

nuwave[®]

CAST IRON GRILL

Owner's Manual

Model: 31110



Eco-Friendly • No PFOA • No Cadmium • Pre-Seasoned

Questions or Concerns?

Toll Free: 1-877-689-2838 • help@nuwavenow.com
(Mon–Fri 7:30am–4:30pm CST)

PRODUCT REGISTRATION

Thank you for purchasing the NuWave Cast Iron Grill
and welcome to the NuWave Family!



WELCOME

Congratulations on getting your new NuWave Cast Iron Grill! We are incredibly excited to be able to join in your home cooking journey and want to make sure you get the most out of your PIC experience.

That's what this manual is all about. In it, we have provided detailed operating and care instructions covering every aspect of your new induction cooktop to make sure the NuWave PIC is meeting your needs.

Here at NuWave, the relationship we have with our customers only begins with the purchase. We are with you every step of the way because we are dedicated to making your experience as easy and rewarding as possible. So, if you have any questions, comments, or concerns, please don't hesitate to contact Customer Service by calling 1-877-689-2838 (Mon–Fri 7:30am–4:30pm CST) or emailing us anytime at help@nuwavenow.com

We're glad you're with us, and we know that you will be, too!

REGISTER YOUR PURCHASE

1. Scan the QR code or visit www.nuwavenow.com/QR to Register.
2. Have your proof of purchase! you will need it to register your product.
3. Locate your serial and model numbers to have ready.

Note: You can locate the model and serial numbers, as well as the QR code, on the label on the back of the unit.

CUSTOMER SERVICE

Phone: **1-877-689-2838**
(Mon-Fri 7:30am - 4:30pm CST)
Email: help@nuwavenow.com

Connect with Us!



#nuwavenow

Visit nuwavenow.com to see other great products and accessories.

Para la versión en español de este manual, visita www.nuwavenow.com

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Before your first use, wash and dry the grill thoroughly, then reseason (see page 5)

NuWave Cast Iron Grill: Classic Cookware Reimagined

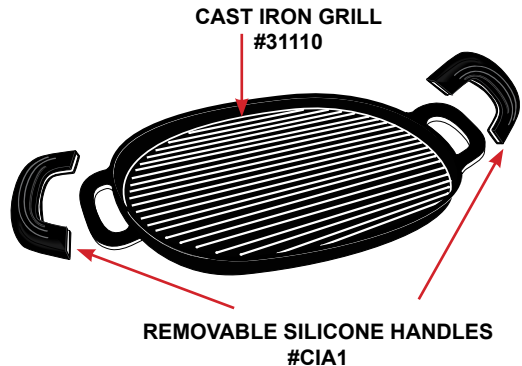
Known in Europe since the late 7th century (and long before that in Asia) for the ability to retain heat and handle high temperatures, as well as sheer durability and non-stick properties if seasoned, cast-iron cookware from cauldrons and pots to skillets and grills has a long and varied history, with its latest form being the NuWave Cast Iron Grill, which:

- Collects and removes fats, oils and grease from the grilling surface into its deep grooves, leaving your food healthier and tastier;
- Has removeable silicone cool-to-touch handles;
- Can handle heat from the PIC up to 575°F, and up to 800°F in an oven;
- Is easy to clean with its vegetable oil-based pre-seasoning; and
- Is induction-ready.

Product Specifications

Cast Iron Grill: #31110

Construction: Cast Iron and Cool-to-Touch Silicone Handles



Food Allergy Warning

Please be advised that the coating on this cast iron cookware may contain Soybean Oil. If you have food allergies, especially those connected with soybeans, soybean oils, or any other soy-based products, please clean and reseason this cookware with a non-allergenic coating (see page 5) before use.

SAFEGUARDS AND INFORMATION

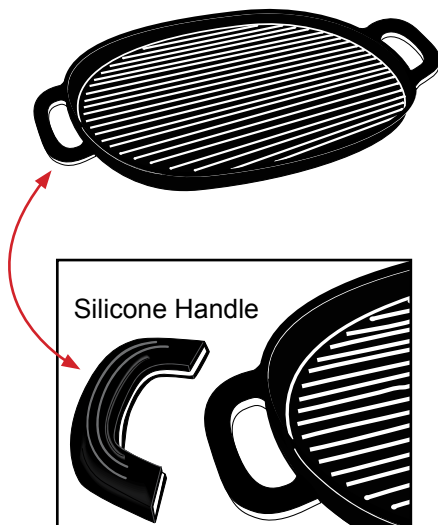
1. Do not allow children near appliances while cooking.
2. To avoid injury, always use caution when handling cookware.
3. The handle covers of this cookware are constructed to minimize heat transfer, however they may become hot during prolonged cooking. For your safety, always assume all grill parts are heated before handling. Use oven mitts or pot holders when removing from heat source.
4. Always allow cookware to cool before washing or storing.
5. Always keep an eye on your food as it cooks, in case you need to adjust the cooking temperature.
6. Beware of popping or splattering oil.
7. Do not use the NuWave Cast Iron Grill for any purpose other than that for which it was designed.
8. To avoid excess smoke, always make sure the Grill is clean prior to use.
9. Always place the Grill and the induction cooktop you are using on a stable, level, non-metallic surface.
10. The Cast Iron Grill is completely oven safe and compatible with all types of cooktops (see below) simply by removing the silicone handles.



ASSEMBLY

Attach the Silicone Handle Covers to the Cast Iron Grill

1. Locate the two cast iron handles at each end of the Cast Iron Grill.
2. Slide the silicone handle covers over them, making sure to completely cover the metal.
3. Reverse the steps in order to remove the handles. Always make sure that the grill is cool before attempting to install or remove the handles.
4. The Silicone Handle Covers are designed to reduce the heat on the handles during stovetop cooking. When placed in the oven, always handle the Cast Iron Grill using protective oven mitts.



CARE AND MAINTENANCE

Where Can I Find the Best Induction Cooktop Recipes?

The NuWave Precision Induction Cookbook contains recipes created specially for induction cooking. For dozens of great recipes, tips and tricks from the NuWave Culinary Team, visit: www.NuWaveCookingClub.com.

Using the Cast Iron Grill

Seasoning your cast iron cookware before you use it, and on a regular basis thereafter, is very important. That coating you put onto it will prevent the iron from rusting, increasing the longevity of the pan, but it will give you a more immediate reward for that extra bit of effort: a smooth, truly nonstick finish. Since your grill arrives pre-seasoned, follow these steps to reseason it when necessary (or change the seasoning oil if you are allergic to soy products):

1. Wash and dry the grill thoroughly, making sure no previous seasoning remains on the cooking surface
2. Rub a very thin, even layer of cooking oil into the cooking surface of the cast iron grill. If you use too much oil, your cookware may become sticky.
3. Place the cookware in the oven, upside down, on the top rack, and a large baking sheet or aluminum foil on the bottom rack underneath.
4. Bake at 450°F–500 degrees F for one hour, then allow the grill to cool.

Now your cast iron grill is seasoned and ready for use.

Care & Maintenance

- Always wash new cookware prior to initial use with mild soapy water (no harsh detergents) and a soft sponge or dishcloth. Rinse and dry thoroughly with paper towels or a soft cloth.
- Most dishwasher detergents can damage the surface (seasoning). Hand wash only.
- Never use steel wool or any other abrasive materials that may scratch the surface of your cookware.
- When using your Cast Iron Grill, keep the temperature under 575°F.
- After cooking, always allow the grill to cool completely before cleaning.
- Clean stubborn stains with a mild dish soap and hot water.
- Never attempt to cut foods while they are on the grill. Any misuse will void the warranty (See Limited Warranty for details).



Hand Wash
Only

The Cast Iron Grill is completely oven safe and compatible with all types of cooktops simply by removing the silicone handles.

LIMITED WARRANTY

THE MANUFACTURER WARRANTS

NuWave, LLC warrants that the NuWave Cast Iron Grill will be free from manufacturer defects for 1 year from the date of purchase, under normal household use, and when operated in accordance with the Manufacturer's written instructions. The Limited Warranty covers the Original Purchaser only. The Manufacturer will provide the necessary parts and labor to repair the product at the NuWave LLC Service Department. After the expiration of the warranty, the cost of the parts and labor will be the responsibility of the owner.

THE WARRANTY DOES NOT COVER

The Limited Warranty is voided if repairs are made by an unauthorized dealer, or the serial number data plate is removed or defaced. Normal deterioration of finish due to use or exposure is not covered by this Warranty. This Limited Warranty does not cover failure, damages or inadequate performance due to accident, acts of God (such as lightning), fluctuations in electric power, alterations, abuse, misuse, misapplications, corrosive-type atmospheres, improper installation, failure to operate in accordance with the Manufacturer's written instructions, abnormal use, commercial or rental uses, or resold units. NuWave LLC reserves the right to void the Limited Warranty, where allowable by law, for products purchased from an unauthorized dealer.

TO OBTAIN SERVICE

The owner shall have the obligation and responsibility to pay for all services and parts not covered by the warranty; prepay the freight to and from Service Department for any part or system returned under this warranty; and carefully package the product using adequate padding material to prevent damage in transit. The original container is ideal for this purpose. Include in the package the owner's name, address, daytime telephone number, a detailed description of the problem, and your "RGA number." Call 1-877-689-2838 or email help@nuwavenow.com to obtain the RGA number (Return Goods Authorization number). Provide the cooking system model & serial number and proof of date of purchase (a copy of the receipt) when making claims under this warranty.

MANUFACTURER'S OBLIGATION

The Manufacturer's obligation under this Limited Warranty is limited, to the extent allowable by law, to repairing or replacing any part covered by this Limited Warranty which upon examination is found to be defective under normal use. The Limited Warranty is applicable only within the continental United States and only to the original purchaser of the manufacturer's authorized channels of distribution.

THE LIMITED WARRANTY MAY NOT BE ALTERED, VARIED OR EXTENDED EXCEPT BY A WRITTEN INSTRUMENT EXECUTED BY THE MANUFACTURER. THE REMEDY OF REPAIR OR REPLACEMENT AS PROVIDED UNDER THIS LIMITED WARRANTY IS EXCLUSIVE. IN NO EVENT SHALL THE MANUFACTURER BE LIABLE FOR ANY CONSEQUENTIAL OR INCIDENTAL DAMAGES TO ANY PERSON, WHETHER OR NOT OCCASIONED BY NEGLIGENCE OF THE MANUFACTURER, INCLUDING WITHOUT LIMITATION, DAMAGES FOR LOSS OF USE, COSTS OF SUBSTITUTION, PROPERTY DAMAGE, OR OTHER MONEY LOSS.

Some states do not allow the exclusion or limitation of incidental or consequential damages, so the above limitation exclusions may not apply. This Limited Warranty gives specific legal rights, and there may also be other rights which vary from state to state. **EXCEPT AS OTHERWISE EXPRESSLY PROVIDED ABOVE, THE MANUFACTURER MAKES NO WARRANTIES EXPRESSED OR IMPLIED ARISING BY LAW OR OTHERWISE, INCLUDING WITHOUT LIMITATION, THE IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE TO ANY OTHER PERSON. READ YOUR OWNER'S MANUAL. IF YOU STILL HAVE ANY QUESTIONS ABOUT OPERATION OR WARRANTY OF THE PRODUCT, PLEASE CONTACT NUWAVE LLC.**

DISPUTE RESOLUTION PROCEDURE

For disputes relating to use of the website or use or purchase of a NuWave product or service (collectively "Disputes"), you agree to first contact NuWave LLC at (877) 689-2838, or legal@nuwavenow.com. If we cannot resolve your dispute informally, any and all disputes shall be submitted to final and binding arbitration. You may start the arbitration process by submitting in writing a demand to the American Arbitration Association ("AAA") and sending a copy to NuWave. NuWave will pay all filing costs. A single arbitrator of the AAA will conduct the arbitration in a location convenient to you or by phone.

The arbitrator's award will be binding and may be entered as a judgment in a court of competent jurisdiction. The arbitration will be conducted in accordance with the provisions of AAA's Commercial Arbitration Rules and Mediation Procedures in effect at the time of submission of your demand for arbitration. See https://www.adr.org/sites/default/files/CommercialRules_Web.pdf. Except as may be required by law as determined by an arbitrator, no party or arbitrator may disclose the existence, content, or results of any arbitration hereunder without prior written consent of both parties.

- A. WAIVER OF RIGHT TO SUE.** By agreeing to arbitration, you understand that, to the maximum extent permitted by law, you are agreeing to waive your right to file suit in any court, to a court hearing, a judge trial, or a jury trial.
- B. CLASS ACTION WAIVER.** To the maximum extent permitted by law, you expressly agree to refrain from bringing or joining any claims in any representative or class-wide capacity, including but not limited to, bringing or joining any claims in any class action or class-wide arbitration.
- C. OPT OUT PROCEDURE.** To request to opt out of arbitration you must contact NuWave LLC at legal@nuwavenow.com, NuWave LLC, 560 Bunker Ct., Vernon Hills, IL 60061, U.S.A., (877) 689-2838. You will have thirty (30) days from the date of product delivery to opt out of arbitration with respect to any dispute arising out of or relating to use or purchase of any NuWave product. If more than 30 days have passed, you are not eligible to opt out of arbitration and will have waived your right to sue or participate in a class action with respect to the dispute arising out of your purchase or use of a NuWave product. For any dispute arising out of your use of NuWave's website, you have thirty (30) days from the date you provided information to the website to opt out of arbitration. If more than 30 days have passed, you are not eligible to opt out of arbitration and you will have waived your right to sue and participate in a class action with respect to the dispute arising out of your use of NuWave's website.
- D. SOME MATTERS ARE NOT SUBJECT TO ARBITRATION.** Notwithstanding the foregoing, the following shall not be subject to arbitration and may be adjudicated only in the state and federal courts of Illinois: (i) any dispute, controversy, or claim relating to or contesting the validity of our intellectual property rights and proprietary rights, including without limitation, patents, trademarks, service marks, copyrights, or trade secrets; (ii) an action by a party for temporary, preliminary, or permanent injunctive relief, whether prohibitive or mandatory, or other provisional relief; or (iii) interactions with governmental and regulatory authorities. You expressly agree to refrain from bringing or joining any claims in any representative or class-wide capacity, including but not limited to, bringing or joining any claims in any class action or any class-wide arbitration.

STATE OF CALIFORNIA PROPOSITION 65

WARNING

This product can expose you to chemicals including lead, which is known to the State of California to cause cancer, birth defects and other reproductive harm.

For more information go to: www.P65Warnings.ca.gov.

ADVERTENCIA

Este producto puede exponerle a químicos, incluidos el plomo, el cual es conocido en el Estado de California por causar cáncer, defectos de nacimiento y otros daños reproductivos.

Para mayor información, visite: www.P65Warnings.ca.gov.

READ YOUR OWNER'S MANUAL

If you still have any questions about operation or warranty of this product, please contact NuWave LLC at 1-877-689-2838 (Mon-Fri 7:30am-4:30pm CST), or email help@nuwavenow.com.

nuwave®

CAST IRON GRILL

FOR HOUSEHOLD USE ONLY

Model: 31110

**Para la versión en español de este manual,
visita www.nuwavenow.com.**

For patent information please go to:
www.nuwavenow.com/legal/patent

Designed & Developed in USA

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Customer Service:

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Mon - Fri 7:30 am to 4:30 pm (CST)

Email: help@nuwavenow.com

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