



USER MANUAL

Read Before Use

Precautions/Warnings/Alerts

- Users should read the user manual carefully before use to prevent improper use, adverse consequences, or damage to the device during use;
- When charging is complete or not needed, disconnect the charger from the product;
- Use indoors and avoid use in dark environments. Utilize rest or leisure time when possible; Avoid vigorous activities during use to prevent accidental impact or falls, which may cause nasal injury. Keep the product away from microwave ovens, electromagnetic stoves, X-ray machines, CT scanners, and other strong magnetic devices;
- Do not stare at the light source for an extended period to prevent retinal damage;
- Keep this product out of the reach of children. Children should use it under parental supervision to prevent accidental impact and nasal injury.
- Do not use diluents, solvents, gasoline, or similar substances to clean this product to avoid malfunction or damage.
- None of the components of this product can be sterilized by boiling, chemical disinfection, or microwave steam sterilization. Additionally, do not use chlorine-based disinfectants or bleaching agents.
- Do not immerse this product in water. Use it with caution to prevent moisture and avoid dropping it.
- Dispose of the battery properly when it becomes ineffective or if the main unit is no longer usable. Follow the relevant environmental regulations for disposal or return it to the manufacturer for proper handling to prevent environmental contamination
- The product should be used at least once a year. If not used for an extended period, it is recommended to recharge it every 3 months using the standard charging method.

Product Description

Basic Configuration

Main unit x1, charging cable x1, spare nasal tubes x4, user manual (including warranty card and certificate).

Structural Composition

The product consists of the main nasal tube, light-emitting diodes, integrated circuit chip (microcontroller), rechargeable lithium battery (3.7V/802530), casing, and built-in USB interface.

Scope of Application

Used for intranasal irradiation to assist in relieving symptoms such as nasal congestion, runny nose, and sneezing caused by allergic rhinitis.

Product Performance

Safety classification: BF, internal power supply;
 Working voltage: DC 3.7V;
 Light source type: Narrowband light wave, light source wavelength $630\text{nm} \pm 20\text{nm}$;
 Light beam working time: 10 minutes, $\pm 10\%$ error;
 Radiation intensity: $12\text{mW} \pm 3\text{mW}$; Irradiation instability $AP1 \leq 30\%$;

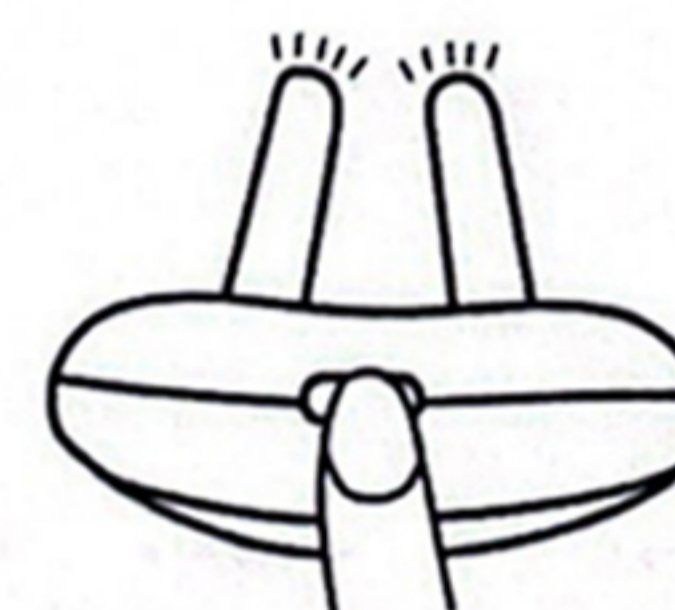
Contraindications

Patients with photosensitive diseases;
 Those with abnormal nasal structure (deviated nasal septum or large polyps);
 Individuals with other bacterial or viral infections in the nasal cavity;
 Those with nasal dryness and bleeding, eye diseases, dizziness, headache, or other conditions (such as nasopharyngeal cancer).

Usage Instructions



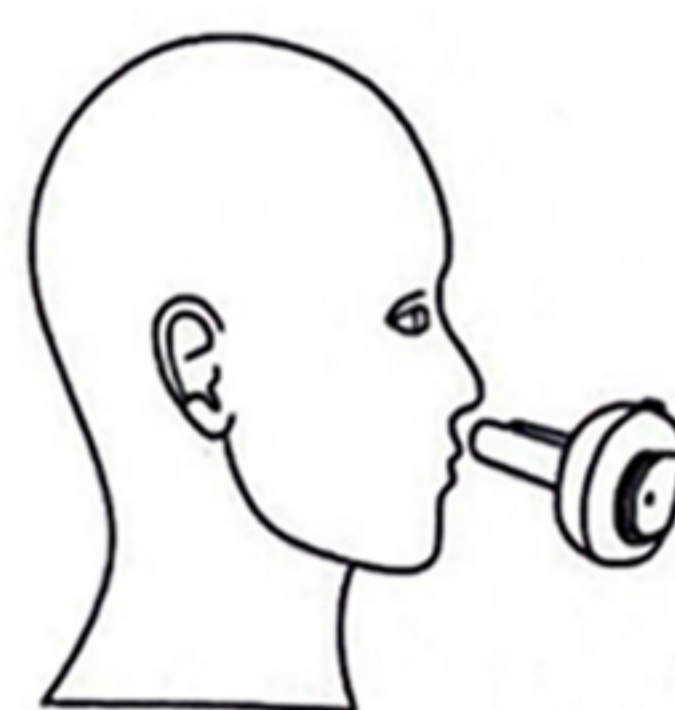
Remove the nasal device from the packaging.



Press the power button to start/stop the device; at this point, it emits light waves.



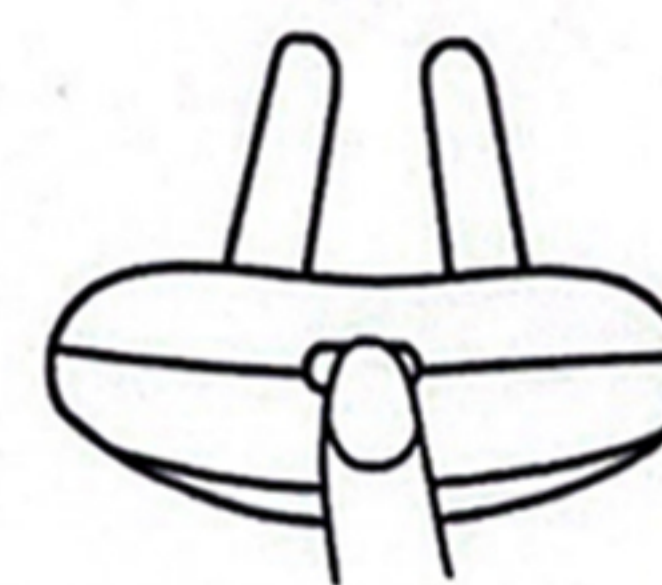
Adjust the spacing of the nasal tubes



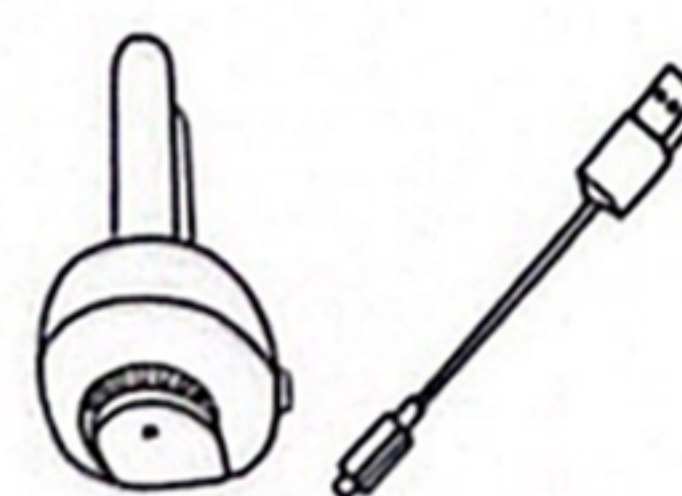
Align both nasal tubes with your nostrils



Ensure that the two micro-light sources enter the nasal cavity at a distance of 1 to 15 centimeters.



After 10 minutes, the micro-light sources will automatically turn off, or they will turn off automatically when the battery is low.



When fully charged, the indicator light will automatically turn off.

If you find that the silicone sleeve is too large during use, you can remove the silicone sleeve.

Maintenance

Cleaning and Maintenance

- 1、 If the exterior of the product becomes dirty, you can clean it with a damp, soft cloth or gently wipe the nasal contact parts of the nasal tubes with a medical cotton ball dipped in medical alcohol.
- 2、 To maintain hygiene, do not lend it to others.
- 3、 Store the product at room temperature, avoiding prolonged exposure to direct sunlight and high temperatures. The operating environment temperature should not exceed 40°C.
- 4、 Do not immerse or wet the product to prevent water from entering and causing malfunctions.

Storage and Transportation

- 1、 This product should be stored in a well-ventilated, dry, and clean area.
- 2、 The ideal storage temperature is between 0-25°C, and the optimal storage relative humidity is 60±25% RH indoors.
- 3、 It should not be mixed with corrosive substances.
- 4、 Prevent strong impacts, vibrations, and contact with hard objects during transportation, and ensure that the packaging remains intact.
- 5、 Do not place heavy objects on it during storage and transportation, and avoid exposure to sunlight and rain/snow splashes.

Shelf Life

Under the conditions of compliance with storage and transportation specifications and usage guidelines, the main unit of this product has a shelf life of 3 years.

Troubleshooting and Handling

- 1、 If the product indicator light flashes or does not illuminate, it indicates low battery and needs to be recharged promptly.
- 2、 If any components such as the microcontroller, light bulbs, or rechargeable lithium battery malfunction during the warranty period, you can contact the distributor or send it to the manufacturer for repair, maintenance, or replacement to resolve the issue.

Product Specifications

Product Name:	Nasal Comforter
Product Model:	SBQ-006
Product Class:	Class I
Laser Output Control:	3 adjustable levels
Charging Time:	Approximately 10-15 minutes
Charging Parameters:	5V=1A
Operating Voltage:	DC 3.7V
Battery Capacity:	120mAh
Product Dimensions:	50x25x35mm
Net Weight:	Approximately 12 grams
Materials:	PC+ABS+Silicone
Compliance Standard:	GB4706.1-2005