

THE M-METHOD™ AESTHETICS

SKIN CLINIC BY DR MANDY

Welcome

WELCOME TO THE M-METHOD™

We are a Save-Face Accredited medical clinic, having passed a rigorous 116-point assessment by the UK government-approved register for medical aesthetics.

Led by our NHS trained medical director, Dr Mandy, our clinically proven treatment protocols have helped over 300 patients every year in Achieving Radiant, Resilient Skin™.

Dr Mandy's "less is more" philosophy lays the foundation for our minimalistic, yet clinically effective, treatment protocols. We are firm believers of enhancing your natural beauty, and that the best medical aesthetic treatments should be undetectable. Our advanced skin treatments are thoughtfully designed and curated to improve global skin health.

At The M-method™, achieving healthy skin is a journey, a commitment and we are here every step of your way.

We look forward to getting to know you and help you feel more rested, confident and empowered.



General
Medical
Council



Royal College
of Surgeons
of England

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THE M-METHOD™ AESTHETICS

CONSULTATIONS

Price list

AESTHETIC CONSULTATIONS

NEW CONSULTATION | 30 MIN 120
redeemable against treatment, not refundable

REVIEW | 30 MIN 120
*redeemable against future treatment/products,
not refundable*

SPECIALIST CONSULTATIONS

FERTILITY WELLNESS CONSULTATION | 55 MIN 250

PREGNANCY WELLNESS CONSULTATION | 55 MIN 250

MENOPAUSE WELLNESS CONSULTATION | 55 MIN 250

REPEAT PRESCRIPTION

PRESCRIPTIVE SKINCARE 85

WELL-WOMAN & MENOPAUSE 85

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INJECTABLES

Price list

ALL INJECTABLES ARE PERFORMED BY GMC/GDC REGISTERED DOCTORS & DENTISTS WITH MINIMUM 5 YEARS OF POST-GRADUATE EXPERIENCE.

NEUROTOXIN INJECTIONS

1 AREA	250
EVERY ADDITIONAL AREA	75
MASSETERS <i>Jawline Reduction/ Teeth Grinding</i>	395
NEFERTITI <i>Platysmal Bands</i>	395
HYPERHIDROSIS <i>Anti-Sweating Treatment</i>	395

HYALURONIC ACID DERMAL FILLER

(per syringe) <i>For volume, structure & definition</i>	395
TEAR TROUGH <i>For fluid & smooth rejuvenation</i>	495

DERMAL FILLER REMOVAL

Hyalase (per vial)	350
Needle-Free Topilase (per vial)	250

STEROID INJECTION

(per area)	250
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SKIN BIO-REMODELLING INJECTABLES

Price list

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PROFHILO

A global improvement of skin elasticity & hydration. We recommend 2-3 treatments 4-6 weeks apart.

1 SYRINGE	
1 session	300
2 sessions	550
2 SYRINGES	
1 session	595
2 sessions	1095

RESTYLANE VITAL

Hyaluronic acid skin booster with Lidocaine for pure hydration & comfort. We recommend 3 treatments 4-6 weeks apart.

1 SYRINGE	
1 session	250
3 sessions	695

AMEELA & PLINEST

Natural polynucleotides reduce free radical damage & improve skin & scalp microcirculation. We recommend 2 treatments 2-3 weeks apart.

1 SYRINGE	
1 session	300
2 sessions	550

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M-EDI SKIN TREATMENTS

Price list

SKINPEN MICRONEEDLING

The only FDA-approved skin needling protocol.

FACE/ SCALP/ SCAR	300
FACE & DÉCOLLETAGE	385
+ CALECIM EXOSOMES/ AMEELA	+50/100

AQUAGOLD

The Golden Cocktail Facial with 24 carat gold-plated needles.

VITAMINS & HYALURONIC ACID	300
+ GROWTH FACTORS & EXOSOMES	400
+ NEUROTOXIN (MICRO-TOX)	550

OBAGI BLUE PEEL RADIANCE

Salicylic acid-based light chemical peel.

FACE	200
FACE & DÉCOLLETAGE	230

OBAGI FACIAL

*Clinically proven protocols for a bespoke experience:
Signature, Enrich, Acne, Age Defying, Anti-Oxidant,
Soothing Radiance*

DELUXE	200
EXPRESS	150

DERMALUX LIGHT THERAPY

ADD-ON THERAPY	50
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HIGH-INTENSITY FOCUSED ULTRASOUND

Price list

HIFU

Non-surgical lifting & rejuvenation.

1 AREA	425
HALF FACE	550
FULL FACE	750
FULL FACE & NECK	900
+ 12 WEEKS OBAGI PRESCRIPTIVE SKINCARE	+300

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THE M-METHOD™ AESTHETICS

M-MEDITERRANEAN PROTOCOLS

Price list

INSPIRED BY DR M'S MEDITERRANEAN TRAVELS, EACH PROTOCOL HAS BEEN THOUGHTFULLY DEvised FOR MAXIMUM, LONG-LASTING RESULTS, MINIMUM DOWNTIME - ALL IN ONE DOCTOR'S VISIT.

OLIVE GLOW

Ideal for aged, crepey skin that gives an instant glow & sustained lift.

SIGNATURE M-ICROPEEL	
SKINPEN MICRONEEDLING + AMEELA	
PROFHILO (1 SYRINGE)	795
+ 12 WEEKS OBAGI PRESCRIPTIVE SKINCARE	+350

BRIGHT SKY

Ideal for pigmentation & melasma that leaves skin even & radiant.

SIGNATURE M-ICROPEEL	
SKINPEN MICRONEEDLING + PIGMENT INHIBITORS	
AMEELA/ PLINEST (1 SYRINGE)	795
+ 12 WEEKS OBAGI PRESCRIPTIVE SKINCARE	+350

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MERLOT'S KISS

Ideal for city-stressed skin that revitalises & rejuvenates.

SIGNATURE M-ICROPEEL	
SKINPEN MICRONEEDLING + EXOSOMES	
RESTYLANE VITAL LIGHT (1 SYRINGE)	695
+ 12 WEEKS OBAGI PRESCRIPTIVE SKINCARE	+350

CLEAR OCEAN

Ideal for congested, acne-prone skin that treats the root cause of breakouts.

SIGNATURE M-EDIPEEL	
RESTYLANE VITAL (1 SYRINGE)	
12 WEEKS OBAGI PRESCRIPTIVE SKINCARE	795
+ SKINPEN MICRONEEDLING + EXOSOMES <i>(without active acne)</i>	+285

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RICH WOODLANDS

Hair restoration treatment to improve scalp health by reducing inflammation.

SKINPEN MICRONEEDLING + EXOSOMES

PLINEST HAIR (1 SYRINGE) 585

+ 6 WEEKS CALECIM ADVANCED HAIR SYSTEM +275

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THE M-METHOD™ AESTHETICS

CLINIC

Policies

CONSULTATION & BOOKING FEE

We charge a £120 consultation fee which also secures your appointment. This can be redeemed against any treatment you have on the day of your consultation and is paid via a secure payment link sent to your email address. Please note, your consultation fee cannot be redeemed against; skincare, prescription products, bespoke skincare, gift vouchers or transferred to a friend/family member's appointment, unless otherwise specified.

If you are interested in having HIFU, as this requires patch test at least 24 hours prior to treatment and cannot be performed on the day of your consultation, your consultation fee can be redeemed at a later date. Please note, you will not be able to redeem your £120 consultation fee any later than 3 months from your initial consultation/patch test.

A £70 booking fee, which goes towards your treatment and is required for our OBAGI facials.

Please note, prices for Specialist Consultations vary from the aforementioned prices and can be found on our treatment price list.

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Policies

CANCELLATION POLICY

We operate a 72 hour cancellation period and request that you contact the clinic prior to the 72 hour period. This can be an email, call or voicemail - as long as it is received prior to this period. Unfortunately, if you cancel or reschedule within the 72 hour period, £120 will be charged before you can rebook.

If you cancel or reschedule on more than 3 consecutive occasions within the 72 hour cancellation period a non-refundable £120 will be charged. This can be redeemed when you come into clinic and have a treatment but is non refundable, regardless of if you cancel or reschedule within the 72 hour period.

Full our full Clinic Terms & Conditions please visit our website: www.dr-mandy.com/terms-conditions

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