

# 1504 - High School Student Support InfoCenter

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How to Get Organized  
How to Study Smart  
How to Succeed in Class  
How to Take Good Notes  
How to Ace Your Tests  
How to Read to Learn  
How to Reach Out for Help  
Top 10 Ways to Overcome Test Anxiety  
Top 10 Ways to Improve Your Grades  
Overcoming Procrastination  
Top 10 9th Grade Success Tips  
Top 10 10th Grade Success Tips  
Top 10 11th Grade Success Tips  
Top 10 12th Grade Success Tips  
How to Achieve Your Goals  
Feeling Overwhelmed?  
10 Ways to Reduce Stress  
Anxiety – Information and Coping Tips  
Social Media and Mental Health  
Feeling Lonely?  
Top 10 Ways to Improve Mental Health  
Healthy Relationships  
Friendship Problems – What You Can Do  
Bullying – Info, Facts, & Tips  
Cyberbullying  
5 Ways to Prepare for a Career  
Why Go to College?  
College Timeline  
The ACT – Information & Tips  
The SAT – Information & Tips  
FAFSA  
Need Money to Pay for College?  
Careers in Math & Science  
Careers in Social Studies & World Languages  
Careers in English & the Arts  
Career Planning  
Growth vs Fixed Mindset  
Choosing the Right Classes  
Reasons to Say No to Drugs and Alcohol  
Decisions & Consequences