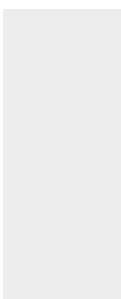


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Expiry date      Batch nr.



LIBERTY | PO Box 80024,  
1005 BA, Amsterdam NL  
libertylifeessentials.com

**Usage:** 2 tablets per day during or after a meal. Do not exceed the recommended daily dosage. A food supplement is not a replacement for a varied diet and/or healthy lifestyle. Keep sealed, dry and at room temperature, out of reach of young children.

*See enclosed card for ingredients and warnings.*

**Free of all common allergens**



Scan to re-order

#### Nutritional Information per 2 tablets:

	Reference Intake %			
Boron	0,500 mg		Vitamin B5 (pantothenic acid)	12,0 mg 200%
Chromium	80,0 µg	200%	Vitamin B6 (pyridoxine)	2,80 mg 200%
Iron	15,0 mg	107%	Vitamin B7 (biotine)	500 µg 1002%
Iodine	150 µg	100%	Vitamin B9 (folic acid)	400 µg 200%
Copper	1,00 mg	100%	Vitamin C	160 mg 200%
Magnesium	270 mg	72%	Vitamin D	20,0 µg 400%
Manganese	2,00 mg	100%	Vitamin K	75,0 µg 100%
Molybdenum	50,3 µg	101%	Taurine	412 mg
Sodium	0,531 mg		Bamboo silica	25,0 mg
Selenium	110 µg	199%	Betaine HCl	32,8 mg
Zinc	10,0 mg	100%	Bioperine® (piperine)	5,00 mg
Vitamin A	510 µg	64%	Choline bitartrate 98%	62,0 mg
Vitamin B1 (thiamin)	6,60 mg	600%	Curcumin C3 complex®	150 mg
Vitamin B12 (cobalamin)	25 µg	1026%	Inositol	100 mg
Vitamin B2 (riboflavin)	5,60 mg	400%	Rutin	0,049 mg
Vitamin B3 (niacine)	16,0 mg	100%	Zingiber off.ext. 12:1 (ginger)	60,0 mg

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LIFE ESSENTIALS

the  
essentials



60 tablets  
net weight 78,6g  
-  
food supplement