



Paths of Exploration: Light for the Trail

BIBLE SUPPLEMENT

by Debbie Strayer & Linda Fowler

Published by Geography Matters, Inc.®

800-426-4650

www.geomatters.com

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Introduction

Each explorer you study in this curriculum went on a journey, a trip from one place to another. Some of the explorers had a particular destination in mind: Columbus was looking for a way to Asia; Lewis and Clark sought a water passage to the Pacific Ocean; and the settlers in Jamestown and Plymouth traveled a long way to find places of freedom and blessing. Others, like Daniel Boone and Johnny Appleseed, felt a calling to explore new areas and make them better for those who would follow.

When you take a journey, it is important to know how to find the way to your destination. A compass and a map are very helpful tools in the wilderness, because one helps pinpoint your destination and the other keeps you headed in the direction that will get you there. As Christians our map and compass are provided by the Bible, God's Word, which both shows us our destination and how to get there.

"Thy word is a lamp unto my feet, and a light unto my path."

Psalm 119:105, KJV

As you study the challenges of each explorer's journey, you will learn to recognize God's light, found in His Word, for your own journey. You will also begin the exciting project of memorizing Scripture. Placing God's Word in your memory keeps it ready for God to bring to your thoughts whenever you need it. As you do this, you will learn how to make wise choices based on His Word. Take this journey with your guides (your parents or teachers) and other explorers on the same path (brothers, sisters, friends,) and you will discover treasures that can help you throughout your lifetime.

During this study you will find out many things about the Lord's heart, and the relationship He wants to have with you. As you read and memorize His Word, talk to Him about how he would like you to respond. Talking to the Lord is another way to describe prayer. As you learn new things, be sure to ask the Lord to help you think differently about the situations in your life. So now begin the quest, or mission, to find and walk in His light for your path.

Instructions

Teacher's Notes:

Each student needs a Bible Notebook in which to write Scriptures, responses and prayers. This journaling can be done in a loose leaf or spiral bound notebook, or you might want to allow your child to select his own special journal from an office supply or book store. Of course, younger students or reluctant writers can complete these assignments orally or by dictating their responses to you. The verses and questions provided are intended to be springboards for discussion, and should be addressed in a manner consistent with your family's beliefs. A Memory Verse is included in each lesson.

- A **Lesson Plan** format is provided for each unit. You will use the same Lesson Plan format for each of the six weeks of that unit. The Memory Verse will change each week, and the Memory Project will be different for Lessons 1-3 and Lessons 4-6 of each unit. The list of Memory Verses and Memory Projects can be found in the Teacher's Notes section of each Lesson Plan.
- The **Scripture Reference** section, quotes each verse from three different Bible translations for your convenience. You should, of course, feel free to use any other translation that you prefer.

Blazing the Trail: These assignments provide opportunities to share your own experiences that relate to the topics. Scripture tells us to pass our stories on to our children. The examples you share will make the lessons more real and help your child relate Biblical truth to his own situations.

Memory Projects: There are two Memory Projects for each Unit, which involve memorizing a larger section of Scripture. Your child should be encouraged to recite both his Memory Verse and his Memory Project orally when he is ready. These recitations fit well into Part 5 of the Trail Guide to Learning activities if you wish. You may want to keep a visual diary of his progress, by videotaping his presentations.

Prayer Time: Here is an introduction you can use to teach your child about the purpose of prayer time, and simple methods to use during prayer times.

One of the best ways to show the Lord how He delights you is to tell Him about it in prayer. Scripture says it is good to praise the Lord. When you tell Him that the things He does are good, you are praising Him.

Note: "Research has shown the King James Bible is the easiest to memorize. That's because of its wording and its rhythm."

-Ruth Beechick

Note: "To obtain good long term memory you must use the whole method instead of the verse-by-verse method. Start by reading the whole psalm (or other selection) aloud each day, you or the children or all reading together. In time, suggest that the children look up from their Bibles when they can. Eventually they won't need to read at all but will have it memorized. Continue reciting each day and overlearn the psalm.

This whole method actually takes less time than the verse-by-verse method. And the result is better. Children won't stop to think what verse comes next, but they will recite smoothly just like saying the ABC's."

-Ruth Beechick

Remember that when you are in a group, it is good to pray aloud so that others can know what you are praying and agree with you. The Bible also says that when people agree on their prayers, it makes their prayers more effective. (Read Matthew 18:19 together.)

Encourage your child to participate in praising God through prayer. Add any needs you know of to your group prayer, and allow time for your child to express his needs and concerns.

Worship Time: Here is a simple introduction, and explanation of worship. Worship is the act of expressing love for the Lord. It can involve many things and takes many different forms. One form of worship that just about everyone agrees on is prayer, and another is praise – which means to express admiration or thankfulness. The Bible tells us to praise the Lord with singing:

“Sing praises to God, sing praises; sing praises to our King, sing praises.”
Psalm 47:6, NIV

Explain to your child that singing is one way to praise God. You can sing praise to God at church with others, and you can sing praise to God by yourself. Help your child choose one or more songs of praise to sing together. If you feel it is appropriate, encourage him to sing quietly and express his love to the Lord when he is alone as well as with others.

CHARACTER TRAIT

Commitment: Dedication to your beliefs or plans.

In spite of delays and challenges, Columbus showed unfailing *commitment* to the mission he felt God had entrusted to him. How can we show commitment to God, and how does He respond to us?

Part 1

Prayer Time

Memory Verse

Read, or listen to your teacher read, this lesson's memory verse aloud, and then copy it into your notebook.

Talk with your teacher about what you think this verse means. Choose another translation of the verse, and talk about how the wording is different. Be sure to talk with your teacher about any words you do not understand.

-  Dictate or write a sentence in your Bible Notebook that explains what today's verse means.
-  Write one or two sentences in your Bible Notebook that explain what today's verse means. Make a list of any words from the verse that you don't understand and either look them up in a dictionary or discuss them with your teacher.
-  Write two or three sentences in your Bible Notebook that explain what today's verse means. Make a list of any words from the verse that you don't understand and either look them up in a dictionary or discuss them with your teacher.

Memory Project



The **Character Trait** section focuses on an important trait demonstrated by the unit's main characters. Scriptures relating to each trait are provided throughout *Light for the Trail*.

Memory Verses:

- Lesson 1 - Psalm 37:4
- Lesson 2 - Psalm 37:5
- Lesson 3 - Zephaniah 3:17
- Lesson 4 - Matthew 6:33
- Lesson 5 - Psalm 145:19
- Lesson 6 - Psalm 119:133

Memory Project:

- Lessons 1-3 - Psalm 23
- Lessons 4-6 - Matthew 6:9-13

Prayer Time: One of the best ways to show the Lord how He delights you is to tell Him about it in prayer. Scripture says it is good to praise the Lord. When you tell Him that the things He does are good, you are praising Him.

Remember that when you are in a group, it is good to pray aloud so that others can know what you are praying and agree with you. The Bible also says that when people agree on their prayers, it makes their prayers more effective. (Read Matthew 18:19 together.)

Encourage your child to participate in praising God through prayer. Add any needs you know of to your group prayer, and allow time for your child to express his needs and concerns.

Memory Project: There are two Memory Projects for each Unit, which involve memorizing a larger section of Scripture. Your child should be encouraged to recite both his Memory Verse and his Memory Project orally when he is ready. These recitations fit well into Part 5 of the Trail Guide to Learning activities if you wish. You may want to keep a visual diary of his progress, by videotaping his presentations.

Part 2

Worship Time

Memory Verse

Read, or listen to your teacher read, this lesson's memory verse.
Practice reading or saying the verse until you become familiar with it.

After reading and discussing this verse, are there any ways that your thinking needs to change in order to line up with God's Word?

- 🐾 Dictate or write one or two sentences in your Bible Notebook about how your thinking might need to change in order to line up with God's Word. Use the ideas you talked about with your teacher.
- 🐾 Write two or three sentences in your Bible Notebook about how your thinking might need to change in order to line up with God's Word. Use the ideas you talked about with your teacher.
- 👉 Write three or four sentences in your Bible Notebook about how your thinking might need to change in order to line up with God's Word. Use the ideas you talked about with your teacher.

Blazing the Trail

Talk with your teacher about any experiences he or she may have had that relate to today's topic.



Part 3

Memory Verse

Read this lesson's memory verse aloud. Then, practice saying it several times without looking at the words.

Can you think of any ways that your memory verse could relate to the things you are studying in your Paths of Exploration Unit? Your examples can be about the explorers, science, history, literature concepts, or anything else you have learned. Talk with your teacher and see how many examples you can think of.

- 🐾 Explain or write in your Bible Notebook at least one example of how this lesson's verse could relate to your Unit.
- 🐾👉 In your Bible Notebook, write down at least two examples of how this lesson's verse could relate to your Unit.

Memory Project



Worship Time: Worship is the act of expressing love for the Lord. It can involve many things and takes many different forms. One form of worship that just about everyone agrees on is prayer, and another is praise—which means to express admiration or thankfulness. The Bible tells us to praise the Lord with singing:

“Sing praises to God, sing praises; sing praises to our King, sing praises.”

Psalm 47:6, NIV

Explain to your child that singing is one way to praise God. You can sing praise to God at church with others, and you can sing praise to God by yourself. Help your child choose one or more songs of praise to sing together. If you feel it is appropriate, encourage him to sing quietly and express his love to the Lord when he is alone as well as with others.

Blazing the Trail: These assignments provide opportunities to share your own experiences that relate to the topics. Scripture tells us to pass our stories on to our children. The examples you share will make the lessons more real and help your child relate Biblical truth to his own situations.

Part 4

Memory Verse

Read this lesson's memory verse aloud. Then see if you can say it to your teacher without looking at the words.

In your Bible Notebook, draw a picture that illustrates something you have learned about your memory verse.

-  When you are finished, explain your drawing to your teacher.
-  When you are finished, write a caption describing your illustration.
-  When you are finished, write several sentences that describe your illustration.

Blazing the Trail

Talk with your teacher about any experiences he or she may have had that relate to this lesson's Memory Verse or Memory Project.



Scriptures

For your convenience, scriptures referenced in Light for the Trail are provided below in the following translations of the Bible: King James Version (KJV); the New International Version (NIV); and the Amplified (AMP).

“Research has shown the King James Bible is the easiest to memorize. That’s because of its wording and its rhythm.”

—Ruth Beechick

Columbus Memory Verses – Commitment

Lesson 1: Psalm 37:4

“Delight thyself also in the LORD: and he shall give thee the desires of thine heart.” KJV

“Delight yourself in the LORD and he will give you the desires of your heart.” NIV

“Delight yourself also in the Lord, and He will give you the desires and secret petitions of your heart.” AMP

Lesson 2: Psalm 37:5

“Commit thy way unto the LORD; trust also in him; and he shall bring it to pass.” KJV

“Commit your way to the LORD; trust in him and he will do this.” NIV

“Commit your way to the Lord [roll and repose each care of your load on Him]; trust (lean on, rely on, and be confident) also in Him and He will bring it to pass.” AMP

Lesson 3: Zephaniah 3:17

“The LORD thy God in the midst of thee is mighty; he will save, he will rejoice over thee with joy; he will rest in his love, he will joy over thee with singing.” KJV

“The LORD your God is with you, he is mighty to save. He will take great delight in you, he will quiet you with his love, he will rejoice over you with singing.” NIV

“The Lord your God is in the midst of you, a Mighty One, a Savior [Who saves]! He will rejoice over you with joy; He will rest [in silent satisfaction] and in His love He will be silent and make no mention [of past sins, or even recall them]; He will exult over you with singing.” AMP

Lesson 4: Matthew 6:33

“But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.” KJV

“But seek first his kingdom and his righteousness, and all these things will be given to you as well.” NIV

“To obtain good long term memory you must use the whole method instead of the verse-by-verse method. Start by reading the whole psalm (or other selection) aloud each day, you or the children or all reading together. In time, suggest that the children look up from their Bibles when they can. Eventually they won’t need to read at all but will have it memorized. Continue reciting each day and overlearn the psalm.

This whole method actually takes less time than the verse-by-verse method. And the result is better. Children won’t stop to think what verse comes next, but they will recite smoothly just like saying the ABC’s.”

—Ruth Beechick

“But seek (aim at and strive after) first of all His kingdom and His righteousness (His way of doing and being right), and then all these things taken together will be given you besides.” AMP

Lesson 5: Psalm 145:19

“He will fulfill the desire of them that fear him: he also will hear their cry, and will save them.” KJV

“He fulfills the desires of those who fear him; he hears their cry and saves them.” NIV

“He will fulfill the desires of those who reverently and worshipfully fear Him; He also will hear their cry and will save them.” AMP

Lesson 6: Psalm 119:133

“Order my steps in thy word: and let not any iniquity have dominion over me.” KJV

“Direct my footsteps according to your word; let no sin rule over me.” NIV

“Establish my steps and direct them by [means of] Your word; let not any iniquity have dominion over me.” AMP

Columbus Memory Project

Lesson 1-3: Psalm 23

1 “The LORD is my shepherd; I shall not want.”

2 “He maketh me to lie down in green pastures: he leadeth me beside the still waters.”

3 “He restoreth my soul: he leadeth me in the paths of righteousness for his name’s sake.”

4 “Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me.”

5 “Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over.”

6 “Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the LORD for ever.” KJV

1 “The LORD is my shepherd, I shall not be in want.”

2 “He makes me lie down in green pastures, he leads me beside quiet waters,”

3 “he restores my soul. He guides me in paths of righteousness for his name’s sake.”

4 “Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.”

5 “You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows.”

6 “Surely goodness and love will follow me all the days of my life, and I will dwell in the house of the LORD forever.” NIV

- 1 “The Lord is my Shepherd [to feed, guide, and shield me], I shall not lack.”
- 2 “He makes me lie down in [fresh, tender] green pastures; He leads me beside the still and restful waters.”
- 3 “He refreshes and restores my life (my self); He leads me in the paths of righteousness [uprightness and right standing with Him—not for my earning it, but] for His name’s sake.”
- 4 “Yes, though I walk through the [deep, sunless] valley of the shadow of death, I will fear or dread no evil, for You are with me; Your rod [to protect] and Your staff [to guide], they comfort me.”
- 5 “You prepare a table before me in the presence of my enemies. You anoint my head with oil; my [brimming] cup runs over.”
- 6 “Surely or only goodness, mercy, and unfailing love shall follow me all the days of my life, and through the length of my days the house of the Lord [and His presence] shall be my dwelling place.” AMP

Lessons 4-6: Matthew 6:9-13

- 9 “... Our Father which art in heaven, Hallowed be thy name.”
 - 10 “Thy kingdom come, Thy will be done in earth, as it is in heaven.”
 - 11 “Give us this day our daily bread.”
 - 12 “And forgive us our debts, as we forgive our debtors.”
 - 13 “And lead us not into temptation, but deliver us from evil: For thine is the kingdom, and the power, and the glory, for ever. Amen.” KJV
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- 9 “... Our Father in heaven, hallowed be your name,”
 - 10 “your kingdom come, your will be done on earth as it is in heaven.”
 - 11 “Give us today our daily bread.”
 - 12 “Forgive us our debts, as we also have forgiven our debtors.”
 - 13 “And lead us not into temptation, but deliver us from the evil one.” NIV
-
- 9 “... Our Father Who is in heaven, hallowed (kept holy) be Your name.”
 - 10 “Your kingdom come, Your will be done on earth as it is in heaven.”
 - 11 “Give us this day our daily bread.”
 - 12 “And forgive us our debts, as we also have forgiven (left, remitted, and let go of the debts, and have given up resentment against) our debtors.”
 - 13 “And lead (bring) us not into temptation, but deliver us from the evil one. For Yours is the kingdom and the power and the glory forever.” Amen. AMP Columbus Memory Verses—Commitment

Jamestown Memory Verses – Endurance

Lesson 1: Romans 15:4

“For whatsoever things were written aforetime were written for our learning, that we through patience and comfort of the scriptures might have hope.” KJV

“For everything that was written in the past was written to teach us, so that through endurance and the encouragement of the Scriptures we might have hope.” NIV

“For whatever was thus written in former days was written for our instruction, that by [our steadfast and patient] endurance and the encouragement [drawn] from the Scriptures we might hold fast to and cherish hope.” AMP

Lesson 2: Proverbs 19:21

“There are many devices in a man’s heart; nevertheless the counsel of the LORD, that shall stand.” KJV

“Many are the plans in a man’s heart, but it is the LORD’s purpose that prevails.” NIV

“Many plans are in a man’s mind, but it is the Lord’s purpose for him that will stand.” AMP

Lesson 3: Romans 15: 5, 6

“Now the God of patience and consolation grant you to be likeminded one toward another according to Christ Jesus: That ye may with one mind and one mouth glorify God, even the Father of our Lord Jesus Christ.” KJV

“May the God who gives endurance and encouragement give you a spirit of unity among yourselves as you follow Christ Jesus, so that with one heart and mouth you may glorify the God and Father of our Lord Jesus Christ.” NIV

“Now may the God Who gives the power of patient endurance (steadfastness) and Who supplies encouragement, grant you to live in such mutual harmony and such full sympathy with one another, in accord with Christ Jesus, That together you may [unanimously] with united hearts and one voice, praise and glorify the God and Father of our Lord Jesus Christ (the Messiah).” AMP

Lesson 4: 2 Timothy 2:1

“Thou therefore, my son, be strong in the grace that is in Christ Jesus. KJV

“You then, my son, be strong in the grace that is in Christ Jesus.” NIV

“So you, my son, be strong (strengthened inwardly) in the grace (spiritual blessing) that is [to be found only] in Christ Jesus.” AMP

Lesson 5: 2 Timothy 2:3

“Thou therefore endure hardness, as a good soldier of Jesus Christ.” KJV

“Endure hardship with us like a good soldier of Christ Jesus.” NIV

“Take [with me] your share of the hardships and suffering [which you are called to endure] as a good (first-class) soldier of Christ Jesus.” AMP