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# FAFSA



**COLLEGE PLANNING VIDEO**



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# FOUR-YEAR COLLEGE



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# TWO-YEAR COLLEGE



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# EDUCATION OPTIONS



**CAREER EXPLORATION VIDEO**



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# CHOOSING A CAREER



**CAREER EXPLORATION VIDEO**



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# HOW TO GET ORGANIZED



**ACADEMIC SKILLS VIDEO**





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**SUCCEED  
IN CLASS**



**ACADEMIC SKILLS VIDEO**



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# HOW TO TAKE GOOD NOTES



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# STUDY SMART



## ACADEMIC SKILLS VIDEO



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**READ TO  
LEARN**



**ACADEMIC SKILLS VIDEO**



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# HOW TO ACE YOUR TESTS



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# **TOP 10 WAYS TO IMPROVE YOUR GRADES**



**ACADEMIC SKILLS VIDEO**



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# VAPING



**DRUG PREVENTION VIDEO**



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**SAYING NO  
TO DRUGS,  
ALCOHOL,  
AND TOBACCO**



**DRUG PREVENTION VIDEO**





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**CYBERBULLYING**



**BULLYING & SAFETY VIDEO**



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# GROWTH MINDSET



**LIFE SKILLS VIDEO**



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# ANXIETY



**MENTAL HEALTH & WELLNESS VIDEO**



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**FEELING  
OVERWHELMED**



**MENTAL HEALTH & WELLNESS VIDEO**



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# SUICIDE PREVENTION



**MENTAL HEALTH & WELLNESS VIDEO**



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# DEALING WITH STRESS



**MENTAL HEALTH & WELLNESS VIDEO**



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# **TOP 10 WAYS TO IMPROVE MENTAL HEALTH**



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# **SOCIAL MEDIA AND MENTAL HEALTH**



**MENTAL HEALTH & WELLNESS VIDEO**