

PRINCIPLES FOR SUCCESS:

# ATTITUDE

LODESTAR GUIDANCE BY WEAVER LEATHER LIVESTOCK



## WHAT IS ATTITUDE?

Attitude is the power to stay positive despite the circumstances, so the way you approach your next big show can have a powerful effect on the results you will see. Remain positive, optimistic and hopeful, and your attitude will be contagious to those around you. Having a negative attitude will make your show day more difficult, a lot less fulfilling, and people may choose to avoid you.

Things don't always go as planned with your livestock projects and you may not always win. How you react and handle these tough situations shows a lot about your character and the effect you have on others. After all, you learn just as much from losing as you do from winning.

**MAKE A CHOICE:** You can choose to be positive or choose to be negative. When you accept responsibility for your attitude, you can see every experience as an opportunity to learn and grow.

**BE IN CONTROL:** Do you know someone who always has a poor attitude, blames others or plays the victim? Do you enjoy being around that person? You control the effect others have on you.

**CONTRIBUTE TO OTHERS:** Next time you see someone upset after a class, try to encourage and compliment that person. You will make the day a little brighter for both of you.



**DON'T BLAME OTHERS:** When things don't go your way in the ring, it's easy to blame others or make excuses. Doing this causes you lose control of the situation and the ability to choose a positive attitude.

**DON'T LET EXHAUSTION BRING YOU DOWN:** You work long and hard getting your animals ready for show day, and it can be exhausting. Allow yourself time to rest and relax so your positive attitude isn't wiped out.

**DON'T REPEAT YOUR MISTAKES:** Practice makes permanent. When you practice choosing a good attitude, controlling your environment and encouraging others, you'll find being positive is much easier.



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