

# READY FOR PRE-K

TOP  
10

## TIPS FOR PARENTS

1. Read books together every day. Ask your child questions about what you read.
2. Work on self-help skills, such as washing hands, using utensils, and putting on shoes.
3. Identify shapes and colors in books and in real life.
4. Establish a morning and nighttime routine and make sure your child gets plenty of sleep.
5. Build fine motor skills. Encourage your child to color, do puzzles, and build with blocks.
6. Encourage responsibility. Give your child small tasks and make sure they're completed.
7. Practice having your child follow simple, one- and two-step verbal directions.
8. Talk about numbers, practice counting, and sort items by color or shape.
9. Talk to your child about starting Pre-K and discuss any fears they may have.
10. Build gross motor skills. Encourage your child to run, hop, and jump.  
*For more on building gross and fine motor skills, watch this video.*



VIDEO

# I'M READY!

## PRE-K CHECKLIST

COMPLETE THIS CHECKLIST WITH  
YOUR CHILD.



I can drink from a cup and open a juice box.



I know how to share and take turns.



I can wash my hands and use the bathroom by myself.



I can put on my own jacket and backpack.



I cover my mouth when I cough or sneeze.



I can listen to a story quietly.

### REMEMBER...

Children develop at different rates and there is a huge range of what “normal” looks like at this age. Schools recognize that children entering Pre-K have different skill levels, and teachers are prepared to work with children with a wide variety of academic, social, and self-help skills.