## Elementary School Success

**Tips for Parents** 

You are the most important person in your child's life, and your child needs you to be interested and involved in their education. The following tips will help ensure that your child has a successful school year.

- Insist on daily attendance. Unless your child is ill, they need to be in school.
- Make sure your child has the recommended school supplies. If you have questions, talk to your child's teacher.

Studies show that parental involvement significantly improves a student's school performance.

 Talk to your child about what's happening at school. Show interest in what your child is learning, and in their academic progress.

- Make sure your child gets enough sleep.
  Elementary-aged children should get 9–11 hours of sleep each night.
- Monitor homework. Have a set time for homework, remove as many distractions as possible, and monitor your child's homework grades.
- Be supportive. Praise extra effort and celebrate achievements!

For more helpful parenting tips, watch this quick video!



## Work with Your School

Everyone in your school wants your child to have a positive, successful year. Here are some things you can do to work with your school—and help your child succeed!

- By your words and actions, show your child that getting a good education and doing well in school are very important.
- Stay informed. Attend all parent programs, meetings, and parent-teacher conferences.
   Also, regularly check your school's website for news and updates.
- Make the most of parent-teacher conferences. Before each conference, make a list of the information you want to share, along with any questions or concerns you may have. Also, ask your child if there's anything you should discuss with their teacher(s).

 If you have concerns about your child's progress, or if your child is having any problems in school, discuss your concerns with your child's teacher.

We all get stuck sometimes. If your child ever feels discouraged, stressed out, or overwhelmed, offer encouraging words and make sure your child knows that you believe in them. Also make sure your child knows that you're there to help them any way you can.

Be your child's greatest supporter. Your child has what it takes to succeed, but your support and love are the engine that drives that success!

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