

VALUES RANK: WHAT'S IMPORTANT TO YOU?

We all have different personalities and qualities that are important to us. Different people value different things. For example, it may be very important to you that people are friendly, but your friend might think it's more important for people to be kind.

Can you rank the qualities below in terms of how important they are to you? Put a 1 next to the quality you think is most important, 2 next the the second most important thing to you, and do this until you have numbered all 8.

NOTE: THERE
ARE NO RIGHT
ANSWERS
FOR THIS!



Kindness



Friendliness



Fairness

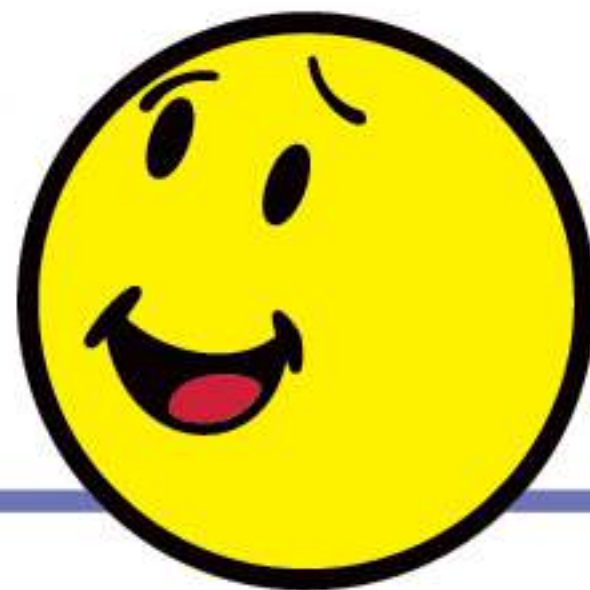


Helpfulness



Honesty

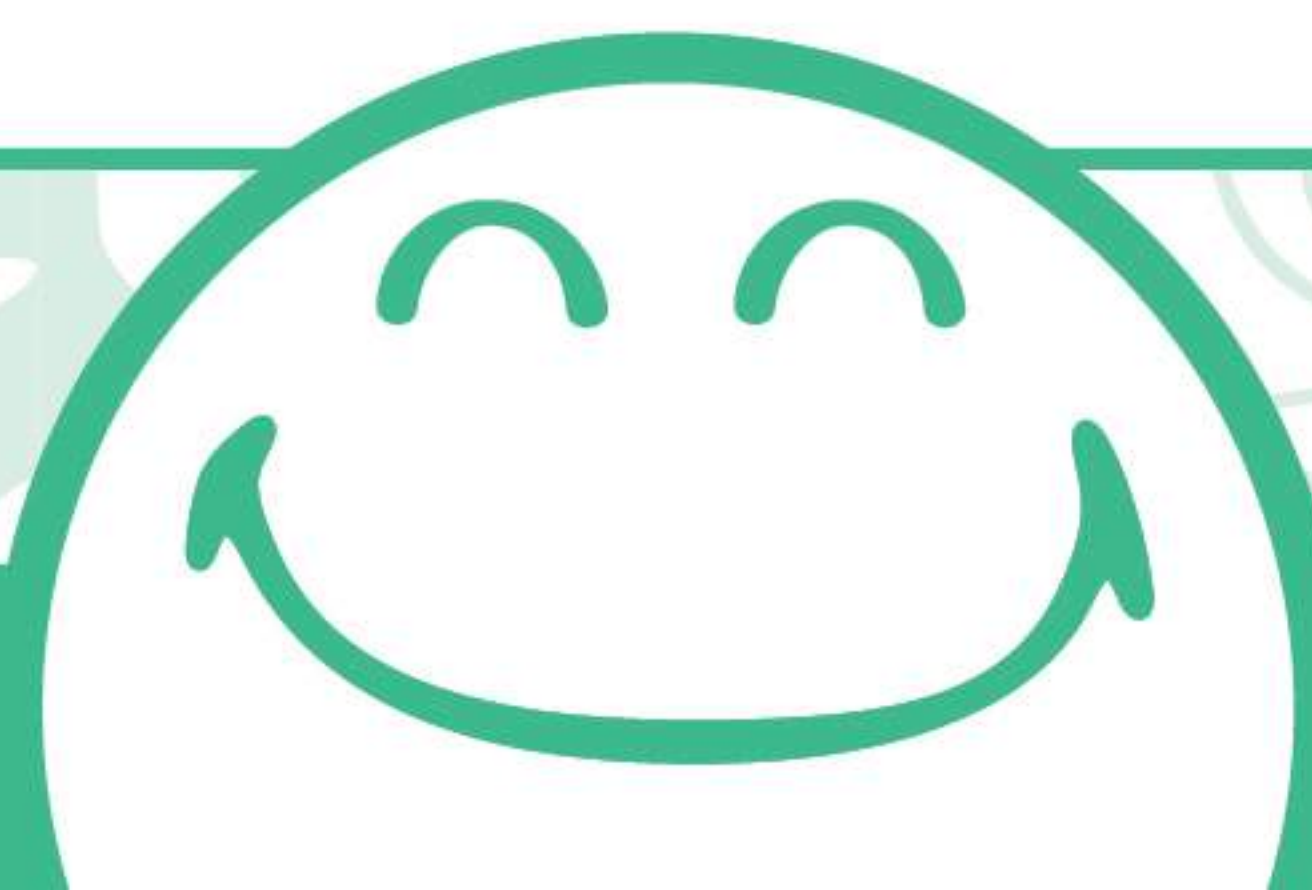
Loyalty



Bravery



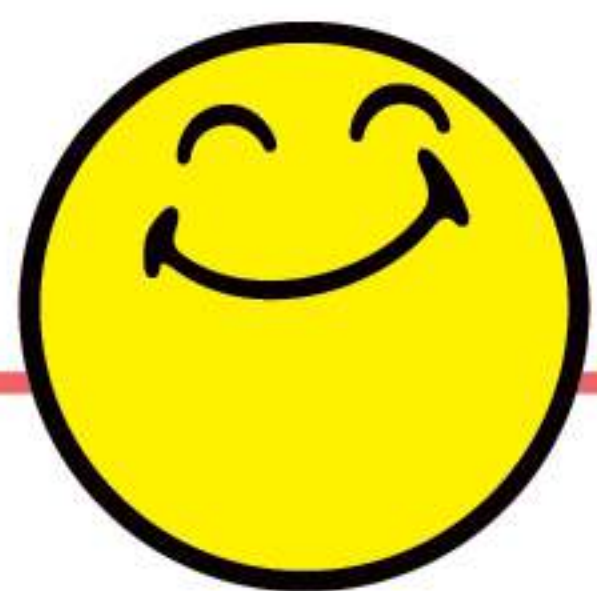
Politeness



ADVANCED VALUES RANK: WHAT'S IMPORTANT TO YOU?

We all have different personalities and qualities that are important to us. Different people value different things. For example, it may be very important to you that people are friendly, but your friend might think it's more important for people to be kind.

Can you rank the qualities below in terms of how important they are to you? Put a 1 next to the quality you think is most important, 2 next the the second most important thing to you, and do this until you have numbered all 10.



Responsibility



Flexibility



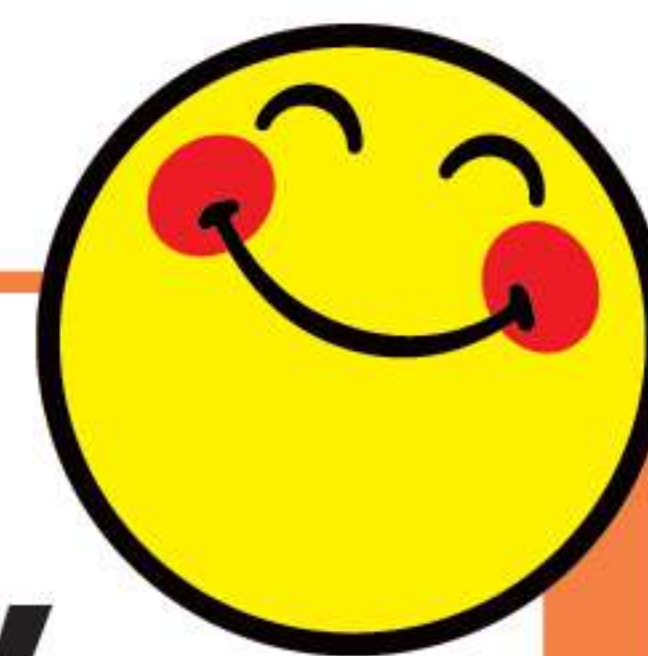
Patience



Perseverance



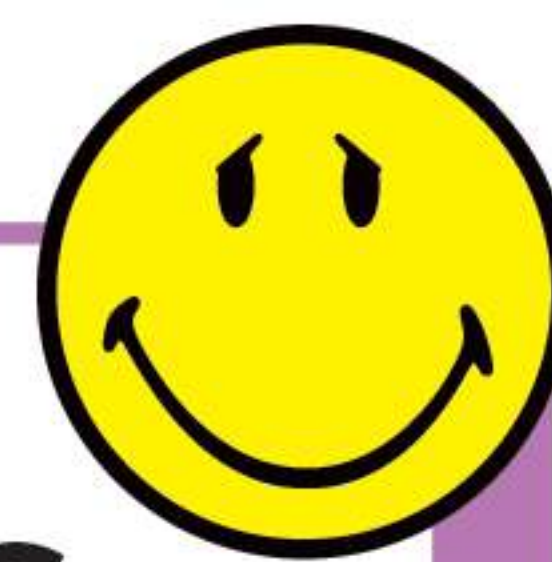
Determination



Generosity



Humility

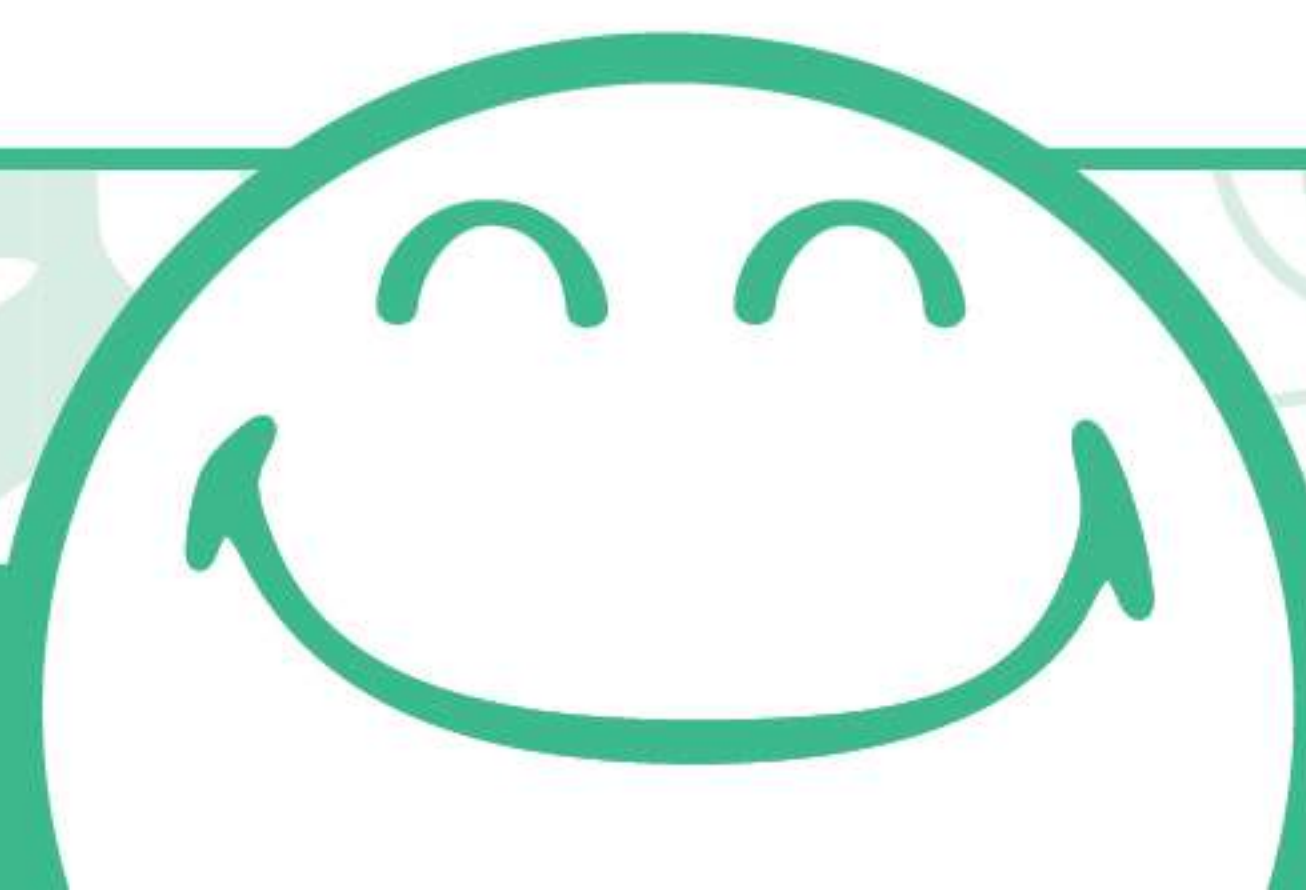


Forgiveness



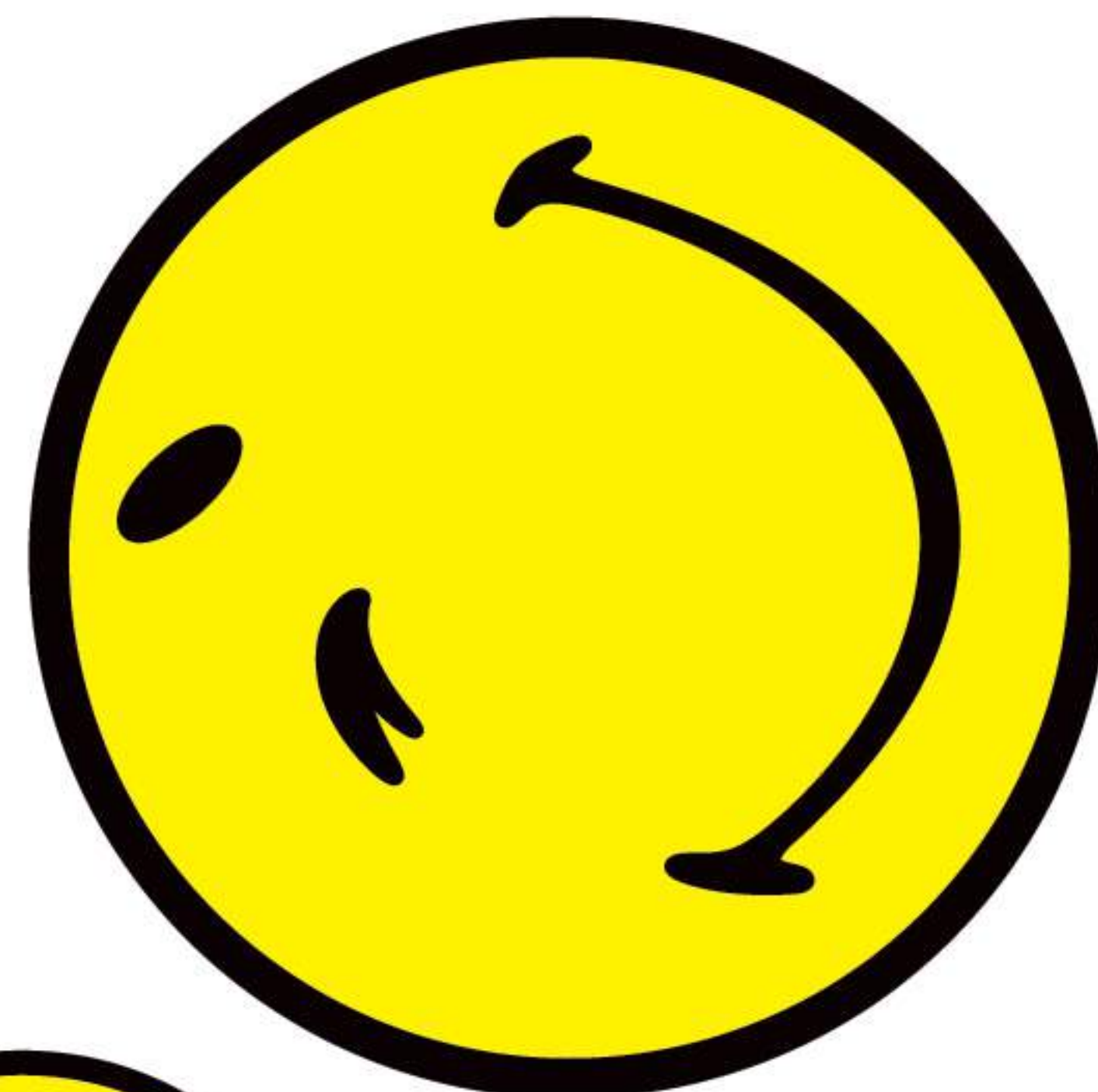
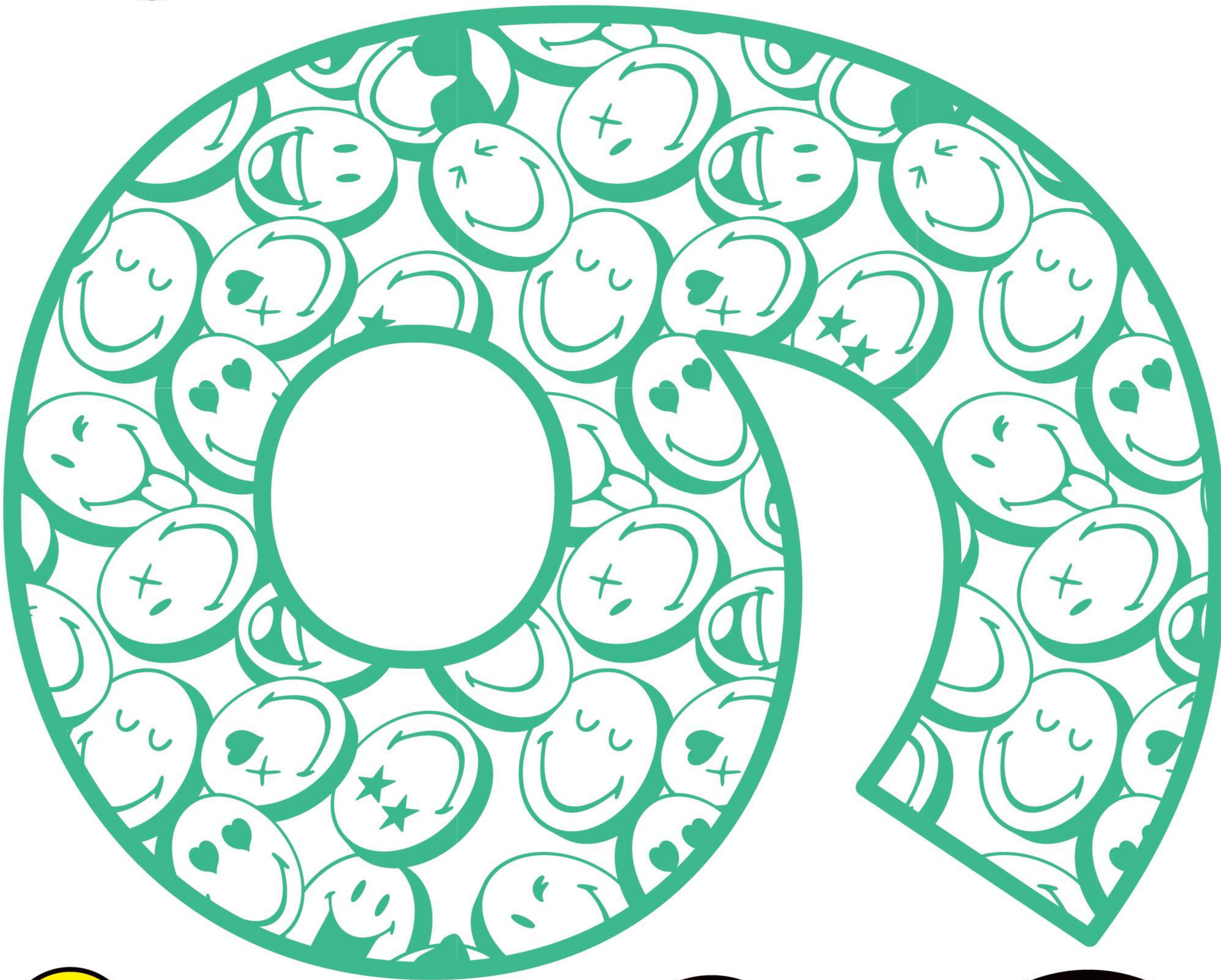
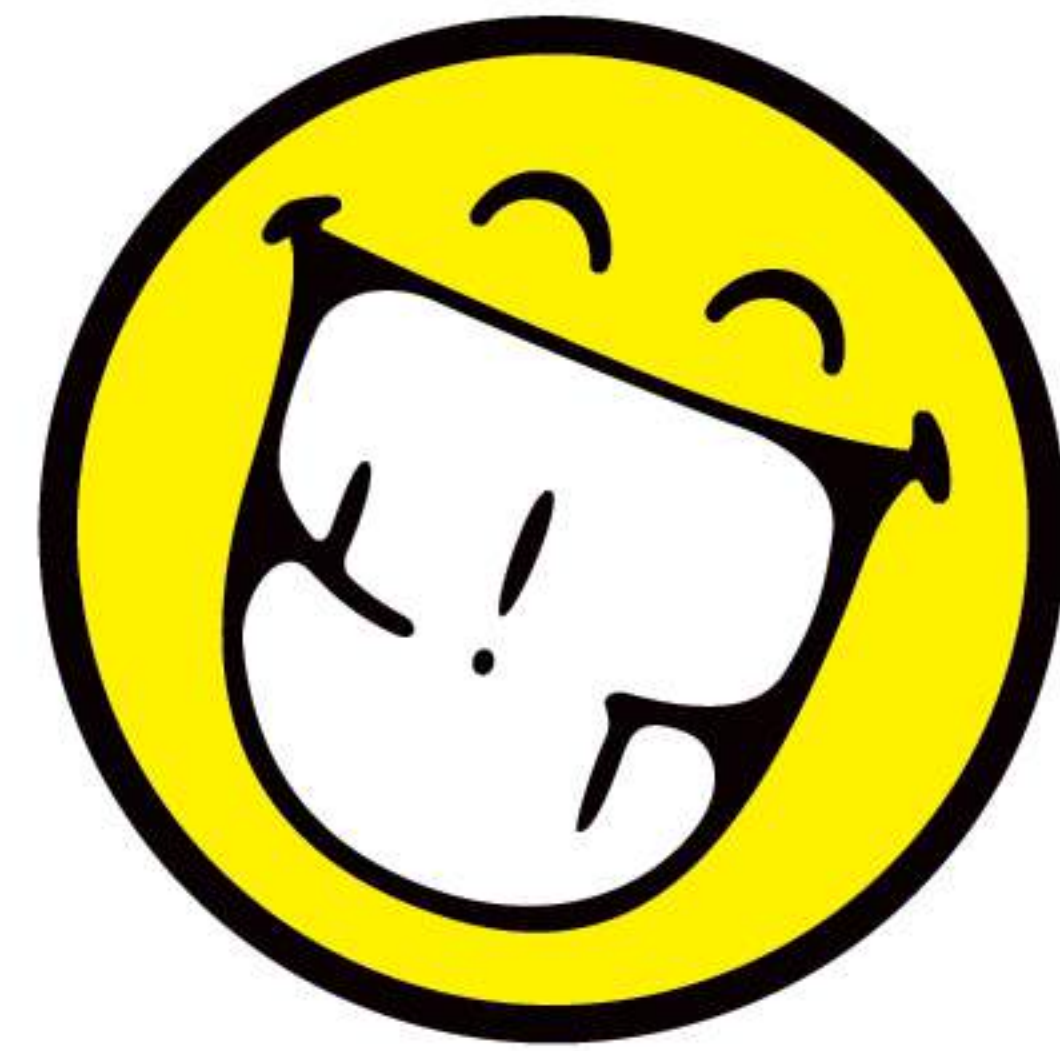
Optimism

Compassion



CHANGE YOUR VIEW

LESSON PLAN 3
Understanding
and Helping
Others



DINNER DILEMMA DISCUSSION

Person A

You come from a family where you usually eat meals together. Your parents call you for dinner when your plate is full of food at your place on the table. You are not allowed to start eating until everyone is at the table. You are not allowed to bring any phones or devices to the table as this is considered very rude. It is also rude to slurp your food or eat with your mouth open. You must eat all the food on your plate before you can leave the table. You must ask an adult for permission to leave the table.

When your friends (Person B, Person C, Person D and Person E) come round to your house, what do you tell them about how to fit in?

Person B

You come from a home where meals are eaten together. You are expected to help carry food to the table and help with clearing up afterwards. It is considered rude to sit down before the head of the household or cook has sat at the table. It is very rude to salt your food or ask for other flavourings. It is also considered rude to say thank you when someone passes you a plate or helps you in a small way as the person helping wants you to expect these small acts of kindness to be done naturally and without thanks.

When your friends (Person A, Person C, Person D and Person E) come round to your house, what do you tell them about how to fit in?

Person C

You come from a family where everyone usually eats in front of the television but they also sometimes eat in their bedrooms in front of their computer. Everyone in the family helps themselves to whatever food they want from the kitchen when someone says it is ready. You can add whatever flavourings and sauces you want. You can leave food if you don't like it, but you must take your plate back to the kitchen and put any remaining food in the bin when you've finished eating.

When your friends (Person A, Person B, Person D and Person E) come round to your house, what do you tell them about how to fit in?

Person D

You come from a family who always says grace before eating together. The food is placed in large dishes at the centre of the table. You use chopsticks and spoons to collect your food from shared plates into small individual bowls. No one can start eating until the oldest person at the table has started eating. Any leftover food is saved for another meal. If you are particularly enjoying your food, you are encouraged to show it by slurping and eating noisily. It is also considered polite to leave a small amount of food on your plate at the end of a meal to show that you have been given enough food and are not still hungry.

When your friends (Person A, Person B, Person C and Person E) come round to your house, what do you tell them about how to fit in?

Person E

You come from a family who always eat together in a circle on the floor. Before you start eating you must wash your hands and there is a bowl to do this during the meal. Food is placed in large dishes at the centre. You use your right hand and pieces of ripped flat bread to collect your food from the shared plates and pop it in your mouth. It is considered extremely rude to use your left hand. No one can start eating until the head of the family has said a short prayer and then the oldest start eating in age order. You must all take your shoes off as soon as you come inside.

When your friends (Person A, Person B, Person C and Person D) come round to your house, what do you tell them about how to fit in?



KIND WAYS TO SPEAK



| Group A | Group B | Group C |
|--|---|--|
| <p>Prepare a role-play to show the rest of the class one kind way and one unkind way of asking to play with something someone else is playing with. Decide which toy or game you want to play with. How could you ask for it politely? How could you be unkind about playing with the toy? One unkind way to ask is... One kind way to ask is...</p> | <p>Prepare a role-play to show the rest of the class one kind way and one unkind way of saying you're not finished playing with a toy or game someone else has asked to play with. Decide which toy or game you are playing with. If someone asks for it, how can you politely say you don't want to stop playing with it? How could you be unkind with telling the other person they can't have it? One unkind way to say it is... One kind way to say it is...</p> | <p>Prepare a role-play to show the rest of the class one kind way and one unkind way of asking someone to share their food with you. Decide which food someone is eating that you'd like a bit of. How could you take some food without considering the other person? How could you politely ask the person to share their food with you? One unkind way to ask is... One kind way to ask is...</p> |
| Group D | Group E | Group F |
| <p>Prepare a role-play to show the rest of the class one kind way and one unkind way of telling someone you don't want to share your food with them. Decide which food you are eating that someone has asked for. How could you politely tell the other person you want to eat all your food because you're hungry? How could you be unkind about refusing the other person food? One unkind way to tell them is... One kind way to tell them is...</p> | <p>Prepare a role-play to show the rest of the class one kind way and one unkind way of telling someone you bumped into them by accident. How can you apologise in a way that shows you mean it? How might the conversation go if the person you bumped into thinks you did it on purpose? One unkind way to tell them is... One kind way to tell them is...</p> | <p>Prepare a role-play to show the rest of the class one kind way and one unkind way of asking a group if you can join their game. Decide which game the group is playing. Is it a game anyone can play? Can you play it? Is there space for you on the team? How can you ask politely to join in? How could you join their game without being polite or considering what the people in the group want? One unkind way to ask is... One kind way to ask is...</p> |



KIND WAYS TO SPEAK



| Group G | Group H | Group I |
|--|--|---|
| <p>Prepare a role-play to show the rest of the class one kind way and one unkind way of telling someone that they can't join your game at the moment. Decide which game the group is playing. Is it a game anyone can join easily? How can you politely tell someone they can't join? How could you be kind about it? How could you be unkind? One unkind way to tell them is... One kind way to tell them is...</p> | <p>Prepare a role-play to show the rest of the class one kind way and one unkind way of telling someone you don't like what they're doing. Decide what it is the other person is doing that upsets you. Politely ask them to stop. How could you be unkind in how you ask them to stop? One unkind way to tell them is... One kind way to tell them is...</p> | <p>Prepare a role-play to show the rest of the class one kind way and one unkind way of telling a group they are being mean to someone. It is a brave and kind thing to do to stand up for someone who is being bullied. Imagine a situation where someone is being bullied by others. How could you politely ask the group to stop being mean? How could you be less kind about it? One unkind way to tell them is... One kind way to tell them is...</p> |
| Group J | Group K | Group L |
| <p>Prepare a role-play to show the rest of the class one kind way and one unkind way of telling someone you don't like what they're saying. If someone is saying horrible things about you or someone else, you can ask them to stop. Imagine a situation where someone is saying something nasty. How could you politely ask them to stop? How could you be unkind in how you ask them to stop speaking? One unkind way to ask is... One kind way to ask is...</p> | <p>Prepare a role-play to show the rest of the class one kind way and one unkind way of asking someone not to touch you. If someone touches you and you don't want them to, you can ask them to stop. How can you say this in a polite way? How could you be less polite and more unkind? One unkind way to ask is... One kind way to ask is...</p> | <p>Prepare a role-play to show the rest of the class one kind way and one unkind way of asking someone to move out of your way. Imagine someone is blocking the corridor or pavement and you want to get past. How can you ask them to move out of the way in a polite way? How could you be less polite and more unkind about getting past? One unkind way to ask is... One kind way to ask is...</p> |



Read the passage and fill in the blanks with words from the selection below.

Our values affect how we think of other people. Everyone's v _____ are different. Our values also change with our experiences and m _____. So at different times, in d _____ situations, we might feel differently.

A person's f _____, school, community, c _____ and culture will all affect their values. This will change how they feel and behave. What we believe about the world will depend on our experiences of it. When we spend time with other people, we should r _____ that they may do things differently to us. It is polite and kind to try to understand other p _____.

When we talk to people, we should try to choose k _____ words. Using unkind words may make someone feel bad. When someone feels b _____, they might not want to be nice to us.

When we l _____ to other people, we should look at them, think about what they're saying and ask questions to understand. Listening to someone without thinking about what we're going to say n _____ can show that we care.



**values
respect**

**moods
people**

**different
kind**

**family
bad listen**

**country
next**



Read the passage and fill in the blanks with words from the selection below.

Our values affect how we think of other people. Everyone's _____ are different. Our values also change with our experiences and _____. So at different times, in _____ situations, we might feel differently.

A person's _____, school, community, _____ and culture will all affect their values. This will change how they feel and behave. What we believe about the world will depend on our experiences of it. When we spend time with other people, we should _____ that they may do things differently to us. It is polite and kind to try to understand other _____.

When we talk to people, we should try to choose _____ words. Using unkind words may make someone feel bad. When someone feels _____, they might not want to be nice to us.

When we _____ to other people, we should look at them, think about what they're saying and ask questions to understand. Listening to someone without thinking about what we're going to say _____ can show that we care.



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Read the passage and fill in the blanks with the words you think fit best.

Our values affect how we think of other people. Everyone's _____ are different. Our values also change with our experiences and _____. So at different times, in _____ situations, we might feel differently.

A person's _____, school, community, _____ and culture will all affect their values. This will change how they feel and behave. What we believe about the world will depend on our experiences of it. When we spend time with other people, we should _____ that they may do things differently to us. It is polite and kind to try to understand other _____.

When we talk to people, we should try to choose _____ words. Using unkind words may make someone feel bad. When someone feels _____, they might not want to be nice to us.

When we _____ to other people, we should look at them, think about what they're saying and ask questions to understand. Listening to someone without thinking about what we're going to say _____ can show that we care.

