



Men's [Inches]

Size [UK]	Chest	Waist	Hip
XS	36.2	24.4	37.0
S	39.4	27.2	40.2
M	42.5	29.9	43.3
L	45.7	32.7	46.5
XL	49.6	35.8	50.4
XXL	53.5	39.8	54.3

Women's [Inches]

Size [UK]	Back Length	Bust	CB Sleeve Length	Hem	Shoulder Width
XS	25.6	33.5	33.3	35.4	13.9
S	26.0	35.4	33.9	37.4	14.2
M	26.4	38.2	34.4	40.2	14.6
L	26.8	41.3	35.2	43.3	15.1
XL	27.2	44.5	35.9	46.5	15.6
XXL	27.7	47.6	36.7	49.6	16.1



Men's



Women's



1 – Chest	Measure around the fullest part of your chest, keeping the measuring tape horizontal
2 – Waist	Measure around the narrowest part of your waist (between hips and belly button), keeping the measuring tape horizontal
3 – Hips	Measure around the fullest part of your hips and bottom, keeping the measuring tape horizontal
4 – Side seam	Measure vertically from your hip to your ankle
5 - Thigh	Measure around the fullest part of your thigh, keeping the measuring tape horizontal
6 - In seam	Measure vertically from crotch to the bottom of your heel
7 - Sleeve length	Holding the tape at the centre of your back (just below the neck) measure across the shoulder and down the arm to the wrist, keeping your arm slightly bent
8 - Shoulder width	Measure straight across the back from the top of one shoulder to the other