

## 桂枝茯苓丸料加ヨク苡仁エキス錠 [48錠]

しみ、ニキビをからだの内側から改善したい方に

### 成分

成人1日の服用量8錠（1錠342mg）中

桂枝茯苓丸料加ヨク苡仁エキス粉末・・・1, 800mg

〔ケイヒ・ブクリョウ・ポタンピ・トウニン・シャクヤク各2.0g、ヨクイニン5.0gより抽出。〕

添加物として、二酸化ケイ素、クロスCMC-Na、セルロース、ステアリン酸Mg、ヒプロメロース、酸化チタン、カルナウバロウを含有する。

### 効能

比較的体力があり、ときに下腹部痛、肩こり、頭重、めまい、のぼせて足冷えなどを訴えるものの次の諸症：にきび、しみ、手足のあれ（手足の湿疹・皮膚炎）、月経不順、血の道症

（注）「血の道症」とは、月経、妊娠、出産、産後、更年期など女性のホルモンの変動に伴って現れる精神不安やいらだちなどの精神神経症状および身体症状を指します。

### 用法・用量

次の量を1日2回食前又は食間に水又は白湯にて服用。

成人（15才以上）・・・1回4錠

15才未満7才以上・・・1回3錠

7才未満5才以上・・・1回2錠

5才未満・・・服用しないこと

# “Kracie” Kampo

## Keishibukuryoganryokayokuinin Extract Tablets (48 tablets)

For people who want to improve blemishes and skin roughness from the inside

### Ingredients

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The daily dose of 8 tablets (342 mg/tablet) contains 1,800 mg of Keishibukuryoganryokayokuinin extract powder from the following mixed crude drugs; Cinnamon Bark 2.0 g, Poria Sclerotium 2.0 g, Moutan Bark 2.0 g, Peach Kernel 2.0 g, Peony Root 2.0 g, Coix Seed 5.0 g.

As inactive ingredients, this medicine contains Silicon Dioxide, Croscarmellose Sodium, Cellulose, Magnesium Stearate, Hypromellose, Titanium Oxide, and Carnauba Wax.

### Indications

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Following symptoms in persons with adequate physical strength who sometimes complain of lower abdominal pain, stiff shoulders, heavy head, dizziness, hot flashes, and/or over-sensitiveness of feet to cold: Acne, spots on the skin, rough skin of limbs (eczema/dermatitis of limb), menstrual irregularity, and chi-no-michi-sho\*.

\*Chi-no-michi-sho is a generic term for neuropsychiatric symptoms such as anxiety and irritation, and physical symptoms due to fluctuation of female hormones caused by menstruation, pregnancy, childbirth, and menopause.

### Dosage and administration

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Take the following dosages 2 times a day with water or warm water before or between meals.

Adults (15 years and over) - 4 tablets

14 - 7 years - 3 tablets

7 - 5 years - 2 tablets

Less than 5 years - Do not use

(Precautions of Dosage and Administration)

When allowing children to take the medicine, a guardian must be present to watch and tell such them how to take it.

## Precautions for use

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### Consultation

1. The following persons should contact a physician, pharmacist, or registered salesperson for a consultation before administration.

- (1) Patients undergoing medical treatment from a physician.
- (2) Pregnant women or women suspected of being pregnant.
- (3) Persons who is physically weak (declining of physical strength or constitutional weakness).
- (4) Patients who have experienced rash/redness, itching, etc. with drugs, etc.

2. If the following symptoms are observed after taking this drug, these may be adverse reactions, so immediately discontinue the use of this drug, and show this document to your physician, pharmacist, or registered salesperson for a consultation.

Affected areas: Symptoms

Skin: Rash/redness, itching

Gastrointestinal system: Loss of appetite

3. The following symptoms may be observed after taking this drug. If these symptoms persist or worsen, discontinue the use of this drug, and show this document to your physician, pharmacist, or registered salesperson for a consultation.

Diarrhea

4. When symptoms do not improve even after taking the medicine for about 1 month, stop taking this medicine and consult a physician, pharmacist or registered salesperson, being sure to take this instruction leaflet with you.