

MODERN FOOD BRANDS PRESENTS



RX Meal Plan

Total Price \$179.95 (plus shipping)

Shipping will be calculated based on weight of package and location

	List Price	Qty.		List Price	Qty.
1. Choose any 6 Meals (Meal Options)					
Chicken Marbella	\$10.95	_____			
Shepherd's Pie	\$11.95	_____			
Braised Beef	\$10.95	_____			
Spaghetti & Meatballs	\$11.95	_____			
Slow Roasted Pulled Pork	\$ 9.95	_____			
Vegetable Bolognese	\$ 9.95	_____			
Maple Mustard Chicken	\$10.95	_____			
2. Choose any 6 sides (Sides Options)					
Spicy Seasonal Vegetable Medley	\$4.95	_____			
Sweet & Sour Broccoli	\$4.95	_____			
Roasted Sweet Potatoes	\$3.95	_____			
Mashed Sweet Potatoes	\$4.25	_____			
Mashed Cauliflower	\$4.95	_____			
3. Choose any 6 Soups/Chili/Stew					
Chicken "Not So Rice"	\$5.95	_____			
Sweet Potato Sausage	\$5.95	_____			
Three Meat Chili	\$6.95	_____			
New England Clam "Chowdah"	\$5.95	_____			
Beef Stew	\$6.65	_____			
Very Veggie	\$5.25	_____			
4. Choose any 6 Nuts/Un-Granola					
Honey Nut	\$6.95	_____			
Chocolate Cashew	\$6.95	_____			
Apple Pie	\$6.95	_____			
Pistachio Orange	\$6.95	_____			
Sweet & Salty Cashew & Pistachios	\$4.45	_____			
Rosemary Cashews	\$3.95	_____			
Savory Spiced Almonds	\$3.95	_____			
5. Choose 6 Muffins (4per container)					
Apple Cinnamon	\$3.45	_____			
Lemon Poppy-seed	\$3.45	_____			
Banana Nut	\$3.45	_____			
Blueberry	\$3.45	_____			
Cranberry Orange	\$3.45	_____			
Cappuccino Choc. Chip	\$3.45	_____			
6. Choose 3 Bars (Protein & Nutrition)					
Carrot Cake	\$3.00	_____			
Coconut Choc Chip	\$3.00	_____			
Mac Fuel	\$3.50	_____			
Chocolate	\$3.00	_____			
Vanilla	\$3.00	_____			
Coffee	\$3.00	_____			
Sweet Potato Pie	\$3.50	_____			
Key Lime Pie	\$3.50	_____			
7. Choose 3 Premium Dried Meats					
Beef Teriyaki	\$8.95	_____			
Sesame Ginger	\$8.95	_____			
Beef Chili Garlic	\$8.95	_____			
Pork Teriyaki	\$7.95	_____			
Pork Sesame Ginger	\$7.95	_____			
Pork Chili Garlic	\$7.95	_____			
Turkey Teriyaki	Not Available				
Turkey Sesame Ginger	Not Available				
Turkey Chili Garlic	Not Available				

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