

INGREDIENTS

1 lb Sweet Italian Sausage

1 Onion, small-diced

1 Large Zucchini, medium-diced

1 Large Carrot, medium-diced

14 oz Can Petite-Diced Tomatoes, undrained

1 TBSP Tomato Paste

1 1/2 TBSP Little Eataly Seasoning

4 Cups Chicken Stock

*19 oz Can Cento Cannellini Beans, drained

**Juice from ½ Lemon

1 Cup Grated Parmesan Cheese for garnish

Crusty bread on the side

INSTRUCTIONS

- 1. In a soup pot, brown sausage while breaking it up into smaller pieces. Drain extra fat.
- 2. Add onion, zucchini, carrot and sauté for 2-3 minutes.
- 3. Add petite-diced tomatoes thru chicken stock. Bring to a quick boil.
- 4. Cover and reduce heat to low. Simmer for about 10 minutes or until carrots are tender.
- 5. Add beans and lemon juice and simmer uncovered for 5 minutes.
- 6. Let sit for 10 minutes before serving.
- 7. Garnish with grated parmesan cheese.

SERVINGS: 6-8

Notes:

*If unavailable, use 14 oz can of your favorite white kidney beans **Add lemon zest for extra zip Serve this soup with Crusty Bread.

