

SMOKED TOMATOES, BREADED EGGPLANT AND PROVOLONE WITH MESCLUN OF LEAVES, WASABI AND CITRIC VINAIGRETTE

**** DIFFICULTY 1/5

COOK TIME

SERVES

INGREDIENTS

1.5 kg organic tomatoes

For the tomato spread

1 complete garlic

10 ml olive oil

5 grs moscovado sugar

0.5 red pepper

10 grs thyme

10 grs oregano

For the breaded eggplants and provolone

600 grs provolone

400 grs eggplants

10 ml olive oil

0.5 grs salt

For the egg mixture

3 eggs

1 gr sea salt flakes

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For the batter

200 grs potato flakes

200 grs cornstarch

Green mix

mesclun of green leaves

For the citric vinaigrette

5 grs wasabi powder

1 lime

10 grs honey 10 ml olive oil

PREPARATION

- 1- Chop one garlic and mix with fresh oregano, moscovado sugar, sea salt, 1 tsp chopped red pepper and olive oil.
- 2- Cut tomatoes halfwise, and preheat interchangeable griddle on low heat. Add olive oil, the tomatoes, and season with garlic and oregano mix.
- 3- For smoking the tomatoes, take a piece of wood and put it under the grill for about 45 minutes on low heat.
- 4- Grill eggplants on the secondary griddle until burning the skin, for about 15 minutes on each side.
- 5- Once ready, peel the egplants and deep in beaten egg, cornstarch, egg again, and potato flakes.
- 8- Cut the provolone cheese in 3 centimetres slices, and then in 4 regular triangle pieces.

Repeat the same process: deep in beaten egg, cornstarch, egg again, and potato flakes.

- 9- Pre heat the griddle for about 10 minutes on medium heat, add olive oil, and grill eggplants and provolone until brown, for about 10 minutes, each side on medium heat.
- 10- For the wasabi and citric vinaigrette: mix a pinch of wasabi powder, the juice of half a lime, 3 teaspoon olive oil, 1 teaspoon honey. Finally, emulsion it.
- 11 For the plating: take a handful of green leaves, 2 smoked tomatoes, one breaded eggplant cut in half, and one provolone slice cut in half. Finish with wasabi vinaigrette and enjoy!

