



Sing and Spell  
Number Words and  
More Sight Words  
Volume 5

Handmotions

©2009 Heidi Butkus & HeidiSongs  
P.O. Box 603, La Verne, CA 91750  
Phone: (909) 331-2090 Fax: (909) 992-3061  
[www.heidisongs.com](http://www.heidisongs.com)

# Using Music and Movement to Reach Your K-1 English Language Learners

Presented By Heidi Butkus

More Info: [www.heidisongs.com](http://www.heidisongs.com)

The methods suggested in this presentation are supported by brain research and are also consistent with "best practices" recommended by the Learning Disability Association, the Council for Exceptional Children, the International Dyslexia Association, and other respected organizations. I took the principals that worked for language arts and applied them to math instruction, and this is what I got!

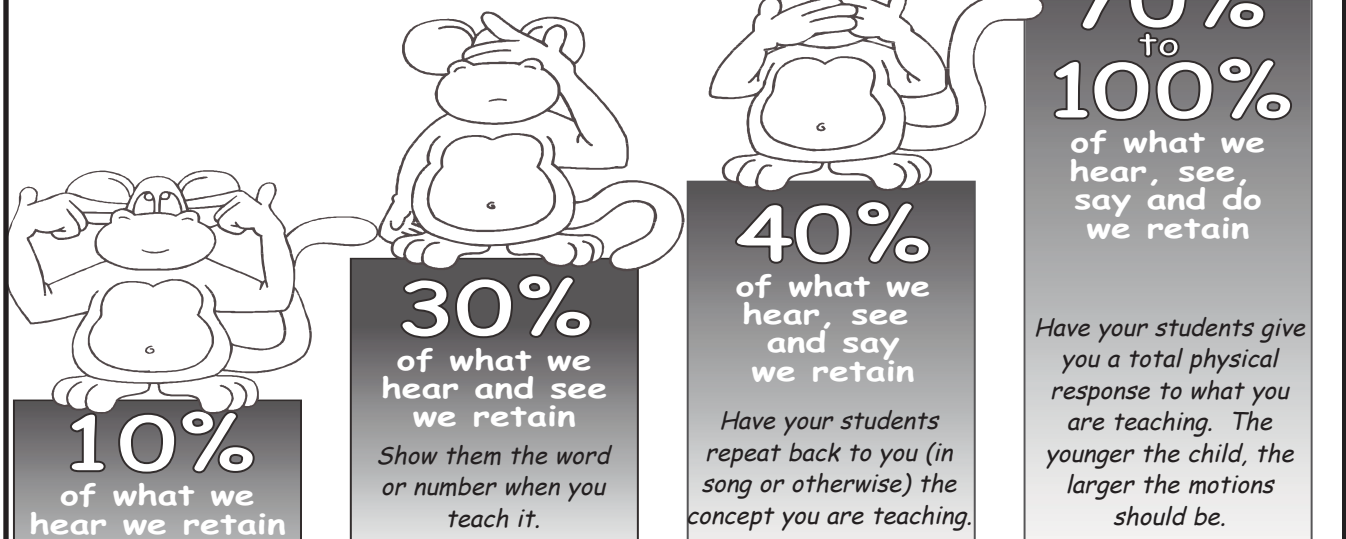
I found that the methods that work consistently well take advantage of *simultaneous* multisensory teaching techniques. This is simultaneous multisensory teaching in a nutshell:

*The more senses involved all at once, the better you retain information.*

## Help! I've got a silly song stuck in my head!

Multisensory teaching is *simultaneously* using multiple pathways in the brain to reach your students

The best songs for teaching young children include motions, are repetitive, and are just a little bit silly! As a rule of thumb, if it sticks in your head and drives you crazy, you probably just hit the nail right on the head!



Why is does this work? If one pathway to the brain is blocked, (as in a learning disability) there are other alternatives or paths to take in information.

Why use special education techniques to help children who are merely learning English as their second language? Because if you use techniques designed to get past a learning disability, you will very likely be able to teach them the content **no matter what!** Simply over-compensate for the lack of English language skills by using techniques designed for students with learning disabilities. **Then you can be fairly sure that if it is possible for them to learn, they WILL learn! Then add as much language into it as possible!**

## Helpful Hints for Using Sing and Spell

1. To maximize results, introduce just one or two songs a week for Kindergarten. You can increase the number of songs introduced per week for older children.
2. Practice getting your children to calm down when you are done singing. Demonstrate the behavior you expect, and practice it with the children before you begin.
3. Always include hand motions of some kind. This keeps the children motivated and engaged.
4. Always show the word when you introduce a song. Have the children spell it aloud with you as you point to the letters.
5. Once the children know the songs, have them sit and write the words as you sing them. I use individual white boards or "Magna-doodles" for the children to write on.
6. Use the songs as a classroom management tool. If your students are getting restless, have them stand and sing a song with movements. They can get their wiggles out AND learn at the same time. They can also be used for review during those "unteachable" transition times.
7. Demonstrate how to write sentences, using the songs as a spelling tool. Explicitly teach what the songs can be used for.
8. Use a word wall. Some kids can repeat the spellings but not visualize the word. Have them sing the song aloud, and then find the word on the wall to copy it.

## More ways to practice sight words:

### 1. Play Singing Sight Word Bingo.

The caller sings the song of the word, rather than just say the word.

### 2. Play Word Wall Hang Man.

It plays the same as the traditional game, but you choose only words from the word wall. For a non-violent version, draw some other object (like a pumpkin or a shamrock) rather than a hanging man.

### 3. Use Word Whackers.

Practice finding the word by whacking it with a spatula, etc.

### 4. Make Sing Along Songbooks.

Let the children practice reading the words as often as possible. My students enjoyed reading little song books that I made up for them. You can purchase the masters for these online at [Heidisongs.com](http://Heidisongs.com) and print them out yourself. Or make your own by typing up the words.

\*If you make individual books, the children can highlight the target words.

### 5. Make a literacy center.

Print the words to a song on index paper, laminating it, and letting the children circle the target word with an erasable pen.

### 6. Make your own worksheets.

Make worksheets out of the songs by printing out the words to a song, and leaving out the target word each time it comes up. Have the kids fill in the missing words. The masters for these are also online at [Heidisongs.com](http://Heidisongs.com), along with the Sing Along Songbooks, or you can make them yourself.

7. **Make Sight Word Puzzles** by printing the word out in large type on very heavy index paper, and cutting it apart.

### 8. Play Jump On It.

Write the words on some heavy paper and laminate them. Lay them on the floor, and call out a word. The children run and jump on the word, calling out the name of it when they land. Related game: hide something under these words, and have the kids guess where it is by calling out a word and then looking under it.



All HeidiSongs products also available on DVD to show visual aids and to help demonstrate the kinesthetic movements which activate the muscle memory required by some children to help them remember. Makes learning fast, fun and easy as they sing along to the music for a true multi-sensory learning experience!  
Order Online @ [www.HeidiSongs.com](http://www.HeidiSongs.com)

Additional resources available at  
[www.heidisongs.com](http://www.heidisongs.com)

All Material ©2009 Heidi Butkus

More Information:  
[www.heidisongs.com](http://www.heidisongs.com)

or contact: Heidi Butkus  
P.O. Box 603, La Verne, CA 91750  
(909) 331-2090 • Fax: (909) 992-3061

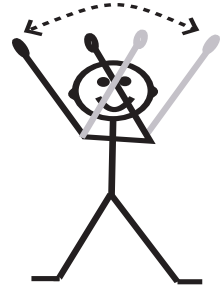
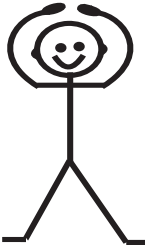
# Zero the Hero

(By Heidi Butkus and Mike Cravens- Verse)

Then at the end of phrase,  
pretend to fly like a super-  
hero left and right.

**Make a circle!**

Make a zero up over  
your head.

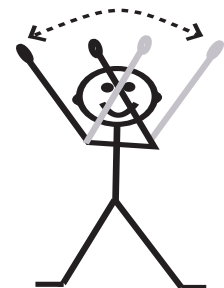
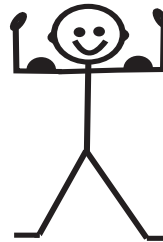


That Zero might sound like nothing to you,

Make one muscle on  
the word, "brave,"  
and another on the  
word, "true!"  
Then at the end of  
phrase, pretend to  
fly like a superhero  
left and right.

**Show One Muscle!**

**Show Both Muscles!**



But he's our hero, brave and true!

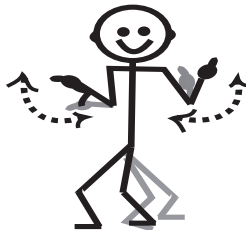
Pretend to fly like  
a superhero left  
and right, looking  
for those num-  
bers.



Looking for the numbers with the zero at the end,

**Point to lots of people!**

Point all over the  
place, pretending to  
count lots of things.



Counting them all over and beginning again!

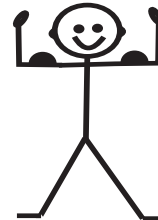
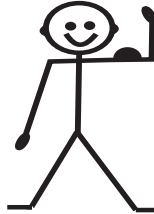
# Zero the Hero

(By Heidi Butkus and Mike Cravens- Chorus)

Punch the air on each letter of the word, and then show one muscle on "zero" and another on "hero."



Show One Muscle! Show Both Muscles!

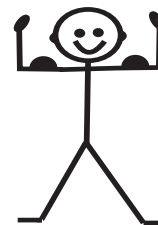


Z-E-R-O! Zero the Hero!

Punch the air on each letter of the word, and then show one muscle on "zero" and another on "hero."



Show One Muscle! Show Both Muscles!

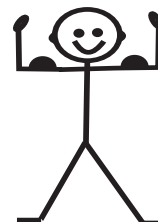


Z-E-R-O! Zero the Hero!

Punch the air on each letter of the word, and then show one muscle on "zero" and another on "hero."

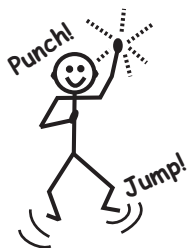


Show One Muscle! Show Both Muscles!

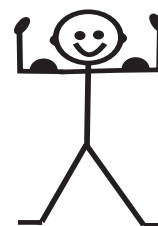
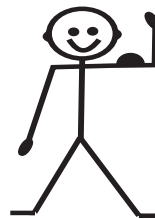


Z-E-R-O! Zero the Hero!

Punch the air on each letter of the word, and then show one muscle on "zero" and another on "hero."



Show One Muscle! Show Both Muscles!



Z-E-R-O! Zero the Hero!

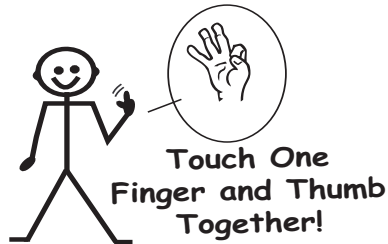
(Repeat one more time from the beginning.)

Pretend to fly away at the very end!

# One

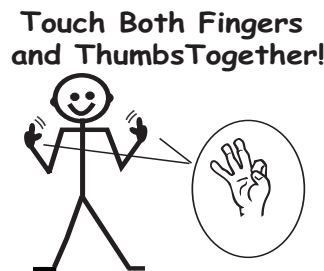
(One Finger, One Thumb)

Hold up one hand, and then touch your finger to your thumb in time to the music.



## One finger, one thumb, keep moving!

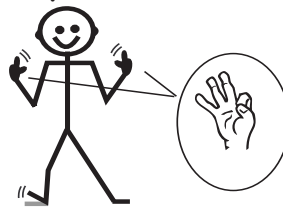
Hold up both hands, and then touch your fingers to your thumbs in time to the music.



## O-N-E, keep moving!

Do the same as before, but add in a bouncing foot.

Touch Both Fingers and Thumbs Together, and Bounce One Foot!



## O-N-E, keep moving!

Keep going, but add in the last bouncing foot!

Touch Both Fingers and Thumbs Together, and Bounce Both Feet!

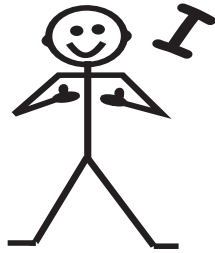


## And we'll all spell number one!

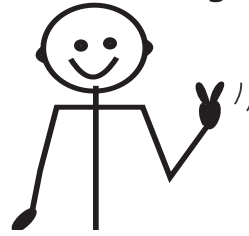
# The Two Song

(We Did It Before)

Point to yourself.



Show Two Fingers!



## I write number two,

Hold Up Two Fingers  
And Hop Like a Bunny  
To The Left!

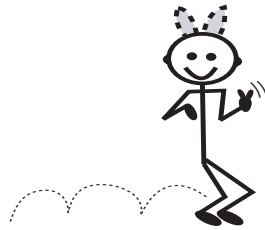
Hold up two fingers  
and hop like a bunny  
to the left.



## Just T-W-O,

Hold Up Two Fingers  
And Hop Like a Bunny  
To The Right!

Hold up two fingers  
and hop like a bunny  
to the right.



## Just T-W-O,

Hold Up Two Fingers  
And Hop Like a Bunny  
To The Left!

Hold up two fingers  
and hop like a bunny  
to the left.



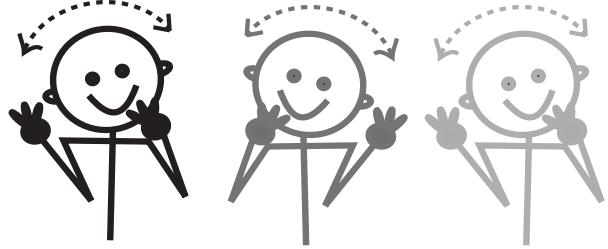
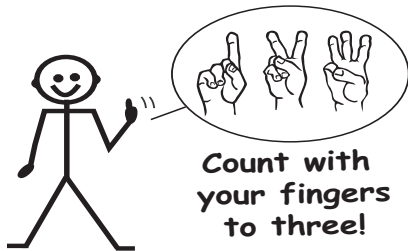
## Just T-W-O!

(Repeat one more time)

# Three

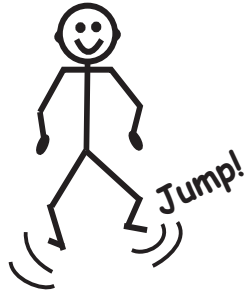
(Do Your Ears Hang Low?)

Put up three fingers one at a time. Then wave hands back and forth with those three fingers up as shown.



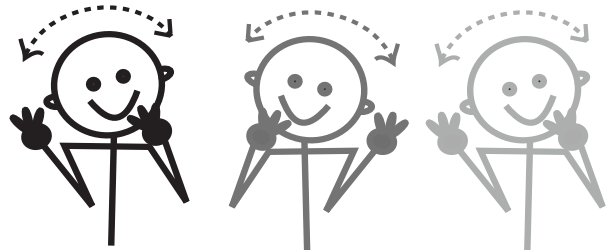
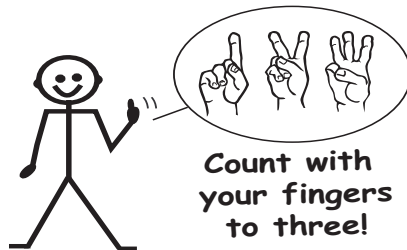
T-H-R-E-E! Can you spell the number three?

Jump three times, then slap your legs close to your knees when the music says to.



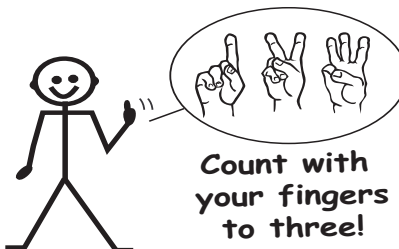
Can you jump, two, three? Can you slap your knee?

Put up three fingers one at a time. Then wave hands back and forth with those three fingers up as shown.



T-H-R-E-E! Can you spell the number three?

Put up three fingers one at a time.



T-H-R-E-E!

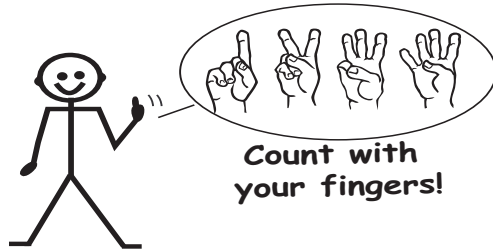
(Repeat once more very fast!)



# Four

(Original Song by Heidi Butkus and Mike Cravens)

Hold your fingers up one at a time as you spell the word, "Four." Then do the twist as you wait for the next line to start!

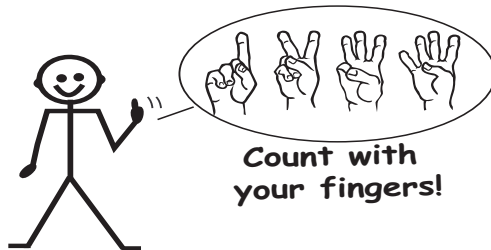


Twist down and up!



## F-O-U-R, that spells number four!

Hold your fingers up one at a time as you spell the word, "Four." Then do the twist as you wait for the next line to start!



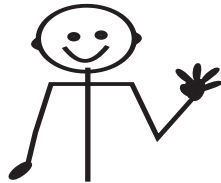
Twist down and up!



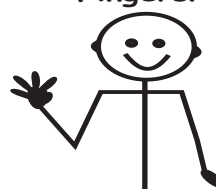
## F-O-U-R, that spells number four!

Show four fingers on one hand, and then four fingers on the other hand.

Show Four Fingers!



Show Four Fingers!



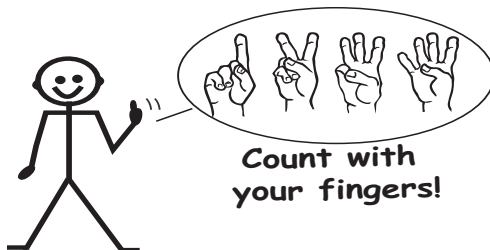
## Number four! Number four!

Pretend to mop the floor.



## Get the mop and shine the floor!

Hold your fingers up one at a time as you spell the word, "Four." Then do the twist until the end of the song.



Twist down and up!



## F-O-U-R, that spells number four!

# Five

(Sur La Pont)

Push Forward Right-Left-Right  
With Five Fingers!

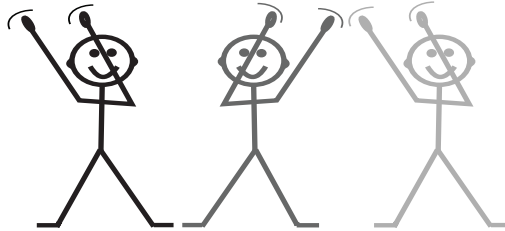
Push forward  
right-left-right  
with five fingers  
in time to the  
music.



Number five! Number five!

Swing Arms Overhead  
Left-Right-Left, Then Right-Left-Right!

Swing arms over-  
head left-right-left,  
and then right-left-  
right in time to the  
music.



F-I-V-E, F-I-V-E!

Push Forward Right-Left-Right  
With Five Fingers!

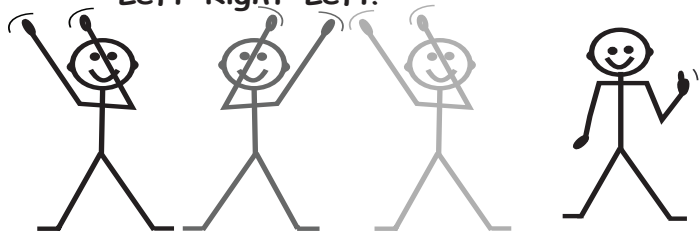
Push forward  
right-left-right  
with five fingers  
in time to the  
music.



Number five! Number five!

Swing Arms Overhead  
Left-Right-Left!

Swing arms over-  
head left-right-left.  
Then count by hold-  
ing up your fingers  
on at a time.



Count With Your Fingers  
Up to Number Five!

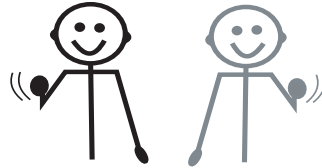
F-I-V-E, number five! One, two, three, four, five!

# Six

(Original Song by Heidi Butkus and Mike Cravens)

**Punch Left, Then Right!**

Punch left and right in time to the music.

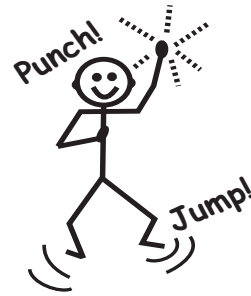
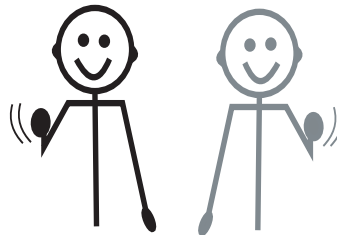


**S-I-X is number six!**

Kick twice on the words, "kicks, kicks. Then punch right and left on the words, "number six." Jump and punch on "Go six!"



**Punch Left, Then Right!**

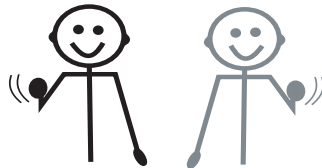


**He kicks, kicks, at number six. Go, six!**

(Repeat from the beginning.)

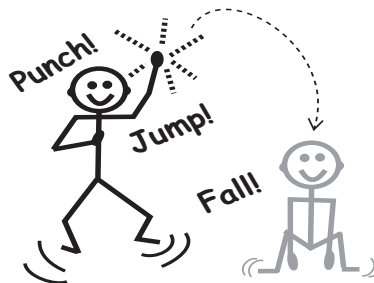
Turn to the left and punch left, then right. Then do the same thing facing to the right.

**Punch Left, Then Right!**



**S-I-X! Number six! S-I-X! Number six!**

Jump and punch the air, and then fall to the ground as the song ends.



**GO SIX!!!!**

# Seven

(The Song That Never Ends)

While holding up seven fingers, wave hands and turn around, stopping each time you finish spelling the word.

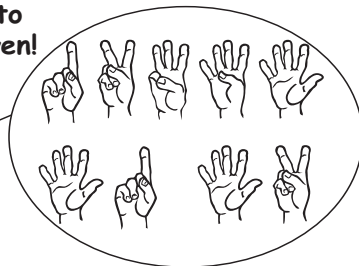
Wave Hands and Turn Around!



Seven is S-E-V-E-N! Seven is S-E-V-E-N!

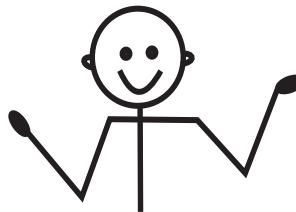
Count with your fingers up to number seven.

Count With Your Fingers Up to Number Seven!



Keep counting: one, two, three, four, five, six, seven,

Hold out your hand as shown no the word, "stop." Then pretend to conduct a band as you keep on counting it forever.



Then you stop! And then you keep on counting it

Let yourself hang down from the waist like a rag doll on the word, "drop." Then the whole thing starts over again!



Wave Hands and Turn Around!



While holding up seven fingers, wave hands and turn around, stopping each time you finish spelling the word.

Forever 'til you drop! Seven is S-E-V-E-N....

# Eight

(The Eency Weency Spider)

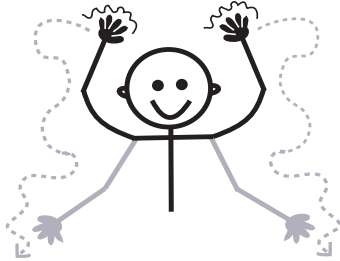
Make your hands crawl up like a spider as in the Eency Weency Spider song.



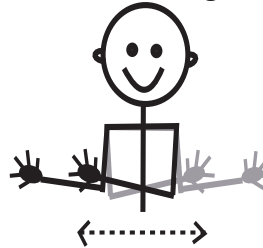
The eight legs on the spider went E-I-G-H-T!

Make the rain fall, wiggling your fingers as your hands come down as shown. Then brush away the spider back and forth in time to the music.

Make rain fall!



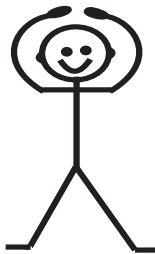
Brush Something Away



Down came the rain and E-I-G-H-T!

Make a circle overhead for the sun. Then pat the air down in time to the music as shown.

Make a circle!



Pat the Air Down!



Out came the sun and E-I-G-H-T!

Make your hands crawl up like a spider as in the Eency Weency Spider song.



The eight legs on the spider went E-I-G-H-T!

One, two, three, four, five, six, seven, eight!

Count by showing the given number of fingers as you say the numbers up to eight.

# Nine

(Engine, Engine, Number Nine)

Chug like a train!

Chug like a train to the right.



Engine, engine, number nine!

Chug like a train!

Chug like a train to the left.



N-I-N-E, number nine!

Chug like a train!

Chug like a train to the right.



N-I-N-E, number nine!

Chug like a train!

Roll Your Hands!

Chug like a train to the left. Then roll your hands as you "wind up" for the next verse.



Engine, engine, number nine!

Repeat again, getting faster as you go along.

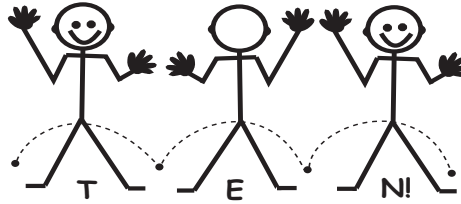
# Ten

(Roll Over)

Show ten fingers.  
Then, when you spell  
the word, spin around  
as you say each letter  
as shown.

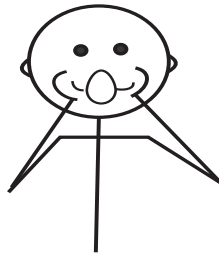


Show Ten Fingers And Spin Around!



There were ten in the bed and the little one said,  
"T-E-N! T-E-N!"

Put your hands  
around your mouth  
as you sing this  
part.



So they all spelled ten 'til their mom found out!

Show ten fingers.  
Then, when you spell  
the word, spin around  
as you say each letter  
as shown.

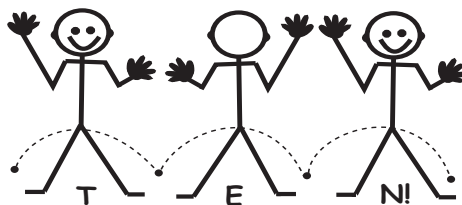
Show Ten Fingers!



There were ten in the bed and the little one said,

Show ten fingers.  
Then, when you spell  
the word, spin around  
as you say each letter  
as shown.

Show Ten Fingers And Spin Around!



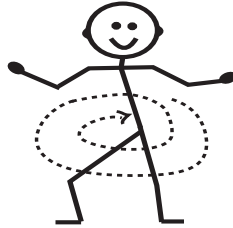
"T-E-N! T-E-N! T-E-N! T-E-N! T-E-N!"

# About

(There's a Hole in the Bottom of the Sea)

Spin around and around  
while you sing.

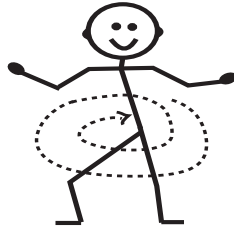
Spin around!



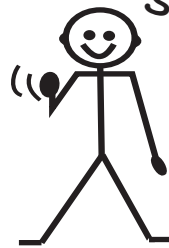
Spin about, A-B-O-U-T! Spin about, A-B-O-U-T!

Keep spinning and  
stop when the  
music tells you to.

Spin around!



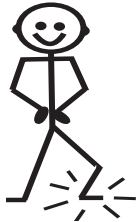
Stop!



Spin about! Spin about! Spin about, A-B-O-U-T! And stop!

Stomp around in time  
to the music. Some  
children may enjoy  
jumping and coming  
down in a stomp!

Stomp!



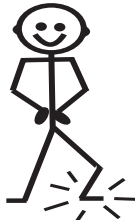
Stomp!



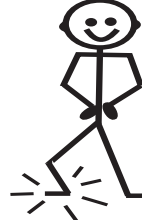
Stomp about, A-B-O-U-T! Stomp about, A-B-O-U-T!

Keep stomping, and  
then stop when the  
music tells you to.

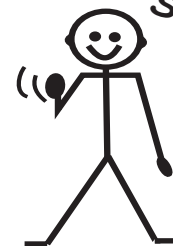
Stomp!



Stomp!



Stop!



Stomp about! Stomp about! Stomp about, A-B-O-U-T!  
And stop!



# Around

(Shoo Fly, Don't Bother Me; First Verse)

Do a little hip hop dance  
around, or hop and turn  
around in time to the  
music.



Hip hop around with me! A-R-O-U-N-D!

Do a little hip hop dance  
around, or hop and turn  
around in time to the  
music.



A-R-O-U-N-D! Come hop around just like me!

Dance around any way  
you want.



Around! Around! I'm dancing all around!

Keep dancing!



Around! Around! I'm dancing all around!

Freeze when the music  
says to freeze!

Now freeze!

# Around

(Shoo Fly, Don't Bother Me; Second Verse)

Shake It!

Shake your hands and  
dance around in time to  
the music.



Shake it around with me! A-R-O-U-N-D!

Shake It!

Shake your hands and  
dance around in time to  
the music.



A-R-O-U-N-D! Come shake around just like me!

Dance! 🎵

Dance around any way  
you want.



Around! Around! I'm dancing all around!

Dance! 🎵

Keep dancing!



Around! Around! I'm dancing all around!

Freeze when the music  
says to freeze!

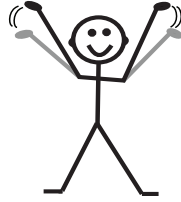
Now freeze!

# But

(Original Song by Heidi Butkus and Mike Cravens; chorus)

Put your hands up and  
bounce them in the  
air in time to the  
music.

Bounce Your Hands  
Up and Down!

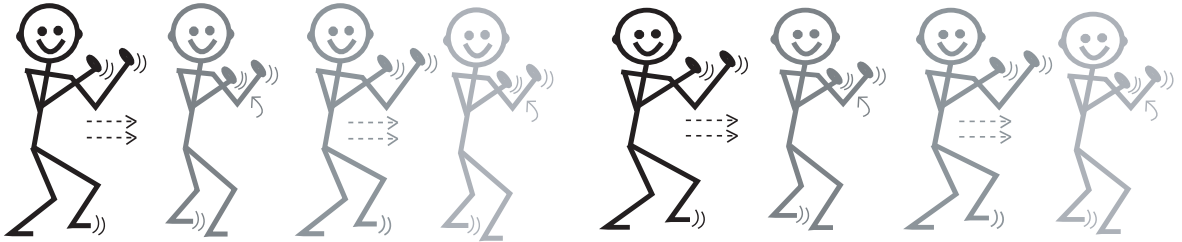


"But" is spelled with a B-U-T!

Step And Push To the Left!

Step And Push To the Right!

Boogie to the  
left and right in  
time to the music  
each time you  
say, "/b/ But,  
but, B-U-T!"

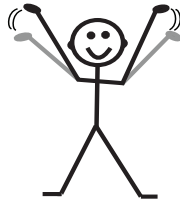


/b/ But, but, B-U-T!

/b/ But, but, B-U-T!

Put your hands up and  
bounce them in the  
air in time to the  
music.

Bounce Your Hands  
Up and Down!

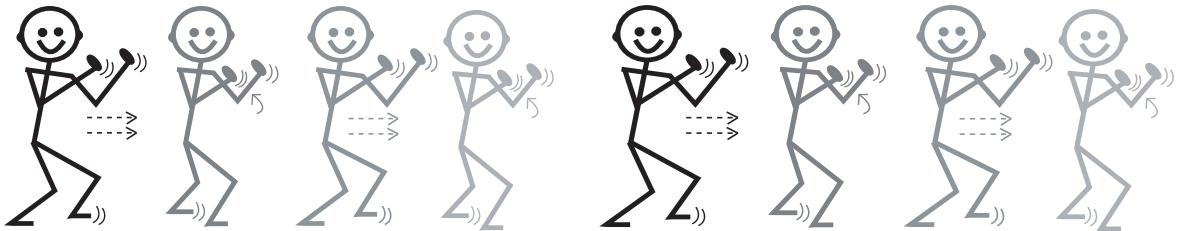


"But" is spelled with a B-U-T!

Step And Push To the Left!

Step And Push To the Right!

Boogie to the  
left and right in  
time to the music  
each time you  
say, "/b/ But,  
but, B-U-T!"



/b/ But, but, B-U-T!

/b/ But, but, B-U-T!

# But

(Continued; Verse One)

Jump up and down!



Now jump, jump, jump, but don't you bump!

Keep jumping!



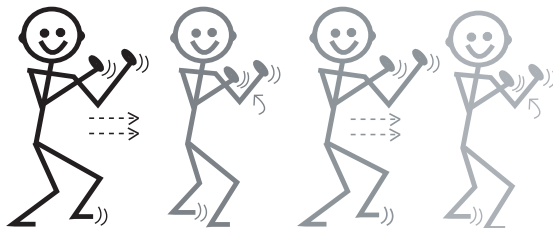
Jump, jump, jump, but don't you bump!

Keep jumping!

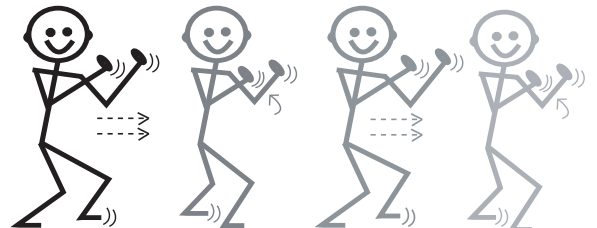


Jump, jump, jump, but don't you bump!

Step And Push To the Left!



Step And Push To the Right!



Boogie to the left and right in time to the music each time you say, "/b/ But, but, B-U-T!"

/b/ But, but, B-U-T!

Repeat the chorus on the previous page. Then continue with the next verse on the next page.

# But

(Continued; Second Verse)

Do a Little  
Hip Hop Dance!

Do a little hip hop  
dance!



No hip hip hop, but don't you stop!

Do a Little  
Hip Hop Dance!

Keep dancing!



Hip hip hop, but don't you stop!

Do a Little  
Hip Hop Dance!

Keep on dancing!

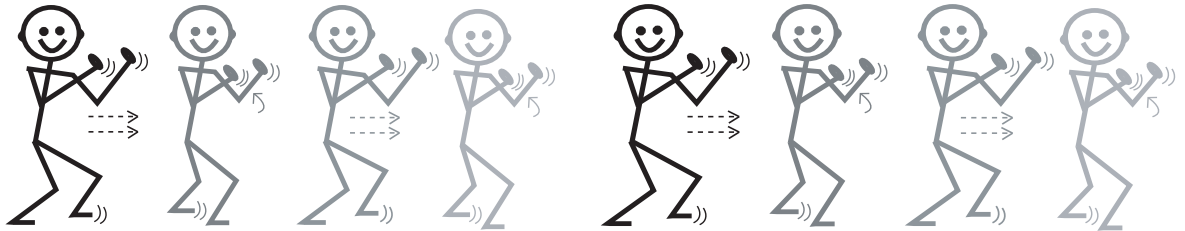


Hip hip hop, but don't you stop!

Step And Push To the Left!

Step And Push To the Right!

Boogie to the  
left and right in  
time to the music  
each time you  
say, "/b/ But,  
but, B-U-T!"



/b/ But, but, B-U-T!

# Eat

(I'm Gonna Sing, Sing, Sing)

Pretend to feed yourself with your right, then your left, and then your right hand each time you spell the word.

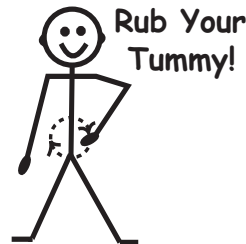
Pretend To Feed Yourself!



I'm gonna E-A-T! I'm gonna E-A-T!

Pretend to feed yourself with both hands at once. Then rub your stomach on the word food.

Pretend To Feed Yourself With Both Hands!



Rub Your Tummy!

I'm gonna eat! I'm gonna eat all my food!

Put one hand on your heart on the word, "Dear," and the other hand on your heart on the word, "Mom." Then hold them out towards someone that is "dear" to you!

Point to your watch!



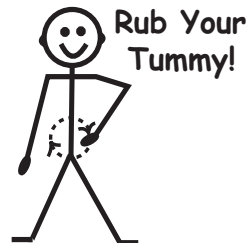
Pretend To Feed Yourself!



When it's time to eat my lunch, I'm gonna sit and munch, munch, munch!

Pretend to feed yourself with both hands at once. Then rub your stomach on the word food.

Pretend To Feed Yourself With Both Hands!



Rub Your Tummy!

I'm gonna E-A-T all my food!

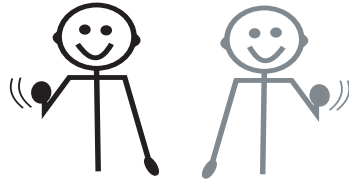
Repeat again two more times with increasing speed.

# Fight

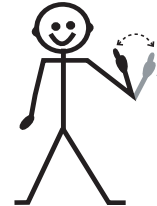
(An original rap by Heidi Butkus)

**Punch Left, Then Right!**

Punch right and left as you spell the word, and then shake your finger on the words, "We don't fight!"



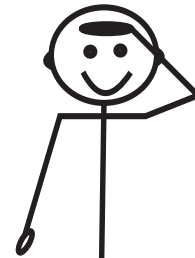
**Shake Finger From Right to Left!**



**F-I-G-H-T! We don't fight! F-I-G-H-T! We don't fight!**

Make your hands "talk" as shown, and then thumb a ride on the words, "Walk away."

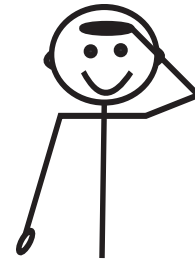
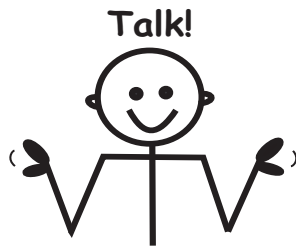
Put your hand over your eyes as if looking for another game to play.



**Talk it over! Walk away! Find another game to play!**

Make your hands "talk" as shown, and then thumb a ride on the words, "Walk away."

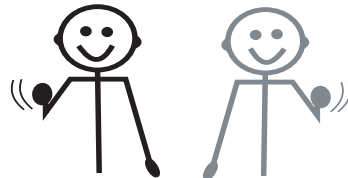
Put your hand over your eyes as if looking for another game to play.



**Talk it over! Walk away! Find another game to play!**

**Punch Left, Then Right!**

Punch right and left as you spell the word, and then shake your finger on the words, "We don't fight!"



**Shake Finger From Right to Left!**

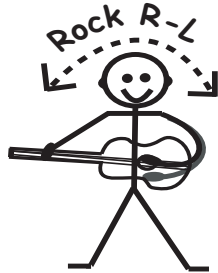


**F-I-G-H-T! We don't fight! F-I-G-H-T! We don't fight!**

# Find

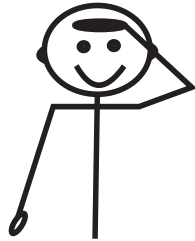
(How Dry I Am)

Play the guitar and rock right and left in time to the music when you spell the word the first time. Then face the side, and play the guitar, rocking front to back in time to the music on the second time you spell the word.

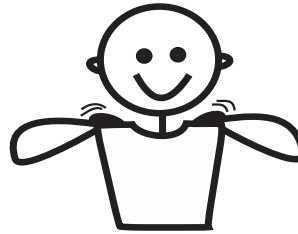


F-I-N-D! F-I-N-D!

Put your hand over your eyes and bounce in time to the music while you try to "find" something. Tap your back in time to the music on the words, "backpack please."

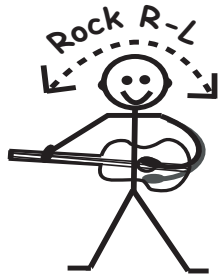


Pat your back!



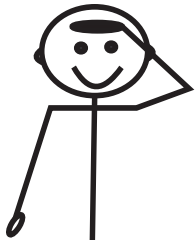
Oh, help me find my backpack, please!

Play the guitar and rock right and left in time to the music when you spell the word the first time. Then face the side, and play the guitar, rocking front to back in time to the music on the second time you spell the word.

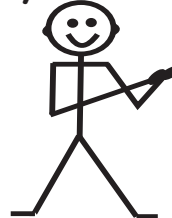


F-I-N-D! F-I-N-D!

Put your hand over your eyes and bounce in time to the music while you try to "find" something. Pretend to write on your hand for the word, "homework."



Pretend to write on your hand.



Oh, help me find my homework, please!



# Funny

(My Dog Rags; Verse 1)

Shake your finger in time to the music.



Here's a funny thing to try!

Twirl your fingers in opposite directions with a silly look on your face.



It's funny, F-U-N-N-Y!

Continue twirling your fingers, but in the in opposite directions as before, still with a silly look on your face!



It's funny, F-U-N-N-Y!

Change directions again, and twirl your fingers one more time.

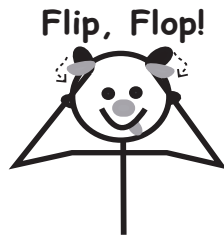


It's funny, F-U-N-N-Y!

# Funny

(My Dog Rags; Chorus)

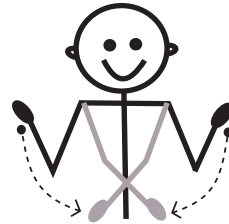
Flip one "dog ear" forward and then the other on the words, "Flip, flop." Wag your doggy "tail" on "wibble, wobble, and then cross your arms on "Zig, zag!"



**Wibble, Wobble!**

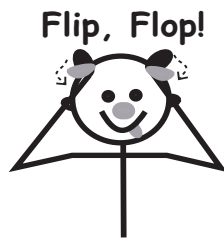


**Zig Zag!**



Flip, flop, wibble, wobble, zig, zag!

Flip one "dog ear" forward and then the other on the words, "Flip, flop." Wag your doggy "tail" on "wibble, wobble, and then cross your arms on "Zig, zag!"



**Wibble, Wobble!**

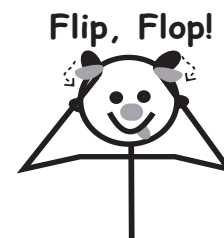


**Zig Zag!**



Flip, flop, wibble, wobble, zig, zag!

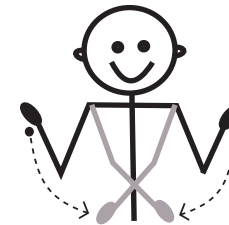
Flip one "dog ear" forward and then the other on the words, "Flip, flop." Wag your doggy "tail" on "wibble, wobble, and then cross your arms on "Zig, zag!"



**Wibble, Wobble!**

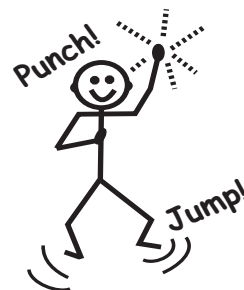


**Zig Zag!**



Flip, flop, wibble, wobble, zig, zag!

Shake your finger and then jump and punch the air and shout, "Rags!"



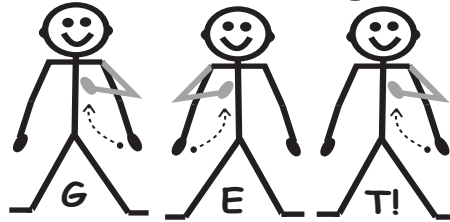
That's my funny dog named Rags!

# Get

(Rabbit Ain't Got No Tail At All)

Grab something!

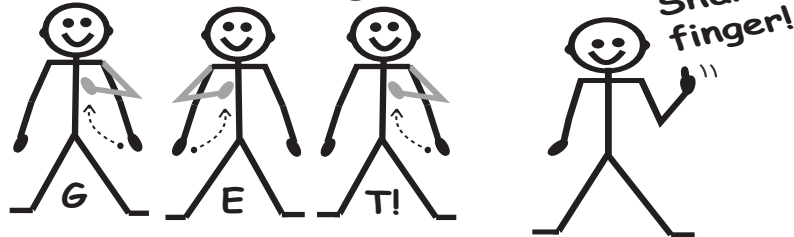
Grab something out of the air on each letter, "G-E-T."



"Get" is just a G-E-T, G-E-T, G-E-T!

Grab something!

Grab something out of the air on each letter, "G-E-T."  
Shake your finger on "Go and get your stuff."

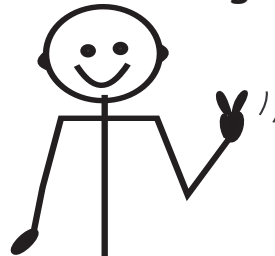
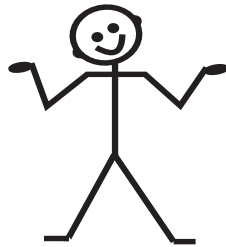


"Get" is just a G-E-T! Go and get your stuff!

Show Two Fingers!

Show Three Fingers!

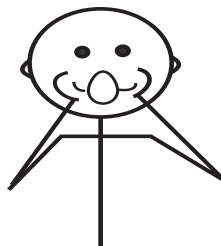
Put your hands out as shown on the words, "Same song." Show two fingers on "second verse."



Same song, second verse.

(Or, "third verse" for last time through)

Put your hands around your mouth and shout this last line!



A little bit louder and a little bit worse!

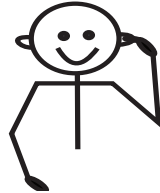
(Repeat one more time from the beginning!)

# Into

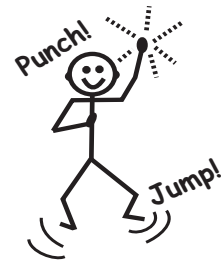
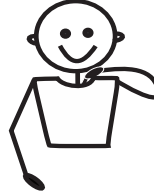
(Original Song by Heidi Butkus and Mike Cravens)

Put your finger into your ear, and then slip it inside the collar of your shirt. Then jump and punch on each letter, "I-N-T-O!"

Put your finger into your ear!



Put your finger into your clothes!



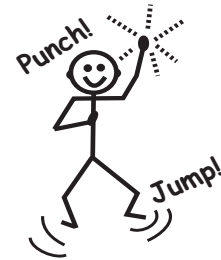
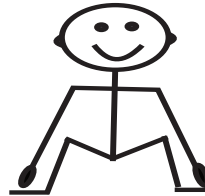
Into my ear, into my clothes! I-N-T-O!

Put your finger into your hair, and then touch your shoe or toes. Then jump and punch on each letter, "I-N-T-O!"

Put your finger into your hair!



Touch Your Shoe!



Into my hair, into my toes! I-N-T-O!

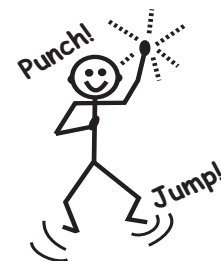
Shake finger from side to side. Then jump and punch on each letter, "I-N-T-O!"

Shake Finger From Right to Left!



No matter what, everyone knows! I-N-T-O!

Shake your finger as if you are teaching someone something or saying, "I told you so!" Then jump and punch on each letter, "I-N-T-O!"

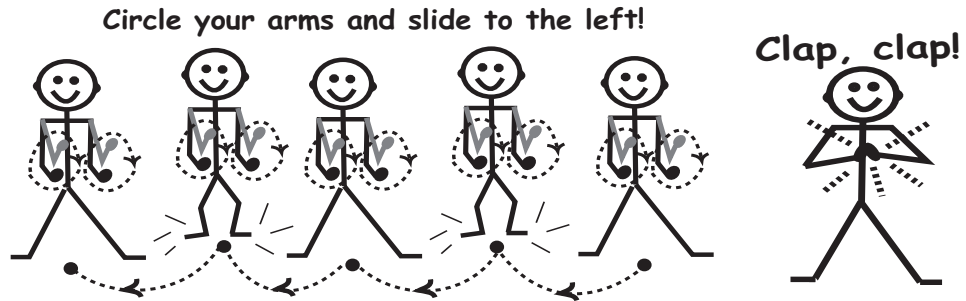


Don't put your finger into your nose! I-N-T-O!

# New

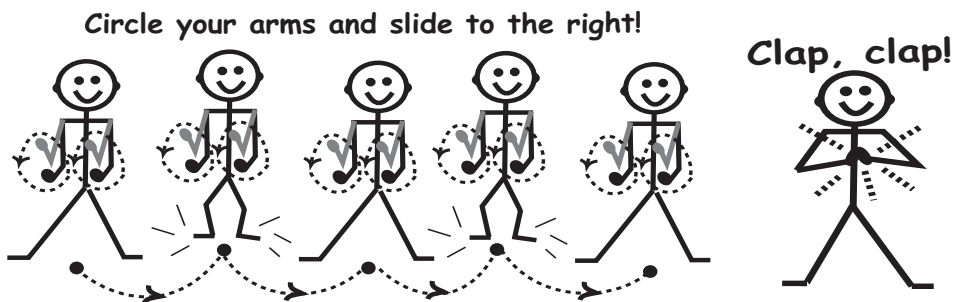
(Let Everyone Clap Hands Like Me)

Circle your arms around and slide to the left. Then clap twice at the end of the phrase!



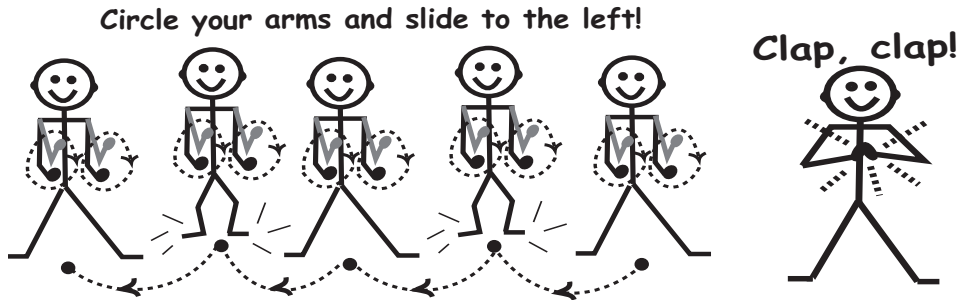
/n/ New is N-E-W! (Clap, clap!)

Circle your arms around and slide to the right. Then clap twice at the end of the phrase!



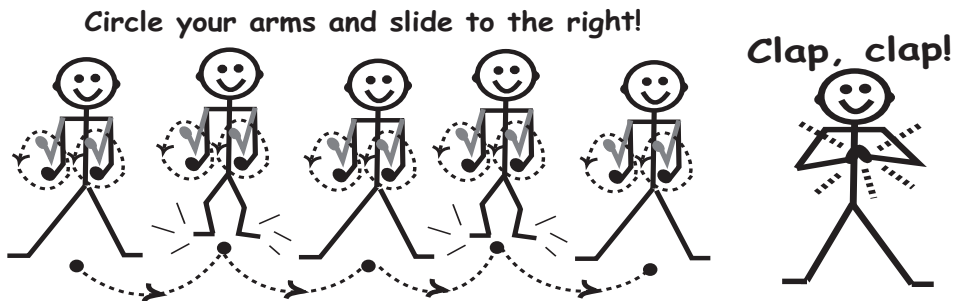
/n/ New is N-E-W! (Clap, clap!)

Circle your arms around and slide to the left. Then clap twice at the end of the phrase!



A new and fun little game! (Clap, clap!)

Circle your arms around and slide to the right. Then clap twice at the end of the phrase!



You'll find that it's always the same! (Clap, clap!)

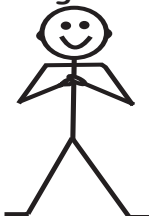
*(Repeat one more time with increasing speed)*

# Please

(Loopy Loo)

Fold your hands together as if you are begging for something or praying for something, and then bounce them in time to the music as you spell the word. Then point to your head on the next line.

Fold your hands together.



Point to your head!



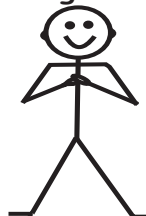
P-L-E-A-S-E! P-L-E-A-S-E! Oh, please, say please!

Keep pointing to your head on "Remember it please." Then fold your hands and bounce them again as you spell the word, "please" again.

Point to your head!

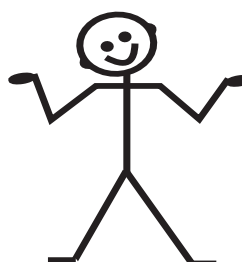
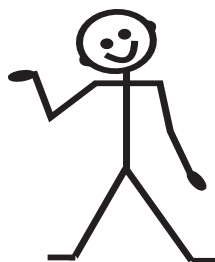


Fold your hands together.



Remember it, please! P-L-E-A-S-E!

Do the sign for "good" each time you say the word, by touching your hand to your mouth and then touching it to your hand.



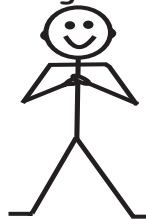
I need a paper, please! I need a pencil, please!

Be a dog!



Pretend you're a dog! Then fold your hands and bounce along as before.

Fold your hands together.



I need a puppy, please! Pretty, /p/ pretty, /p/ please!

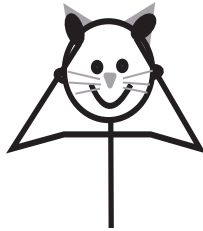
*(Repeat chorus only from beginning)*

# Pretty

(Pretty Dutch Girl)

Be a cat!

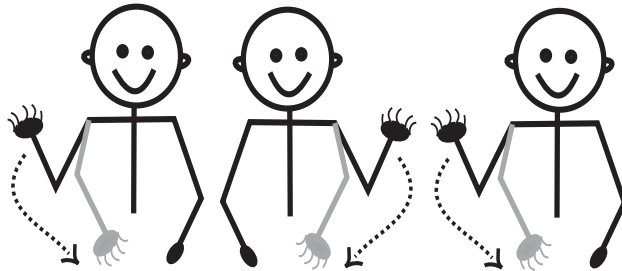
Put your hands up as if they were ears on a cat.



## I am a pretty kitty!

Scratch like a cat with the right, left, and right!

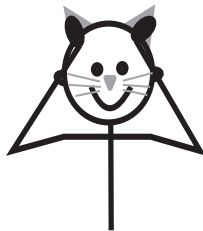
Scratch like a cat with one hand and then the other as you spell the word.



### P-R-E-T-T-Y!

Be a cat!

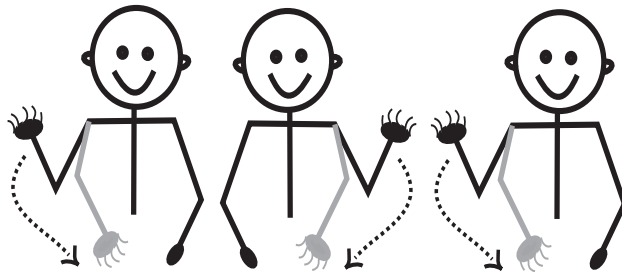
Put your hands up as if they were ears on a cat.



## A pretty, pretty, kitty,

Scratch like a cat with the right, left, and right!

Scratch like a cat with one hand and then the other as you spell the word.



### I'm P-R-E-T-T-Y!

# Ride

(Oh, Bury Me Not)

Gallop Like a Horse  
To the Right!

Gallop like a horse to the  
right!



R-I-D-E!

Gallop Like a Horse  
To the Left!

Gallop like a horse to the  
left!



R-I-D-E!

Pretend you're  
a horse!

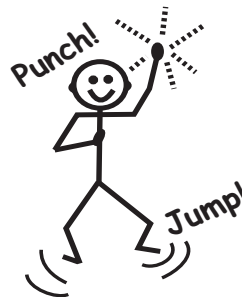
Pretend you are a horse  
and ride to the right!



I ride my horse,

Pretend you're  
a horse!

Pretend you are a horse  
and ride to the left!  
Then punch the air and  
shout, "Yeehaw!"



On the old prairie! Yeehaw!

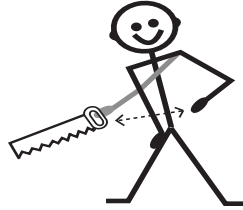


# Saw

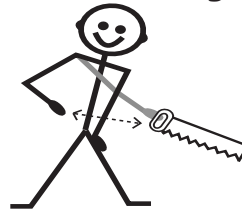
(Erie Canal Chorus)

Pretend to saw something to one side, and then saw something to the other side.

Pretend to saw something!



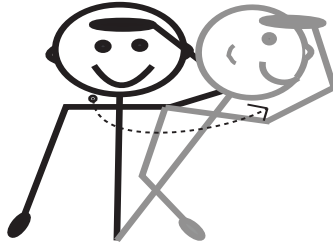
Pretend to saw something!



Saw! Saw! S-A-W! Saw! Saw! It's an S-A-W!

Look to the right!

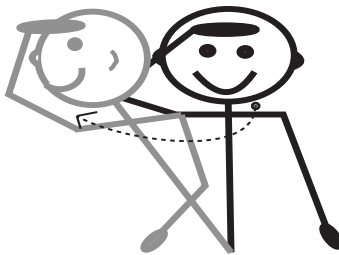
Look to the right, bouncing your head in time to the music.



Yes, I saw you at the party!

Look to the left!

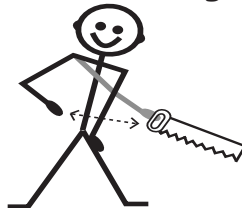
Look to the left, bouncing your head in time to the music.



I saw you at the zoo!

Pretend to saw something!

Pretend to saw something to one side. (When the song repeats, switch to the other side for the beginning of the song.)

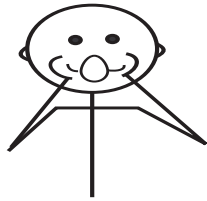


Yes, I saw you, saw you, saw you, S-A-W!

# Say

(Rig-A-Jig-Jig)

Put your hands around your mouth to shout on the word, "say." Then pat your legs in time with the music as you spell the word.

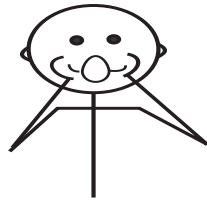


Pat your legs in time with the music!

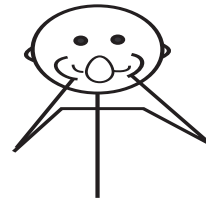


Say is written S-A-Y, S-A-Y, S-A-Y!

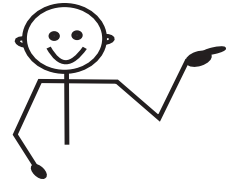
Put your hands around your mouth to shout on the word, "say" (both times!). Then pat your legs in time with the music as you spell the word. Point to the right on the word, "Go."



Pat your legs in time with the music!

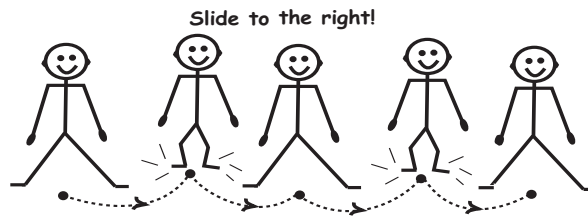


Point!



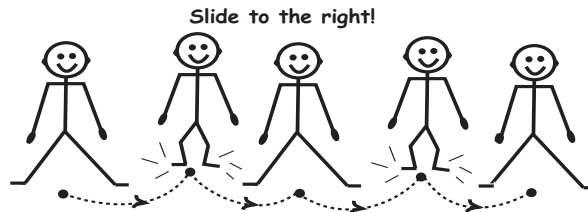
Say is written S-A-Y! Say so, say so, say so! Go!

Slide to the right as shown as you spell the word.



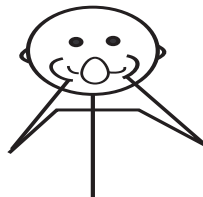
S-A-Y, S-A-Y, S-A-Y! S-A-Y, S-A-Y!

Slide to the left as shown.



S-A-Y, S-A-Y, S-A-Y!

Put your hands around your mouth to shout on the word, "say."



Say so, say so, say so!

# Says

(Original Song by Heidi Butkus and Mike Cravens; Chorus)

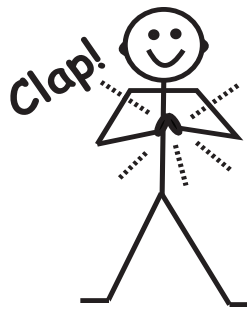
Reach up high and wiggle your hands down to put them around your mouth on the word, "says" each time.



S-A-Y-S, says! S-A-Y-S, says!

Point to lots of people!

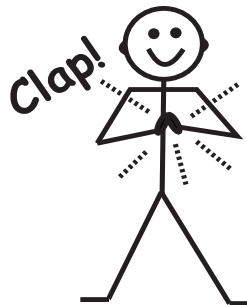
Point around to lots of people in time to the music, and then clap at the end of the phrase.



You always gotta do, (clap!)

Point to lots of people!

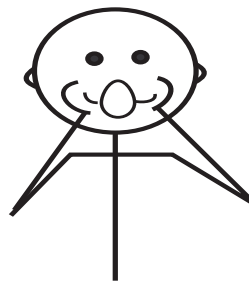
Point around to lots of people in time to the music, and then clap at the end of the phrase.



you always gotta do, (clap!)

Point to lots of people!

Point around to lots of people in time to the music, and then put your hands around your mouth on the word, "says."



You always gotta do what the teacher says!

# Says

(Original Song by Heidi Butkus and Mike Cravens; Verse)

Shake your finger on "The teacher says," then jump in time to the music.



The teacher says, "Jump." Jump, jump, jump!

Shake your finger on "The teacher says," then hop.



The teacher says, "Hop." Hop, hop, hop!

Shake your finger on "The teacher says," then spin around.



The teacher says, "Spin." Spin, spin, spin!

Shake your finger, and then hold your hand out and stop moving on the word, "stop."



The teacher says, "Stop."

Freeze in any position!



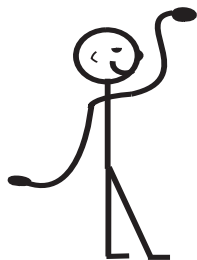
And freeze!

# So

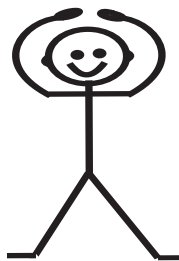
(Original Song by Heidi Butkus and Mike Cravens; Verse 1)

Each time you say a letter, make the shape of it.

Make An S Shape!



Make an O!



So is an S-O! S-O, S-O!

Wiggle around any way you want in time with the music!



Wiggle, wiggle, just like so!

Keep wiggling!

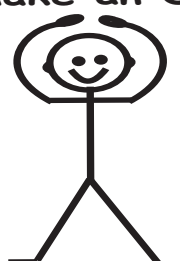
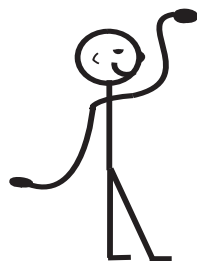


Wiggle, wiggle, just like so!

Make An S Shape!

Make an O!

Each time you say a letter, make the shape of it. Then wiggle around as before.



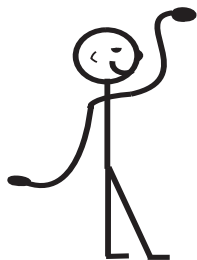
S-O, S-O! Wiggle, wiggle, just like so!

# So

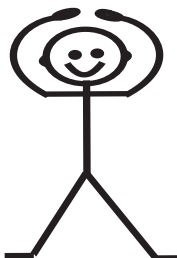
(Original Song by Heidi Butkus and Mike Cravens; Verse 2)

Each time you say a letter, make the shape of it.

Make An S Shape!



Make an O!



So is an S-O! S-O, S-O!

Wiggle around any way you want in time with the music!



Move it, move it, just like so!

Keep wiggling!

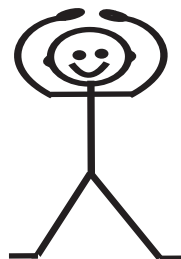


Move it, move it, just like so!

Make An S Shape!



Make an O!



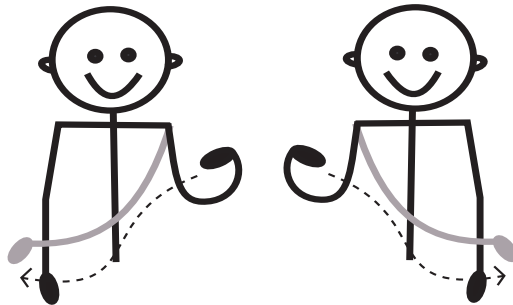
Each time you say a letter, make the shape of it. Then wiggle around as before.

S-O, S-O! Move it, move it, just like so!

# Under

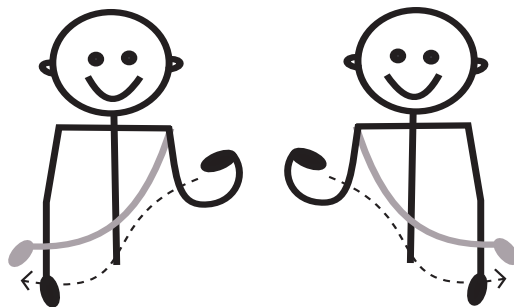
(Original Song by Heidi Butkus and Mike Cravens)

Make your hands go down and under something imaginary as shown. Then, make one hand go under, and then the other hand go under something imaginary as well.



U-N-D-E-R! Under, under!

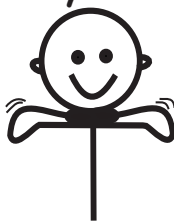
Make your hands go down and under something imaginary as shown. Then, make one hand go under, and then the other hand go under something imaginary as well.



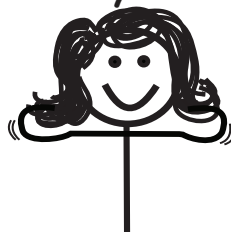
U-N-D-E-R! Under, under!

Put your hands under your chin, and then under your hair.

Put your hands under your chin!



Put your hands under your hair



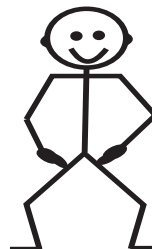
Under my chin and under my hair!

Touch under your elbow and then point to your underwear!

Point under your elbow!



Point to your underwear!



Under my elbow, underwear!

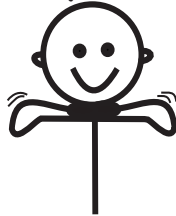
(Continued on the next page)

# Under

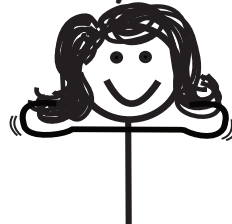
(Original Song by Heidi Butkus and Mike Cravens; continued)

Put your hands under your chin, and then under your hair.

Put your hands under your chin!



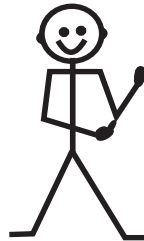
Put your hands under your hair



## Under my chin and under my hair!

Touch under your elbow and then point to your underwear!

Point under your elbow!

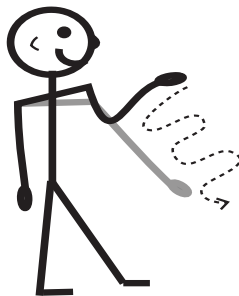


Point to your underwear!



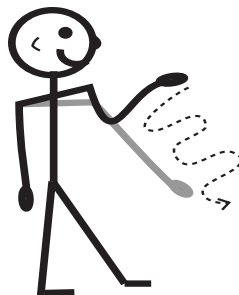
## Under my elbow, underwear!

Make your hands go down and under something imaginary as shown. Then, make one hand go under, and then the other hand go under something imaginary as well.



## U-N-D-E-R! Under, under!

Make your hands go down and under something imaginary as shown, and then FREEZE!



## U-N-D-E-R!

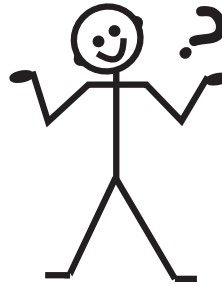
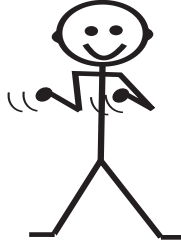


# Which

(Jolly Old St. Nickolas)

Shake your jingle bells when you spell the word. Put your hands out as if asking a question on the words, "Which toy." Point to somebody on the words "for you."

**Shake Your Jingle Bells!**



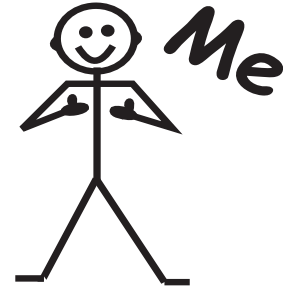
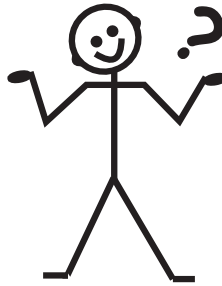
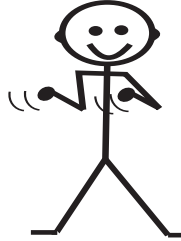
**Point to someone!**



**W-H-I-C-H!** Which toy is for you?

Shake your jingle bells when you spell the word. Put your hands out as if asking a question on the words, "Which toy." Point to yourself on the words "for me."

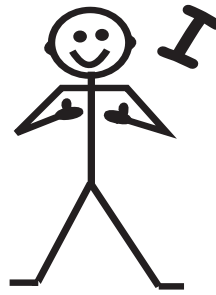
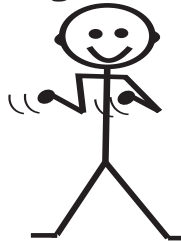
**Shake Your Jingle Bells!**



**W-H-I-C-H!** Which toy is for me?

Shake your jingle bells when you spell the word. Point to yourself on the words "I can't wait to see."

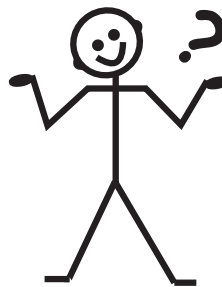
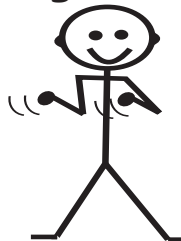
**Shake Your Jingle Bells!**



**W-H-I-C-H!** I can't wait to see!

Shake your jingle bells when you spell the word. Put your hands out as if asking a question on the words, "Which one it will be!"

**Shake Your Jingle Bells!**



**W-H-I-C-H!** Which one it will be!