

# Ways to Help Your Child with Math

## Information for Elementary Parents

As students develop new math skills, they need their parents' involvement and support. Here's how you can help.



### Be positive

Encourage a positive attitude toward math by praising your child's efforts and celebrating their achievements. Remind your child that being good at math isn't a skill you're born with—it's something you improve with practice.

### Integrate math into daily activities

Integrate math into everyday life by involving your child in activities like cooking (measuring ingredients), shopping (calculating prices), or setting the table (counting and organizing).

### Play math games

As a family, play games and do puzzles that involve math concepts, such as board games, card games, or online math games. This can make learning math fun and engaging.

### Use apps and online resources

If your child has access to an electronic device, consider downloading age-appropriate math games and apps that they can play during screen time. Also, check out Khan Academy's free online math lessons for fun, or to help with concepts. Visit [khanacademy.org](https://www.khanacademy.org) to learn more.

## Practice regularly

Set aside a specific time each day for math practice. Consistency is key for reinforcing the concepts and skills learned at school. For instance, you might practice multiplication facts while driving to and from school. Try to keep it fun and pressure-free.

## Encourage curiosity

Foster a sense of curiosity and encourage your child to ask questions about math concepts. Answer their questions and engage in discussions to deepen their understanding.

## Provide visual aids

Use visual aids like charts, graphs, or drawings to illustrate math concepts. Manipulatives like blocks or beads can help make abstract concepts more tangible and easier to understand.

## Break down complex problems

Help your child break down complex problems into smaller, more manageable steps. Encourage your child to solve each part step by step, gradually building their confidence.

## Review homework and classwork

Help your child review their homework assignments and class notes. Offer guidance and explain concepts they may find challenging, but don't offer more help than is needed or asked for.

Your child might also be learning math concepts differently than you learned them. Have your child show you how they do math.

*For more tips on helping your child with homework, check out this video.*

