

PARENTING TIPS

For Elementary Parents

Being a good parent doesn't involve doing extraordinary things. It's the little things you do every day that are what's most important.

Use these tips to help your child thrive and grow!



Spend time together. Regularly spend one-on-one time with your child doing something you both enjoy.



Make education a top priority. Show consistent interest in your child's academic progress and in what your child is learning.

Monitor technology use. Know the technology your child uses, and be aware of where your child goes online. Provide guidelines and set limits.

Encourage a healthy lifestyle. Have nutritious food at home and make sure your child gets plenty of sleep and exercise.



Look for teachable moments. For example, if there's a storm, talk about what causes thunder and lightning. If you don't know, try to find the answer together.

Encourage your child to dream about the future. Talk about the careers people have, and choose a few careers to explore together.

Spend time together outside. Go for nature walks, hikes, and explore the natural world.



Help your child develop their interests and talents. Celebrate the things that make your child unique!

Prioritize attendance. Regular attendance is crucial for success in school. Attendance impacts grades, reading skills, and social growth. Make sure your child is in school every day!

Be aware. Pay attention to your child's moods, sleeping patterns, and eating habits. These can be good indicators of how things are going at school and with friends.



For tips on how to help your child succeed in school, watch this short video.



VIDEO