## 1506 - Academic Support InfoCenter

How to Get Organized **How to Study Smart** How to Take Good Notes How to Prepare for Tests How to Read to Learn How to Succeed in Class How to Write a Paper How to Manage Your Time How to Take Tests How to Do Group Work How to Improve Attendance How to Stay Engaged How to Make Presentations How to Stay Motivated How to Memorize How to Reach Out for Help Doing Research Homework Tips for Students Top 10 Reasons to Do Your Best in School Top 10 Ways to Overcome Test Anxiety **Five Steps to Academic Success** Choosing the Right Classes Top 10 Ways to Improve Your Grades **SMART Goals** How to Achieve Your Goals **Overcoming Procrastination** Attendance Feeling Overwhelmed? 10 Ways to Reduce Stress Anxiety – Information and Coping Tips Growth vs. Fixed Mindset Top 10 Ways to Develop a Growth Mindset The Power of YET Be Open to Feedback Grit – The Key to Mental Toughness **Academic Integrity Critical Thinking** Top 10 Reasons to Be in School Every Day Using AI – Dos and Don'ts for Students

Having a Healthy School-Life Balance