

# INTEGRA

## DAMPENING FORCE "QUICK CHECK" REFERENCE GUIDE FOR 4000 SERIES SHOCKS



	COMPRESSION	REBOUND
	5.0 In. Per Sec.	12.0 In. Per Sec.
(50 PSI) 2 VALVE	35#	40#
(75 PSI) 3 VALVE	50#	75#
(75 PSI) 4 VALVE	65#	105#
(100 PSI) 5 VALVE	90#	140#
(150 PSI) 6 VALVE	130#	170#
(200 PSI) 7 VALVE	170#	205#
(250 PSI) 8 VALVE	210#	245#
(275 PSI) 9 VALVE	250#	280#
(350 PSI) 10 VALVE	285#	320#
(400 PSI) 11 VALVE	320#	360#