

DNTL Code has partnered with a specialised sleep laboratory to offer high quality sleep studies to our rural patients.



At the clinic, our friendly staff will go through a list of diagnostic questions with you and submit them prior to your study. Within a week you should then receive a diagnostic sleep unit to your house. This unit looks similar to a large watch and is worn while you sleep comfortably in your own bed.

While you sleep the device transmits the raw data to a sleep physician who then creates a personalised report for you. This report includes custom treatment recommendations and, if necessary, a telehealth consultation with a sleep physician at no further cost.

WHAT CAN WE DO FOR SLEEP DISORDERS

If indicated by the sleep physician, we can fabricate a Mandibular Advancement Splint (MAS). Your tongue is attached to your lower jaw, and a MAS device is worn in your sleep to move your lower jaw forward to open up the airway.

A MAS is considered the gold standard of care for mild to mid obstructive sleep apnoea (OSA). Patients with severe OSA may also use a MAS as an alternative to continuous positive airway pressure (CPAP) for those who find a CPAP machine uncomfortable or who would like to try an alternative.