in plant-based, and trust us we've been through a few burgers on our travels! The moment we got our hands on this we knew we had to put our name on it. Its taste and texture is second to none, if you want a plant-based burger on your menu... this is the one.

See page 12 for **Meat Alternatives** ←


Heura Plant-based Burger



Choriburger & Banana Ketchup




Southern Fried Chicken



Mac n Cheese Burger



Double Ocean Burger with Tartare Sauce



O!mazing

This crispy golden breadcrumb coated, flaky fish-less burger is a stunner. Pan or deep fry or bake it in the oven. Pair it with a tartare sauce and you'll have bossed it (burgerwise).

See page 20 for **Omni Fish** →



FREE FROM BURGERS & BALLS!

These juicy plant-based burgers are free from all 14 major allergens and have no artificial colours or preservatives. Made with mushrooms and lightly seasoned with a firm bite and juicy texture.




- ✓ VEGAN
- ✓ SOYA FREE
- ✓ GLUTEN FREE
- ✓ UNCOATED
- ✓ NON FRIED



Burgers

- Plant Power Slider Burger** 80x57g BURKIDD   
- Shiitake Mushroom Burger** 48x113g BURGPRD   

Balls

- Shiitake Balls** 240x19g SHIBAD   

Made in a factory powered only by the wind and sun and supplied in certified home-compostable case liners



Sausages and hot dogs









‘Chorizo’, Charred Corn Salad, Sun-dried Tomatoes

An easy switch

These amazing hot dogs are better than the real thing. Plus they're an easy way for customers to swap out meat in a flexitarian diet.



Hot dogs

- NEW** Plant-based Hotdog 24x90g HOTDOG   
- NEW** Large Plant-based Hotdog 20x155g HOTDOGL   

See page 66 for **Accompaniments** →

Vegetable sausages

- Sausages - Carrot & Coriander** 60x50g SAUCARCOR60X50G   
- Sausages - Mushroom & Tarragon** 63x50g SAUMUSTAR63X50G  
- Sausages - Spinach Leek & Cheese** 63x50g SAUSPILEE63X50G 
- Sausages - Tomato & Garlic** 63x50g SAUTOMGAR63X50G  

Plant-based pork sausages

- Plant-based Cumberland Style Sausage** 30x40g SAUSCUMB  
- NEW** Heura Plant-based Sausage 24x54g HEUSAUS   
- NEW** Heura Plant-based Chorizo 24x54g HEURCHOR   
- NEW** Sgaia Pepperoni Style Sausages 3x300g SGPEPSAU  
- NEW** Sgaia Lorne Style Sausage 5x280g SGLORN  

Vegan black pudding

- Vegan Black Pudding** 200g PUDBLA200G  

So good we put our name on it

When we first tasted this Cumberland style sausage we knew we had to have it. Now we're proud to say it's part of our growing Vegetarian Express range.



Posh Sausage & Mash

- Plant-based Cumberland Style Sausage** 30x40g SAUSCUMB  

Plant-based fish & seafood












'Tuna' Tataki

Making a splash







Plant-based isn't niche, it's just another choice. That's why it's important to have the best alternatives available. For a long time Fish & Seafood alternatives have trailed their meat counterparts. That has all changed. The innovation in this space is breathtaking and the results will make your jaw drop.

Plant-based fish

UNCOATED



- NEW** Omni Classic Fillet 39x50g OMNCLFIL  
- NEW** Omni Plant-based Tuna 1kg OMNTUN 
- Vegan Zeastar Sashimi No Tuna** 310g SASHTUN   
- Vegan Zeastar Sashimi Zalmon** 310g SASHZAL   

COATED

- NEW** Omni Golden Fillet 20x75g OMNGOFIL  
- NEW** Omni Plant-based Fish Fingers 40x25g OMNFIFI 
- NEW** Omni Ocean Burger 18x75g OMNOBUR 
- Vivera Plant Fishless Fillet** 24x85g VIVBRFI 
- Vivera Plant Fishless Goujons** 74x27g VIVFIGO 

Plant-based seafood

UNCOATED

- Vegan Zeastar Shrimpz** 1kg SHRIMP  

COATED

- NEW** Omni Plant-based Crabcake 12x30g OMNCRAB  
- Vegan Zeastar Kalamariz** 1kg KALAM  
- Vegan Zeastar Lemon Shrimpz** 1kg LEMSHRIM  
- NEW** Vegan Zeastar Crispy Chilli Shrimpz 1kg CHILSHRIM  

 **See it on Seed-bank.co.uk**

The easy way to get plant-based food on your menus.

O!MAZING

TASTE THE NEW WAVE

If you're looking for a plant-based option for some of the nation's favourite dishes it's got to be more than just good, right?

Well, we've landed them. Omni's new seafood series has reached a new milestone in fish-less dishes and is quite simply O!mazing.



SIMPLY MADE.

With a short, clean ingredient deck of non-GMO soy, pea and rice, with no additives or flavourings, this is plant-based magic at its purest!

SIMPLY PREPARED.

This is plant-based made easy for the busy kitchen. Perfectly portioned, individually frozen and can be plated up in under 5 mins.

SIMPLY DELICIOUS.

With a true taste of the sea, flaky textures and authentic coatings and batters. Customers will choose it for its taste, not just because it's plant-based.



Omni Crab Cake with Dill Mayo



Omni Golden Fillet Fish & Chips



Omni Ocean Burger

- NEW Omni Classic Fillet 39x50g OMNCLFIL  
- NEW Omni Golden Fillet 20x75g OMNGOFIL  
- NEW Omni Plant-based Tuna 1kg OMNTUN 
- NEW Omni Plant-based Fish Fingers 40x25g OMNFIFIN  
- NEW Omni Ocean Burger 18x75g OMNOBUR  
- NEW Omni Plant-based Crabcake 12x30g OMNCRAB  

Find out more at vegexp.co.uk/omni-fish



Plant-based Sushi Set

Plant-based fish that's beyond belief

Hard to believe right? And when you taste it and start cooking with it, you'll find it even more amazing. This mind-blowing product from Vegan Zeastar is 100% plant-based and is every bit as versatile and delicious as the real thing.

Sashimi

The Sashimi made with tapioca starch is available as a Tuna or Salmon fish alternative. It slices and holds flavour just like its raw fish equivalent. So, treat it like Sashimi. It deserves nothing less. These products are game-changers. They are going to make you think completely differently about plant-based and maybe about seafood. In fact... this might be the end of the line for fish entirely.

Vegan Zeastar Sashimi No Tuna
310g SASHTUN



Vegan Zeastar Sashimi Zalmon
310g SASHZAL



Find out more at
vegexp.co.uk/zeastar



Vegan Zeastar 'Prawn' Linguine

Zalmon and Edamame Poke Bowl



Lemon Shrimpz

Shrimpz & Kalamariz

Vegan Zeastar Shrimpz
1kg SHRIMP



Vegan Zeastar Lemon Shrimpz
1kg LEMSHRIM



NEW Vegan Zeastar Crispy Chilli Shrimpz
1kg CHILSHRIM



Vegan Zeastar Kalamariz
1kg KALAM



Kalamariz

Jackfruit

A member of the fig family, unripe Jackfruit has a stringy, meaty texture similar to that of beef, pork or duck. Its neutral taste makes it great for taking on flavours. Alternatively we have a number of pre-flavoured options available - including our tasty new pizza toppings.



🌱 Hoisin Jackfruit 'Duck' and Wild Rice Bowl



🌱 See its impact on Seed-bank.co.uk

Here's the comparative impact of this Jackfruit & sweet potato chilli if it was made using beef.

1980g
CO2 use saving

10M²
Land use saving

979L
Water use saving

Jackfruit

Jackfruit in brine 565g JACFRU565G • 2.9kg JACFRUA10	🌱 🌱
Pulled Green Jackfruit 540g JACPUL1	🌱 🌱
Barbecue Jackfruit (ready to use) 1kg JACBBQ	🌱 🌱 🌱
Sriracha Jackfruit (ready to use) 1kg JACSRI	🌱 🌱 🌱
NEW Jackfruit Plant-based Duck Shredded 750g JACDUC	🌱 🌱
BBQ Jackfruit Spring Roll 50x25g ROLJAC1	🌱 🌱
Biff's Jackfruit Burger 24x118g BURJACB	🌱 🌱
Biff's Jackfruit Wings 56x50g WINJACKB	🌱 🌱
PIZZA TOPPINGS	
NEW Jackfruit Plant-based Sausage Slices 500g JACSAUSCO	🌱 🌱
NEW Jackfruit Plant-based Pepperoni Slices 500g JACKPEPSLI	🌱 🌱
NEW Jackfruit Plant-based Ground Beef 750g JACGRBF	🌱 🌱
NEW Jackfruit Plant-based Bacon Diced 750g JACBAC	🌱 🌱

See the difference you're making...

You know that plant-based food uses fewer natural resources and creates much less greenhouse gases than meat... but how much? Now, for the first time you can see exactly the difference your company is making by putting our delicious plant-based food on your menu...



When you open an account we'll start recording the greenhouse gas emissions you've saved by choosing to buy certain products from us rather than their meat equivalents.

Our calculations are made with industry experts, using the latest research, so you can be confident in sharing them with all your stakeholders.

Each quarter we'll send you an impact statement showing your positive impact over the last 12 months. All you need to do is to keep putting delicious plant-based food on your menus.

FREE to all customers...
ASK YOUR SALES CONTACT

Centre of plate

Centre of plate

Luxury Vegan Nut Roast
20x180g NUTROA3.6KG



Nut Roast Slice
24x140g NUTROA24X140G



NEW Curried Parsnip & Squash Wellington
15x225g WELPARSQ



NEW Nut Roast Crumble Tart
15x170g TARTNUTROA



Puy Lentil & Chargrilled Vegetable Filo Parcel
18x180g PARLV1



Plant-based turkey

NEW Plant-based Roast with Plant-based Sausage Meat Stuffing
2x1.5kg ROASTUF



Plant-based Roast Turkey (Seitan)
1kg RTURK



See page 10 for
More Seitan ←

Filled pasta

Spinach & Ricotta Ravioli
3kg PASRAVSP13KG



Ricotta & Spinach Tortelloni
500g PASTORSP1500G



🌱 Nut Roast Crumble Tart



🌱 Puy Lentil and Chargrilled Vegetable Filo Parcel



🌱 Plant-based Roast with Plant-based Sausage Meat Stuffing



Plant-based Roast Turkey



🌱 Curried Parsnip and Vegetable Wellington



🌱 Luxury Vegan Nut Roast



Cheese, dairy & egg alternatives

Do more with milk

Plant-based milk is about more than adding to coffee (though we have three great 'Barista' style milks for that too). We've got milk for savoury dishes, porridges and more.

Plant-based milk

- NEW Dug Potato Milk - Original** 1ltr MILPOTORI
- NEW Dug Potato Milk - Barista** 1ltr MILPOTBAR
- NEW Dug Potato Milk - Unsweetened** 1ltr MILPOTUNSW
- Plenish Almond Milk** 1ltr MILALMS • 8x1ltr MILALM
- Plenish Cashew Milk** 1ltr MILCASHS • 8x1ltr MILCASH
- Plenish Coconut Milk** 1ltr MILCCNS • 8x1ltr MILCOCON
- Condensed Coconut Milk** 320g COCMILCON
- Plenish Oat Milk** 1ltr MILOATS • 8x1ltr MILOATT
- NEW Sharpham Park Oat & Spelt Drink** 6x1ltr MILSPOATS
- NEW Sharpham Park Spelt Drink Barista** 6x1ltr MILSPSPE
- Plenish Soya Milk** 1ltr SOYMILKS • 8x1ltr SOYMILK
- NEW Sproud Unsweetened** 1ltr MILSPROUNS
- NEW Sproud Barista** 1ltr MILSPROBAR
- NEW Sproud Chocolate** 1ltr MILSPROCHOC
- NEW Sproud Vanilla** 1ltr MILSPROVAN

Plant-based iced coffee

- NEW Sproud Iced Coffee Original** 12x330ml MILSPROICE
- NEW Sproud Iced Coffee Salted Caramel** 12x330ml MILSPROICECAR

Plant-based cream

- Unsweetened Vegan Cream** 1ltr VCREAM1
- Flora Plant Cream** 1ltr CREFLO
- Creamed Coconut** 200g COCCRE200G
- Coconut Cream** 24x400ml COCCRE24X400ML



What's the difference?

- Nut**
Smooth and clean nutty flavour, not too sweet. Great for savoury dishes.
- Pea**
Made from yellow split peas. It has a neutral taste perfect for tea & coffee.
- Soya**
Clean and creamy flavour, great for tea and coffee without the additives.
- Oat**
Made for porridge and granola to boost.
- Spelt**
Slightly nutty aroma, great for cereals.
- Potato**
Neutral, slightly sweet flavour. Holds well on cooking, doesn't break down.

NEW Notorious Nooch

- Smoky Bacon** 80g NOOCHBAC
- Immature Cheese** 80g NOOCHCH

This nutritional yeast can be used instead of salt in fried foods, added to sauces instead of parmesan and it comes in two tasty flavours!



Plant-based yoghurt

- Coconut Milk Yoghurt** 1kg COCYOGIKG
- Natural Soy Yoghurt Alternative** 5kg YOGSOYI

Plant-based spreads & butter

- Flora Plant Butter Wrapper** 250g PLBUTFLO

Egg alternatives

- Zero Egg - Classic** 1kg ZEREGGCL
- Aquafaba** 1ltr AQUAF

Say Cheese!

Consistently voted as the thing missed most by vegans, it need not be anymore. A good stringy cheese pizza, cold cream cheese on a bagel, sharp cheddar and grapes on a cracker, fluffy cheesecake? We've a plant-based version for them all.

Plant-based cheese

BLOCK

- Greek White Feta Style Cheese** 12x200g CHEVEGFETA12X200G
- Halloumi Style Cheese** 8x200g CHEVEGHAL8X200G
- Mature Style Block Cheese** 2.5kg CHEVEGMAT2.5KG
- Parmesan Style Cheese Wedge** 150g CHEVEGPAR150G
- Vegan Applewood Block** 10x200g CHEAPBL

SLICED

- Slice Original Style Cheese** 12x200g CHEVEGLI12X200G
- Vegan Applewood Slices** 12x200g CHEAPSLI

GRATED

- Sheese Mature Cheddar Style Grated** 2kg CHEVEGSHEE
- Grated Mature Cheddar Style Cheese** 500g CHEVEGGRACHE500G

SOFT

- NEW Plant-based Mascarpone** 500g MASCA
- Plant-based Mozzarella Blue Cheese** 500g CHEVEGBLU500G
- Plant-based Mozzarella Cheese** 500g CHEVEGORI500G
- Plant-based Mozzarella Smokey Cheese** 500g CHEVEGSMO500G
- Cream Style Vegan Cheese** 8x200g CHEVEGCRE8X200G • 5kg CHEVEGCRE5K

SAUCE

- Vegan Junkstar Chedda Cheeze Sauce** 500ml SAUCHED

Dairy cheese

- Halloumi Cheese** 200g CHEHAL200G • 40x200g CHEHAL40X200G
- Paneer Cheese** 1kg PANIKG
- Diced Paneer Cheese** 1kg PANDICE

Nutritional yeast

- Engevita Nutritional Yeast Flakes with B12** 125g ENGB12 • 750g ENGB
- NEW Notorious Nooch - Smoky Bacon** 80g NOOCHBAC
- NEW Notorious Nooch - Immature Cheese** 80g NOOCHCH



THE EGG FOR EVERYONE

Amazingly made from plants!

The all-purpose egg that bakes, scrambles, thickens, binds, spreads, and fluffs.

A plant-based egg that will delight food lovers and chefs alike. The same look, taste and texture as ordinary eggs, made from a unique blend of healthy plant proteins. Now available for every menu. Even yours!

Zero Egg - Classic
1kg ZEREGGCL



ZERO EGG & SALMON SCRAMBLE



OMELETTE

ZERO EGG IS EASY TO USE

Liquify powder as directed. Ready in minutes.

STEP 1

Combine Zero Egg powder, cold water and oil as directed.

STEP 2

Mix in a food processor for 20 seconds, scrape sides and mix again.

STEP 3

For best results, rest in the fridge for 20 minutes before use.

Find out more at vegexp.co.uk/zero-egg

Our guide to grains & pulses



Giant Cous Cous and Teff Tabbouleh

Loaded with fibre, protein and nutrients, these fantastic and versatile ingredients have been overlooked for too long.

The rediscovery of these ancient grains opens up endless possibilities in flavours and textures and will pique curiosity and excitement in customers who are looking for something different.

Visit seed-bank.co.uk to find tons of grain-based inspiration for all meal occasions.

Farro and Butternut Squash Salad



Einkorn and Ancho Chilli Non Carne



Fried Polenta Panzanella



Corn and Barley Risotto



Miso Ginger Tofu & Quinoa Poke Bowl



Coconut Freekeh and Date Porridge





Buckwheat - Unroasted
5kg BUCWHOSK  



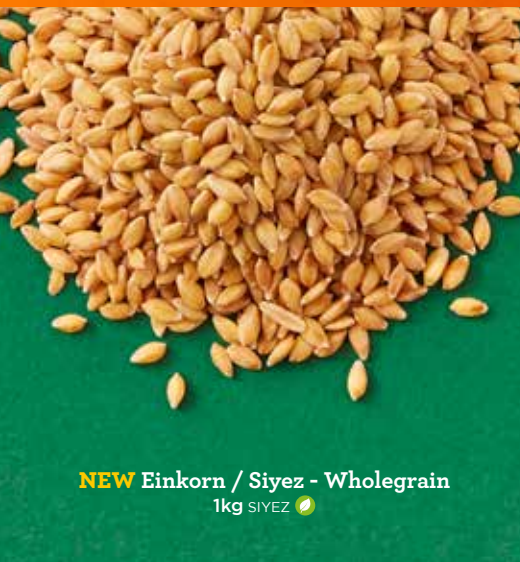
Bulgar Wheat - Medium
5kg WHEBULMED5K 



NEW Canihua/ Kaniwa
1kg KANIW  



Couscous - Giant
5kg COUISR5K 



NEW Einkorn / Siyez - Wholegrain
1kg SIYEZ 



Freekeh - Wholegrain
1kg FREWHOIKG 



Farro Grain
1kg FARIKG 



Khorasan Wheat
1kg GRAKHOIKG  



Puffed Millet
500g MILPUF  



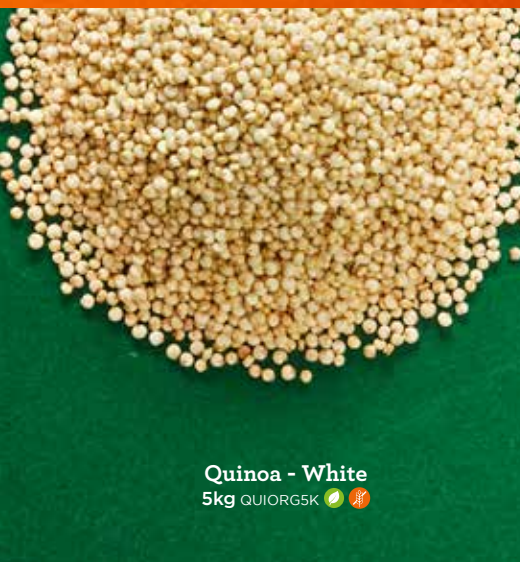
Pearled Spelt Grain
500g GRASPEPEA500G  



Popcorn Kernels
5kg POP5K  



Quinoa - Black
5kg QUIBLASKG  



Quinoa - White
5kg QUIORG5K  



Quinoa - Red
5kg QUIREDORG5K  




































Teff Grain
1kg GRATEFIKG  







Puffed Amaranth
500g AMAPUF  

Grains

- Buckwheat - Unroasted**  
5kg BUCWHOSK
- Bulgar Wheat - Medium** 
1kg WHEBULMEDIKG • 5kg WHEBULMED5K
- NEW Canihua/ Kaniwa**  
1kg KANIW
- Couscous - Giant** 
1kg COUISRIK • 5kg COUISR5K • 10kg COUISR10K
- Couscous - Tri Colour** 
1kg COUTRIKIG • 5kg COUTRISKG
- Couscous - White** 
1kg COUCOUIKG • 5kg COUSK • 25kg COU25K
- Couscous - Wholemeal** 
5kg COUWHOSK
- NEW Einkorn / Siyez - Wholegrain** 
500g SIYEZRP • 1kg SIYEZ
- Freekeh - Cracked** 
1kg FREKEHIKG
- Freekeh - Wholegrain** 
1kg FREWHOIKG
- Farro Grain** 
1kg FARIKG
- Khorasan Wheat**  
1kg GRAKHOIKG
- Millet**  
3kg MILORG3KG

- Pearl Barley** 
1kg BARGRAIKG • 5kg BARGRAPEA5K
- Pearled Spelt Grain**  
500g GRASPEPEA500G
- Pearled Spelt Grain** 
1kg GRASPEIKG
- Polenta**  
1kg POLIKG • 5kg POL5K
- Popcorn Kernels**  
1kg POPIKG • 5kg POP5K
- Quinoa - Black**  
1kg QUIBLA1KG • 5kg QUIBLASKG
- Quinoa - Red**  
1kg QUIREDORG1KG • 5kg QUIREDORG5K
- Quinoa - White**  
1kg QUIORGW1KG • 5kg QUIORG5K
- Teff Grain**  
500g GRATEFRP • 1kg GRATEFIKG

Puffed grains

- Puffed Amaranth**  
500g AMAPUF
- Puffed Millet**  
500g MILPUF
- Puffed Quinoa**  
500g QUIPUF

The power of the puff

Our puffed grains are perfect for adding layers to salads. The small, mildly popcorn flavoured grains look great on plate helping to add value to your dish.

 **Mesquite BBQ Glazed Celeriac, Puffed Millet, Puffed Quinoa Grain Granola**



See page 66 for **Accompaniments** →

Pulses

Another great ingredient comeback. Pulses, lentils and peas are now seen on menus everywhere. A great source of protein, colourful and delicious to boot, our range is so extensive you could make a different dhal every day.



Lentil Vindaloo

🌱 Vegan
🌾 Does not contain gluten
🌿 Organic
❄️ Frozen
🥶 Chilled

Pre-cooked pulses

Black Turtle Beans 2.5kg BEABLATURFRO2.5KG	🌱 🌾 ❄️
Blackeye Beans 2.5kg BEABLAFFRO2.5KG	🌱 🌾 ❄️
Butter Beans 2.5kg BEABUTFRO2.5KG	🌱 🌾 ❄️
Cannellini Beans 2.5kg BEACANFRO2.5KG	🌱 🌾 ❄️
Chickpeas 2.5kg PEACHIFRO2.5KG	🌱 🌾 ❄️
Edamame in Pods Beans 454g BEAEDAPOD454G	🌱 🌾 ❄️
Pinto Beans 2.5kg BEAPINFRO2.5KG	🌱 🌾 ❄️
Red Kidney Beans 2.5kg BEAREDFRO2.5KG	🌱 🌾 ❄️
Shelled Edamame Beans 500g BEAEDA454G	🌱 🌾 ❄️

Beans

Adzuki Beans 1kg BEAADUIK	🌱 🌾
Black Turtle Beans 1kg BEABLATURIK • 5kg BEABLATUR5K • 25kg BEABLATUR25	🌱 🌾
Black Turtle Beans in Water (Can) A10 BEABLATUR2.5KG	🌱 🌾
Blackeye Beans 1kg BEABLAIKG • 5kg BEABLA5K	🌱 🌾
Borlotti Beans 5kg BEABOR5K	🌱 🌾
Butter Beans 1kg BEABUTIKG • 5kg BEABUT5K	🌱 🌾
Cannellini Beans 1kg BEACANIKG • 5kg BEACAN5K	🌱 🌾
Flageolet Beans 1kg BEAFLAIK	🌱 🌾

Haricot Beans 1kg BEAHARIKG • 5kg BEAHAR5K	🌱 🌾
Mung Beans 1kg BEAMUNIK • 5kg BEAMUN5K	🌱 🌾
Pinto Beans 1kg BEAPINIK • 5kg BEAPIN5K	🌱 🌾
Red Kidney Beans 1kg BEAREDIKG • 5kg BEAREDKID5K	🌱 🌾

Lentils & peas

Chickpeas 1kg PEACHI1KG • 5kg PEACHI5K	🌱 🌾
Dhal - Black Urid 1kg DHAURI1KG • 5kg DHABLA5KG	🌱 🌾
Dhal - Channa 1kg DHACHA1KG	🌱 🌾
Dhal - Masoor 1kg DHAMAS1KG	🌱 🌾
Dhal - Moong 1kg DHAMOO1KG	🌱 🌾
Dhal - Toor 1kg DHATOO1KG	🌱 🌾
Dhal - White Urid 1kg DHAURIWH1KG	🌱 🌾
Lentils - Beluga 1kg LENBELIKG	🌱 🌾
Lentils - Brown 1kg LENBROIKG • 5kg LENBROS5K	🌱 🌾
Lentils - Green 1kg LENGREIKG • 5kg LENGRES5K	🌱 🌾
Lentils - Puy / Dark Green Speckled 1kg LENPUY1KG • 5kg LENPUY5K	🌱 🌾
Lentils - Red Split 1kg LENREDIKG • 5kg LENREDS5K	🌱 🌾
Peas - Green Split 1kg PEAGREIKG • 5kg PEAGRES5K	🌱 🌾
Peas - Yellow Split 1kg PEAYELIKG • 5kg PEAYEL5K	🌱 🌾





🌱 Paneer Tikka Masala



🌱 Sichuan 'Pork' Ragu Noodles

Rice, noodles & pasta

Rice

Arborio Rice 1kg RICARBIK • 5kg RICARB5K	🌱 🌱
Black Rice 1kg BLARIC • 25kg RICBLA25KG	🌱 🌱
Brown Basmati Rice 5kg RICBASBRO5K	🌱 🌱
Easi-cook Brown Rice 20kg RICLONBRO20KG	🌱 🌱
Easi-cook White Rice 5kg RICWHIEA55KG • 20kg RICWHIEA520K	🌱 🌱
NEW Extra Long Basmati Rice 20kg RICBASXL	🌱 🌱
Jasmine Rice 20kg RICJASI	🌱 🌱
Long Grain Brown Rice 1kg RICLONBROI1KG • 5kg RICLONBRO5K	🌱 🌱
Red Rice 2.5kg RICRED2.5K	🌱 🌱
Santo Tomas Paella Rice 1kg RICPAE1KG • 5kg RICPAE5KG	🌱 🌱
Sushi Rice 1kg RICSUS1 • 2.5kg RICSUS2.5KG	🌱 🌱
Thai Fragrant Jasmine Rice 5kg RICTHAFRA5K	🌱 🌱
Three Mix Rice (Wild, Basmati & Red) 1kg RICMIX1K	🌱 🌱
White Basmati Rice 1kg RICBASWHI1KG • 5kg RICBASWHI5K • 20kg RICBASWHI20K	🌱 🌱
White Pudding Rice 1kg RICPUDI1K • 5kg RICPUDI5K	🌱 🌱
Wild Rice (20 min cook) 2.5kg RICWIL2.5K	🌱 🌱

Noodles

Chop Suey Noodles 3kg NOOCHOSUE3K • 9kg NOOCHOSUE9K	🌱
Extra Fine Noodles 7.71kg NOOEGGFIN7.71K	🌱
Korean Glass Noodles 1kg NOOGLA1KG	🌱 🌱
Mung Bean Vermicelli Noodles 250g NOOVERMUN250G	🌱 🌱
Ramen Noodles 540g NOORAM540G	🌱
Rice Vermicelli Noodles 400g NOOVER400G	🌱 🌱
Thai Flat Rice Noodles 5mm 2kg NOOTHARIC2K	🌱 🌱
Thai Flat Rice Sticks 10mm 400g NOOTHARIC400G	🌱 🌱
Udon Noodles 600g NOOUDOJAP600G	🌱
Yutaka Buckwheat Soba Noodles 250g NOOSOB250G	🌱
Yutaka White Shirataki Noodles 12x170g NOOSHIWHI12X170G	🌱 🌱

White Basmati Rice 5kg RICBASWHI5K 🌱 🌱	Long Grain Brown Rice 5kg RICLONBRO5K 🌱 🌱
Extra Fine Noodles 7.71kg NOOEGGFIN7.71K 🌱	Korean Glass Noodles 1kg NOOGLA1KG 🌱 🌱
Rice Vermicelli Noodles 400g NOOVER400G 🌱 🌱	Ramen Noodles 540g NOORAM540G 🌱

Combine authentic ingredients with meat and fish alternatives

Use authentic rices, noodles and pastas to create dishes as they were meant to be.

🌱 Shrimp and Saffron Fregola



See page 19 for **Fish Alternatives** ←

Premium wheat pasta

Baby Orzo / Pastina 12x250g PASORZBAB12X250G	
Cannelloni 12x250g PASCANI2X250G	🌱
Conchiglie Shells 12x500g PASCONBIONA12X500G	🌱 🌱
Fregola Sarda 1kg PASFREIKG	🌱
Fusilli - Tricolour 12x500g PASFUSTR112X500G	🌱 🌱
Fusilli - White 3kg PASFUSWHIORG3K • 12x500g PASFUSWHI12X500G	🌱 🌱
Fusilli - Wholewheat 3kg PASFUSWHOORG3K	🌱
Fusilli - Wholewheat (organic) 12x500g PASFUSWHO12X500G	🌱 🌱
Lasagne - White 12x250g PASLASWHI12X250G	🌱 🌱
Linguine (Bag) 5kg PASLINSKG	🌱
Macaroni - White 12x500g PASMACHWHI2X500G	🌱 🌱
Macaroni - Wholewheat 12x500g PASMACHWHI2X500G	🌱 🌱
NEW Spelt Pasta - White Gigli 4kg PASWHIT	🌱 🌱
NEW Spelt Pasta - Wholegrain Casarecce 4kg PASWHOG	🌱 🌱
Orzo / Puntalette 500g PASORZ500G	🌱
Penne - White 3kg PASPENWHIORG3K • 12x500g PASPENWHI12X500G	🌱 🌱
Penne - Wholewheat 3kg PASPENWHOORG3K • 12x500g PASPENWHO12X500G	🌱 🌱
Potato Gnocchi 1kg GNOPOTAMBIK	🌱
Potato Gnocchi 1kg GNOPOTIK	🌱 🌱
Spaghetti - White 12x500g PASSPABIONA12X500G	🌱 🌱
Spaghetti - Wholewheat 12x500g PASSPAWHI12X500G	🌱 🌱
White Farfalle (Bag) 5kg PASFARWHI5KG	🌱

Gluten free pasta

Rice Gnocchi 500g GNOGF500G	🌱 🌱
Potato Gnocchi with Spinach 500g GNOSPIGF500G	🌱 🌱
Potato Gnocchi with Tomato 500g GNOTOMGF500G	🌱 🌱
Pasta - Lasagne Sheets 250g PASGFLAS250G	🌱
Pasta - Penne 1kg PASGFPENIKG	🌱 🌱
Pasta - Spaghetti 500g PASGFSPA500G	🌱 🌱

Avocado, falafel & dips



Falafel & Farro Grain Salad



Falafel Salad



Red Quinoa & Houmous Buddha Bowl

Falafel

- Falafel Fried Original** 2kg FALFRI2KG   
- Falafel - Quinoa** (deep fry and oven cook) 100x20g FALQUI100X20G   
- Falafel - Spinach & Kale** (deep fry and oven cook) 70x30g FALSPIKAL70X30G   
- Falafel - Sweet Potato** (deep fry and oven cook) 100x20g FALSWEPOT100X20G   
- Gosh Beetroot Falafel** approx 63x22g FALBEE22G   
- Gosh Moroccan Spiced Falafel** approx 63x22g FALMOR22G   
- Falafel Mix** 1kg FALMIX1KG   

Dips

- Babaganoush Aubergine Dip** 1kg BABAGA1KG   

See page 66 for **Accompaniments** →

Houmous

- Houmous - Original** 1kg HOUORI1KG   
- Houmous - Beetroot** 1kg HOUBEE1KG   
- NEW Houmous - Harissa** 1kg HOUHAR   
- Houmous - Red Pepper** 1kg HOUPEPI1KG   

Perfect for breakfast, lunch and dinner

Whether on toast, in a salad or fajita, avocado is a favourite with customers that works for every meal occasion.

Avocado

- Diced Avocado** 1kg AVODIC   
- Sliced Avocado** 1kg AVOSLI   
- NEW Avocado Halves** 1kg AVOHAL   
- Guacamole** 500g GUA500G • 2kg GUA2KG   

See page 50 for **Mexican** →

Easily add flavour

Our flavoured houmous makes it simple to add flavour to salads and bowls.



Original



Beetroot



Harissa



Red Pepper



Plant-based Chilli Nachos



Heritage Caprese Salad

Deli range

Speciality deli goods

- Borettane Onions in Balsamic Vinegar** 1.9kg ONIBAL19KG 🌱
 - Capers (Jar)** 2kg CAPERS 🌱
 - Chargrilled Artichokes (Tray)** 1kg CHAGRIART1KG 🌱
 - Chargrilled Peppers (Tray)** 1kg CHAGRIPE1KG 🌱
 - Krakus Sauerkraut (Jar)** 900g SAUER900G 🌱
 - Polenta - Cooked & Ready to Eat** 500g POLCOO500G 🌱
 - Preserved Lemons (Jar)** 700g LEMPRE700G 🌱
 - Sun Dried Tomatoes in Oil (Tray)** 1kg TOMSUN1K 🌱
 - Semi-dried Tomatoes in Oil (Pouch)** 950g TOMSEMDR1950G 🌱
 - Semi-dried Cherry Tomatoes** 1kg TOMCHESEMDR1KG 🌱
 - Whole Artichokes with Stems** 1kg ARTSTE1KG 🌱
 - Whole Brushed Black Summer Truffles** 30g TRUWHO30G 🌱
-
- ### Olives
- Mixed 'Marinated Pitted Green & Black' Olives** 2.2kg OLIMIX2.1KG • 3kg OLIMIX3KG 🌱
 - Pitted Green Olives (Can)** 2kg OLIGREPIT2K 🌱
 - Pitted Kalamon Olives** 2kg OLIKALPITORG2K 🌱
 - Pimento 'Large Green Stuffed' Olives** 2.2kg OLIPIM2.2KG 🌱
 - Olives, Limone 'Marinated Green Olives with Lemon'** 2.2kg OLILIM2.2KG 🌱

Add pesto for Italian authenticity

Adding our pestos to gluten free spaghettis and pastas make it easy to create authentic Italian dishes whilst catering for those with dietary requirements.

Pesto

- Pesto - Green** 900g SAUPESGRE 🌱
- Pesto - Vegetariano Green** 900g SAUPESGRE900G 🌱
- Pesto - Rosso Red** 900g SAUPESRED1KG 🌱
- Green Genovese Pesto (Pouch)** 500g SAUPES500G 🌱

Spaghetti Genovese



See page 36 for **Spaghetti** ←

World ingredients

Discovery is in our DNA. Whether finding forgotten treasures or interesting new flavours, our search extends around the world. Authenticity is the key to bringing vibrant cuisines to life. From the rare and hard to find to bona fide and made easy we have everything you need to help your customers travel with their tastebuds.



Indian

Our authentic regional pastes and condiments help you easily add a depth of flavour to dishes.



Chinese

From fiery szechuan to sweet plum sauce and oodles of noodles to add them to, we have Chinese covered.



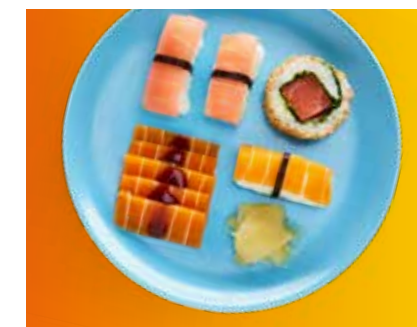
Korean

Korean cuisine is all about rich and spicy flavours. Add to your dishes with ingredients such as kimchi.



Thai

Get fragrant lemongrass and galangal flavours with our Thai pastes and sauces. Regulate spices with coconut milks.



Japanese

We've got the highest quality ingredients for everything you need to make spicy ramen or plant-based sushi.



Mexican

Salsa and guacamole is just the start. Try our hard to find achiote paste and tomatillos for an authentic taste.

Indian



Mock 'Lamb' and Spinach Balti



Heura 'Chicken' Rogan Josh

Poppadoms

Plain Poppadoms (Uncooked) 200g POP200G

Breads

Bread - Naan Large 24x100g BRENAA24X100G

Bread - Naan Mini 30x50g BRENAAMIN30X50G

Flour

Dosai Mix 500g MIXDOS500G

Sugar

Jaggery 1kg SUGCANJAG1KG

See page 56 for **Spices** →

Mango Chutney

This chutney is full of rich chunks of mango and topped with nigella seeds. Use with curry or try on desserts and pancakes.

NEW Premium Mango Chutney 1kg CHUMAN



Pastes, pickles & chutney

NEW Balti Paste 1kg PASTEBAL1

NEW Korma Curry Paste 1kg PASTEKOR1

NEW Madras Paste 1kg PASTEMAD1

NEW Rogan Josh Paste 1kg PASTEROG1

NEW Tandoori Paste 1kg PASTETAN1

NEW Tikka Paste 1kg PASTETIK1

NEW Vindaloo Paste 1kg PASTEVIN1

NEW Aubergine Pickle 1kg CHUAUB

Lime Pickle 2.40kg PICLIMMIL2.5K

Mild Mango Pickle 2.40kg PICMAN2.5K

Mixed Pickle 2.40kg PICMIX2.5K

NEW Premium Mango Chutney 1kg CHUMAN

Sweet Mango Chutney 1kg CHUMANSWE • 7kg CHUMAN7K

Indian buffet

Onion Bhajis - Cocktail (Uncooked) 50x50g BAH50X50G

Onion Bhajis - Cocktail 50x30g BAHCO50X30G

Onion Bhajis - Large 20x110g BAH20X110G

Vegetable Pakora - Cocktail 50x30g PAKCOC50X30G

Samosas - Cocktail Vegetable 50x20g SAMCOC50X20G

Samosas - Large Vegetable 25x65g SAM25X65G

See page 52 for **Hospitality Buffet** →

Chinese



🌱 Heura Dry Wok 'Chicken'



🌱 'pork' and 'Shrimp' Special Fried Rice

Asian goods

③ Sweetened Black Rice Vinegar 600ml VINBLARIG600ML	🌱🌱
Fortune Cookies 2kg COOFOR2K	🌱
Soya Bean Paste 700ml PASTEBEASOY700ML	🌱
Lychees (Can) 565g LYCHEE567GM	🌱🌱
Salted & Fermented Black Beans 500g BEABLASAL500G	🌱🌱
Pure Sesame Oil 500ml OILSESPU	🌱🌱
② Shaohsing Rice Wine 600ml WINRIC600M	🌱
Sliced Bamboo Shoots (Can) 540g BAMSHOSLI565G • A10 BAMSHOSLIA10	🌱🌱
Water Chestnuts - Sliced (Can) A10 CHEWATA10	🌱🌱
Water Chestnuts (Can) 567g CHEWATS67G	🌱🌱
Hong Kong Min Chilli Oil 207ml OILCHI207ML	🌱🌱



🌱 Chinese Wonton

Buffet

Spring Roll - Large Vegetable 20x70g ROLSPR20X70G	🌱🌱
Chinese Pancakes 100pk PANCR100	🌱🌱
Pastry - Wonton 40pk WONPAS	🌱

See page 52 for
Hospitality Buffet →



Authentic Asian Sauces

To get true Asian flavour you need authentic sauces. We've scoured the globe to find only the best.

Sauces

Chilli & Garlic Sauce 2ltr SAUCHIGAR2L	🌱
Ginger & Chilli Sauce 250ml SAUGINCHIRP • 1ltr SAUGINCHI	🌱
NEW Ginger & Sesame Sauce 250g SAUGINSESRP • 1kg SAUGINSE	🌱
Chinese Curry Paste 4.5kg PASCURCHI4.5KG	🌱
NEW Hoi Sin Sauce 250ml SAUHOIRP • 1ltr SAUHOI	🌱
Hoi Sin Sauce (Can) 482g SAUHOI482G	🌱
Oriental BBQ Char Siu Sauce (Jar) 400g SAUCHASIU380G	🌱
Plum Sauce 2ltr SAUPLU2LT	🌱🌱
NEW Szechuan Sauce 250ml SAUSZERP • 1ltr SAUSZE	🌱
Black Bean Sauce 2ltr SAUBLABEA2.2L	🌱
Chow Mein Sauce 2ltr SAUCHOMEI2.2L	🌱🌱
NEW Sweet Chilli Sauce 250ml SAUSWCHIRP • 1ltr SAUSWCHI	🌱
Sweet Chilli - Cooking Sauce 2.27ltr SWECHICO	🌱🌱
Crushed Yellow Bean Sauce (Can) 450g SAUYELBEA454G	🌱

Soy sauces

① Kecap Manis Sweet Soy Sauce 620ml SAUSOYSWE620ML	🌱
⑤ Kikkoman Dark Soy Sauce 150ml SAUSOYKIKI50M • 1ltr SAUSOYKIKIL • 5ltr SAUSOYKIKSL	🌱
Kikkoman Less Salt Soy Sauce 1ltr SAUSOYLESKIKILT	🌱
④ Pearl River Dark Mushroom Flavour Soy Sauce 500ml SAUSOYMU500ML	🌱
Light Soy Sauce 2ltr SAUSOYLIG2LT	🌱



🌱 Gochujang Grilled Tofu and Glass Noodles

Korean

Ingredients

Gochujang Korean Hot Pepper Paste 500g PASKORHOTPEP500G	🌱🌱
Plant-based Kimchi 1kg KIMCHI	🌱🌱🌱
Korean Belly Glass Noodles 1kg NOOGLAIKG	🌱🌱
Korean Coarse Hot Red Pepper Powder 227g POWPEPRED227G	🌱🌱
Ssamjang Korean Mixed Bean Paste 500g PASTEBEAMIX500G	🌱
Korean Bulgogi Sauce 1kg SAUBULIKG	🌱
Santa Maria Kimchi Spice Mix 315g SPIKIM315G	🌱🌱



🌱 Korean Gochujang Burger

See page 16 for
Burgers ←

Thai

🌱 Spicy 'Chicken' Laksa



🌱 Tempeh Pad Thai

Thai ingredients

Rice Paper 16cm 400g PAPRIC16CM	🌱🌱
Rice Paper 22cm 400g PAPRIC22CM	🌱🌱
Rose Water 190g WATROS190G	🌱🌱
NEW Laksa Curry Paste 1kg PASTELAK	🌱🌱
NEW Pad Thai Sauce 1kg SAUPADT	🌱🌱
Satay Paste 1kg PASSATIKG	🌱
Tamarind Slab 200g PASTETAM200G	🌱🌱
Thai 7 Spice Seasoning 1kg THASEVSP1IK	🌱🌱
Thai Stir-Fry Seasoning 500g THASTIO.5K	🌱🌱
Thai Green Curry Paste 1kg PASTECURGREIK	🌱🌱
Thai Massaman Curry Paste 1kg PASTECURMASIKG	🌱🌱
Thai Red Curry Paste 1kg PASTECURREDIK	🌱🌱
Thai Yellow Curry Paste 1kg PASTECURYELIK	🌱🌱
NEW Tom Yum Paste 1kg PASTETOMY	🌱
Palm Sugar 500g SUGPAL500G	🌱🌱
Jaggery 1kg SUGCANJAGIKG	🌱🌱
Jackfruit in Brine 565g JACFRU565G • 2.9kg JACFRUA10	🌱🌱

A tasty way to help the environment



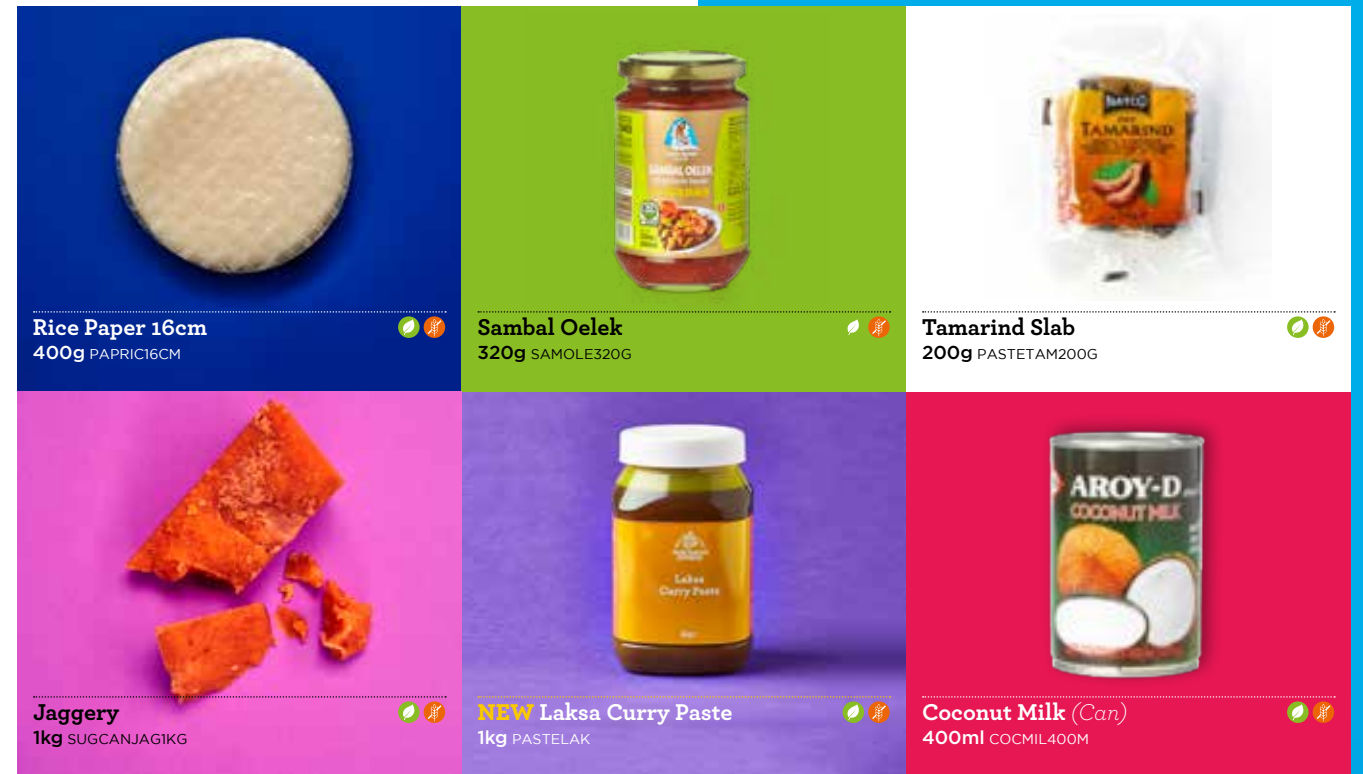
🌱 See its impact on Seed-bank.co.uk

Here's the comparative impact of this Thai 'Chicken' Curry if it was made using chicken.

120G
CO2 use saving

7M²
Land use saving

708L
Water use saving



Sauces

Sambal Oelek 320g SAMOLE320G	🌱🌱
Satay Sauce (Jar) 250g SAUSAT250G	🌱🌱
Sriracha Chilli Sauce 300ml SAUSRIHEABOY300ML • 2ltr SAUSRIHEABOY2LT	🌱🌱
Sweet Chilli - Cooking Sauce 2.27ltr SWECHICO	🌱🌱
Sweet Chilli - Dipping Sauce 1ltr SWECHIDIP	🌱🌱
Sweet Chilli Sauce 280ml SAUCHISWE250ML • 3ltr SAUCHISWE3L	🌱🌱
Tamarind Sauce 1ltr SAUTAMI	🌱🌱

Coconut milks

Coconut Milk (Can) 400ml COCMIL400M	🌱🌱
Coconut Milk (Can) A10 COCMILA10B	🌱🌱
Coconut Milk (Can) A10 COCMILA10	🌱🌱
Coconut Cream 6x400g CCNCREAM	🌱🌱
Coconut Milk Powder 1kg COCMILPOWIKG	🌱
Condensed Coconut Milk 320g COCMILCON	🌱🌱



🌱 Thai Red 'Chicken' Curry

Japanese



🌱 Yuzu Ponzu 'Salmon'



🌱 Katsu 'Chicken' Curry

Ingredients

- Ginger - Pickled Natural Sushi** 🌱 🌱
1kg GINPICIK
- Ginger - Pickled Pink Sushi** 🌱 🌱
1kg GINPICPINIK
- Ginger - Pickled Natural Sushi** 🌱 🌱
190g GINPIC190G
- Tempura Batter Mix** 🌱
1kg TEMPBAT
- Japanese Panko Breadcrumbs** 🌱
1kg BRECRUIKG • 10kg BRECRUJAPNIOK
- Java Curry (Block)** 🌱
1kg CURJAPIKG
- Kewpie Japanese Mayonnaise** 🌱
500ml MAYJAP500ML
- Kikkoman Sushi Seasoning** 🌱 🌱
300ml SEASUS300ML
- Kombu Seaweed** 🌱 🌱
115g KOMI15G
- Mirin** 🌱 🌱
150ml MIR150ML

- Nori Seaweed Sheets** 🌱 🌱
10 sheets NOR10S
- NEW Ponzu Japanese Dressing** 🌱
250ml PONZURP • 1ltr PONZU
- Kikkoman Ponzu Japanese Soy Sauce** 🌱
1ltr PONIL
- NEW Yuzu Ponzu Japanese Dressing** 🌱
250ml PONZYURP • 1ltr PONZYU
- Sanchi Furikake Seasoning** 🌱 🌱
65g SEAFUR65G
- Santa Maria Wasabi & Sesame Spice Mix** 🌱 🌱
295g SPIWAS295G
- Seaweed Salad Mix** 🌱 🌱
20g SALSEAMIX20G
- Shichimi Togarashi Powder** 🌱 🌱
300g SHICHI300G
- Wakame Seaweed** 🌱 🌱
453g WAK453G
- Wasabi Paste (Tube)** 🌱 🌱
43g WAS43G

Perfect plant based sushi

Vegan Zeastar's amazing fish alternatives are perfect for sushi.



See page 19 for **Fish & seafood alternatives** ←

 <p>Ginger - Pickled Natural Sushi 🌱 🌱 1kg GINPICIK</p>	 <p>Nori Seaweed Sheets 🌱 🌱 10 sheets NOR10S</p>	 <p>Sanchi Furikake Seasoning 🌱 🌱 65g SEAFUR65G</p>
 <p>Kikkoman Sushi Seasoning 🌱 🌱 300ml SEASUS300ML</p>	 <p>Akamiso Red Miso 🌱 🌱 1kg MISRED</p>	 <p>Shichimi Togarashi Powder 🌱 🌱 300g SHICHI300G</p>
 <p>Kombu Seaweed 🌱 🌱 115g KOMI15G</p>	 <p>Teriyaki Sauce (Twin Pack) 🌱 2x2.5kg TER2X2.4KG</p>	 <p>Kikkoman Ponzu Japanese Soy Sauce 🌱 1ltr PONIL</p>

Sauces

- Akamiso Red Miso** 🌱 🌱
1kg MISRED
- Shiromiso White Miso** 🌱 🌱
1kg MISWHI
- Kikkoman Teriyaki Sauce** 🌱
250ml SAUTERKIK250M
- Teriyaki Sauce (Twin Pack)** 🌱
2x2.5kg TER2X2.4KG
- Tonkatsu Sauce** 🌱
500ml SAUTON500ML

Buffet

- Hirata Buns** 🌱 🌱
60pk BUNHIR60
- Wraps - Gyoza** 🌱
60pk WRAGO284G
- Gyoza, Shitake & Fungus** 🌱 🌱
400g GYOMUSHI6X25G
- Gyoza, Spicy Vegetables** 🌱 🌱
400g GYOSPIVEG30X13.5G



🌱 Gyozas With Soy Chilli Dipping Sauce

Mexican



🌱 Mexican 'Beef' and Sour Cream Taco



🌱 Omni 'Fish' Finger Baja Taco



🌱 No Tuna and Coriander Pozole Soup

Trending...

The 'Mexican Fine Dining' trend is growing across the UK. See our plant-based take on key dishes.



🌱 Seed-bank.co.uk

See page 36 for **Rice, noodles & pasta** ←

Pastes & sauces

Achiote Paste 1kg PASACHIKG	🌱🌱
Chipotle Peppers in Adobo Sauce 2.8kg PEPCHIP2.8K	🌱🌱
Chipotle Salsa A10 SAUSALCHIA10	🌱🌱
Cholula Mexican Hot Sauce 150ml SAUHOTCHO150ML	🌱🌱
Guacamole 500g GUA500G • 2kg GUA2KG	🌱🌱🌱
Marinade - Lime & Tequila 2.2ltr MARLIMT	🌱🌱
Mesquite BBQ Sauce 2.2ltr SAUBARMES	🌱🌱
Santa Maria Chipotle Paste 750g SPICHIP	🌱🌱
Smoked Hickory BBQ Sauce 5ltr SAUBBQHIC5L	🌱
Picante Salsa (Can) A10 SALA10	🌱🌱

Ingredients

Chillies - Arbol (Crushed) 250g CHIARBCRU250G	🌱🌱
---	----

Chillies - Ancho (Crushed) 250g CHIANCCRU250G	🌱🌱
Chillies - Gaujillo (Crushed) 250g CHIGAUCRU250G	🌱🌱
Chillies - Chipotle (Crushed) 250g CHICHICRU250G	🌱🌱
Corn Chips - Lightly Salted 12x500g CORCHITRI12X454G	🌱🌱
Crushed Green Tomatillos Tomatoes A10 TOMCRUGREA10	🌱🌱
Green Sliced Jalapenos (Cans) A10 JALGRESLIA10	🌱🌱
Masa Harina Flour 1kg FLOMASHARIKG	🌱🌱
Refried Beans (Can) A10 BEAREFA10	🌱🌱
Santa Maria Cacao & Chilli Spice Mix 290g SPICAC290G	🌱🌱
Taco Seasoning 1kg SEATACO1KG	🌱🌱
Taco Shells 1x200 TACIX200	🌱🌱

Other world ingredients

Pastes

Harissa Paste 100g PASHARI00G • 500g PASHAR500G	🌱🌱
Green Harissa Paste 100g PASHARGRE100G	🌱🌱

Afro-caribbean

Cuban Chimichurri Sauce 1kg SAUCHIMIKG	🌱
Encona Hot Pepper Sauce 142ml SAUHOTPEP142ML	🌱🌱
Hot Peri Peri Sauce 2.2ltr SAUPER2.2L	🌱🌱
Louisiana Hot Pepper Sauce 3.78ltr SAULOU3.78L	🌱🌱
Piri Piri Spice 1kg PERPERIK	🌱🌱
Jamaican Ackees (Cans) 6x540g ACKJAM6X540G	🌱🌱
Jamaican Callaloo (Cans) 6x540g CALJAM6X540G	🌱🌱
Jamaican Jerk Marinade 2.2ltr MARJAMJER2.2L	🌱🌱
Sweet Plantain Slices (IQF) 1kg PLANSLI	🌱🌱🌱



vegexp.co.uk/food-trends



🌱 Feta & Spinach Samosa



🌱 BBQ Cauliflower Wings



🌱 BBQ Jackfruit Spring Roll

Hospitality buffet

Starters & snacks

- Caribbean Vegetable Patties - Large 🌱 ❄️
20x150g PASTYCARVEG20X130G
- Caribbean Cocktail Vegetable Patties 🌱 ❄️
100x30g PASTYCARVEG100X30G
- Caribbean Jerk Bean Patties 🌱 ❄️
20x150g PASTYJER20X150G
- Caribbean Callaloo Patties 🌱 ❄️
20x150g PASTYCAL20X150G
- Gosh Beetroot Falafel 🌱 🌱 ❄️
2x700g FALBEE22G
- Gosh Moroccan Spiced Falafel 🌱 🌱 ❄️
2x700g FALMOR22G
- Porcini Mushroom Arancini ❄️
60x35g ARAMUS60

Asian & Indian

- Vegetable Dumplings 🌱 ❄️
25x20g DUMVEG25X20G
- Wraps - Gyoza ❄️
60pk WRAGYO284G
- Gyoza, Shitake & Fungus 🌱 ❄️
400g GYOMUSHI6X25G
- Gyoza, Spicy Vegetables 🌱 ❄️
400g GYOSPIVEG30X13.5G
- Hirata Buns 🌱 ❄️
60pk BUNHIR60
- Chinese Pancakes 🌱 ❄️
100pk PANCR100
- Pastry - Wonton ❄️
40pk WONPAS
- Wonton - Cranberry & Brie ❄️
50x18g WONBRI50X18G

- Onion Bhajis - Cocktail (Uncooked) 🌱 ❄️
50x50g BAH50X50G
- Onion Bhajis - Cocktail 🌱 ❄️
50x30g BAHCO50X30G
- Onion Bhajis - Large 🌱 ❄️
20x110g BAH20X110G
- Vegetable Pakora - Cocktail 🌱 ❄️
50x30g PAKCO50X30G
- Samosas - Cocktail Vegetable 🌱 ❄️
50x20g SAMCO50X20G
- Samosas - Large Vegetable 🌱 ❄️
25x65g SAM25X65G
- Feta Spinach Samosa ❄️
30gx50 SAMSPI1
- Wrappers - Spring Roll 🌱 ❄️
1x30 WRASPRROL30PK
- Spring Roll - Large Vegetable 🌱 ❄️
20x70g ROLSPR20X70G

Hirata buns

These Japanese steamed buns can be filled with tasty plant-based pork alternatives.



- Hirata Buns 🌱 ❄️
60pk BUNHIR60

See page 12 for **Meat Alternatives** ←



See page 74 for **Hospitality disposables** →

Cocktail & finger

- BBQ Jackfruit Spring Roll 🌱 ❄️
25gx50 ROLJAC1
- BBQ Cauliflower Wings 🌱 ❄️
4x1kg CAULBBQ1
- Falafel - Quinoa 🌱 🌱 ❄️
100x20g FALQUI100X20G
- Falafel - Spinach & Kale 🌱 🌱 ❄️
70x30g FALSPIKAL70X30G
- Falafel - Sweet Potato 🌱 🌱 ❄️
100x20g FALSWEPOT100X20G
- Falafel Fried Original 🌱 🌱 ❄️
2kg FALFRI2KG
- Falafel Mix 🌱 🌱 ❄️
1kg FALMIX1KG
- Savoury Blinis ❄️
4x45 BLISAV4X45

Tex mex

- Guacamole 🌱 🌱 ❄️
500g GUA500G • 2kg GUA2KG
- Cream Cheese Poppers Jalapenos ❄️
1kg JALPOPIK

Blinis with Zalmon

These blinis are perfect with Vegan Zeastar's amazing Sashimi Zalmon and some vegan cream cheese.

- Savoury Blinis ❄️
4x45 BLISAV4X45
- Vegan Zeastar Sashimi Zalmon 🌱 🌱 ❄️
310g SASHZAL
- Cream Style Vegan Cheese 🌱 🌱 ❄️
8x200g CHEVEGCRE8X200G • 5kg CHEVEGCRE5K

🌱 See its impact on Seed-bank.co.uk

Here's the comparative impact of this dish if it was made using fish.



🌱 Zalmon and Cream Cheese Blinis

See page 19 for **Fish Alternatives** ←

Canned goods

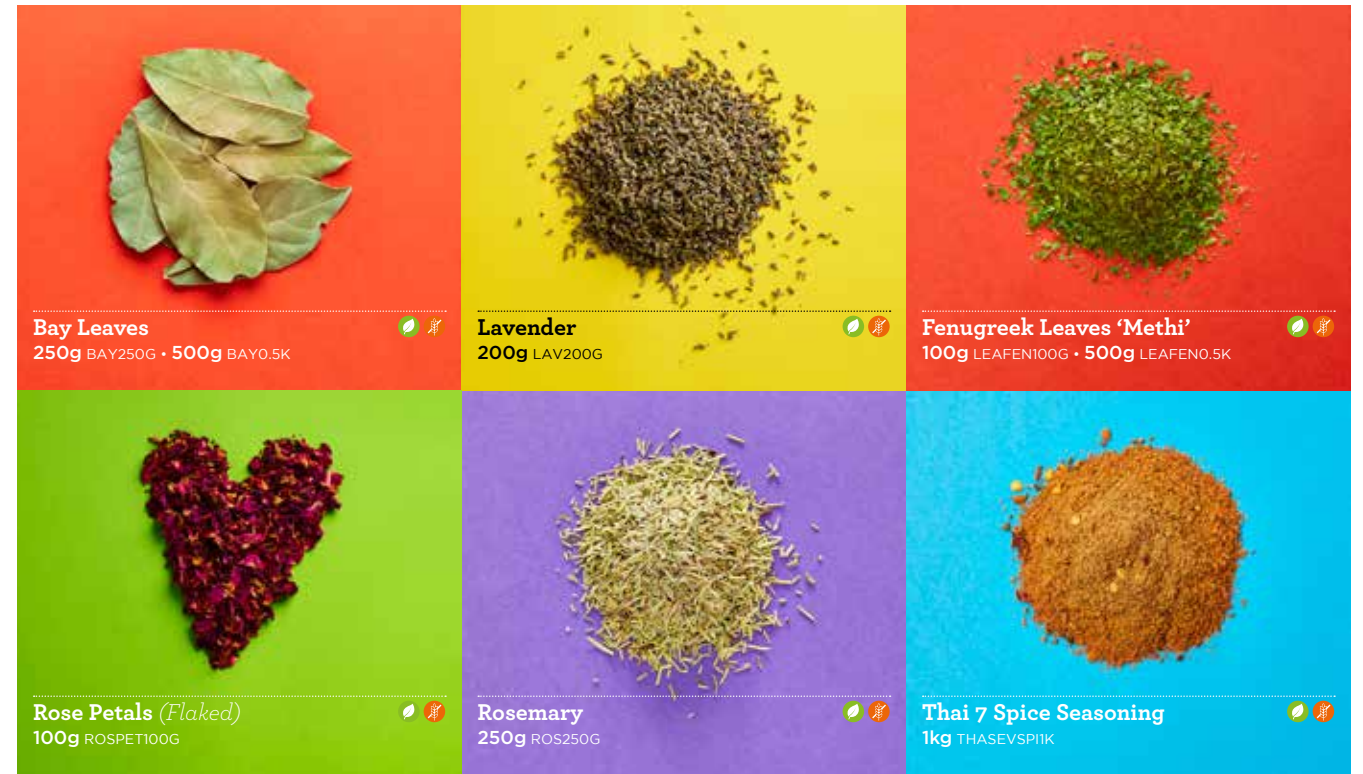
Pulses

Giant Baked Butter Beans in Tomato Sauce 2kg BEAGIA2KG	🌱🌱
Borlotti Beans A10 BEABORA10	🌱🌱
Cannellini Beans 12x400g BEACANCAN12X400G	🌱🌱
Chickpeas A10 PEACHICANA10 • 6x800g PEACHICANA6X800G	🌱🌱
Gungo Beans 12x400g BEAGUNI2X400G	🌱🌱
Haricot Beans A10 BEAHARA10	🌱🌱
Mixed Salad Beans A10 BEAMIXSALA10 • 6x800g BEAMIXSALA6X800G	🌱🌱
Red Kidney Beans A10 BEAREDKIDCAN10 • 6x800g BEAREDKAN6X800G	🌱🌱
Sweetcorn A10 SWECORCAN10 • 12x340g SWECOR12X340G	🌱🌱
Tomatoes	
Chopped Plum Tomatoes A10 TOMPLUCHOA10	🌱🌱
Chopped Tomato (Cans) 6x2.5kg TOMCHOORG6X2.5K	🌱🌱🌱
Tomato Purée 1x800g PURTOM800G • 12x800g PURTOM12X800G	🌱🌱

Crushed Green Tomatillos Tomatoes
A10 TOMCRUGREA10

World goods

Jamaican Ackees (Cans) 6x540g ACKJAM6X540G	🌱🌱
Jamaican Callaloo 6x540g CALJAM6X540G	🌱🌱
Artichoke Hearts A10 ARTHEAA10	🌱🌱
Banana Blossom (Cans) 540g BBLO565G • A10 BBLOA10	🌱🌱
Coconut Milk (Can) 400ml COCMIL400M • A10 COCMILA10	🌱🌱
Dolmades - Stuffed Vine Leaves 2kg DOLMAD2KG	🌱🌱
Ghee (Clarified Butter) 2kg GHEE2KG	🌱
Jackfruit in Brine 565g JACFRU565G • 2900g JACFRUA10	🌱🌱
Pulled Green Jackfruit 540g JACPUL1	🌱🌱
Lychees (Can) 565g LYCHEE567GM	🌱🌱



Herbs, spices & seasonings

Herbs

Basil 250g BAS250G	🌱🌱
Bay Leaves 250g BAY250G • 500g BAY0.5K	🌱🌱
Bouquet Garni 250g BOUGAR250G	🌱🌱
Chopped Garlic (Purée) 1kg GARCHOIK	🌱🌱
Coriander Leaves 100g LEACOR100G	🌱🌱
Curry Leaves 250g LEACUR250G	🌱🌱
Dill 250g DILHER250G	🌱🌱
Fenugreek Leaves 'Methi' 100g LEAFEN100G • 500g LEAFENO.5K	🌱🌱
Hibiscus Flowers 50g FLOHIB50G • 300g FLOHIB300G	🌱🌱
Italian Herbs 250g HERMIXIT250G • 1kg HERMIXITA1K	🌱🌱
Italian Seasoning 250g SEAITA250G	🌱🌱
Lavender 200g LAV200G	🌱🌱
Lime - Dried 500g LIMDR1500G	🌱🌱

Lime Leaves 50g LEALIM50G	🌱🌱
Marjoram 250g MAR250G	🌱🌱
Mint 250g MIN250G	🌱🌱
Mixed Herbs 1kg HERMIX1K	🌱🌱
Oregano 1kg OREIK	🌱🌱
Parsley 500g PAR0.5K	🌱🌱
Provencale Herbs 250g HERPRO250G	🌱🌱
Rose Petals (Flaked) 100g ROSPET100G	🌱🌱
Rosemary 250g ROS250G	🌱🌱
Sage 250g SAG250G	🌱🌱
Thyme 1kg THYIK	🌱🌱

Seasonings

Black Salt Kala Namak 300g SALBLA300G	🌱🌱
Celery Salt 1kg SALCEL1K	🌱🌱

Coarse Sea Salt 1kg SALSEACO1KG	🌱🌱
Cornish Sea Salt (Tub) 500g SALSEA500G • 1.5kg SALSEA1.5KG	🌱🌱
Cornish Sea Salt Flakes (Tub) 1kg SALSEAF1KG	🌱🌱
Cornish Smoked Sea Salt (Tub) 225g SALSEASMO125G	🌱🌱
Fine Sea Salt 1kg SALSEAFIN1KG	🌱🌱
Garlic Salt 1kg SALGAR1K	🌱🌱
Himalayan Coarse Salt 500g SALHIMCOA500G	🌱🌱
Himalayan Fine Salt 500g SALHIMFIN500G	🌱🌱
Jerk Seasoning 500g SEAJER500G • 1kg SEAJER1K	🌱🌱
Thai 7 Spice Seasoning 1kg THASEVSP1K	🌱🌱
Thai Stir-Fry Seasoning 500g THASTIO.5K	🌱🌱
Taco Seasoning 1kg SEATACO1KG	🌱🌱

Spice it up

We're proud of our spices. They represent years of sourcing expertise and a near-neurotic desire to find the most authentic examples available. Gathered from all four corners of the globe they will bring authenticity and delight to any dish you use them in. Dive in and explore.

Spices

Spice Containers

4x2.3ltr CONSPI4

Ajwan / Carom Seeds

500g SEEAJW500G

Allspice - Ground

1kg ALLGRO1K

Amchoor Mango Powder

500g AMCS00G • 1kg AMCIK

Arrowroot

1kg ARRIK

Asafoetida

500g ASA0.5K

Baharat Spice

500g BAH500G

Barbeque & Grilling Spice

500g GRI0.5K

Beetroot Powder

500g BEEPOW

Black Mustard Seeds

1kg MUSBLA1K

Cajun Spice

500g CAJ500G • 1kg CAJ1K

Caraway Seeds

1kg SEECARIK

Cardamon Pods - Black

250g CARBLA250G • 1kg CARBLA1K

Cardamon Pods - Green

200g CARGRE200G • 1kg CARGRE1K

Cardamons - Ground

1kg CARGRO1K

Carob Powder

1kg POWCARIK

Cassia - Quills

250g CASQUI250G

Chaat Masala

500g CHAMAS500G

Chilli Powder

1kg CHIPOW1K

Chillies (Crushed)

1kg CHICRUIK

Chillies - Arbol (Crushed)

250g CHIARBCRU250G

Chillies - Ancho (Crushed)

250g CHIANCCRU250G

Chillies - Gaujillo (Crushed)

250g CHIGAUCRU250G

Chillies - Chipotle (Crushed)

250g CHICHICRU250G

Chillies, Kashmiri Powder

700g CHIPOWKAS700G • 1kg CHIPOWKAS1KG

Chillies - Whole

1kg CHIWHO1K

Chillies - Whole Kashmiri

500g CHIWHOKAS500G

Chinese Five Spice

1kg CHIHK

Cinnamon - Ground

500g CINGRO500G • 1kg CINGRO1K

Cinnamon - Quills

1kg CINQUI1K

Cloves - Ground

500g CLOGRO0.5K

Cloves - Whole

500g CLOWHO0.5K

Coriander - Ground

1kg CORGRO1K

Coriander Seeds

500g SEECOR500G • 1kg SEECOR1K

Cumin - Ground

1kg CUMGRO1K

Cumin Seeds

500g SEECUM500G • 1kg SEECUM1K

Curry Powder - Mild

1kg CURBLEMIL1K

Curry Powder - Medium

1kg CURMED1K

Curry Powder - Hot

1kg CURHOT1K

Curry Powder - Balti

1kg CURBAL1K

Curry Powder - Biryani

1kg BIRYAN

Curry Powder - Korma

1kg CURKOR1K

Curry Powder - Malaysian

1kg CURMAL1KG



Amchoor Mango Powder
1kg AMCIK



Baharat Spice
500g BAH500G



Cardamon Pods - Black
1kg CARBLA1K



Beetroot Powder
500g BEEPOW



Caraway Seeds
1kg SEECARIK



Cardamon Pods - Green
1kg CARGRE1K



Cloves - Whole
500g CLOWHO0.5K



Chillies - Ancho (Crushed)
250g CHIANCCRU250G



Cinnamon - Quills
1kg CINQUI1K



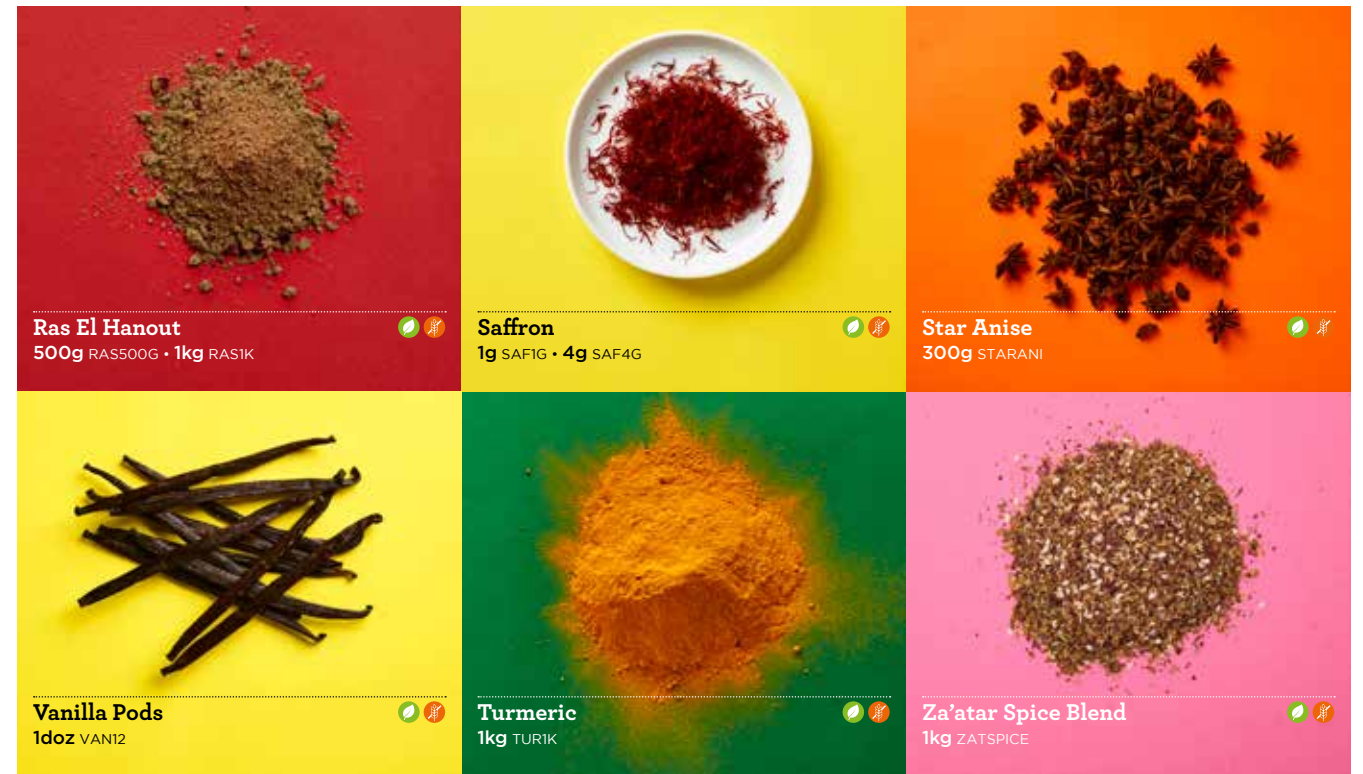
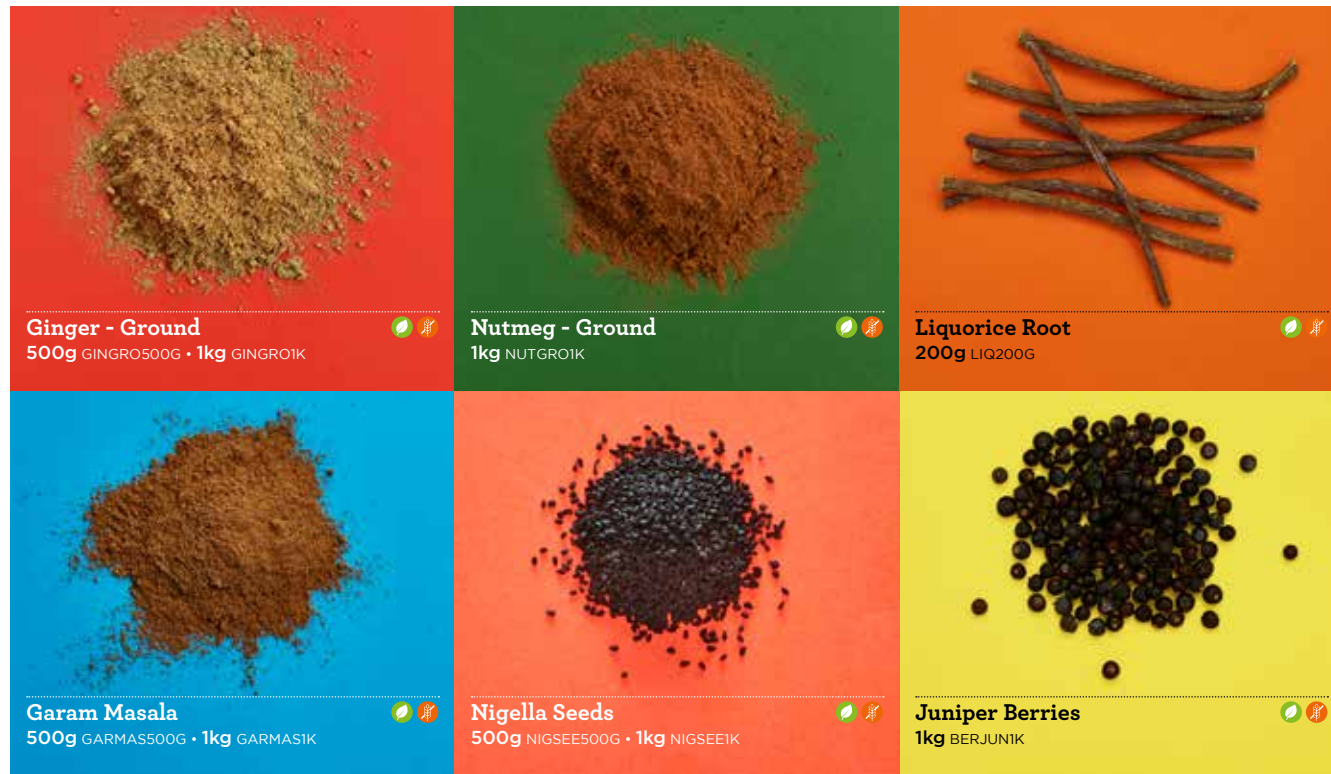
Chillies - Chipotle (Crushed)
250g CHICHICRU250G



Cinnamon - Ground
1kg CINGRO1K



Chillies - Whole Kashmiri
500g CHIWHOKAS500G



Curry Powder - Shawarma 500g SHAWA500G		Mace - Ground 500g MACGRO0.5K	
Curry Powder - Tikka Massala 1kg TIKMASIK		Mixed Spice 1kg SPIMIXIK	
Dukkah - Chilli 500g DUKCHI500G		Mulled Wine Spice 1kg MULWINSPIIK	
Dukkah - Original 500g DUKORI500G		Mustard - Ground 1kg MUSYELGROIK	
Dukkah - Super Seeds 500g DUKSUP500G		Nigella Seeds 500g NIGSEE500G • 1kg NIGSEE1K	
Fajita Mix 300g FAJ300G		Nutmeg - Ground 1kg NUTGROIK	
Fennel Seeds 500g SEEFEN500G • 1kg SEEFEN1K		Nutmeg - Whole 200g NUTWHO200G	
Fenugreek - Seed 1kg SEEFENU1K		Onion Powder 1kg POWONI1KG	
Fenugreek - Ground 1kg FENREGROIK		Paprika 500g PAPSPA500G • 1kg PAPSPA1K	
Garam Masala 500g GARMAS500G • 1kg GARMAS1K		Paprika - Smoked 1kg PAPSMO1K	
Garlic - Powder 1kg GARIK		Pepper - Black Ground 1kg PEPBLAGROIK	
Garlic - Granules 1kg GARGRAIK		Pepper - Black Coarse Ground 1kg PEPBLACORIK	
Garlic - Flakes 500g GARFLAO.5K		Pepper - Black Cracked 1kg PEPBLACRAIK	
Garlic - Black 1kg GARBLA1KG		Pepper - Black Whole 1kg PEPBLA1K	
Ginger - Ground 500g GINGRO500G • 1kg GINGRO1K		Pepper - Cayenne 1kg CAYIK	
Harissa Spice 1kg HARISSA1KG		Pepper - Green Whole 500g PEPGRE0.5K	
Juniper Berries 1kg BERJUNIK		Pepper - Lemon 1kg PEPEMIK	
Korean Coarse Hot Red Pepper Powder 227g POWPEPRED227G		Pepper - Sichuan Whole 100g PEPSIC100G	
Liquorice Root 200g LIQ200G		Pepper - White Ground 1kg PEPWHIGROIK	

Pepper - White Whole 1kg PEPWH1K		Turmeric 1kg TURIK	
Pepper - Pink Whole 500g PEPPINO.5K		Vanilla Pods 1doz VAN12	
Pickling Spice 1kg SPIPICIK		Vanilla Paste (Tube) 100ml PASTEVAN100ML	
Santa Maria Quick NY Pickling Spice Mix 400g SPIPIC400G		Yellow Mustard Seeds 1kg MUSYELIK	
Piri Piri Spice 1kg PERPERIK		Za'atar Spice Blend 1kg ZATSPICE	
Poppy Seeds 500g SEEPOP500G • 1kg SEEPOPIK			
Ras El Hanout 500g RAS500G • 1kg RAS1K			
Rogan Josh Powder 1kg ROGJOSIK			
Saffron 1g SAFIG • 4g SAF4G			
Santa Maria Basil & Tomato Spice Mix 250g SPIBAS250G			
Santa Maria Cacao & Chilli Spice Mix 290g SPICAC290G			
Santa Maria Kerala Curry Spice Mix 553g SPIKER553G			
Santa Maria Kimchi Spice Mix 315g SPIKIM315G			
Santa Maria Orange & Pepper Spice Mix 325g SPIORA325G			
Santa Maria Wasabi & Sesame Spice Mix 295g SPIWAS295G			
Smoky Barbecue Spice / Rub 1kg RUBSMOBBQ1KG			
Star Anise 300g STARANI			
Sumac 1kg SUMAC1KG			
Tandoori Spice 1kg TANIK			

A British favourite

A huge out of home favourite. Try our tasty Indian pastes and sauces to make a menu winning plant-based curry.

Heura 'Chicken' Tikka Masala



See page 42 for **Indian** ←

Ambient ingredients

Powders & flakes

Activated Charcoal 250g ACTCHAR	🌱🌱
Agar Agar Powder 100g AGARPOW100G	🌱🌱
Baking Powder 3.5kg POWBAK3.5KG	🌱
Doves Farm Quick Yeast 8x125g YEAST8X125G	🌱🌱
Engevita Nutritional Yeast Flakes with B12 125g ENGB12 • 750g ENGB	🌱🌱
NEW Notorious Nooch - Smoky Bacon 80g NOOCHBAC	🌱
NEW Notorious Nooch - Immature Cheese 80g NOOCHCH	🌱

Gravy, bouillon & suet

Vegan Gravy Granules 6x170g GRAMIX6X170G	🌱🌱
Vegetable Suet 2kg SUEVEG1X2KG	🌱🌱
Marigold Swiss Vegetable Bouillon 500g BOUSWIVG	🌱🌱
Marigold Swiss Vegetable Bouillon - Less Salt 500g BOUSWIVGLS	🌱🌱

Cooking wine

Cooking Wine - Cabernet Red 5ltr WINRED5L	🌱🌱
Cooking Wine - Chardonnay White 5ltr WINWHI5L	🌱🌱

Jelly crystals

Jelly Crystals - Lemon 12x85g JELCRYLEM12X85G	🌱🌱
Jelly Crystals - Raspberry 12x85g JELCRYRAS12X85G	🌱🌱
Jelly Crystals - Strawberry 12x85g JELCRYSTR12X85G	🌱🌱

Lemon & lime

Lemon Juice 1ltr JUILEMILT	🌱🌱
Lime Juice 1ltr JULIMILT	🌱🌱
Lime - Dried 500g LIMDRIS00G	🌱🌱

Dried veg & mushrooms

Dried Standard Mix Mushrooms 500g MUSMIX500G	🌱🌱
Kibbled Onions 2kg ONIKIB2K	🌱🌱
Crispy Fried Shallots 1kg SHAFRI1KG	🌱🌱
Porcini / Cep Mushrooms 250g MUSPOR250G	🌱🌱
Porcini / Cep Powder Mushrooms 50g MUSPORPOW50G	🌱🌱
Shiitake Mushrooms 250g MUSSHI250G	🌱🌱

Batter mix

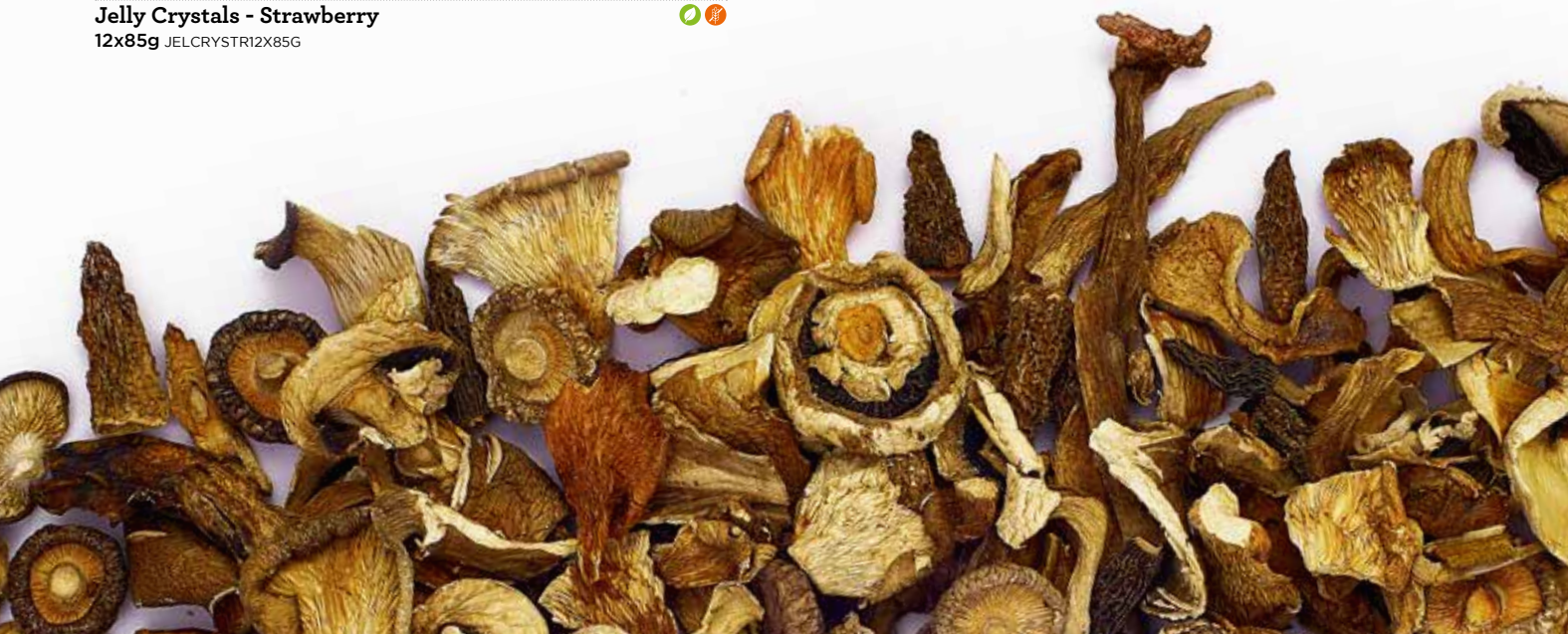
Tempura Batter Mix 1kg TEMPBAT	🌱
--	---



Soup-erb

This vegetable bouillon is perfect for making soups, gravies, and sauces.

Marigold Swiss Vegetable Bouillon 🌱🌱
500g BOUSWIVG



Flour & baking ingredients

Flour

Baking Powder 130g POWGFBAK130G	🌱🌱🌱
Coconut Flour 5kg FLOCOC5KG	🌱🌱
Corn Flour 3kg FLOCOR3KG	🌱🌱
Dosai Mix 500g MIXDOS500G	🌱
Doves Farm Plain White Flour 5x1kg FLOWHIPLA5X1KG	🌱🌱
Doves Farm Rice Flour / Powder 1kg FLORICBRO1KG	🌱🌱
Doves Farm Rice Flour 5x1kg FLORICBROS1X1KG	🌱🌱
Doves Farm Self Raising White Flour 5x1kg FLOGLUSELRAI5X1KG	🌱🌱
Gram Flour 2kg FLOGRA2KG	🌱🌱
Maltouse Flour 5x1kg FLOMAL5X1KG	🌱🌱
Polenta 1kg POL1KG • 5kg POL5K	🌱🌱
Pasta & Pizza Flour 5x1kg FLOPAS5X1KG	🌱🌱
Plain White Flour 5x1kg FLOGLU5X1KG • 16kg FLOGLU16KG	🌱🌱
Flour - Potato / Starch 2kg POTFLO2K	🌱🌱
Plain White Flour (Organic) 25kg FLOWHIPLA25KG	🌱🌱
Plain Wholemeal Flour 5x1kg FLOWHOPLA5X1KG	🌱🌱
Rice Flour / Powder 400g FLORIC	🌱🌱
Self Raising White Flour 5x1kg FLOWHISEL5X1KG • 25kg FLOWHISEL25KG	🌱🌱
Strong White Bread Flour 5x1.5kg FLOWHISTR5X1.5KG	🌱🌱
Strong White Flour 25kg FLOWHIBIO25K	🌱🌱

Strong Wholemeal Bread Flour 5x1.5kg FLOWHOSTR5X1.5K	🌱🌱
Wholemeal Buckwheat Flour 5x1kg FLOBUC5X1KG	🌱🌱
Wholemeal Rye Flour 5x1kg FLORYE5X1KG	🌱🌱
Wholemeal Spelt Flour 5x1kg FLOSPE5X1K	🌱🌱

Pastry & dough

NEW Gluten Free Dough Balls 10x280g PIZZDOUGH	🌱🌱🌱
NEW Vegan Puff Pastry 1kg PUFFPAS	🌱🌱

Chocolate & cacao

Cacao Nibs 1kg CACNIB1	🌱🌱
Cacao Powder 1kg CACPOW1	🌱🌱
NEW Willie's Cacao Chocolate Chef Drops Rio Caribe 72% - 1kg CHOCRIOC	🌱🌱
NEW Willie's Cacao Chocolate Chef Drops Chulucanas 70% - 1kg CHOCCHULU	🌱🌱

Ambient ingredients

Aquafaba 1ltr AQUAF	🌱🌱
Rose Water 190g WATROS190G	🌱🌱
Semolina 500g SEM500G	🌱
Tempura Batter Mix 1kg TEMPBAT	🌱
Vanilla Paste (Tube) 100ml PASTEVAN100ML	🌱🌱
Xanthan Gum 1kg XANGUM1KG	🌱🌱



THE FINEST ARTISANAL Plant-Based Bakery

OUTSTANDING

It's not often you get outstanding plant-based bakery and impeccable provenance but Forno d'Asolo delivers both. Their range of artisan pastries and cakes has been handed down through generations of bakers and their plant-based range is made with the same dedication to fine ingredients and traditional craftsmanship.



Pumpkin Focaccia



Raspberry & Elderflower Tart



Chocolate Croissant

Focaccia

- Multigrain 5x625g FOCMUL
- Pumpkin 5x600g FOCpum

Tarts

- Lemon & Ginger 900g TARTLG
- Raspberry & Elderflower 900g TARTRE

Croissants

- NEW** Plain 45x65g CROISPLA
- NEW** Charcoal 45x65g CROISCOAL
- NEW** Chocolate 40x85g CROISCHOC
- NEW** Raspberry & Elderflower 45x80g CROISRAE

Find out more at vegexp.co.uk/forno-dasolo

Breads, wraps & pizza bases



Wrapped up

Add a twist to your wraps with our selection of flavours. Cool colours and great taste.

Breads

- Bread - Khobez 30cm 5x20 BREKHO
- Bread - Naan Large 24x100g BRENA24X100G
- Bread - Naan Mini 30x50g BRENAAMIN30X50G
- Bread - Roti Paratha 6in 6x75g BREROTPAR6X75G
- Pumpernickel Bread 8x500g BREPUM8X500G
- Vegan Brioche Style Bun 40x90g BUNBRIO
- Gluten Free Burger Buns 4x75g BUNGFBUR4X75G

Focaccia

- Forno d'Asolo Focaccia - Multigrain 5x625g FOCMUL
- Forno d'Asolo Focaccia - Pumpkin 5x600g FOCpum



Naan Bread

Bake from frozen or pan fry in plant-based butter for something more luxurious.

Wraps

- Gluten Free Wraps - Plain - 12 inch 72x75g WRAGFPL
- Gluten Free Wraps - Red - 12 inch 72x75g WRAGFRE
- Wraps - Plain Flour 30cm 1x108 TOR30C108
- Wraps - Spinach 30cm 1x108 WRASPI108
- Wraps - Beetroot 30cm 1x108 WRABEE108
- Wraps - Soft Corn 10cm 9x24 TORCORSOF10CM
- Wraps - Tomato 30cm 1x108 WRATOM108
- Wraps - Wholewheat 30cm 1x108 WRAWHE108
- NEW** Blue Soft Corn Wraps 2.25kg TORBLUE

Pizza

- NEW** Gluten Free Dough Balls 10x280g PIZZDOUGH
- Gluten Free Pizza Base 12 inch 4x220g PIZZBASS • 24x220g PIZZBASB

Plant-based Viennoiserie

- NEW** Croissants - Plain 45x65g CROISPLA
- NEW** Croissants - Charcoal 45x65g CROISCOAL
- NEW** Croissants - Chocolate 40x85g CROISCHOC
- NEW** Croissants - Raspberry & Elderflower 45x80g CROISRAE

Gluten free pizza?

Please pizza lovers whatever their dietary requirements. Use our gluten free dough balls to make your fresh base and top with delicious vegan cheese.














- NEW** Gluten Free Dough Balls 10x280g PIZZDOUGH

See page 29 for **Vegan Cheeses** ←

Gluten free












Breakfast

- Muesli** 1kg MUEGLUFREIKG  
- NEW Chocolate Granola (vegan)** 1kg CHOCOGRAN  
- NEW Coconut Granola (vegan)** 1kg COCOGRAN  
- Gluten Free Oats** 450g OATGF450G • 5kg OATGF5KG  
- Fibre Flakes** 5x375g CERGGFIBFLA5X375G   





Breads, rolls, wraps, biscuits & pizza bases

- Gluten Free Burger Buns** 4x75g BUNGBUR4X75G  
- Wholesome Sliced Seeded Brown Bread** 300g BREGFBRO300G 
- Wholesome Sliced White Bread** 300g BREGFWHI300G 
- Ciabatta Rolls - Brown** 4x50g ROLGFCIABRO4PK  
- Ciabatta Rolls - White** 4x50g ROLGFCIAWHI4PK  
- Gluten Free Wraps - Plain - 12 inch** 72x75g WRAGFPL   
- Gluten Free Wraps - Red - 12 inch** 72x75g WRAGFRE   
- NEW Gluten Free Dough Balls** 10x280g PIZZDOUGH   
- Gluten Free Pizza Base - 12 inch** 4x220g PIZZBASS • 24x220g PIZZBASB   
- Mixed Selection Biscuits Box** 60pk BISGMIX60 












Baking goods & flour

- Baking Powder** 130g POWGFBKI30G   
- Doves Farm Self Raising White Flour** 5x1kg FLOGLUSLRAI5X1KG  
- Gluten Free Breadcrumbs** 15kg BRECRUGF  
- Plain White Flour** 5x1kg FLOGLU5X1KG • 16kg FLOGLU16KG  
- Rice Flour** 400g FLORIC  



Gravy, bouillon & suet

- Marigold Swiss Vegetable Bouillon** 500g BOUSWIVEG  
- Marigold Swiss Vegetable Bouillon - Less Salt** 500g BOUSWIVEGLS  

Gluten free pasta

- Rice Gnocchi** 500g GNOGF500G  
- Potato Gnocchi with Spinach** 500g GNOSPIGF500G  
- Potato Gnocchi with Tomato** 500g GNOTOMGF500G  
- Pasta - Lasagne Sheets** 250g PASGFLAS250G 
- Pasta - Penne** 1kg PASGFPENIKG  
- Pasta - Spaghetti** 500g PASGFSPA500G  

Soy sauce

- Kikkoman Tamari Soy Sauce** 250ml TAM250ML • 1ltr TAMILT  

 Vegan  Does not contain gluten
 Organic  Frozen  Chilled



Oils & vinegars

Oils

- Pure Sesame Oil** 500ml OILSESPU  
- Blended Sesame Oil** 2ltr OILSES2L  
- Rapeseed Oil - Basil Infused** 250ml OILRAPBAS250ML  
- Rapeseed Oil - Chilli Infused** 250ml OILRAPCHI250ML  
- Rapeseed Oil - Cold Pressed** 500ml OILRAPSEE500M  
- NEW Rapeseed Oil - Cold Pressed** 5ltr OILRAPSEE5LT  
- Rapeseed Oil - Garlic Infused** 250ml OILRAPGAR250ML  
- Rapeseed Oil - Lemon Infused** 250ml OILRAPLEM250ML • 2.5ltr OILRAPLEM2.5LT  
- Rapeseed Oil - Oak Smoked** 250ml OILRAPSMO250ML  
- Rapeseed Oil - Orange Infused** 250ml OILRAPORA250ML  
- Rapeseed Oil - Porcini Infused** 250ml OILRAPPOR250ML  
- Rapeseed Oil - Rosemary Infused** 250ml OILRAPROS250ML  
- Rapeseed Oil - Stir-Fry Blend** 250ml OILRAPSTI250ML  
- Rapeseed Oil - Thyme Infused** 250ml OILRAPPHY250ML  
- Coconut Oil** 1ltr OILCOCIL • 10ltr OILCOCIOL  
- Extra Virgin Olive Oil** 1ltr OILOLIL • 5ltr OILEXTVIR  
- Pomace Olive Oil** 5ltr OILOLIPOM5L  
- Hong Kong Min Chilli Oil** 207ml OILCHI207ML  
- Peanut / Groundnut Oil** 2ltr OILPEA2LT  
- Pumpkin Seed Oil** 250ml OILPUMORG250M   
- NEW Sunflower Oil** 1ltr OILSUN • 5ltr OILSUNF  
- Truffoil Concentrate** 55ml OILTRU55M  



Get fruity

Try our amazing fruit vinegars. They're an interesting way to add flavours to your dishes. Choose from Apple, Cherry, Raspberry, Lemon, Lime and Strawberry.

Vinegars

- Balsamic Vinegar** 5ltr VINBAL5LT  
- Balsamic Vinegar** 350ml VINBAL350ML   
- Apple Balsamic Vinegar** 350ml VINAPPBAL350ML  
- Balsamic Vinegar Glaze** 380ml GLABAL380ML  
- Cyder Vinegar** 5ltr VINCID5L  
- Cyder Vinegar** 350ml VINCID   
- Malt Vinegar** 5ltr VINMAL  
- Red Wine Vinegar** 350ml VINRED • 5ltr VINRED5L  
- White Wine Vinegar** 350ml VINWHI • 5ltr VINWHISL  
- Valdespino Cask Aged Sherry Vinegar** 750ml VINSHEVAL750ML  
- White Rice Vinegar** 500ml VINRICWHIS00M  
- Vinegar Cherry** 1ltr VINCHEIL  
- Vinegar Lemon Basil Bay & Juniper** 1ltr VINLEMBASIL   
- Vinegar Lime Black Pepper & Lavender** 1ltr VINLIMPEPIL  
- Vinegar Raspberry** 1ltr VINRASIL  
- Vinegar Strawberry & Mint** 1ltr VINSTRMINTL  



Accompaniments

Dressings, marinades & sauces

- Caesar Dressing** 2.27ltr DRECAES  
- Creamy Caesar Dressing (Twin Pack)** 2x2.27ltr DRECAE2X2.7LT  
- Honey & Mustard Dressing (Twin Pack)** 2x2.2kg DREHONMUS2X2.2K  
- Lime & Tequila Marinade** 2.2ltr MARLIMT  
- Jamaican Jerk Marinade** 2.2ltr MARJAMJER2.2L  
- Mesquite BBQ Sauce** 2.2ltr SAUBARMES  
- Natural Hickory Liquid Smoke** 118ml SMOLIQHIC118ML • 472ml SMOLIQHIC  
- Natural Pecan Liquid Smoke** 118ml SMOLIQPECT118ML  
- Cuban Chimichurri Sauce** 1kg SAUCHIMIKG 
- Korean Bulgogi Sauce** 1kg SAUBULIKG 
- Sweet Chilli - Dipping Sauce** 1ltr SWECHIDIP  
- Worcestershire Sauce** 140ml SAUWOR140ML  

Condiments

- Vegan Mayonnaise** 1ltr MAYVEGIL • 5ltr MAYVEG5L • 6x1ltr MAYVEG6X1L  
- Cranberry Sauce** 3kg SAUCRABER3KG  
- French's American Mustard** 226g MUSFRE226G  
- Horseradish Sauce** 3kg SAUHORSE3KG  

Sweet spreads

- Spicy Red Onion Marmalade** 3kg MARREDONI3K  

Chutneys, relishes & pickles

- Piccalilli (Tub)** 3kg PIC3KG  
- Pickled Gherkins (Jar)** 890g GHERKI890G  
- Pickled Gherkins (Can)** 4.2kg GHERKI4.2KG  
- Spicy Gooseberry & Fresh Coriander Chutney** 1.3kg CHUGOOSPI  
- Spicy Tomato & Caramelised Onion Chutney** 3kg CHUSPITOM3KG  
- Sweet Mango Chutney** 1kg CHUMANSWE  



Vegan Junkstar

From the makers of the amazing plant-based fish alternative Vegan Zeastar, these Junkstar sauces are a great way to add flavour to your dishes.

VEGAN JUNKSTAR

- Cheddar Cheese Sauce** 500ml SAUCHED  
- Pink Garlic Sauce** 500ml SAUPINKGA  
- Sushi Mayo** 500ml SAUSUSHMAY  
- Truffle Flavour Sauce** 500ml SAUTRUF  






























NEW Chutneys

Our very own chutneys are now chunkier. Full of flavour they're great with cold cuts, cheeses or salads.

- NEW Aubergine Pickle** 1kg CHUAUB  
- NEW Caramelised Red Onion Chutney** 1kg CHUCARRED  
- NEW Tamarind Chutney** 1kg CHUTAM  
- NEW Tomato Chutney** 1kg CHUTOM  
- NEW Premium Mango Chutney** 1kg CHUMAN  

See page 42 for **Indian** ←








 <p>Almond - Smoked 1kg NUTALMSMO  </p>	 <p>Cashews Sea Salt & Black Pepper 1kg NUTCASSBPEP  </p>
 <p>Peanuts - Wasabi 2.5kg NUTPAWAS2.5K </p>	 <p>Mixed - Roasted & Salted 2.5kg NUTMIXROA2.5KG  </p>
 <p>Peanuts - Hot Chilli 1kg NUTPEAHOT  </p>	 <p>Bombay Mix 1kg BOMIKG  </p>
 <p>Chilli Rice Crackers 2.5kg CRACHIRIC2.5K </p>	 <p>Popcorn Kernels 1kg POPIKG  </p>
 <p>Japanese Rice Crackers 4kg RICJAP4K </p>	 <p>Wasabi Peas 2kg PEAWAS2KG  </p>

Snacks & grazing

Flavoured nuts







ALMONDS

- Cocoa Caramel** 1kg NUTALMCOCT1KG 
- NEW Caramelised Coffee** 1kg NUTALMCOF  
- Smoked** 1kg NUTALMSMO  
- 2.5kg NUTALMSMO2.5K

CASHEWS

- Caramelised Chilli Honey** 1kg NUTCASCARIKG 
- NEW Cocoa Caramel** 1kg NUTCASCOCAR  
- NEW Sea Salt & Black Pepper** 1kg NUTCASSBPEP  


PEANUTS

- NEW Caramelised Chilli & Honey** 1kg NUTPEACARCHI 
- NEW Hot Chilli** 1kg NUTPEAHOT  
- Roasted & Salted** 3kg NUTPEARO3K  
- Wasabi** 2.5kg NUTPEAWAS2.5K 









PISTACHIOS

- Roasted & Salted** 2.5kg NUTPISROA2.5K  

MIXED NUTS









- Roasted & Salted** 2.5kg NUTMIXROA2.5KG  
- Mixed Nuts and Raisins (Deluxe)** 2.5kg NUTRAIMX2.5K  

Snacks

- Bombay Mix** 1kg BOMIKG • 5kg BOM5K  
- Chilli Rice Crackers** 2.5kg CRACHIRIC2.5K 
- Japanese Rice Crackers** 4kg RICJAP4K 
- Popcorn Kernels** 1kg POPIKG • 5kg POP5K  
- Wasabi Peas** 2kg PEAWAS2KG  



NEW Flavoured beans & peas

- NEW Lightly Salted Edamame Beans, Peas & Seeds** 1kg SNACLISAL  
- NEW Salt & Vinegar Fava Beans, Chickpeas & Split Peas** 1kg SNACSAVIN  
- NEW Smokey Bacon Fava Beans, Peas & Seeds** 1kg SNACSMOBA  
- NEW Spicy Pepper Green Peas & Yellow Peas** 1kg SNACSPIPEP  

Fruits, nuts & seeds

Dried fruit

Apricots 1kg APR1K • 3kg APR3KG	🟢🟡🔥
Banana Chips 1kg BANCH1KG	🟢🟡🔥
Blueberries 1kg BERBLU1K	🟢🟡🔥
Cranberries 1kg BERCRA1K	🟢🟡🔥
Currants 3kg CUR3KG	🟢🟡🔥
Figs - Large 1kg FIG1KG	🟢🟡🔥
Goji Berries 1kg BERWOL1KG	🟢🟡🔥
Mango - Diced 1kg MANDIC1KG	🟢🟡🔥
Papaya - Diced 1kg PAPDIC1KG	🟢🟡🔥
Pineapple - Diced 1kg PINDIC1KG • 5kg PINDIC5K	🟢🟡🔥
Raisins - Brown 1kg RAICAL1KG • 3kg RAICAL3KG	🟢🟡🔥
Raisins - Golden 1kg RAIGOL1KG	🟢🟡🔥
Pitted Dates 1kg DATPIT1KG • 3kg DATPIT3KG	🟢🟡🔥
Pitted Prunes 1kg PRUPIT1KG • 3kg PRUPIT3KG	🟢🟡🔥
Sour Morello Cherries 1kg CHEMORSOU1K	🟢🟡🔥🟠
Sultanas - Turkish 1kg SULTUR1KG	🟢🟡🔥
Vine Fruits - Mixed 3kg FRUMIXVIN3KG	🟢🟡🔥

Nuts

Almonds - Blanched 1kg NUTALMBLAIK • 5kg NUTALMBLA5K	🟢🟡🔥
Almonds - Flaked 1kg NUTALMFLAIK • 2.5kg NUTALMFLA2.5K	🟢🟡🔥
Almonds - Ground 1kg NUTALMGRO1KG • 2.5kg NUTALMGRO2.5K	🟢🟡🔥
Brazil Nut - Whole 1kg NUTBRAWHO1K	🟢🟡🔥
Cashews - Broken 1kg NUTCASLWPIK	🟢🟡🔥

Cashews - Whole 1kg NUTCASWHO1K • 5kg NUTCASWHOSK	🟢🟡🔥
Coconut - Chips 1kg COCCHI1KG • 2.5kg COCCHI2.5K	🟢🟡🔥
Coconut - Desiccated 1kg COCDES1K • 3kg COCDES3K	🟢🟡🔥
Hazelnuts - Whole 1kg NUTHAZ1K • 5kg NUTHAZ5K	🟢🟡🔥
Macadamias - Halves 1kg NUTMAC1K	🟢🟡🔥
Peanuts - Blanched 1kg NUTPEABLA1KG	🟢🟡🔥
Pecan Halves 1kg NUTPEC1K	🟢🟡🔥
Pinenuts 1kg NUTPIN1K	🟢🟡🔥
Pistachio Nuts - Green Peeled Kernels 1kg NUTPISGRE1KG	🟢🟡🔥
Pistachio Nuts - Raw Kernels 1kg NUTPIS1K	🟢🟡🔥
Walnut Halves 1kg NUTWAL1KG • 3kg NUTWAL3K	🟢🟡🔥

Seeds

Amaranth Seeds 500g SEEAMAORG500G	🟢🟡🔥🟠
Chia Seeds 500g SEECHI500G	🟢🟡🔥
Chia Seeds UK 1kg SEECHIU1K	🟢🟡🔥
Hemp Seeds 1kg SEEHEMPI1KG	🟢🟡🔥
Flax Seeds - Ground 250g SEEFLAGRO250G	🟢🟡🔥
Golden Linseeds 1kg LINGOL1K	🟢🟡🔥
Pumpkin Seeds 1kg SEEPUM1KG	🟢🟡🔥
Sesame Seeds 1kg SEESESI1KG	🟢🟡🔥
Sesame Seeds - Roasted Black 1kg SEESESBLAI1KG	🟢🟡🔥
Sesame Seeds - Roasted White 1kg SEESESWHI1K	🟢🟡🔥
Sunflower Seeds 1kg SEESUNI1KG • 5kg SEESUN5K	🟢🟡🔥



Apricots
1kg APR1K 🟢🟡🔥



Figs - Large
1kg FIG1KG 🟢🟡🔥



Banana Chips
1kg BANCH1KG 🟢🟡🔥



Mango - Diced
1kg MANDIC1KG 🟢🟡🔥



Cranberries
1kg BERCRA1K 🟢🟡🔥



Sesame Seeds
1kg SEESESI1KG 🟢🟡🔥



Sunflower Seeds
1kg SEESUNI1KG 🟢🟡🔥



Papaya - Diced
1kg PAPDIC1KG 🟢🟡🔥



Pistachio Nuts - Green Peeled Kernels
1kg NUTPISGRE1KG 🟢🟡🔥



Pecan Halves
1kg NUTPEC1K 🟢🟡🔥



Coconut - Chips
1kg COCCHI1KG 🟢🟡🔥



Amaranth Seeds
500g SEEAMAORG500G 🟢🟡🔥🟠

Nut butters & sweet ingredients

Lebanese Kibbeh, Labneh, Sumac, Pomegranate Molasses



Crispy 'Fish' & Thai Green Mango Salad

Not just desserts

These ingredients are for more than just desserts. Use sweeteners to add flavour to dishes. This Crispy Fish & Thai Green Mango Salad features our amazing grade A Pure Maple Syrup, and our Lebanese Kibbeh is perfect with a helping of Pomegranate Molasses.

Pure Maple Syrup
1ltr SYRMAPI

Pomegranate Molasses Syrup
300ml MOLPOM300ML



Tried our nut butters?

Available in three flavours and with smooth or crunchy peanut varieties these nut butters have you covered on all bases and they're gluten free!

- Almond Butter** 1kg BUTALMSMO1K
- Smooth Peanut Butter** 1kg BUTPEASMO1 • 2.5kg BUTPEASMO2.5K
- Crunchy Peanut Butter** 1kg BUTPEACRU1 • 2.5kg BUTPEACRU2.5K
- Peanut & Coconut Butter** 1kg BUTPEACOC1KG

Sweet spreads

Organic Dark Chocolate Spread 350g SPRCHOC

Savoury spreads

Creamy Wowbutter 500g BUTWOWCRE500G

Crunchy Wowbutter 500g BUTWOWCRU500G

Tahini (Tub) 450g TAH450 • 3kg TAHLIG3K

Sweet ingredients

NEW Plant-based Mascarpone 500g MASCA

Condensed Coconut Milk 320g COCMILCON

See page 64 for **Gluten Free** ←

See it on Seed-bank.co.uk

See this symbol next to a recipe name? It means it's on Seed-bank... the easy way to get plant-based food on your menus.

Sugars, sweeteners & honey

Agave Syrup 250ml SYRAGA250ML

Cane Sugar Block Jaggery 1kg SUGCANJAG1KG

Coconut Sugar 1kg SUGCOCIKG

Date Syrup 4ltr SYRDAT4

Demerara Sugar 3kg SUGDEM3K

Lucuma Powder 200g POWLUC200G

Muscavado Sugar - Dark 3kg SUGMUSDAR3K

Muscavado Sugar - Light 3kg SUGMUSLIG3K

Polyflora Honey 340g HON340 • 3kg HONBLEN3KG

Pomegranate Molasses Syrup 300ml MOLPOM300ML

Pure Maple Syrup 1ltr SYRMAPI

Tiramisu



Chocolate heaven

Willie's cacao chocolate chef drops come in two dark chocolate flavours and are perfect for indulgent desserts.

NEW Willie's Cacao Chocolate Chef Drops Rio Caribe 72% - 1kg CHOCRIOC

NEW Willie's Cacao Chocolate Chef Drops Chulucanas 70% - 1kg CHOCCHULU

Desserts

Need some dessert inspiration? Indulge in our wide range of recipes on Seed-Bank. Alternatively make life in the kitchen a little easier with one of our ready to use desserts.






Raspberry Cocoa Almond Tartlets





Vegan Chocolate Tart with Sambazon Açaí

Açaí on the side

Açaí is great for a healthy start to the day, but it's also great paired with rich chocolate desserts.

Sambazon Açaí, Scoopable Tub 3.6ltr ACASORB3.6L    

Vegan Chocolate Tart 12ptns (approx 90g) TARCHO12  

See page 7 for **Breakfast** ←

Ice cream smoothies

Whizz up some of our tasty ice creams and turn them into vegan, gluten free and dairy free smoothies for everyone to enjoy.




Chocolate Miso Ice Cream Smoothie








See page 28 for **Dairy alternatives** ←




Vegan ice cream

Vegan Chocolate Miso Ice Cream 2ltr ICECREMIS   

Vegan Mango Ice Cream 2ltr ICECREMAN   

Vegan Matcha Ice Cream 2ltr ICECREMAT   

Vegan Salted Caramel Ice Cream 2ltr ICECRECAR   

Vegan Vanilla Ice Cream 2ltr ICECREVA   



Sticky Toffee Pudding




Dessert & baked goods

Vegan Christmas Pudding 10x125g PUDCHRISVEG  

Vegan Chocolate Tart 12ptns (approx 90g) TARCHO12  

Vegan Chocolate Torte Kirsch Cherries 27ptns (120g) TORCHO1X27  

Vegan Sticky Toffee Pudding 24x150g PUDTOFST  

Tart - Lemon and Ginger 900g TARTLG  

Tart - Raspberry & Elderflower 900g TARTRE  

Meringues

These flavoured meringues are light, delicious and perfect in an eton mess.

Vegan Meringues - Assorted Vanilla, Candy Floss, Raspberry 160g MERAS  

Vegan Meringues - Vanilla 160g MERVAN  



Eton Mess

Drinks

Drinks

NEW Willie's Cacao Hot Chocolate 1kg CHOCHOT  

Aloe Vera Drink Natural 12x500ml DRIALO12X500ML  

Batch Organics Açaí and Berries Smoothie 12x140g BERSMOO   

Batch Organics Mango and Coconut Smoothie 12x140g MASM00   

Batch Organics Greens and Pineapple Smoothie 12x140g GRSM00   



NEW Hot chocolate

Willie's cacao hot chocolate is a chocolate lovers dream. Indulgence in every sip.

Willie's Cacao Hot Chocolate 1kg CHOCHOT  



See page 70 for **Sweet ingredients** ←

Hospitality disposables

Sticks & skewers

Ball Skewers 140mm
1x1000pk SKEBAL140MM

Bamboo Musubi 'Looped' Skewers 99mm
1x1000pk SKEMUSBAM1000X99MM

Bamboo Satay Sticks 150mm
100pk STISAT6INCH

Bamboo Satay Sticks 250mm
100pk STISAT

Bento Box - Sushi Plastic 16.5 x 9cm
50pk BOXBENSUS165X90

Black Crystal Pick Skewers 90mm
1x1000pk SKECRYBLA1000X90MM

Black Willow 'Kuromoji' Skewers 6mm
1x1000pk SKEBLAWIL1000X90MM

Clear Crystal Pick Skewers 90mm
1x1000pk SKECRY1000X90MM

Green Top Twister Skewers 90mm
100pk SKETOPTWIGRE100X90MM

Red Bamboo Musubi 'Looped' Skewers 65mm
1x1000pk SKEMUSRED1000X65MM

Red Heart Skewers 80mm
100pk SKEHEARED100

Teppo Gushi 'Gun Shaped' Skewers 120mm
250pk SKETEPGUS250X120MM

Teppo Gushi 'Gun Shaped' Skewers 180mm
250pk SKETEPGUS250X180MM

Teppo Gushi 'Gun Shaped' Skewers 90mm
250pk SKETEPGUS250X90MM

Disposable Chopsticks (Pairs)
40pk CHOSTI40P

Cups & boats

Kidei Boats 120mm 'SP4'
1x1000pk BOAKID1000X120MM

Kidei Boats 135mm 'SP5'
1x1000pk BOAKID1000X135MM

Kidei Boats 190mm 'SP7'
1x1000pk BOAKID1000X190MM

Kidei Boats 240mm 'SP9'
1x1000pk BOAKID1000X240MM

Kidei Boats 90mm 'SP3'
1x1000pk BOAKID1000X90MM

Kidei Cones 65 x 125mm
1x1000pk CONKID65X125MM

Kidei Cones 95 x 180mm
1x1000pk CONKID95X180MM

Kidei Cups 45 x 45mm
1x1000pk CUPKID1000X45MM

Others

Spice Containers
4x2.3ltr CONSPI4

Sushi Mat - Single 24cm x 21cm
1pce SUSMAT



Proud to be a B Corp™

There is a new way of doing business, in which value is not just counted financially but is also measured by the positive effect we have on the world. That's why we're proud to be a certified B Corporation™.

As a Certified B Corp we understand our responsibility in solving social and environmental problems.

This isn't just talk or green-wash. *This is serious business.*

Firstly, we don't get points for just doing things we all should be doing anyway. We are only measured by our positive impact. Secondly, how we treat all our stakeholders (our people, suppliers, community, customers and the environment), is independently and transparently verified.

Being a B Corp means we are part of a growing number of progressive businesses around the world that truly believe in the power of business to do good things and, more importantly, are doing something about it.





We believe the future of food is plant-based.
And we're on a mission to fill your plate
with plant-based goodness. Plant-based food uses fewer
natural resources and creates much less greenhouse gas.
In fact, reducing the amount of meat we eat, is one of
the biggest positive contributions we can make to the
environment, *and certainly the most delicious.*

A little word about deliveries

All of our trucks are multi-temperature which means our customers get
all their order in one drop. For a few customers, outside our usual routes,
we deliver using a courier service, so any orders that include frozen
goods will be subject to a larger minimum delivery value. If you're not
sure if you are on our route give us a call.

How to order

To place an order or to become a customer call

01923 249714

or email sales@vegexp.co.uk

www.vegetarianexpress.co.uk

