

Homework Tips for Elementary Parents

Establishing the importance and the routine of doing homework at an early age helps students develop study habits that will serve them well throughout their education.

Make sure that your child understands the importance of completing homework accurately and on time.



What are the benefits of homework?

- ▶ **Homework aids in learning.** Homework gives students the opportunity to practice the skills they've learned in school.
- ▶ **Homework helps students be more responsible.** When students are required to keep track of their assignments and complete them independently, they develop important study skills (e.g., organization, time management).
- ▶ **Homework helps keep you informed.** Homework is a great way for you to stay up-to-date on what your child is learning in school.

Elementary School Success Tips for Parents

You are the most important person in your child's life, and your child needs you to be interested and involved in their education. *The following tips will help ensure that your child has a successful school year.*

- ▶ **Insist on daily attendance.** Unless your child is ill, they need to be in school.
- ▶ **Make sure your child has the recommended school supplies.** If you have questions, talk to your child's teacher.



Studies show that parental involvement significantly improves a student's school performance.

- ▶ **Talk to your child about what's happening at school.** Show interest in what your child is learning, and in their academic progress.
- ▶ **Make sure your child gets enough sleep.** Elementary-aged children should get 9–11 hours of sleep each night.
- ▶ **Monitor homework.** Have a set time for homework, remove as many distractions as possible, and monitor your child's homework grades.
- ▶ **Be supportive.** Praise extra effort and celebrate achievements!

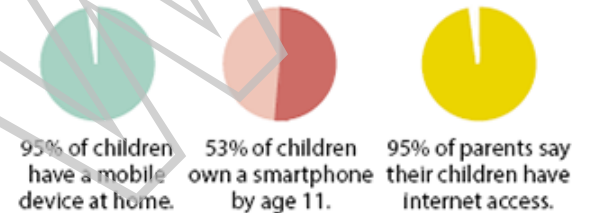
For more helpful parenting tips, watch this quick video!



VIDEO

INTERNET SAFETY Information for Elementary Parents

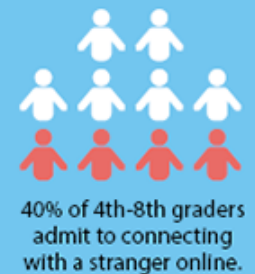
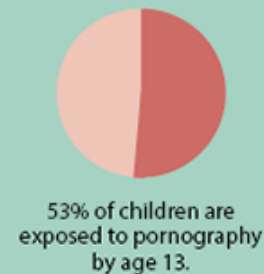
Technology is a huge part of our lives.



But there can be dangers.



Nearly half of all teens report being cyberbullied.



Teaching internet safety is an important part of being a parent today. But with new apps and websites coming out so quickly, it can be difficult to keep up. Keep reading for some easy-to-implement internet safety tips.

FRIENDSHIP

INFO FOR PARENTS

Friends make life a lot more interesting and fun, and as children grow, friends become more and more important. Help your child know what makes a good (and not so good) friend, and help him/her learn how to develop and maintain healthy friendships.



WHAT IS (AND ISN'T) A FRIEND

As your child grows and becomes more interested in spending time with friends, you can help your child develop lasting friendships by having your child ask him/herself these questions.

- ▶ Do we share similar interests?
- ▶ Do we laugh and have fun together?
- ▶ Do we have similar ideas about what's right and wrong?
- ▶ Do we respect and trust each other?
- ▶ Can I be my true self around this person?

Of course, friendships aren't easy and fun all the time. Help your child understand that it might be time to rethink a friendship if a friend ever...

- ▶ tells you to do things you don't want to do
- ▶ is mean to you
- ▶ brings a lot of drama into your life
- ▶ makes you feel bad about yourself
- ▶ talks about you behind your back

PARENTING TIPS

For Elementary Parents

Being a good parent doesn't involve doing extraordinary things. It's the little things you do every day that are what's most important.

Use these tips to help your child thrive and grow!



Spend time together. Regularly spend one-on-one time with your child doing something you both enjoy.



Make education a top priority. Show consistent interest in your child's academic progress and in what your child is learning.

Monitor technology use. Know the technology your child uses, and be aware of where your child goes online. Provide guidelines and set limits.

Encourage a healthy lifestyle. Have nutritious food at home and make sure your child gets plenty of sleep and exercise.



Top 10 Reasons Your Child Should Be in School Every Day!

Info for Elementary Parents

Elementary-aged children are constantly absorbing new knowledge and developing new skills—and regular school attendance is crucial for their success. Here are the top 10 reasons why your child should be in school every day.

- 1 Better academic performance**
According to research, missing just two days per month negatively impacts a student's academic performance and test scores.
- 2 Greater social development**
Elementary students develop social and emotional skills that benefit them throughout their lives. At school, they learn to interact with others, make friends, and build relationships with adults outside their family.
- 3 Increased literacy skills**
A student's attendance in elementary school significantly affects their reading skills. Research shows that students who attend school regularly have better literacy skills by the end of third grade than those who do not.
- 4 Routine and structure**
Children thrive on structure. Going to school every day provides children with a sense of security. They also learn to follow rules and routines outside of their own home—a skill that will benefit them for years to come.