



Sing and Spell
The Colors and
More Sight Words
Volume 2

Handmotions

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Using Music and Movement to Reach Your K-1 English Language Learners

Presented By Heidi Butkus

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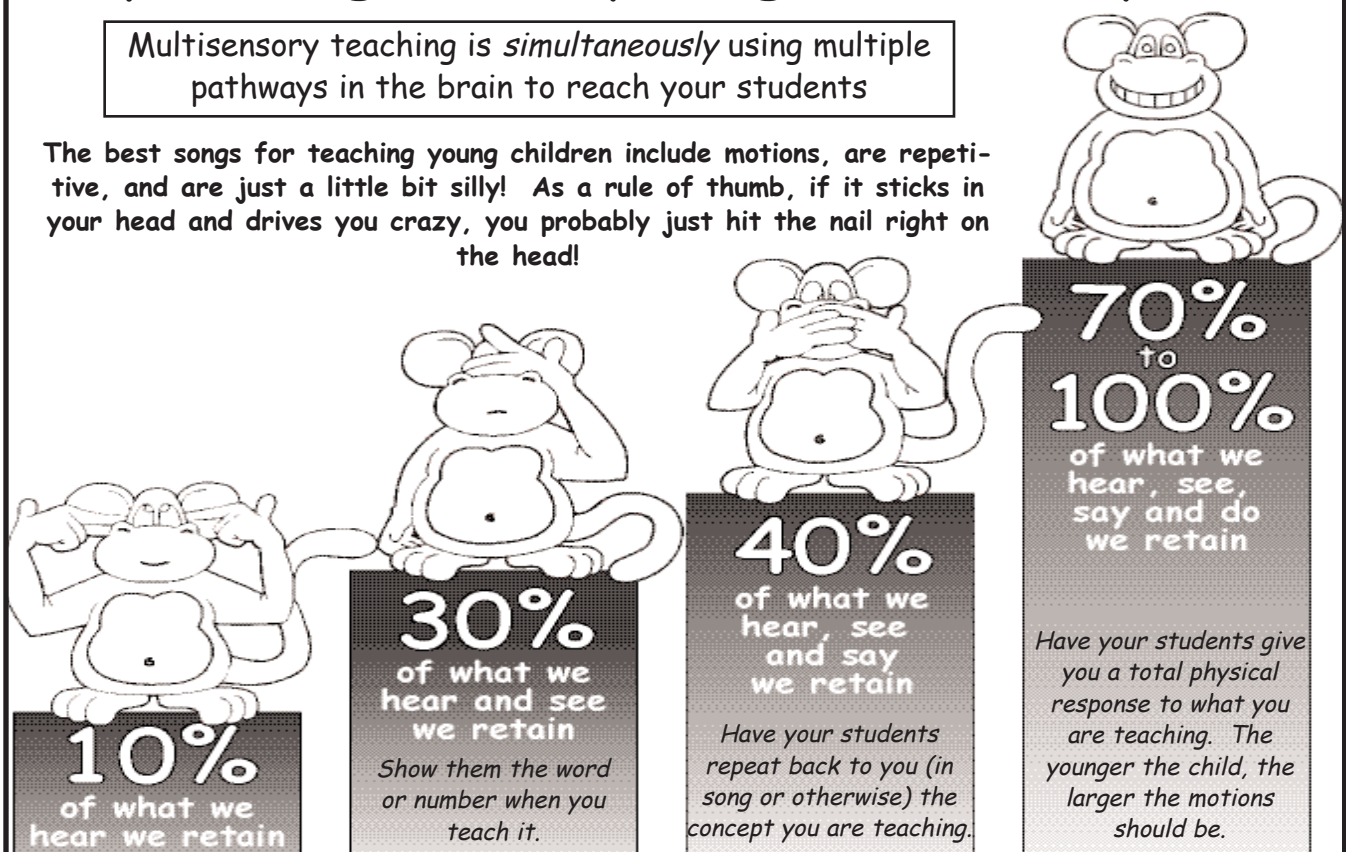
The methods suggested in this presentation are supported by brain research and are also consistent with "best practices" recommended by the Learning Disability Association, the Council for Exceptional Children, the International Dyslexia Association, and other respected organizations. I took the principals that worked for language arts and applied them to math instruction, and this is what I got!

I found that the methods that work consistently well take advantage of *simultaneous* multisensory teaching techniques. This is simultaneous multisensory teaching in a nutshell:
The more senses involved all at once, the better you retain information.

Help! I've got a silly song stuck in my head!

Multisensory teaching is *simultaneously* using multiple pathways in the brain to reach your students

The best songs for teaching young children include motions, are repetitive, and are just a little bit silly! As a rule of thumb, if it sticks in your head and drives you crazy, you probably just hit the nail right on the head!



Why is does this work? If one pathway to the brain is blocked, (as in a learning disability) there are other alternatives or paths to take in information.

Why use special education techniques to help children who are merely learning English as their second language? Because if you use techniques designed to get past a learning disability, you will very likely be able to teach them the content **no matter what!** Simply over-compensate for the lack of English language skills by using techniques designed for students with learning disabilities. **Then you can be fairly sure that if it is possible for them to learn, they WILL learn! Then add as much language into it as possible!**

Helpful Hints for Using Sing and Spell

1. To maximize results, introduce just one or two songs a week for Kindergarten. You can increase the number of songs introduced per week for older children.
2. Practice getting your children to calm down when you are done singing. Demonstrate the behavior you expect, and practice it with the children before you begin.
3. Always include hand motions of some kind. This keeps the children motivated and engaged.
4. Always show the word when you introduce a song. Have the children spell it aloud with you as you point to the letters.
5. Once the children know the songs, have them sit and write the words as you sing them. I use individual white boards or "Magna-doodles" for the children to write on.
6. Use the songs as a classroom management tool. If your students are getting restless, have them stand and sing a song with movements. They can get their wiggles out AND learn at the same time. They can also be used for review during those "unteachable" transition times.
7. Demonstrate how to write sentences, using the songs as a spelling tool. Explicitly teach what the songs can be used for.
8. Use a word wall. Some kids can repeat the spellings but not visualize the word. Have them sing the song aloud, and then find the word on the wall to copy it.

More ways to practice sight words:

1. *Play Singing Sight Word Bingo.*

The caller sings the song of the word, rather than just say the word.

2. *Play Word Wall Hang Man.*

It plays the same as the traditional game, but you choose only words from the word wall. For a non-violent version, draw some other object (like a pumpkin or a shamrock) rather than a hanging man.

3. *Use Word Whackers.*

Practice finding the word by whacking it with a spatula, etc.

4. *Make Sing Along Songbooks.*

Let the children practice reading the words as often as possible. My students enjoyed reading little song books that I made up for them. You can purchase the masters for these online at Heidisongs.com and print them out yourself. Or make your own by typing up the words.

*If you make individual books, the children can highlight the target words.

5. *Make a literacy center.*

Print the words to a song on index paper, laminating it, and letting the children circle the target word with an erasable pen.

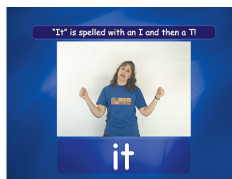
6. *Make your own worksheets.*

Make worksheets out of the songs by printing out the words to a song, and leaving out the target word each time it comes up. Have the kids fill in the missing words. The masters for these are also online at Heidisongs.com, along with the Sing Along Songbooks, or you can make them yourself.

7. *Make Sight Word Puzzles* by printing the word out in large type on very heavy index paper, and cutting it apart.

8. *Play Jump On It.*

Write the words on some heavy paper and laminate them. Lay them on the floor, and call out a word. The children run and jump on the word, calling out the name of it when they land. Related game: hide something under these words, and have the kids guess where it is by calling out a word and then looking under it.



All Heidisongs products also available on DVD to show visual aids and to help demonstrate the kinesthetic movements which activate the muscle memory required by some children to help them remember. Makes learning fast, fun and easy as they sing along to the music for a true multi-sensory learning experience!
Order Online @ www.HeidiSongs.com

Additional resources available at
www.heidisongs.com

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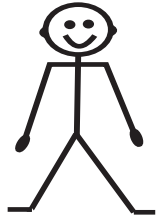
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Red

(Loopy Loo Chorus)

Swing your hand up and point to your mouth on the word, "red."

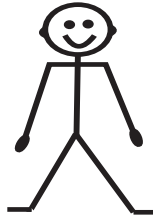


Point To Your Mouth!



Swing your hand back down, and then back up again to point to your mouth on the word, "red."

R-E-D spells "red!"

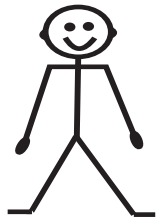


Point To Your Mouth!



Swing your hand back down, and then back up again to point to your mouth on the word, "red."

R-E-D spells "red!"



Point To Your Mouth!



R-E-D spells "red!"

Make a fist and point to it to show a tomato, and then point to your head.

Point To Your Hand!



Point to your head!



Red as a tomato head!

Orange

(The Upward Trail)

March in place in time with the music.

March!



March And Punch Up!



Keep marching and punch the air on the word, "orange!"

O-R-A-N-G-E, orange!

March in place in time with the music.

March!



March And Punch Up!

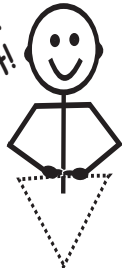


Keep marching and punch the air on the word, "orange!"

O-R-A-N-G-E, orange!

Along with the music, draw a carrot in front of you, then make a pumpkin in front of your tummy, and then fly like a parrot.

Draw A Carrot!



Show Me A Pumpkin!



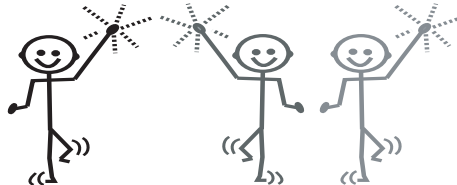
Fly!



Orange as a carrot, a pumpkin, or a parrot!

March and punch up on each word, "Orange, orange, orange!"

March And Punch Up Right, Left, Right!



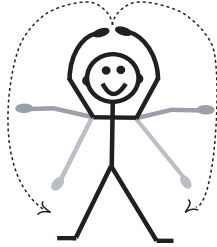
Orange, orange, orange!

Yellow

(Are You Sleeping?)

On each word, "Yellow," make the sun with your hands as shown, once to the right and once to the left.

Make the Yellow Sun!



Do The Sign For "Yellow" With Both Hands!

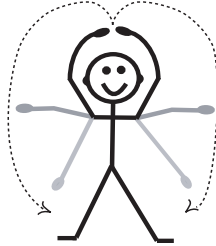


Make a sign language Y with your hands and then twist them back and forth for the sign for "yellow." Do this as you spell the word.

Yellow! Yellow! Y-E-L-L-O-W!

On each word, "Yellow," make the sun with your hands as shown, once to the right and once to the left.

Make the Yellow Sun!



Do The Sign For "Yellow" With Both Hands!

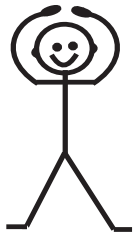


Make a sign language Y with your hands and then twist them back and forth for the sign for "yellow." Do this as you spell the word.

Yellow! Yellow! Y-E-L-L-O-W!

Make a circle over head for the sun, peel a banana, and then show two fingers. Then do sign language for yellow as before.

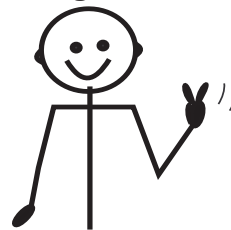
Make a circle!



Peel the banana like a gorilla!



Show Two Fingers!



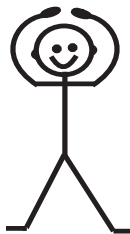
Do The Sign For "Yellow" With Both Hands!



Yellow sun and banana, too! Y-E-L-L-O-W!

Make a circle over head for the sun, peel a banana, and then show two fingers. Then do sign language for yellow as before.

Make a circle!



Peel the banana like a gorilla!



Show Two Fingers!



Do The Sign For "Yellow" With Both Hands!



Yellow sun and banana, too! Y-E-L-L-O-W!

(repeat from beginning)

Green

(Get On Board Little Children)

Make a sign language *G* with your fingers as shown, and twist it back and forth as in the American Sign Language sign for green.

G

G-R-E-E-N!

Pretend to be a little greedy leprechaun counting his gold.

Pretend to be a greedy little leprechaun counting his gold!



Green as a little leprechaun is!

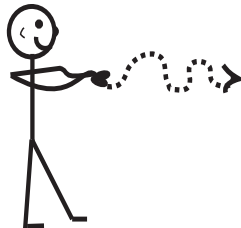
Make a sign language *G* with your fingers as shown, and twist it back and forth as in the American Sign Language sign for green.

G

G-R-E-E-N!

Be a caterpillar!

Pretend to be a caterpillar!



A fat caterpillar is green!

Blue

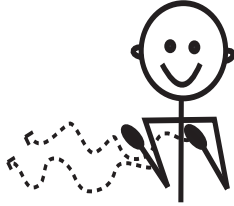
(Who Did Swallow Jonah? -shortened-)

Make a sign language B with your fingers as shown, and shake it back and forth as in the American Sign Language sign for blue.

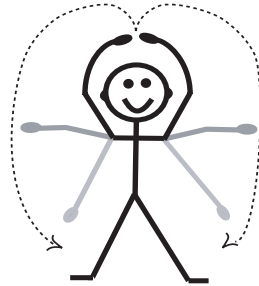
B

B-L-U-E, that spells blue!

Make wavy water hands!
Show the ocean water with your hands, and then show the sky.



Touch the Sky!



Ocean blue! Sky blue, too!

Make a sign language B with your fingers as shown, and shake it back and forth as in the American Sign Language sign for blue.

B

B-L-U-E, that spells blue!

Make rain fall with your fingers!
Make rain fall!



Raindrop blue!

Purple

(Yankee Doodle)

Pull on each of your fingers, pretending to pick purple berries.

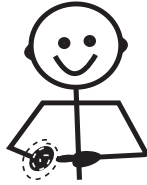
Pull Your Fingers And Pretend to Pick Berries!



P-U-R-P-L-E,

Pretend to spread jam on your hand with your finger.

Pretend to Spread Jam On Your Hand!



Like boysenberry jam!

Pull on each of your fingers, pretending to pick purple berries.

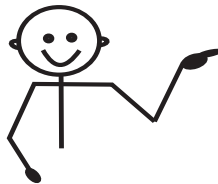
Pull Your Fingers And Pretend to Pick Berries!



P-U-R-P-L-E,

Point to somebody wearing purple!

Point!



As purple as a grape man!

Brown

(Jimmy Crack Corn)

Trace your brown eyebrow.

Trace Your Eyebrow!



B-R-O-W-N!

Shake your finger in time to the music, as if teaching someone something.

Pretend to write on your hand.



"Brown" is spelled just like this!

Trace your brown eyebrow.

Trace Your Eyebrow!

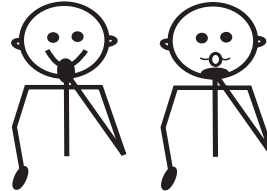


B-R-O-W-N!

Shake your finger. Then blow a kiss at someone after the word, "kiss!"



Blow a kiss!



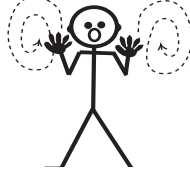
As brown as a chocolate kiss!

Black

(Peer Gynt Suite)

Wave your hands around, as if you are trying to see in the dark.

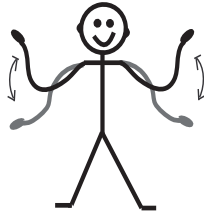
Wave Hands Around
As If Trying To See
In The Dark!



B-L-A-C-K spells black!

Fly like a bat,
and then put on
a triangle hat.

Fly!



Put on a triangle hat!



Flying bat! Pointy hat!

Wave your hands around, as if you are trying to see in the dark.

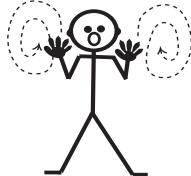
Wave Hands Around
As If Trying To See
In The Dark!



Black as night without a light!

Wave your hands around, as if you are trying to see in the dark.

Wave Hands Around
As If Trying To See
In The Dark!



BLACK!



Shout, "Black," loudly, spreading your fingers out and trying to scare someone.

B-L-A-C-K. BLACK!

White

(Mrs. White Had a Fright)

Pretend to make a snowball, and then rub your tummy on the word, "marshmallow."

Pretend to Make
A Snowball



Rub Your
Tummy!



White as snow! Marshmallow!

Pull on your shirt to show the color white, as in sign language for white.

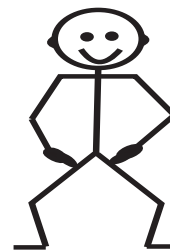
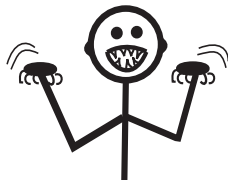
Pull On Your Shirt!



W-H-I-T-E!

Pretend your a bear, and then point to your underwear!

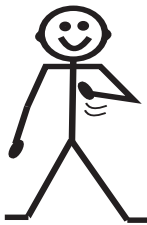
Pretend You're
a Bear!



Polar bear! Underwear!

Pull on your shirt to show the color white, as in sign language for white.

Pull On Your Shirt!



W-H-I-T-E!

Gray

(Father's Whiskers)

Pretend you're an elephant and swing your trunk as shown.

Pretend you're an elephant!



Oh, the elephant is gray!

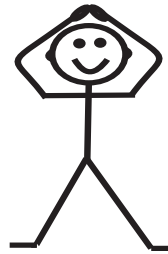
Wave Your Hands
In Front Of Your Eyes!

Wave your hands back and forth in front of your eyes as if you are trying to see through the gray fog.



It's G-R-A-Y, gray!

Eat cheese like a mouse! Then make a house with your hands.



Just like the mouse, inside my house,

Wave Your Hands
In Front Of Your Eyes!

Wave your hands back and forth in front of your eyes as if you are trying to see through the gray fog.



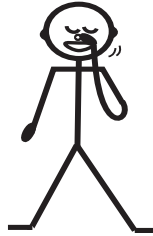
It's G-R-A-Y, gray!

Pink

(Ain't Gonna Rain No More)

Pinch Your Nose!

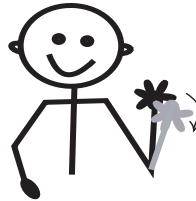
Pinch your nose,
because the pig stinks.



Pinky was a stinky pig,

Trace Your Lips!

Trace your pink lips
with your finger
when spelling the
word.



On the word, "pink,"
flip your hand for-
ward in an effemi-
nate way as shown.

P-I-N-K, pink!

Give Yourself
a Bath!

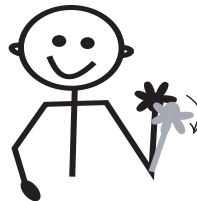
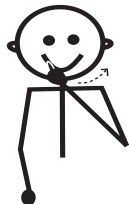
Pretend to give
yourself a bath!



And he needs a bath I think!

Trace Your Lips!

Trace your pink lips
with your finger
when spelling the
word.



On the word, "pink,"
flip your hand for-
ward in an effemi-
nate way as shown.

P-I-N-K, pink!

An

(Johnny Works With One Hammer)

As in the song, "Johnny Works With One Hammer," sit down on the floor and pound on one knee with one fist.

Hammer On
One Knee!



An is written A-N! A-N, A-N!

Add a second fist on your other knee.

Hammer On
Two Knees!



An is written A-N! An, an an!

Add in one foot, and keep your two fists going on your knees at the same time.

Hammer On Two Knees
And Add One Foot!



An is written A-N! A-N, A-N!

For the last verse, pound both hands on both knees, pound both feet on the ground, and throw your head back and forth at the same time!

Hammer On Two Knees,
Both Feet, and Your Head!



An is written A-N! An, an an!

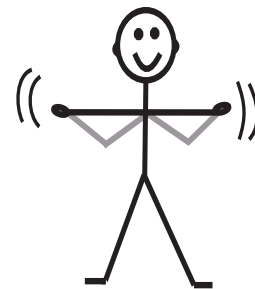
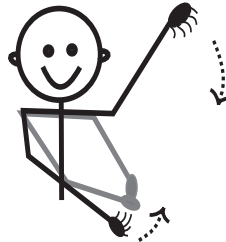
At

(Sarasponda)

Pat your legs in time with the music. Then do the motion for Zoo-Phonics' Allie Alligator on the letter A and Timothy Tiger on the letter T, or make up your own.



Chomp like an alligator!

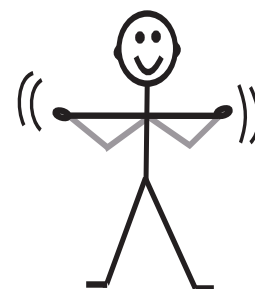
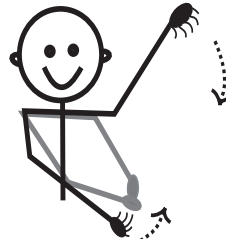


"At" is written, "at" is written with an A and then a T!

Continue as before!



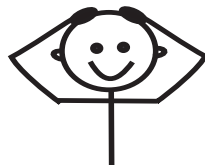
Chomp like an alligator!



"At" is written, "at" is written with an A and then a T!

Touch your head, as if looking for your hat.

Touch your head!



Shake finger!

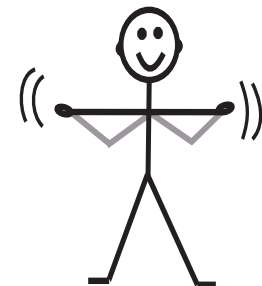
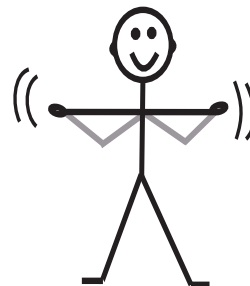
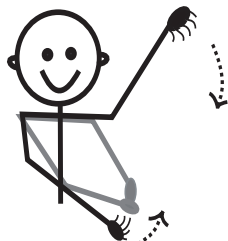


Shake your finger to indicate "No fooling me."

Oh, where's my hat? I don't know where it's at!

Do the motion for Allie Alligator and Timothy Tiger again for the letters A and T. Then shake the T position over and over again on the words, "At, at, at, at, at!"

Chomp like an alligator!

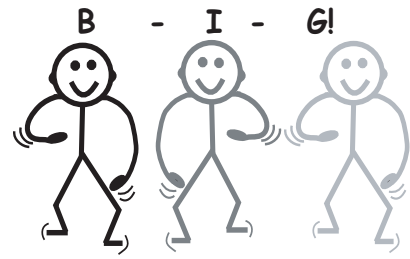
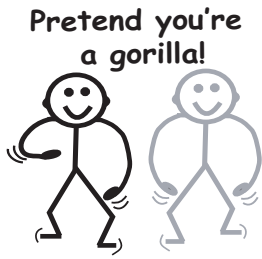


First an A and then a T! At, at, at, at, at!

Big

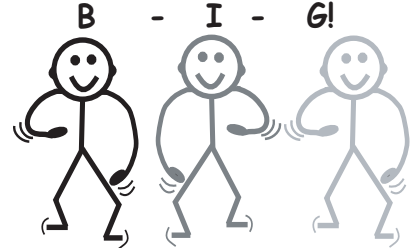
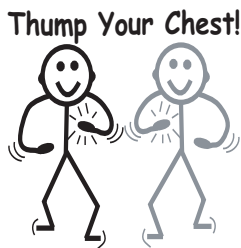
(By Heidi Butkus)

Act like a gorilla, putting one hand down on the word, "great" and the other down on the word, "gorilla." Then, monkey around more when you spell B-I-G!



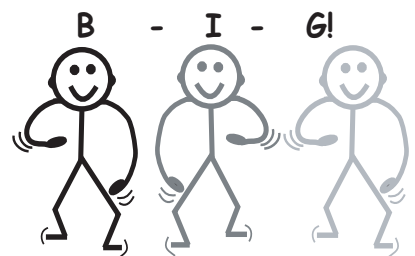
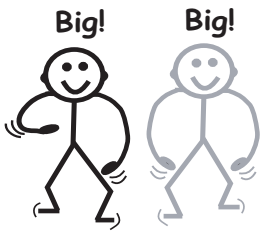
I like a great big gorilla in a banana tree! B-I-G! B-I-G!

Thump your chest like a gorilla, and then scratch a flea like a gorilla. Then, monkey around as before when you spell B-I-G!



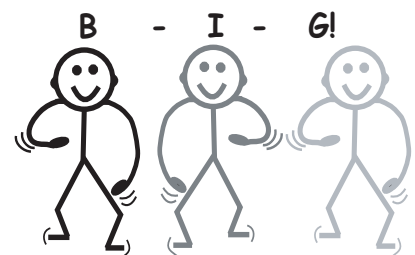
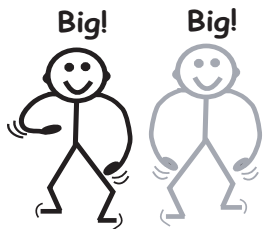
Thumping his chest and scratchin' a flea! B-I-G! B-I-G!

Hit a monkey pose as shown on each word, "Big," then shake your booty when you spell it. Wave the stinky smell away, then do the "B-I-G" dance again!



Because he's big, big! B-I-G! Stinky and big! B-I-G!

Hit a monkey pose as shown on each word, "Big," then shake your booty when you spell it. Wave the stinky smell away, then do the "B-I-G" dance again!

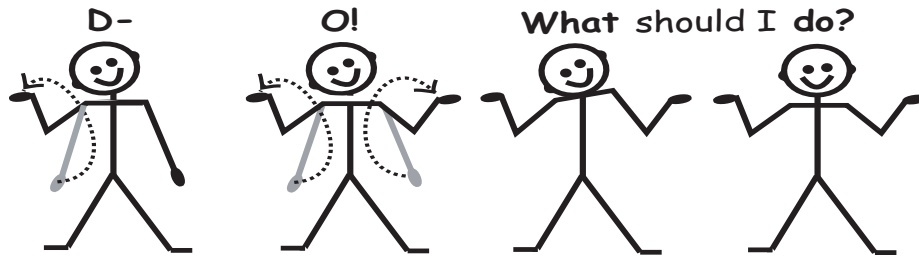


Because he's big, big! B-I-G! Stinky and big! B-I-G!

Do

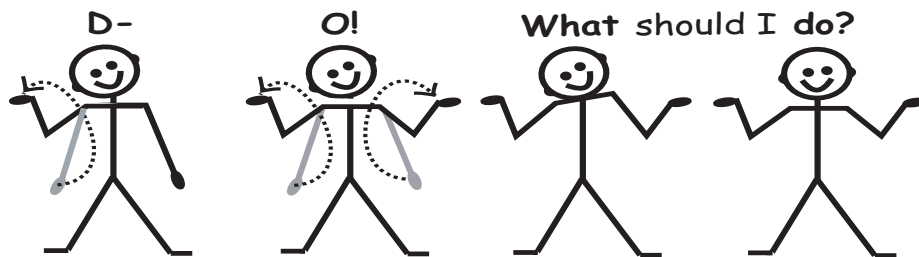
(Skip To My Lou)

Put one hand out, and then the other as shown on "D" and "O.". Then shrug on "what" and let your shoulders drop on "do."



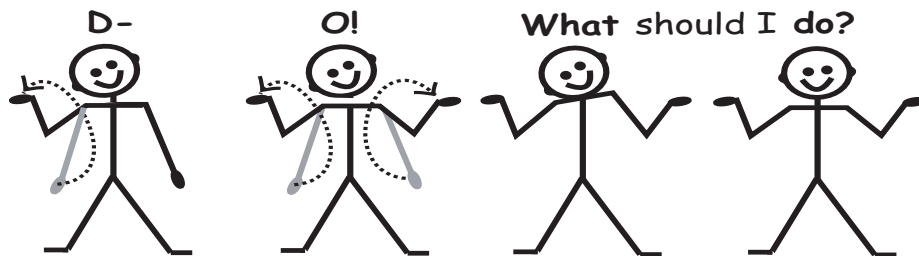
D-O! What should I do?

Put one hand out, and then the other as shown on "D" and "O.". Then shrug on "what" and let your shoulders drop on "do."



D-O! What should I do?

Put one hand out, and then the other as shown on "D" and "O.". Then shrug on "what" and let your shoulders drop on "do."



D-O! What should I do?

Brush away the stinky air!



My little dog went doo-doo!

Down

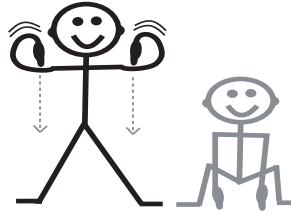
(The Ants Go Marching, Verse 1)

Pat the air down to the right in time to the music as shown. Then, point and crouch down each time you say, "Go down!"

Pat the Air Down!



Point Down!



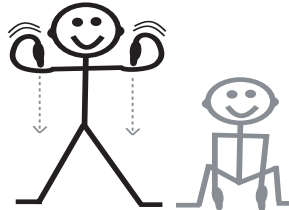
D-O-W-N! Go down! Go down!

Pat the air down to the left in time to the music as shown. Then, point and crouch down each time you say, "Go down!"

Pat the Air Down!



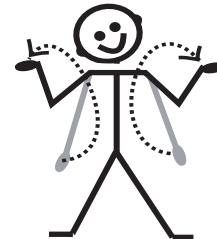
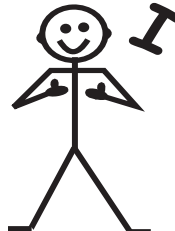
Point Down!



D-O-W-N! Go down! Go down!

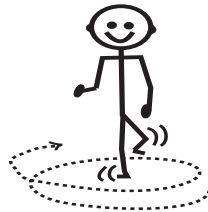
Pat the air down (facing the center) in time to the music as shown. Then, point to yourself and put hands out as shown on the words, "the end."

Pat the Air Down!



D-O-W-N! I can spell "down," and that's the end,
March In A Circle!

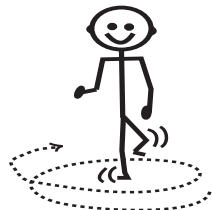
March around in a circle, crouching closer to the ground as you go!



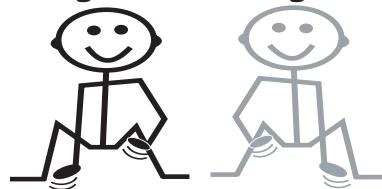
And we all go marching down to the ground

March In A Circle!

Keep marching around in a circle, getting closer to the ground. Pat the ground on the words, "Boom, boom, boom!"



Pat the Floor,
Right, Left, Right!



To get out of the rain, boom, boom, boom!

Down

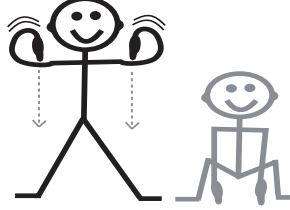
(The Ants Go Marching, Verse 2)

Pat the air down to the right in time to the music as shown. Then, point and crouch down each time you say, "Go down!"

Pat the Air Down!



Point Down!



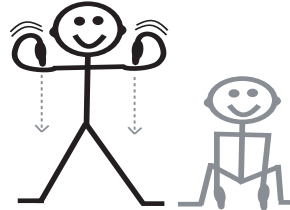
D-O-W-N! Go down! Go down!

Pat the air down to the left in time to the music as shown. Then, point and crouch down each time you say, "Go down!"

Pat the Air Down!



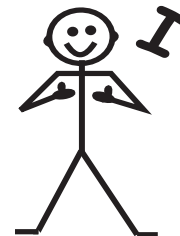
Point Down!



D-O-W-N! Go down! Go down!

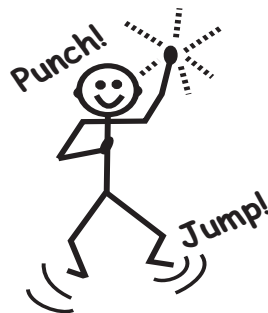
Pat the air down (facing the center) in time to the music as shown. Then, point to yourself on the word, "I."

Pat the Air Down!



D-O-W-N! I can spell "down,"

Jump and punch the air on the words, "The end!"



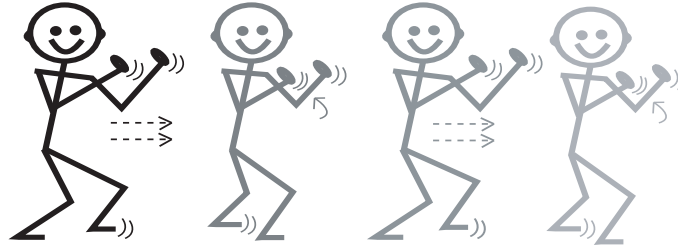
And that's THE END!

Has

(By Heidi Butkus)

Step together step
and push to the
right!

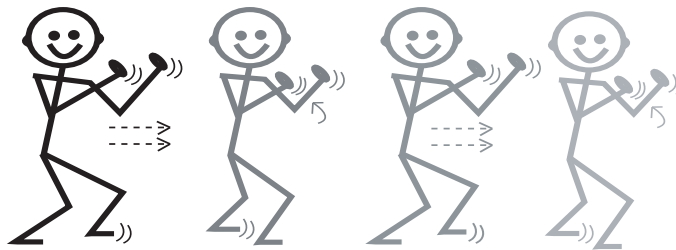
Step And Push To the Right!



First you make an H,

Step together step
and push to the
left!

Step And Push To the Left!



And then an A and then an S,

Jump and clap on
each word, "has."



And that is "has," "has," "has!"

Wiggle your hands
down as shown,
saying, "There is
no Z!"

Wiggle Your Hands Down!



There is no Z!

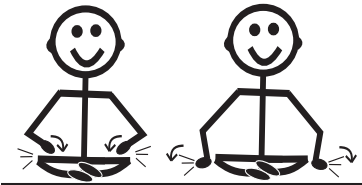
(repeat four times!)

In

(Michael Finnegan)

Sit down on the floor, cross legged. Then, pat your knees twice in time to the music, and then the floor twice in time to the music.

Pat Your Knees
Then Pat the Floor!

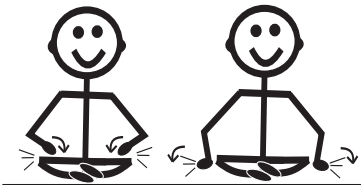


Optional: Pat your own legs twice, and then your neighbor's legs twice, so that each of your hands cross over to pat each other's legs.

I, then N. Can you spell "in" again?

Sit down on the floor, cross legged. Then, pat your knees twice in time to the music, and then the floor twice in time to the music.

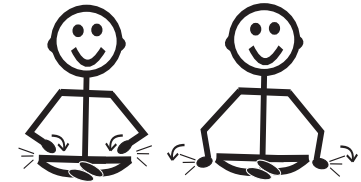
Pat Your Knees
Then Pat the Floor!



I, then N. Can you spell "in" again?

Sit down on the floor, cross legged. Then, pat your knees twice in time to the music, and then the floor twice in time to the music.

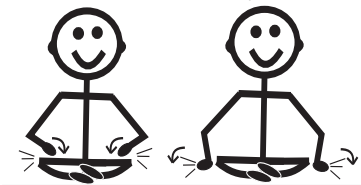
Pat Your Knees
Then Pat the Floor!



I, then N. Can you spell "in" again?

Sit down on the floor, cross legged. Then, pat your knees twice in time to the music, and then the floor twice in time to the music.

Pat Your Knees
Then Pat the Floor!

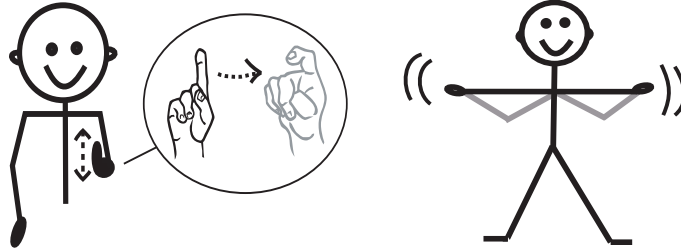


Take it out and put it in. Begin again!

It

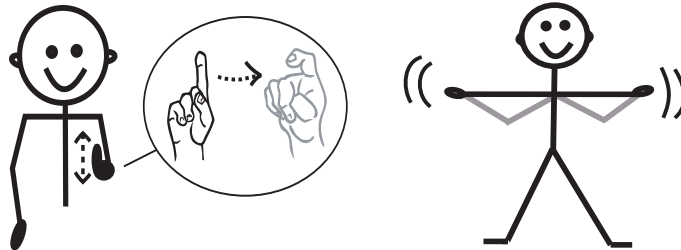
(There's a Hole in the Bottom of the Sea)

Do the motions for Zoo-Phonics' Inny Inchworm as shown for the letter I, and Timothy Tiger for the letter T, or make up your own.



"It" is spelled with an I and then a T!

Do the motions for Zoo-Phonics' Inny Inchworm as shown for the letter I, and Timothy Tiger for the letter T, or make up your own.



"It" is spelled with an I and then a T!

Pretend to smack a flea somewhere on your body, each time you say, "flea!"

Smack a Flea!



Smack a Flea!



It's a flea! It's a flea!

Do the motions for Zoo-Phonics' Inny Inchworm as shown for the letter I, and Timothy Tiger for the letter T, or make up your own.



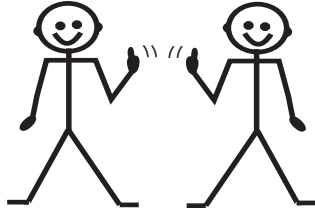
"It" is spelled with an I and then a T!

No/Yes

(Reveille; First Verse)

Shake your finger as if to say, "no," switching hands with each new sentence.

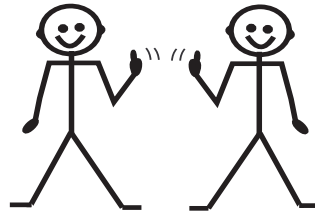
Shake finger on right hand, then left!



N-O, no, no, no! N-O, no, no, no!

Shake your finger as if to say, "no," switching hands with each new sentence.

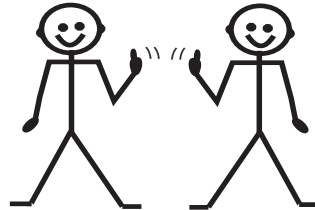
Shake finger on right hand, then left!



N-O, no, no, no, no, no, no!

Shake your finger as if to say, "no," switching hands with each new sentence.

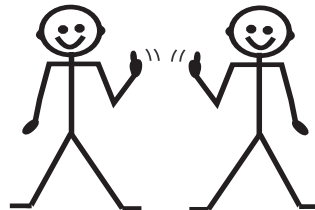
Shake finger on right hand, then left!



N-O, no, no, no! N-O, no, no, no!

Shake your finger as if to say, "no," switching hands with each new sentence.

Shake finger on right hand, then left!



N-O, no, no, no, no, no!

No/Yes

(Reveille; Second Verse)

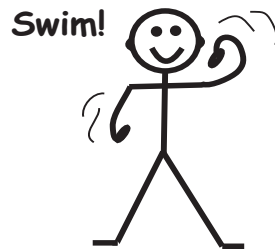
Flap your hands up and down
in time to the music, nodding
your head yes, as you go.

Flap Your Hands
Up and Down



Yes, yes, yes, yes, yes, yes!

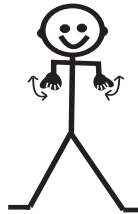
Swim once for each letter.



First Y, then E, then S!

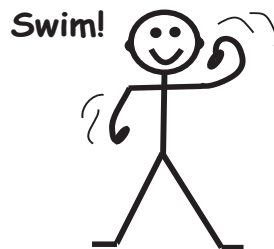
Flap your hands up and down
in time to the music, nodding
your head yes, as you go.

Flap Your Hands
Up and Down



Yes, yes, yes, yes, yes, yes!

Swim once for each letter.
Then, on the last word, pull
your hand down quickly and
say, "Yes!"



Pull Down and
Say, "Yes!"



First a Y, then an E, then an S. Yes!

Not

(I'm a Nut)

Shake your finger as if to say, "no."

Shake Finger From
Right to Left!



"Not" is written, N-O-T!

Twirl your fingers around
your ear as if to say,
"crazy!"

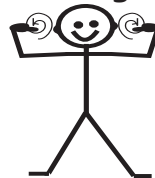
Twirl Both of
Your Fingers!



I am not a nut, you see!

Twirl your fingers around
your ear as before, but
switch directions.

Twirl Both of
Your Fingers!



I am not a nut, you see!

Shake your finger as if to
say, "no."

Shake Finger From
Right to Left!



"Not" is written, N-O-T!

Clap your hands on each of
the off beats (the rests)
after the letters, "N-O-T."

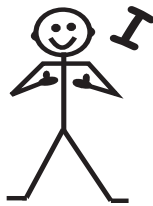


N-O-T! N-O-T! N-O-T, N-O-T, N-O-T!

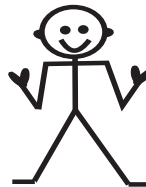
Small

(I'm In the Lord's Army)

Point to yourself,
and then show two
little fingers that
are very small.



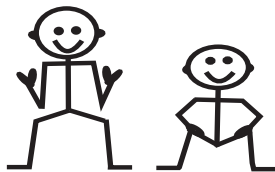
Small



I am very small, S-M-A-L-L,

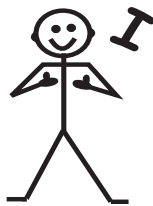
Now shrink a little
bit more on each
word, "small."

Get Smaller!

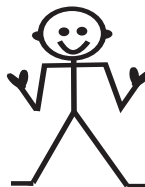


Small, S-M-A-L-L! Small, S-M-A-L-L!

Point to yourself,
and then show two
little fingers that
are very small.
Then run in place.



Small



Run!



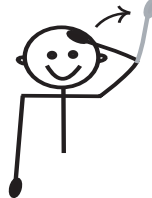
I am very small, S-M-A-L-L, but I can out run you!

Run in place, and
then give a salute.

Run!



Give a salute!



Run!

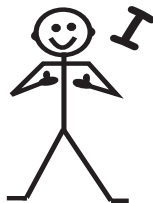


Give a salute!

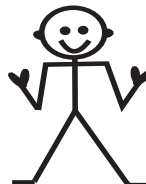


I can out run you, yes sir! I can out run you, yes sir!

Point to yourself,
and then show two
little fingers that
are very small.
Then run in place.



Small



Run!



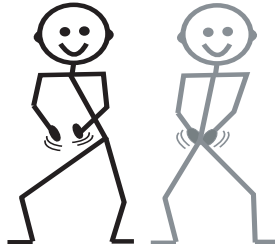
I am very small, S-M-A-L-L, but I can out run you!

This

(Three Jolly Fishermen)

Dance "PeeWee Herman Style," bouncing your fists in front of your hips twice and then in back of your fists twice.

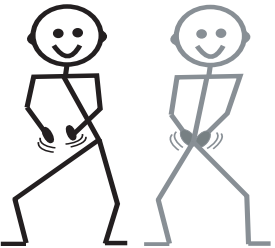
Bounce Twice in Front
And Twice in Back!



Oh, "this" is spelled T-H-I-S!

Continue as before.

Bounce Twice in Front
And Twice in Back!



Oh, "this" is spelled T-H-I-S!

Point to somebody on each word, "This."

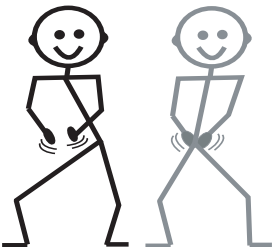
Point meone! Point meone!



This dog made a stinky mess!
This dog made a stinky mess!

Dance again as before.

Bounce Twice in Front
And Twice in Back!

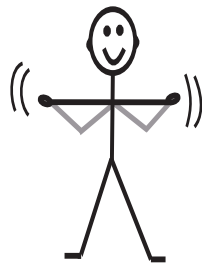


Oh, "this" is spelled T-H-I-S!

Too

(Deep and Wide)

On the letter T, do the motion for Zoo-Phonics' Timothy Tiger, or make up your own. For each letter O, make an O with your hand. Then shake your finger.



Shake Finger From Right to Left!



T-O-O! T-O-O! There are way too many

Keep shaking your finger as before. Then do the twist on the "to, to, to, to, to's!"

Shake Finger From Right to Left!

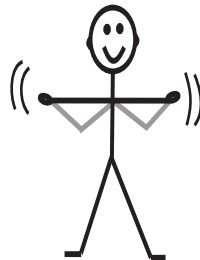


Do the twist!



2's you know! To, to, to, to, to, to!

On the letter T, do the motion for Zoo-Phonics' Timothy Tiger, or make up your own. For each letter O, make an O with your hand.



T-O-O! T-O-O!

Shake your finger. Then pretend to give somebody something (as if they can have that thing "also.")

Shake Finger From Right to Left!



Give me a present!



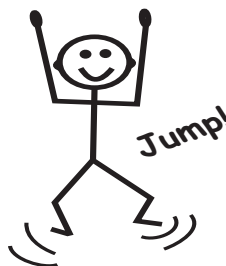
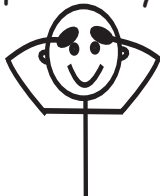
That means "too much" and it means "also!"

Up

(B-rrrump Went the Little Green Frog)

Rub your eyes and open them up on the words, "Wake up." Then jump up high on the words, "up."

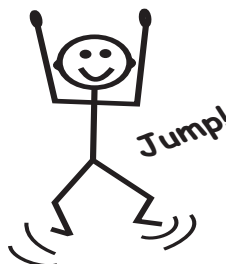
Open Your Eyes!



Wake up! Now you gotta get up, up, up!

Lift your shoulders up, first right and then left as you spell the word. Then, jump up on the word, "up."

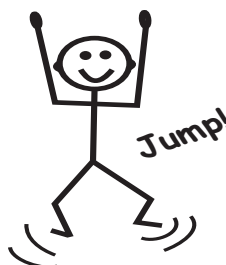
Lift Your Shoulders Right Then Left!



U-P, now you gotta get up!

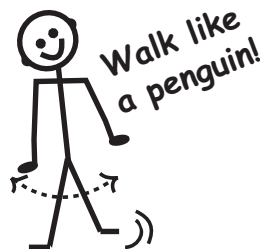
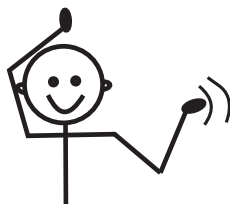
Lift your shoulders up, first right and then left as you spell the word. Then, jump up on the word, "up."

Lift Your Shoulders Right Then Left!



U-P, now you gotta get up, up, up!

Do the motion for Zoo-Phonics' UMBER Umbrella Bird for the letter U, or make up your own motion. For the letter P, do the motion for Zoo-Phonics' PeeWee Penguin, or make up your own motion.

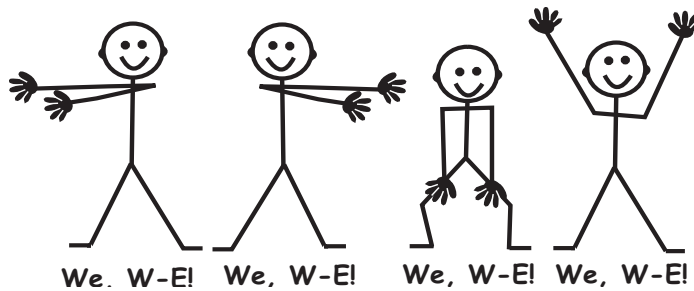


First a U and then a P!

We

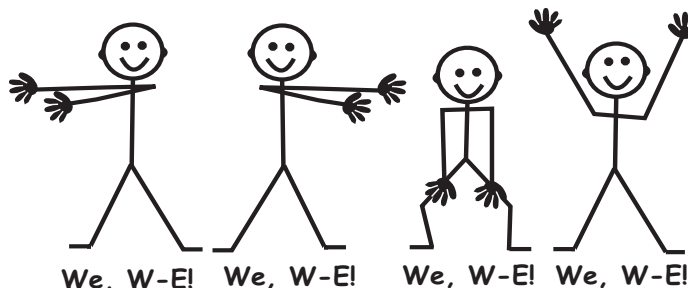
(One Bottle of Pop)

Do the motions as shown, putting hands left, right, down, then up.



We, W-E! We, W-E! We, W-E! We, W-E!

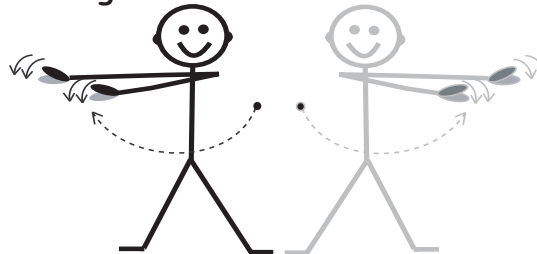
Do the motions as shown, putting hands left, right, down, then up.



We, W-E! We, W-E! We, W-E! We!

Swing your arms right and left and pat the air twice in time to the music.

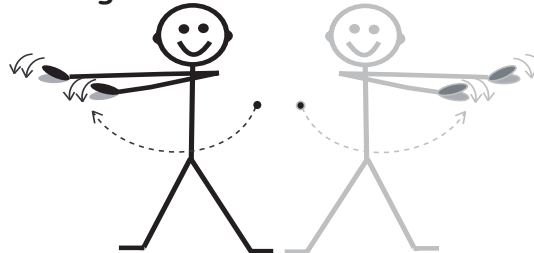
Swing Your Arms and Pat the Air!



We like to do our homework, our homework,

Continue as before, and then shake your finger on "Then we can play!"

Swing Your Arms and Pat the Air!



We like to do our homework! Then we can play!

What (What Did Delaware?)

Do the motions as shown. The shoulders fall on the last beat of the measure after the word, "do."

Roll Hands And Step Together
Step to the Left!



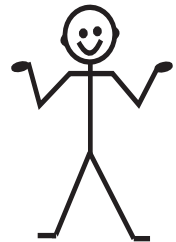
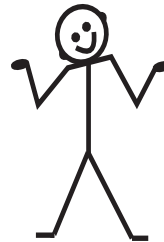
Whatcha



gonna



do?



W-H-A-T! What you gonna do?

Do the motions as shown. The shoulders fall on the last beat of the measure after the word, "do."

Roll Hands And Step Together
Step to the Right!



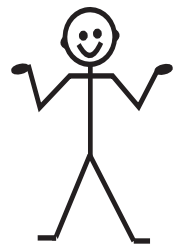
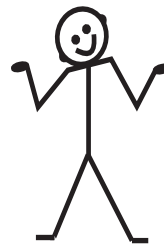
Whatcha



gonna



do?



W-H-A-T! What you gonna do?

Do the motions as shown. The shoulders fall on the last beat of the measure after the word, "do."

Roll Hands And Step Together
Step to the Left!



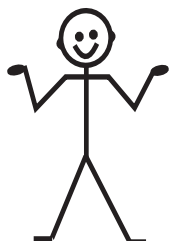
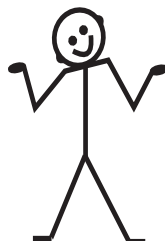
Whatcha



gonna



do?



W-H-A-T! What you gonna do?

Shake your finger side to side on "No matter what."
Shake your finger forward on "Don't you make a U!"

Shake Finger From
Right to Left!



Shake
finger!



No matter what, no matter what- don't you make a U!

Who

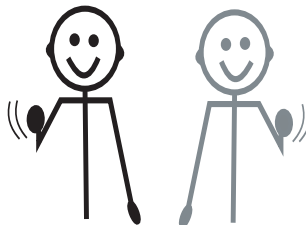
(By Heidi Butkus)

Swing your arms left and right as you spell the word. Then punch on each word, "Who!"

Swing Your Arms Left and Right!



Punch Left, Then Right!



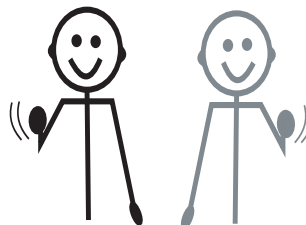
W-H-O! Who! Who, who, who, who!

Swing your arms left and right as you spell the word. Then punch on each word, "Who!"

Swing Your Arms Left and Right!



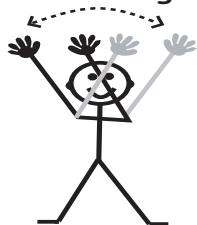
Punch Left, Then Right!



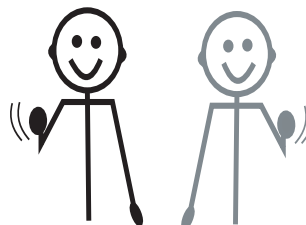
W-H-O! Who! Who, who, who, who!

Swing your arms left and right as you spell the word. Then punch on each word, "Who!"

Swing Your Arms Left and Right!



Punch Left, Then Right!



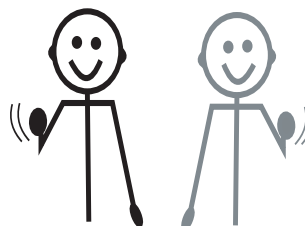
W-H-O! Who! Who, who, who, who!

Swing your arms left and right as you spell the word. Then punch on each word, "Who!"

Swing Your Arms Left and Right!



Punch Left, Then Right!



W-H-O! Who! Who, who, who, who!

Capitals

(By Heidi Butkus)

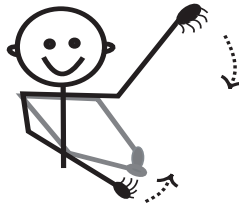
Dance and sway
back and forth
in time to the
music.



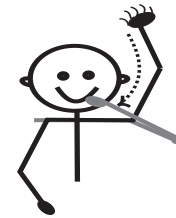
A capital letter, that's what I need!

Do the motion for
Zoo-Phonics' Allie
Alligator for the
letter A and Bubba
Bear for the letter
B, or make up your
own.

Chomp like an alligator!



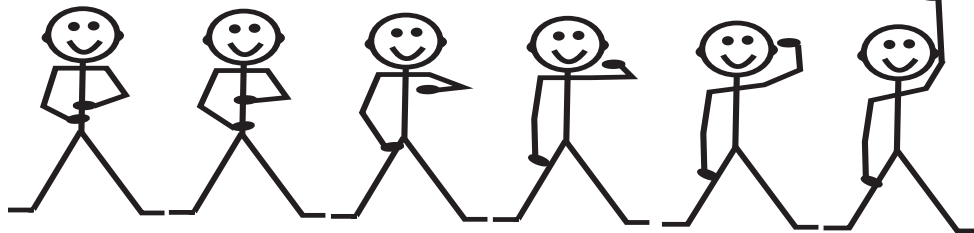
Reach up for the honey
and feed it to yourself.



Like a capital A, or a capital B!

Make your arms
get bigger and
bigger as
shown.

A great big letter that's what I need!



A great, big, letter, that's what I need!

Pretend to
write on your
hand. Then
swing your hips
back and forth
as you go, "Cha
cha cha!"

Pretend to write
on your hand.



Cha cha cha!

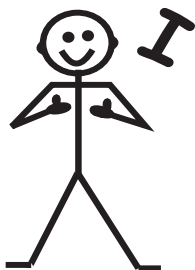


Whenever I start to write! Cha, cha, cha!

Spaces

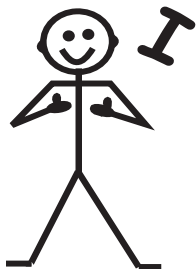
(By Heidi Butkus)

Point your thumbs to yourself. Then clap on the two extra beats!



I need a space! (Clap, clap!)

Point your thumbs to yourself. Then clap on the two extra beats!



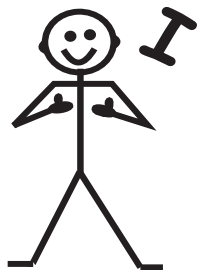
I need a space! (Clap, clap!)

Dance and sway to the music anyway you want.



I need a space between my words,

Point your thumbs to yourself. Then clap on the two extra beats!



I need a space! (Clap, clap!)