

# FROZEN OASIS

## COLD PLUNGE MANUAL

### Inflating Cold plunge in 7 Simple Steps:

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#### Step 1 Unroll your Iceberger

Remove the packaging, unroll your Iceberger and locate the grey valve.

#### Step 2 Set the valve pin

Turn the valve cap counterclockwise to remove.

#### Step 3 Lift the Valve Pin

Inside the valve, you'll see a pin. This valve pin should be in the upright position before you start to inflate your Cold plunge. When the pin is up, that's the closed position and when it's down, that's the open position. With the valve stem pushed down, your inflatable Cold plunge will leak air once you disconnect the pump hose. By the time you close the valve, the tub might lose a lot of pressure and it won't be as stiff as it should be.

#### Step 4 Connect the Pump Hose

Attach the pump over the pin and twist it clockwise. You'll know it is secure when you hear it lock. Before you start pumping, check the hose connection at the pump end. Make sure it's connected to the INFLATE side, not DEFLATE.

#### Step 5 Pump it up!

Start pumping! The pressure gauge will register once there's quite a bit of air in the tub. We recommend inflating to 10psi.

#### Step 6 Disconnect the Pump

Disconnect the pump's hose by twisting it anticlockwise. You don't need to touch the valve.

#### Step 7 Screw the Valve Cap

Screw the valve cap back on.



# PRODUCT DETAILS



## Standard Accessories



## Optional Accessories



- 1** Insulated Cover **2** Lid **3** Inserted Lid **4** Packbag

# REPAIR KIT INSTRUCTION

## Step 1 Locate the Hole in Your Inflatable

The first step to locate the source of the deflation, then apply a small amount of warm soapy water over the surface of your inflatable. The hole will show itself among the soapy water and you'll have found your culprit.

## Step 2 Clean and Dry the Area

Clean the area around your inflatable's hole to ensure that your patch or glue will stick optimally. You don't have to scrub down the entire inflatable — just the area that you plan to patch.

## Step 3 Correctly Size & Customize Your Inflatable Patch Kit

Cut your patch to the ideal size, leaving a few inches on every side of the hole to allow the adhesive to stick.

## Step 4 Apply the Glue and Let it Dry

Apply glue to the air bordering the hole on your inflatable, you can use a hair drier to heat the glue first, next, apply your adhesive to one side of your patch.

## Step 5 Apply Pressure

To ensure that your patch sticks, apply steady pressure when you affix it to your inflatable. Wait for two to three minutes before removing your hand and releasing pressure.

## Step 6 Perform Patch Check

After letting your glue dry for two to three hours, check to see if your patch is working by using a small amount of water to test for the presence of air. If it's working, proceed to Step 7.

## Step 7 Re-Inflate Your ice bath

# WARNING!

**Children have drowned in portable swimming pools.**

**Ensure active adult supervision at all times.**

**Do not leave children unsupervised in or around the pool - keep them within arms' reach.**

**Pool fencing laws apply to this pool. Consult your Local Government Authority for fencing requirements.**

