

**HEIDISONGS™**

**Sing-Along Songs that Teach!**

# Word Family Songs

(Sound Blending Songs for Word Families)

## Lyrics & Handmotions

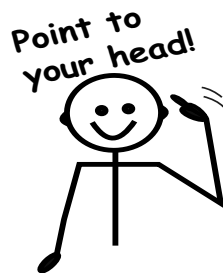
When the text is written in this font and color,  
say the letter sounds and sound out the words  
rather than saying the letter names.

P.O. Box 603, La Verne, CA 91750  
Phone: (909) 331-2090 Fax: (909) 592-2110  
[www.heidisongs.com](http://www.heidisongs.com) • ©2013 Heidi Butkus

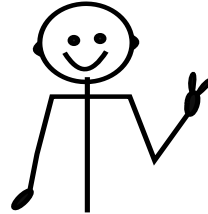
# Just Two Sounds

(By Heidi Butkus; Verse 1)

Point to your head  
with your right hand  
in time with the  
music.



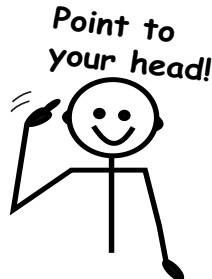
Show Two  
Fingers!



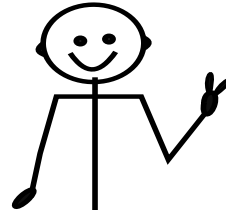
Hold two fingers  
up on the word  
"together."

I'm learning to blend two sounds together,

Then do the same  
thing again, this  
time with your  
left hand.



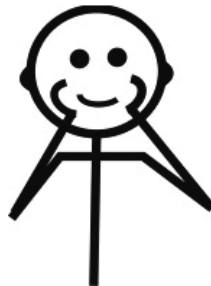
Show Two  
Fingers!



Hold two fingers up on  
the word "sounds."

Learning to blend two sounds!

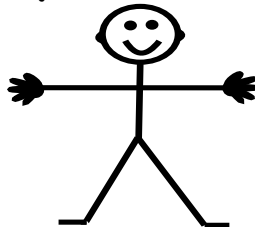
Put your hands  
around your mouth  
while making an  
"m" sound.



I take one sound: m.

Hold your arms wide!

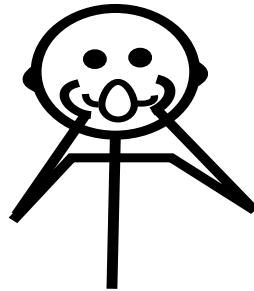
Stretch your hands  
as far as you can  
on either side of you.



Stretch it out like this: mmmm.

# Just Two Sounds

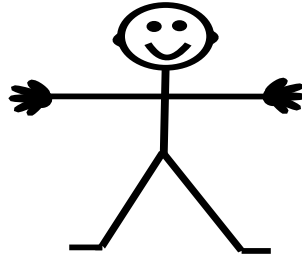
(By Heidi Butkus; Verse 1 Continued)



Put your hands around your mouth while making an "a" sound.

Take another sound: a.

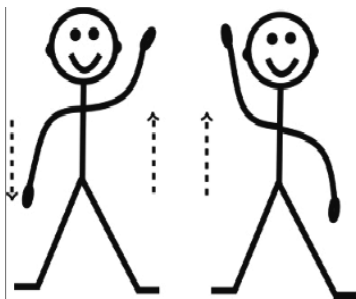
Hold your arms wide!



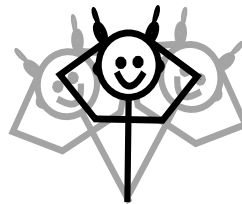
Stretch your hands as far as you can on either side of you.

Stretch it out like this: aaaa.

Wave your arms up and down, alternating them on each "m" and "a."



Put "horns" on your head and rock back and forth.



Be a goat!

M...a, M...a, M...a, Say, "Maa, maa, maa!"

Shake your finger.



Put "horns" on your head and rock back and forth.



Be a goat!

That's what the goat says, "Maa, maa, maa!"

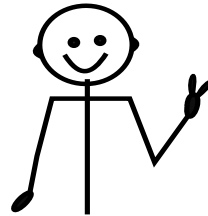
# Just Two Sounds

(By Heidi Butkus; Verse 2)

Point to your head with your right hand in time with the music.



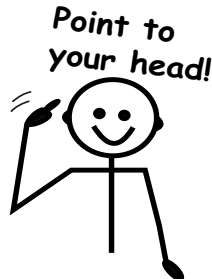
Show Two Fingers!



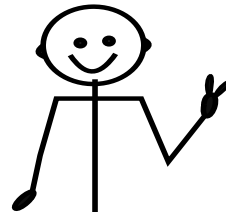
Hold two fingers up on the word "together."

I'm learning to blend two sounds together,

Then do the same thing again, this time with your left hand.



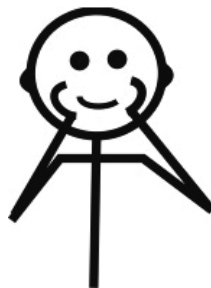
Show Two Fingers!



Hold two fingers up on the word "sounds."

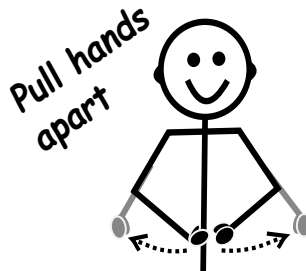
Learning to blend two sounds!

Put your hands around your mouth while making an "m" sound.



I take one sound: m.

Pull your hands apart as if you are stretching out a rubberband.

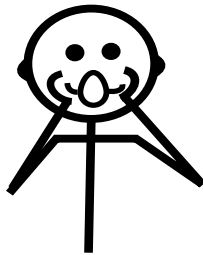


Stretch it out like this: mmmm.

# Just Two Sounds

(By Heidi Butkus; Chorus)

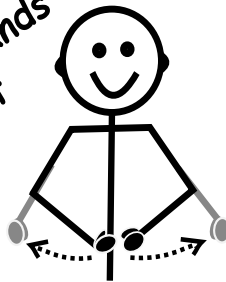
Put your hands around your mouth while making an "oo" sound as in "moo."



Take another sound: oo.

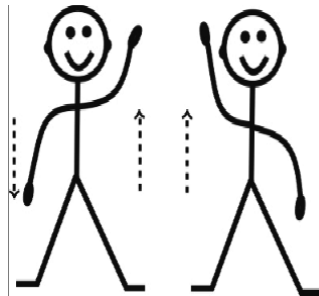
Pull your hands apart as if you are stretching out a rubberband.

Pull hands apart

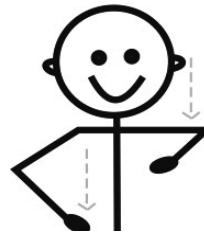


Stretch it out like this: oooo.

Wave your arms up and down, alternating them on each "m" and "a."



Milk a cow!



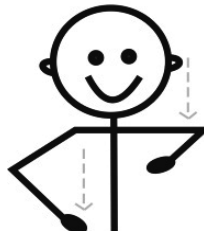
Pretend you are milking a cow!

M...oo, M...oo, M...oo, Say, "Moo, moo, moo!"

Shake your finger.



Milk a cow!



Pretend you are milking a cow!

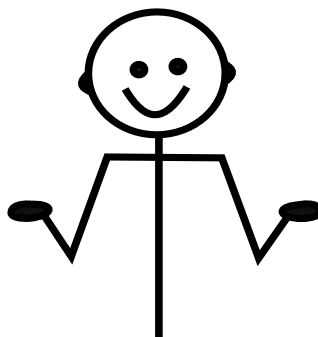
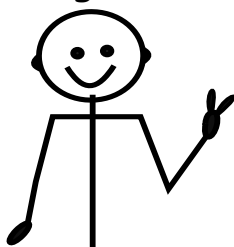
That's what the cow says, "Moo, moo, moo!"

# Little Two Letter Word

(By Heidi Butkus; Chorus and Verse 1)

Show Two  
Fingers!

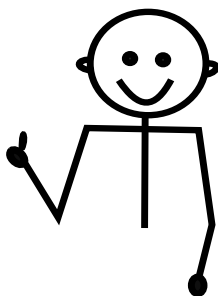
Hold up two  
fingers on the  
word "two".



Make your palms flat  
and bend your elbows  
out on either side of  
your body.

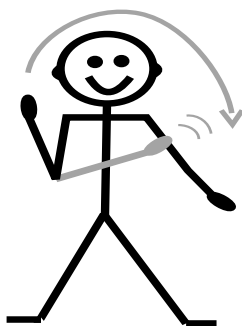
Little two letter words are easy to blend!

Hold up one finger.



Put the vowel sound first and

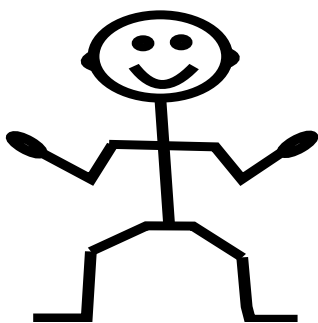
Chop off one arm  
with the other arm.



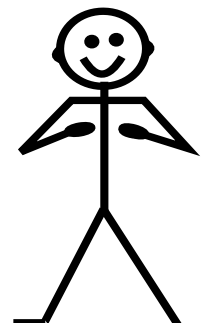
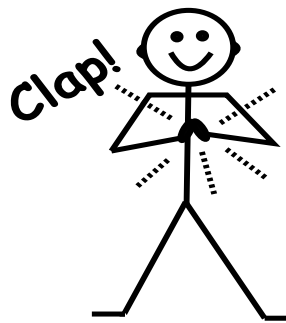
Chop it off at the end!

Point to yourself to  
the beat of the  
music.

Bend knees and  
elbows out on  
each long AT,  
and then bring  
them back in.



Step and clap  
on each short  
"at".

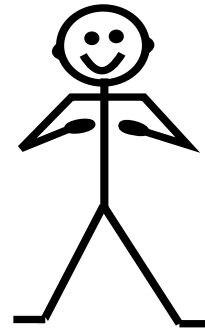
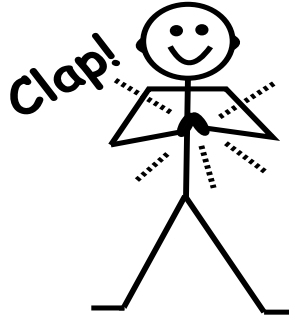
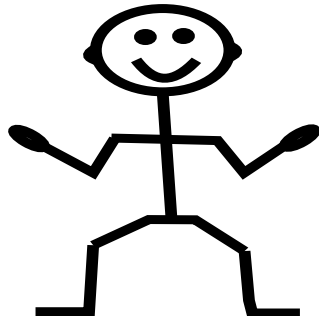


A...t! A...t! At! At! I can read "at!"

# Little Two Letter Words

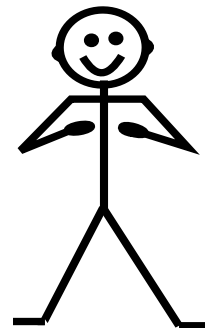
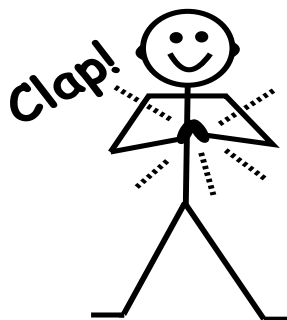
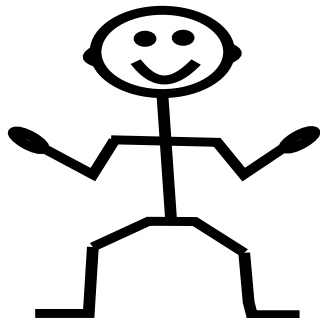
(By Heidi Butkus; Verses)

Repeat same  
movements for  
IT.



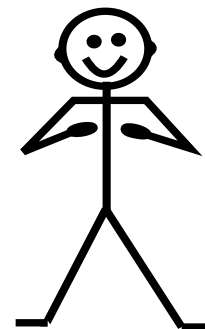
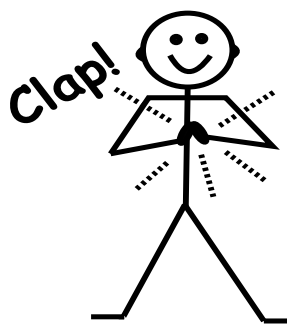
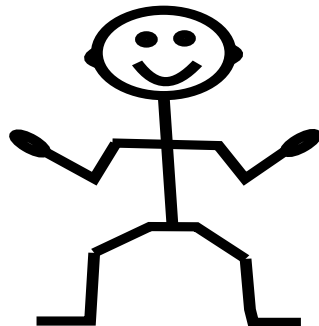
I...t! I...t! It! It! I can read "it!"

Repeat same  
movements for  
IN.



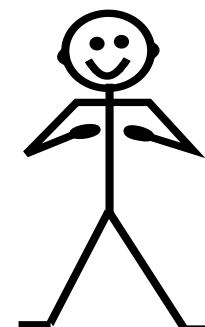
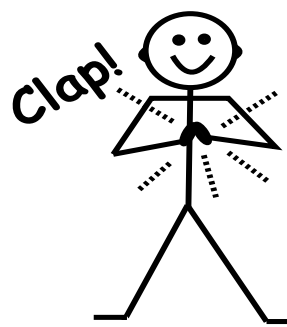
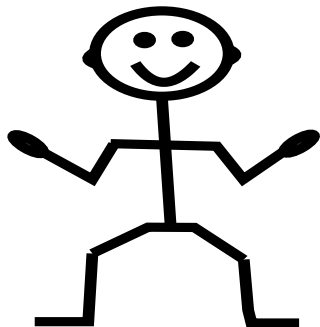
I...n! I...n! In! In! I can read "in!"

Repeat same  
movements for  
ON.



O...n! O...n! On! On! I can read "on!"

Repeat same  
movements for  
UP.



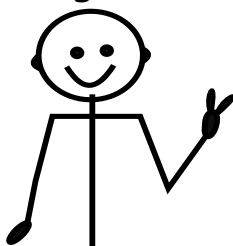
U...p! U...p! Up! Up! I can read "up!"

# Little Two Letter Word

(By Heidi Butkus; Chorus)

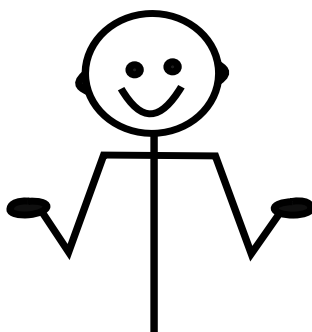
Show Two  
Fingers!

Hold up two  
fingers on the  
word "two".



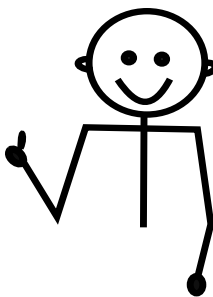
## Little two letter words

Make your palms flat  
and bend your elbows  
out on either side of  
your body.



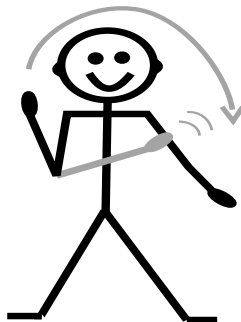
## are easy to blend!

Hold up one finger.



## Put the vowel sound first and

Chop off one arm  
with the other arm.



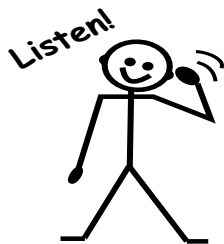
## Chop it off at the end!



# Sound It Out

(By Heidi Butkus- Verse 1)

Put your hand to your right ear as if you are listening to something.



Put your hand to your left ear as if you are listening to something.

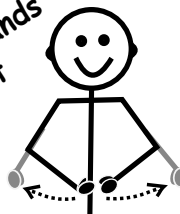


## How do you sound it out? How do you sound it out?

Put your hands around your mouth as if shouting.



Pull hands apart

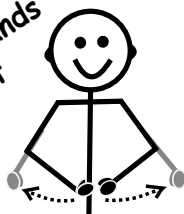


Pull your hands apart as if you are stretching out a rubberband.

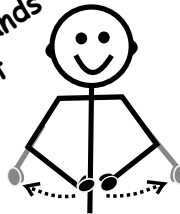
## Say all the sounds and then you drag 'em out!

Pull your hands apart as if you are stretching out a rubberband.

Pull hands apart



Pull hands apart



Pull your hands apart as if you are stretching out a rubberband.

## R u n! R...u...n!

Run in place.

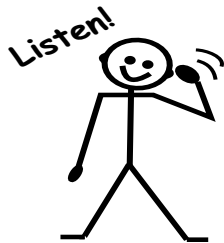


## Run! Run! Run, run, run!

# Sound It Out

(By Heidi Butkus- Verse 2)

Put your hand to your right ear as if you are listening to something.

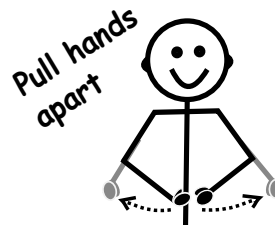


Put your hand to your left ear as if you are listening to something.



## How do you sound it out? How do you sound it out?

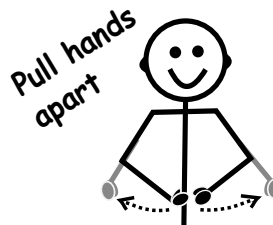
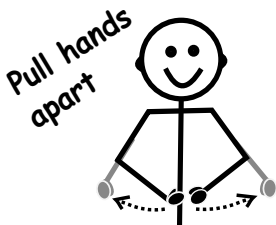
Put your hands around your mouth as if shouting.



Pull your hands apart as if you are stretching out a rubberband.

## Say all the sounds and then you drag 'em out!

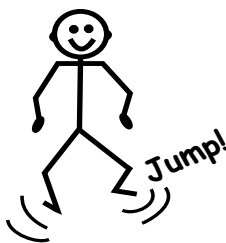
Pull your hands apart as if you are stretching out a rubberband.



Pull your hands apart as if you are stretching out a rubberband.

J u m p!      J... u... m... p...!

Jump up and down.



## Jump! Jump! Jump, jump, jump!

# Sound It Out

(By Heidi Butkus- Verse 3)

Put your hand to your right ear as if you are listening to something.

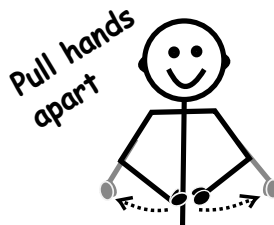


Put your hand to your left ear as if you are listening to something.



How do you sound it out? How do you sound it out?

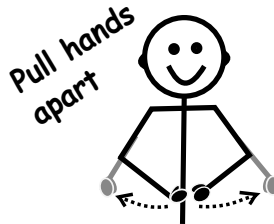
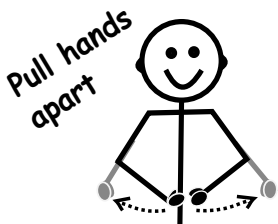
Put your hands around your mouth as if shouting.



Pull your hands apart as if you are stretching out a rubberband.

Say all the sounds and then you drag 'em out!

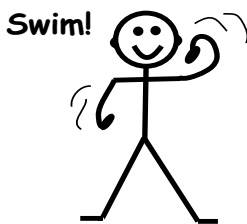
Pull your hands apart as if you are stretching out a rubberband.



Pull your hands apart as if you are stretching out a rubberband.

S w i m! S... w... i... m!

Pretend to swim.



Swim! Swim! Swim, swim, swim!

# Sound It Out

(By Heidi Butkus- Verse 4)

Put your hand to your right ear as if you are listening to something.



Put your hand to your left ear as if you are listening to something.

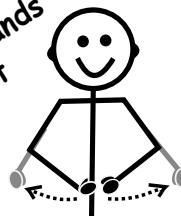


## How do you sound it out? How do you sound it out?

Put your hands around your mouth as if shouting.



Pull hands apart

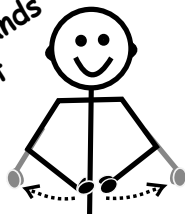


Pull your hands apart as if you are stretching out a rubberband.

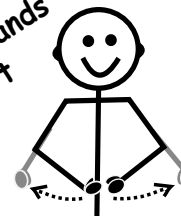
## Say all the sounds and then you drag 'em out!

Pull your hands apart as if you are stretching out a rubberband.

Pull hands apart



Pull hands apart



Pull your hands apart as if you are stretching out a rubberband.

F | y!      F... l... y!

Pretend to fly.

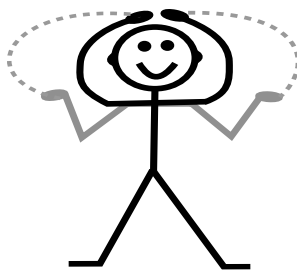


Fly! Fly! Fly, fly, fly!

# The At Family

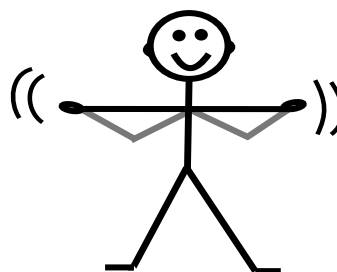
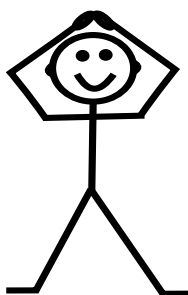
(By Heidi Butkus; Chorus)

Move your hands up above your head and circle down slowly.



All of the words in the At Family,

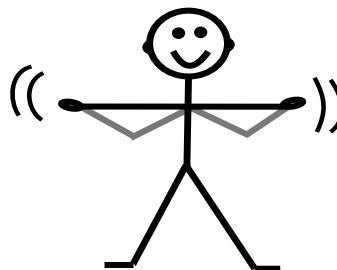
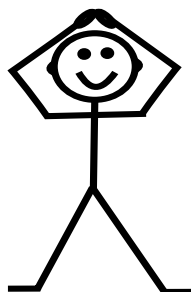
Point your hands above your head making the shape of an A letter. Do this when A is sung.



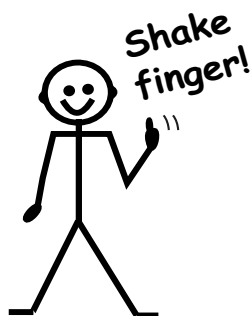
Hold your hands out to make the shape of a T.

End the same with an A and a T.

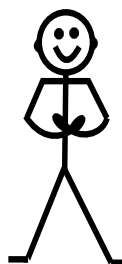
Point your hands above your head making the shape of a capital A and then a T each time you say the letter.



It goes A...t! A...t! A t! A t! At! At!



Hug yourself!



Hug yourself, first with one arm on "That's," then with the second arm on "At."

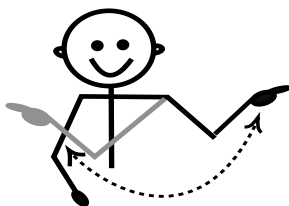
That's the At Family!

# The At Family

(By Heidi Butkus; Verse 1)

Point Right and Left!

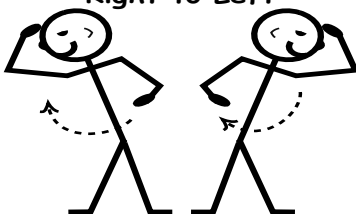
Point to everyone  
from right to left  
in time with the  
music.



Put an M in front of "at."

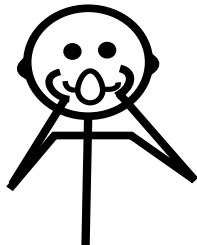
Look Around,  
Right to Left

Repeat twice.

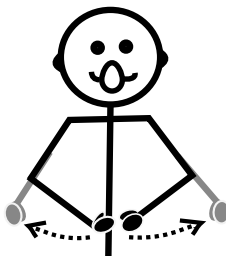


What word is that? What word is that?

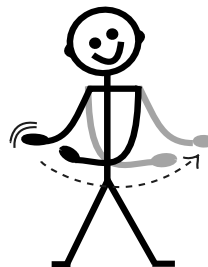
Mouth the letter  
sounds for M, A  
and T with your  
hands around your  
mouth.



Pull your  
hands apart  
as you  
stretch out  
the sounds.



Slowly sweep  
your hands from  
one side to the  
other as you  
blend the sounds  
together.

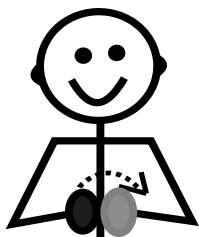


M a t!

M....a....t!

Mat! Mat!

On each short word,  
pretend to open and  
read a book.



Stomp your feet like you are  
wiping your feet on a mat.



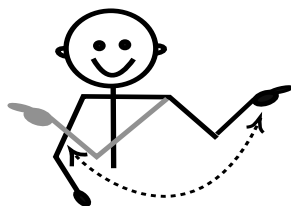
Mat! Mat! Wipe your feet on the mat!  
(Clap, clap, clap!) Wipe your feet on the mat!

# The At Family

(By Heidi Butkus; Verse 2)

Point Right and Left!

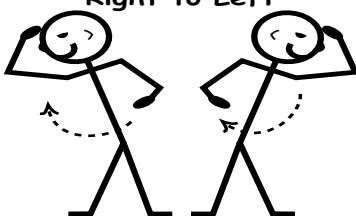
Point to everyone  
from right to left  
in time with the  
music.



## Put an R in front of "at."

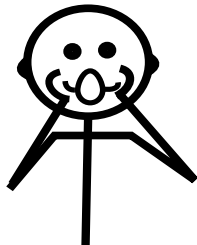
Look Around,  
Right to Left

Repeat twice.

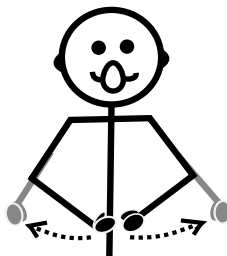


## What word is that? What word is that?

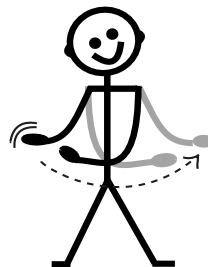
Mouth the letter  
sounds of R, A, and  
T with your hands  
around your mouth.



Pull your  
hands apart  
as you  
stretch out  
the sounds.



Slowly sweep  
your hands from  
one side to the  
other as you  
blend the sounds  
together.

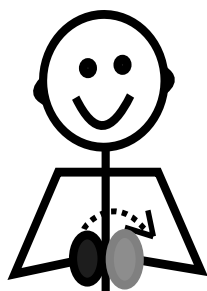


R a t!

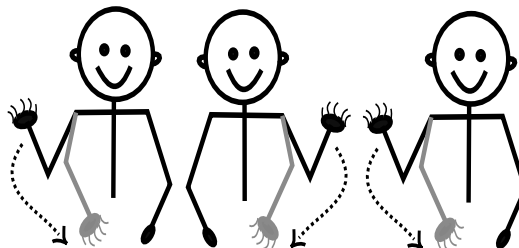
R...a...t!

Rat! Rat!

On each short  
word, pretend to  
open and read a  
book.



Scratch like a cat with the right, left, and right!



Run in place, in  
time with the  
music while  
scratching the  
air like a cat,  
right, left, and  
right!

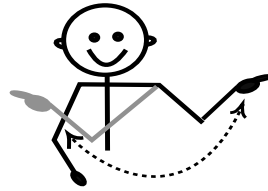
Rat! Rat! My cat will eat the rat!  
(Clap, clap, clap!) My cat will eat the rat!

# The At Family

(By Heidi Butkus; Verse 3)

Point Right and Left!

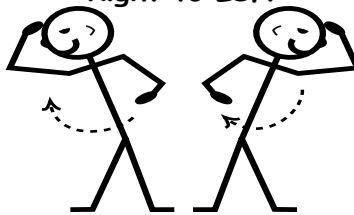
Point to everyone  
from right to left  
in time with the  
music.



## Put an S in front of "at."

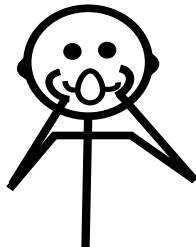
Look Around,  
Right to Left

Repeat twice.

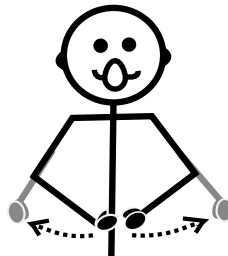


## What word is that? What word is that?

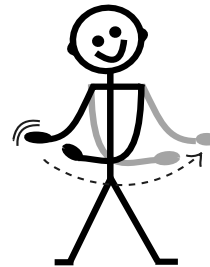
Mouth the sounds  
of S, A and T with  
your hands around  
your mouth.



Pull your  
hands apart  
as you  
stretch out  
the sounds.



Slowly sweep  
your hands from  
one side to the  
other as you  
blend the sounds  
together.

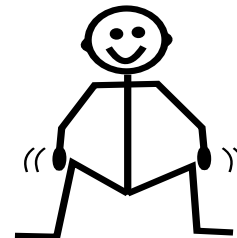
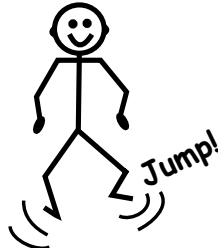
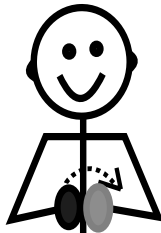


S a t!

S...a...t!

S a t! S a t!

On each word,  
pretend to open  
up a book and  
read it.



Jump three  
times, and on  
the third jump  
sit down quickly,  
as far as you can  
go in the amount  
of time that you  
have.

## Sat! Sat! We jumped and then we sat!

(Clap, clap, clap!) We jumped and then we sat!

## That's the At Family!

Hug yourself!



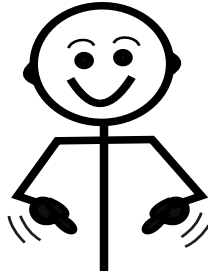
Hug yourself  
when you say  
"family."



# The An Family

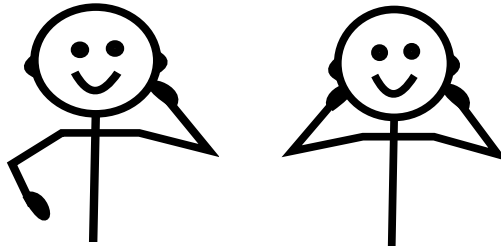
(By Heidi Butkus; Chorus)

Point forward,  
alternating hands  
in time with the  
music.



You can read the words with an A and an N,

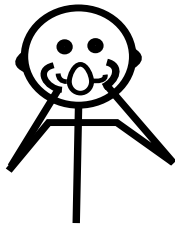
Put one hand  
behind your head  
on the word  
"sound", then put  
the other behind  
your head on the  
word "out".



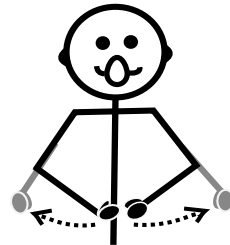
Then twist your  
head back and  
forth, keeping  
both hands  
behind your head.

Sound them out like this and try it again,

Put your hands  
around your  
mouth, mouthing  
the sounds A  
and N.



A n!



Pull your  
hands apart  
as you  
stretch out  
the sounds.

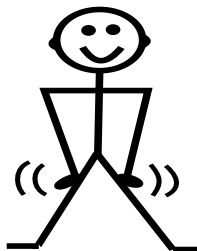
A...n...!



Slowly sweep your  
hands from one  
side to the other  
as you blend the  
sounds.

A n! A n!

Pat legs on  
each "an."



An, an, an!

Twist up and  
down with the  
music.



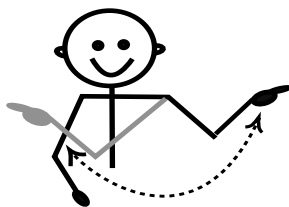
An Family!

# The An Family

(By Heidi Butkus; Verse 1)

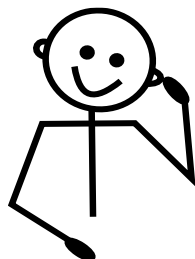
Point Right and Left!

Point to everyone  
from right to left  
in time with the  
music.



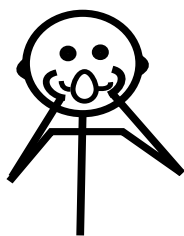
Try it with a V in front of it!

Bring your right  
hand up to your  
ear and listen.



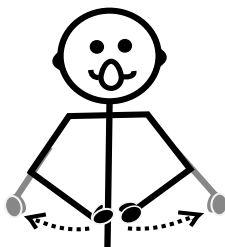
Let's sound it out!

Put your hands  
around your mouth,  
mouthing the sounds  
V, A, and N.

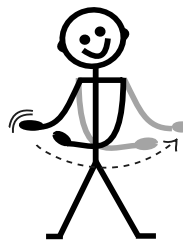


V a n!

Pull your  
hands apart  
as you  
stretch out  
the sounds.



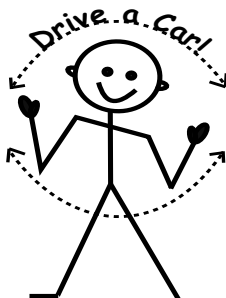
V...a...n!



Slowly sweep your  
hands from one  
side to the other  
as you blend the  
sounds.

V a n! V a n!

Pretend to drive a car  
moving from left to  
right.



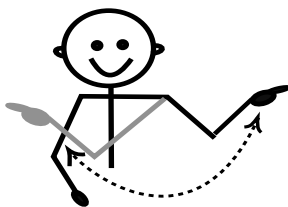
Van, van, van! Let's drive a van!

# The An Family

(By Heidi Butkus; Verse 3)

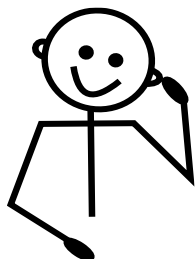
Point Right and Left!

Point to everyone  
from right to left  
in time with the  
music.



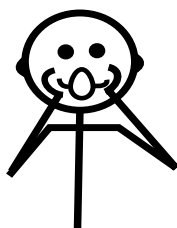
Try it with an F in front of it!

Bring your right  
hand up to your  
ear and listen.

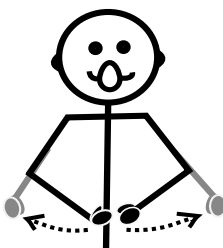


Let's sound it out!

Put your hands  
around your mouth,  
mouthing the  
sounds F, A, and N.



Pull your  
hands apart  
as you  
stretch out  
the sounds.



Slowly sweep  
your hands  
from one side  
to the other  
on the N.



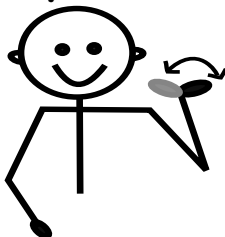
F a n!

F...a...n!

F a n! F a n!

Fan yourself!

Run in place!



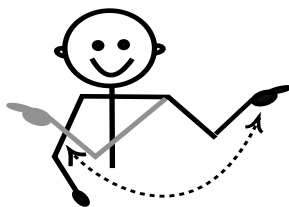
Fan, fan, fan! Show me a fan!

# The An Family

(By Heidi Butkus; Verse 2)

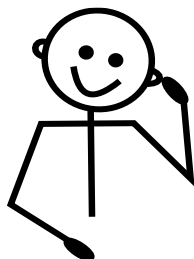
Point Right and Left!

Point to everyone  
from right to left  
in time with the  
music.



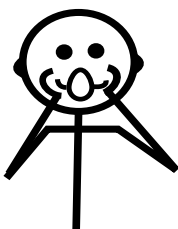
Try it with an R in front of it!

Bring your right  
hand up to your  
ear and listen.

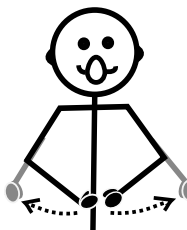


Let's sound it out!

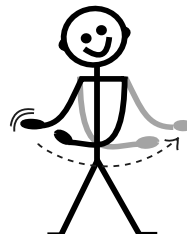
Put your hands  
around your mouth,  
mouthing the sounds  
"R, A, and N".



Pull your  
hands apart  
as you  
stretch out  
the sounds.



Slowly sweep  
your hands  
from one side  
to the other  
on the N.



R a n!

R...a...n!

R a n! R a n!

Run in place!



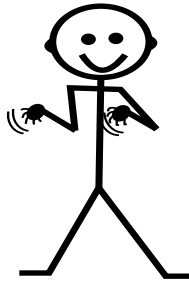
Ran, ran, ran! And we all ran!

# It Family

(By Heidi Butkus; Chorus and Verse 1)

Shake it!

Shake your hands  
to the right and  
to the left.

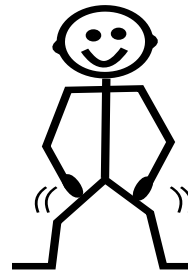


Blend these words with I and T,  
Shake it, shake it, read with me!

Slap your legs on  
the "S." Bend down  
with your hands still  
on your knees,  
coming up on the "it"

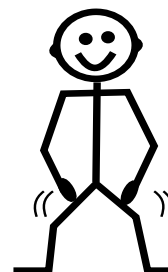
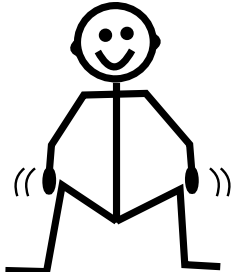
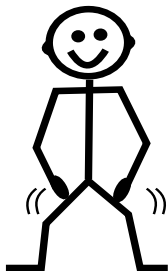


Slap your legs on  
the second "sit,"  
but stay standing.



S i t. Sit! S i t. Sit!

Slap your legs on the  
"S." Bend down with  
your hands still on  
your knees, coming  
up on the "it". This  
time is a little  
faster than before!



Slap your legs on  
each "sit."

S...i...t. S...i...t. Sit, sit! Sit, sit, sit!

Beg like a dog with  
it's paws in the air!  
Then on the word  
'sit', bend your knees  
with your paws still  
up!



Bend knees  
down and up!

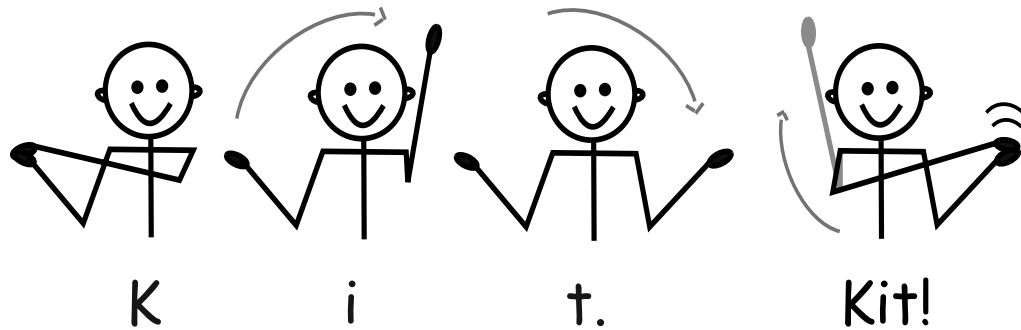


My little dog can beg and sit!

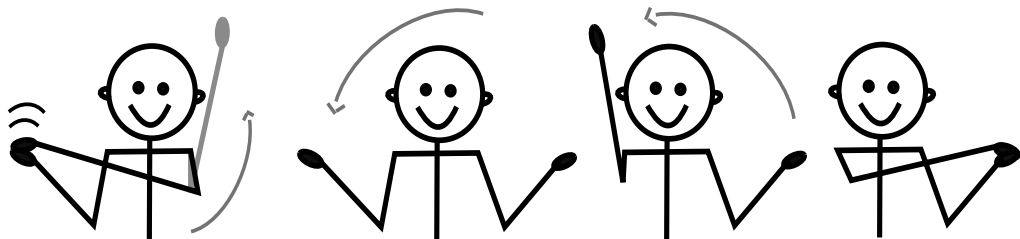
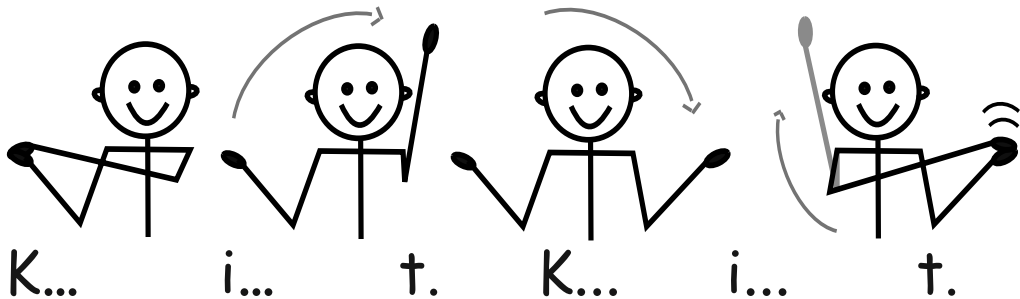
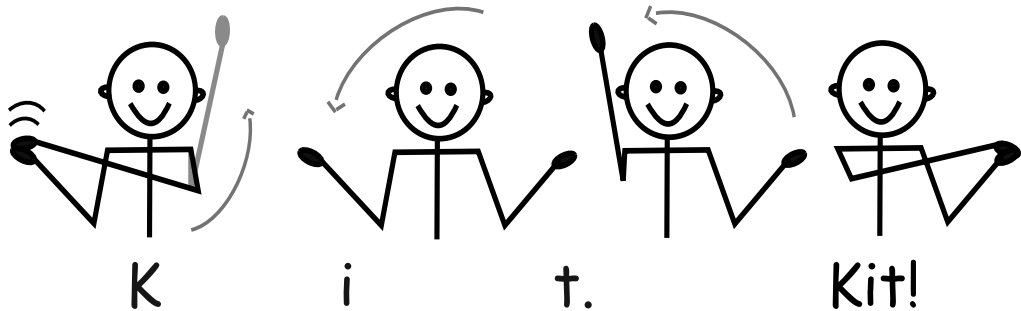
# It Family

(By Heidi Butkus; Verse 2)

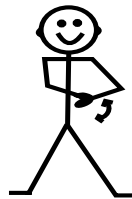
Pretend that you are opening a kit at eye level. Slap your hands together on the right side of you. Bring your left hand to the left side. Then bring the right hand over your head, slapping your hands together.



Repeat the action from above, only a little faster this time and going the opposite direction.



Kit, kit! Kit, kit, kit!



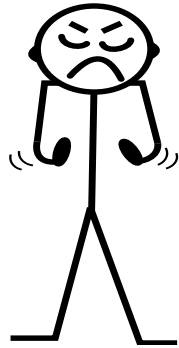
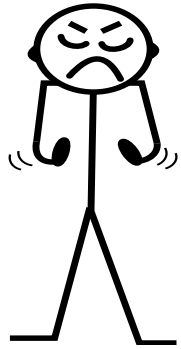
Rub one hand on top of the other, as if your hand hurts.

Boo-boos get a bandaid from the first aid kit!

# It Family

(By Heidi Butkus; Verse 3)

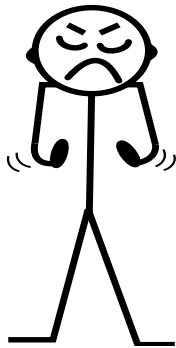
Pretend you are angry, shake your fists and jump on the word "fit."



F i t. Fit!

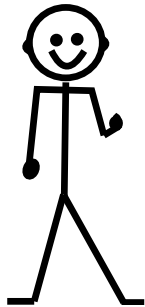
F i t. Fit.

Keep having a fit!  
Shake your fists  
down on each short  
"fit."

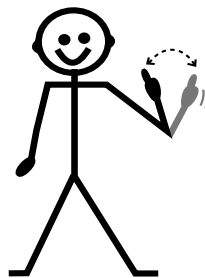


F...i...t. F...i...t. Fit, fit. Fit, fit, fit!

Shake your finger  
forward, looking  
angry. Then shake  
your finger from  
left to right.



Shake finger from  
right to left!



You get what you get and you don't have a fit!

# It Family

(By Heidi Butkus; Verse 4)

Make your hands look like a big dinosaur mouth, chomping down on each "bit."



B i t. Bit! B i t. Bit!

Repeat the same action from above. Make your hands look like a big dinosaur mouth, chomping down on each "bit."



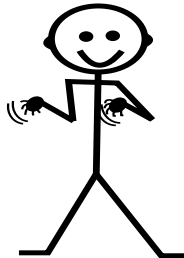
B...i...t. B...i...t. Bit, bit! Bit, bit, bit!

Put your hands up like a monster with big claws and pretend to be a dinosaur!



The little baby dinosaur jumped and bit!

Shake your hands to the right and to the left.



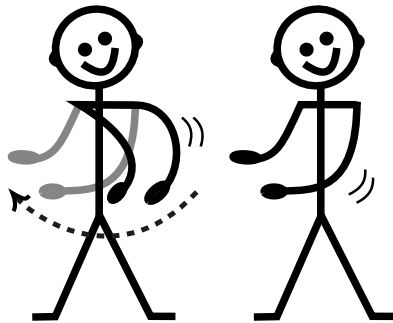
Blend these words with I and T,  
Shake it, shake it, read with me!



# In Family

(By Heidi Butkus)

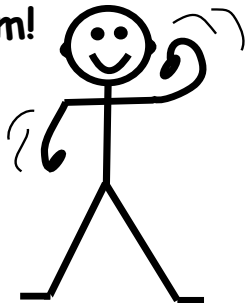
Rock your arms to the left and then to the right.



Oh, here's a word with I and N.

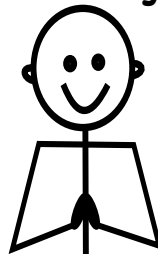
Swim!

Move your hands as if you are swimming!



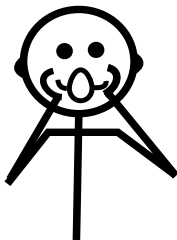
Clasp hands together!

Bring your hands together on the word "again."



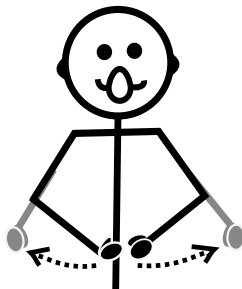
Just blend sounds together again!

Put your hands around your mouth, mouthing the sounds.

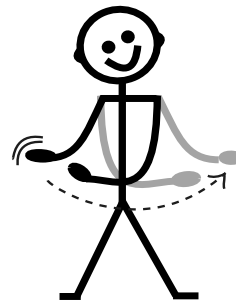


I n.

Pull your hands apart.



I...n..



Slowly sweep your hands from one side to another each time you blend the sounds together.

In, In.

Point down!

Point down, alternating fingers in time with the music.

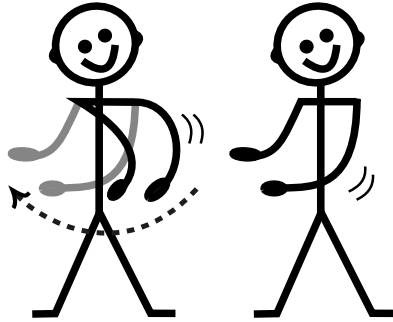


In, in! In, in, in!

# In Family

(By Heidi Butkus)

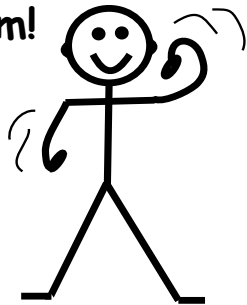
Rock your arms to the left and then to the right.



Oh, here's a word with I and N.

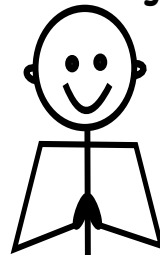
Swim!

Move your hands as if you are swimming!



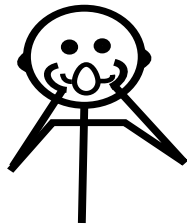
Clasp hands together!

Bring your hands together on the word "again."



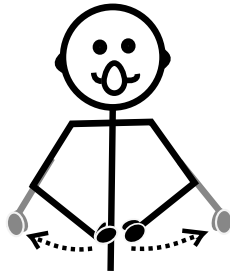
Just blend sounds together again!

Put your hands around your mouth, mouthing the sounds.

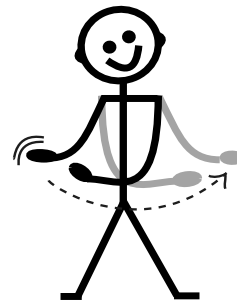


F i n.

Pull your hands apart.



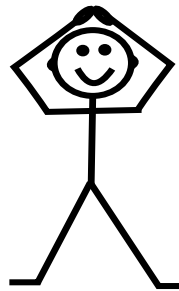
F...i...n....



Slowly sweep your hands from one side to another each time you blend the sounds together.

Fin, Fin.

Make a shark fin over your head and bounce left and right in time to the music.

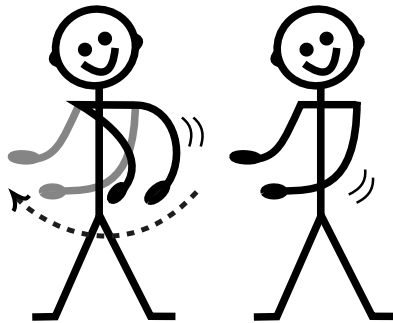


It's a fin, fin, fin!

# In Family

(By Heidi Butkus)

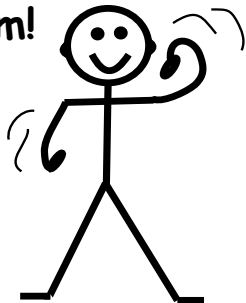
Rock your arms to the left and then to the right.



Oh, here's a word with I and N.

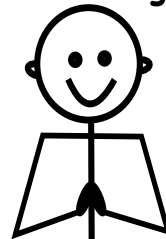
Swim!

Move your hands as if you are swimming!



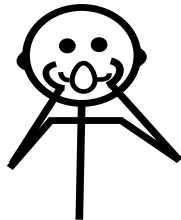
Clasp hands together!

Bring your hands together on the word "again."



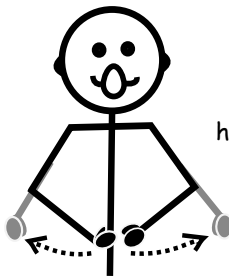
Just blend sounds together again!

Put your hands around your mouth, mouthing the sounds.

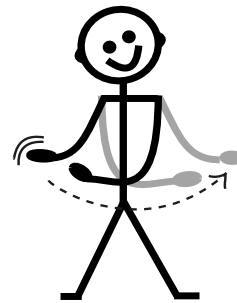


P i n.

Pull your hands apart.



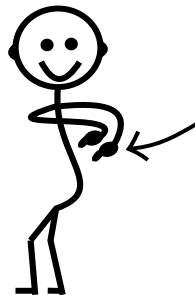
P...i...n....



Slowly sweep your hands from one side to another each time you blend the sounds together.

Pin, Pin.

Point to your side, alternating fingers in time with the music. Continue doing this until the next line of the song starts.

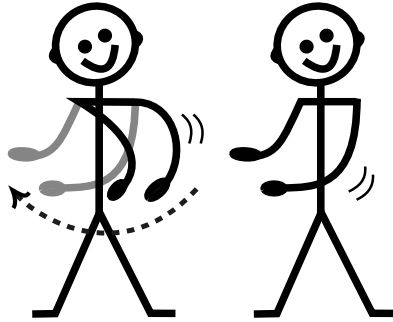


It's a pin, pin, pin!

# In Family

(By Heidi Butkus)

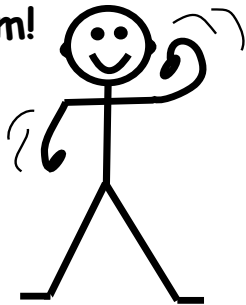
Rock your arms to the left and then to the right.



Oh, here's a word with I and N.

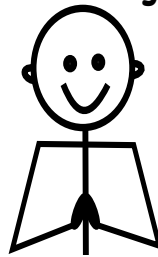
Swim!

Move your hands as if you are swimming!



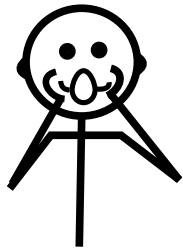
Clasp hands together!

Bring your hands together on the word "again."



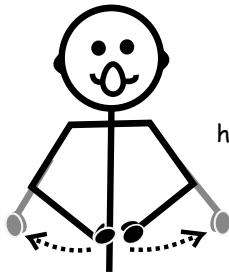
Just blend sounds together again!

Put your hands around your mouth, mouthing the sounds.

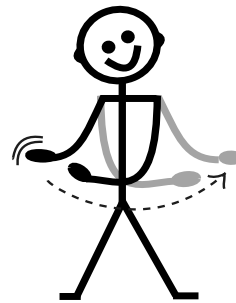


W i n.

Pull your hands apart.



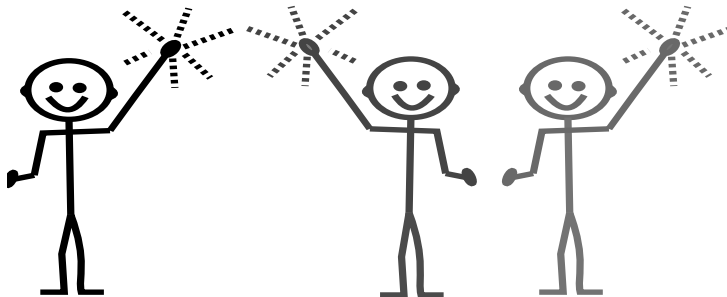
W...i...n....



Slowly sweep your hands from one side to another each time you blend the sounds together.

Win, Win.

Punch up in the air with your right hand, left hand, and right hand again!



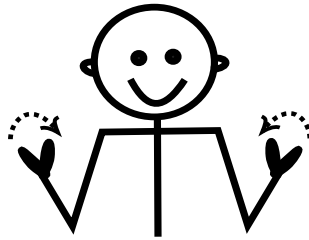
Gonna win, win, win!

# Ig Family

(By Heidi Butkus; Intro and First Verse)

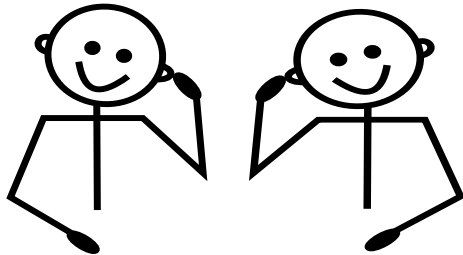
## Pinch Finger to Thumb

Pinch your fingers and thumb together with both hands and move your torso back and forth.

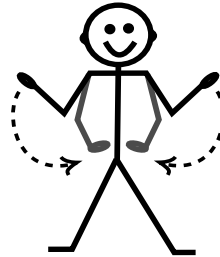


Here's a little song with letters I and G,

Put your right hand behind your ear, then your left hand, as if you are listening.



Bring your arms forward and back towards you on "follow me," as if you are telling someone to come with you.



To sound these letters out you have to follow me!

Punch forward and down with right hand.

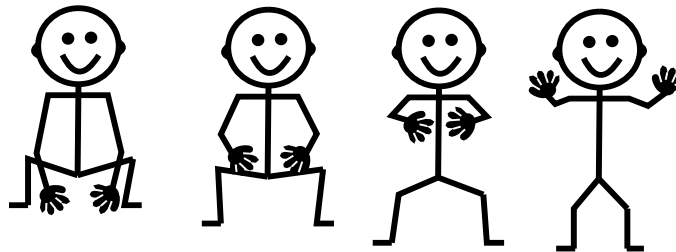
Punch forward and down with left hand.

Punch forward with one hand and then the other each time you sound out the word.



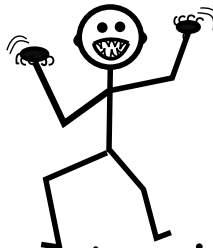
B...i...g. B...i...g.

Start small and bend your knees. On each "big," grow slightly bigger while making your hands look like monster claws!



Big, big, big, big!

Walk like a monster with your monster hands, alternating them up and down with the music.



That hairy monster is big, big, big!

# Ig Family

(By Heidi Butkus; second verse.)

**Punch forward and  
down with right hand.**

Punch forward with  
one hand and then  
the other each  
time you sound out  
the word.



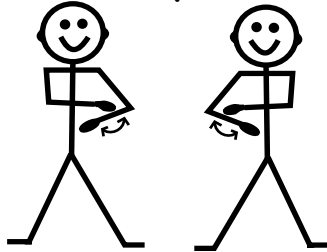
**Punch forward and  
down with left hand.**



P...i...g. P...i...g.

**Brush off your arms!**

Brush the piggy dirt off  
of your right arm twice,  
and then brush your left  
arm twice.



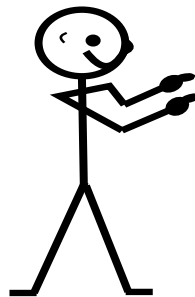
Pig, pig, pig, pig.

Walk like a monster with  
your monster hands,  
alternating them up and  
down with the music.



That hairy monster

Point to the pig off to  
the side somewhere.



is a pig, pig, pig!

# Ig Family

(By Heidi Butkus; third verse.)

Punch forward with one hand and then the other each time you sound out the word.

**Punch forward and down with right hand.**



**Punch forward and down with left hand.**



J...i...g. J...i...g.

Do a little monster jig (dance) with monster hands.



Jig, jig, jig, jig!

Turn around!

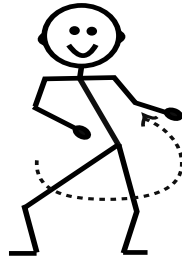
Now turn your body around while continuing to dance like a monster.



That hairy monster

Turn around!

Finish turning around and dancing like a monster.



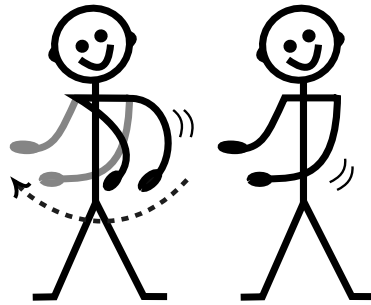
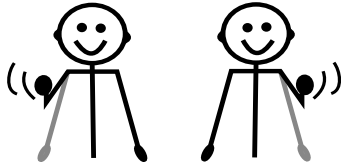
did a jig, jig, jig!

# Ig Family

(By Heidi Butkus; final verse.)

Punch forward with one hand and then the other each time you sound out the word.

**Punch forward and down with left then right.**



Move your hands like you are shoveling dirt, alternating from left to right.

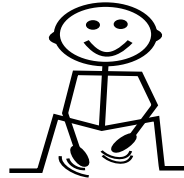
D...i...g. D...i...g.

Dig, dig, dig, dig.

Walk like a monster!

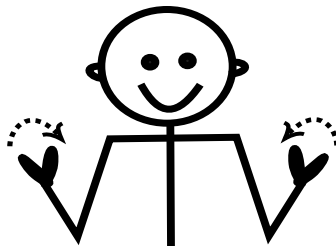


Dig like a dog!



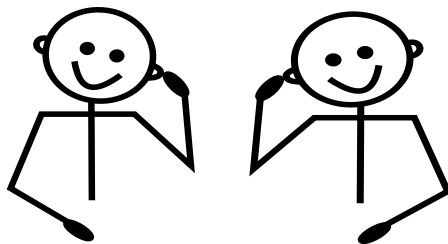
That hairy monster likes to dig, dig, dig!

Pinch your fingers and thumb together with both hands and move your torso back and forth.

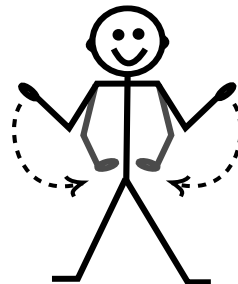


Here's a little song with letters I and G,

Put your right hand behind your ear, then your left hand, as if you are listening.



Bring your arms forward and back towards you on "follow me," as if you are telling someone to come with you. Slowly fall to the ground as the song ends!



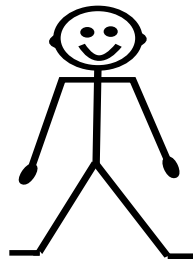
To sound these letters out you have to follow me!



# Ip Family

(By Heidi Butkus; Verse 1)

Just bounce in place while the narrator says his line.



Zip up a jacket!



Pretend to zip up the jacket slowly as you sound out the word, and then unzip it as you say it again fast.

Z...i...p. Zip! Z...i...p. Zip!

Zip up a jacket!

Pretend to zip a jacket up on the word, "Zip."



Zip goes the zipper!

Zip up a jacket!

Then zip it back down on the word, "Zip."



Zip goes the zipper!

Zip up a jacket!

Pretend to zip up the jacket slowly as you sound out the word, and then unzip it as you say it again fast.



Z...i...p. Zip! Z...i...p. Zip!

# Ip Family

(By Heidi Butkus; Verse 2)

Bounce in place while the narrator says his line.



R...i...p. Rip! R...i...p. Rip!

Pretend to slowly rip a paper as you sound out a word. Then rip it more quickly as you put the sounds together and say the word.



Rip goes the ripper!

Pretend to rip the paper again, going in different directions each time you say it.



Rip goes the ripper!

Pretend to rip the paper again, but faster when you say it faster, and slower when you are sounding out the word.



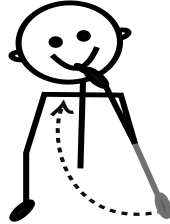
R...i...p. Rip! R...i...p. Rip!

# Ip Family

(By Heidi Butkus; Verse 3)

Point to your lips, as if you are putting on lipstick.

**Point To Your Mouth!**



L...i...p. Lip! L...i...p. Lip!

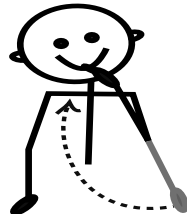
Shake your finger back and forth.



Lips stay zipped!

Point to your mouth on the word "zipped".

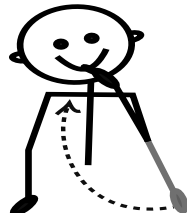
**Point To Your Mouth!**



Lips stay zipped!

Point to your lips, as if you are putting on lipstick.

**Point To Your Mouth!**

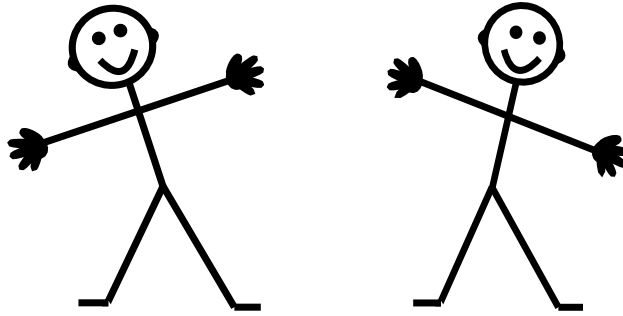


L...i...p. Lip! L...i...p. Lip!

# Ip Family

(By Heidi Butkus)

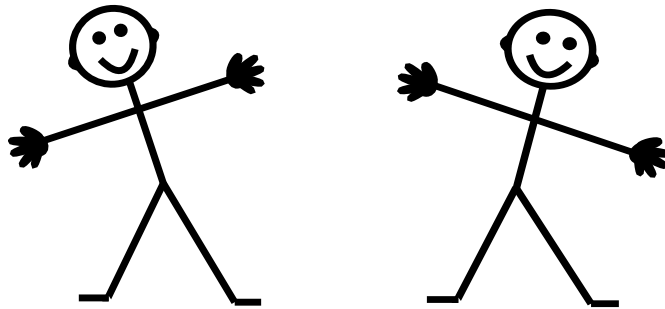
Tilt your body to the left with your arms straight out while sounding out "T...i...p."



On the word "Tip!" bring it back to the center. Repeat tilting to the right.

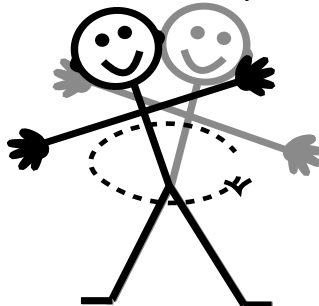
T...i...p. Tip! T...i...p. Tip!

Tip your body to the left with your hands straight out! Then tilt to the right.



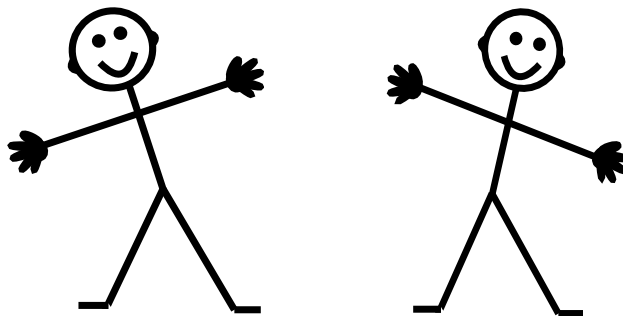
Tip to the left! Tip to the right!

Keep your arms straight out and circle your torso around like you are trying to keep your balance.



If you don't fall down, you're doing it right!

Tilt your body to the left with your arms straight out while sounding out "T...i...p."



On the word "Tip!" bring it back to the center. Repeat tilting to the right.

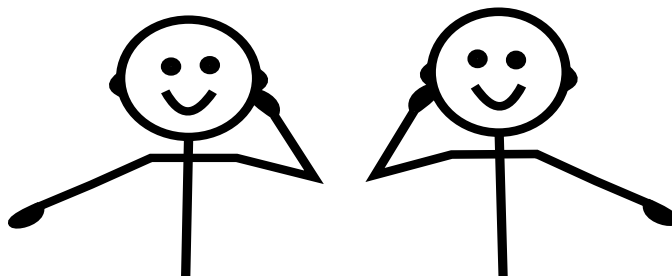
T...i...p. Tip! T...i...p. Tip! TIP!

End the song on the word "Tip!" with your body tilted to one side.

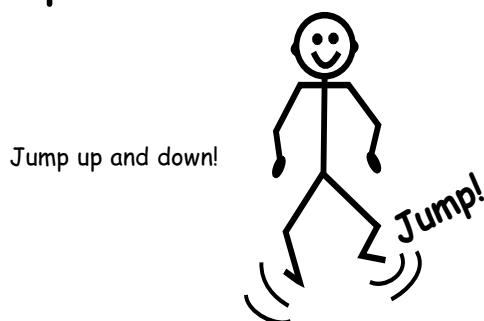
# Op Family

(By Heidi Butkus)

Put your right arm behind your ear while extending your left arm. On "sound like this," switch arms.

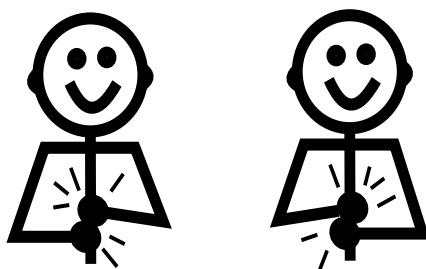


Op makes a sound like this!



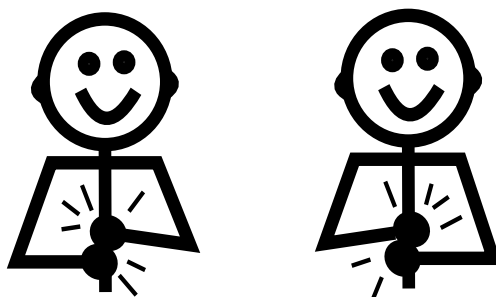
It makes you want to hop and bop like this!

Do the hand jive,  
pounding fists  
together alternately.



Op, op! Op, op, op!

Do the hand jive,  
pounding fists  
together alternately.

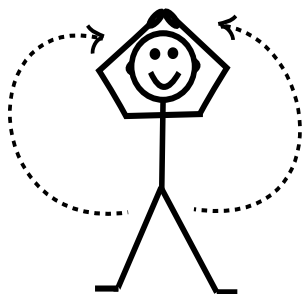
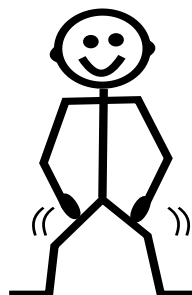


Op, op! Op, op, op!

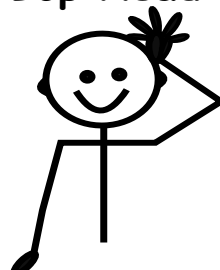
# Op Family

(By Heidi Butkus)

Slap your legs and bring your hands out and around over your head.



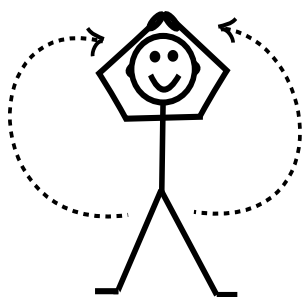
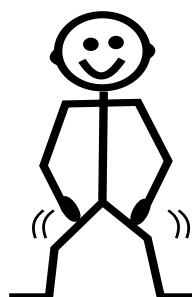
**Bop Head**



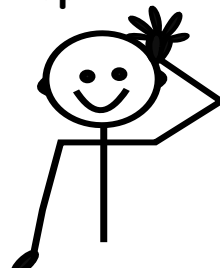
Bop the top of your head, alternating hands on each "Bop!"

B...o...p. Bop, bop! Bop, bop, bop!

Slap your legs and bring your hands out and around over your head.



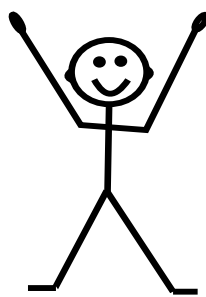
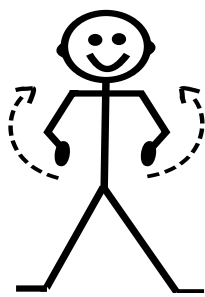
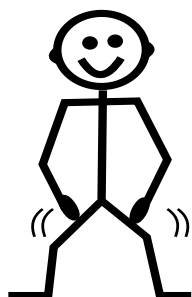
**Bop Head**



Bop the top of your head, alternating hands on each "Bop!"

B...o...p. Bop, bop! Bop, bop, bop!

Slap your legs and bring your hands out in front of your and above your head.

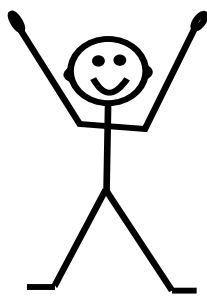
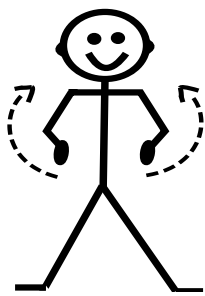
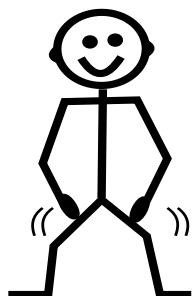


Alternate your hands up and down



T...o...p. Top, top! Top, top, top!

Slap your legs and bring your hands out in front of your and above your head.



Alternate your hands up and down

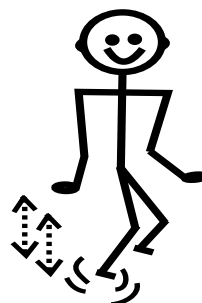
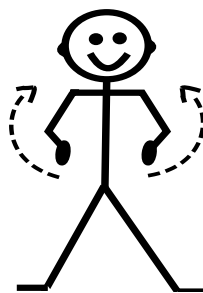
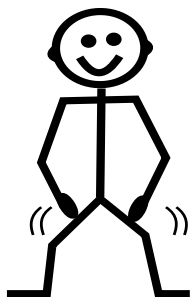


T...o...p. Top, top! Top, top, top!

# Op Family

(By Heidi Butkus)

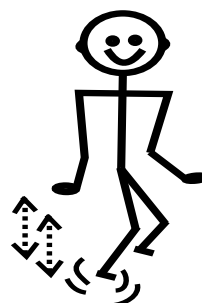
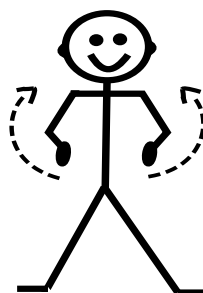
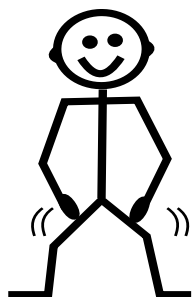
Slap your legs and bring your hands up, circling them back to point down to your feet.



Put your hands out and to your side. Then hop from side to side!

H...o...p. Hop, hop! Hop, hop, hop!

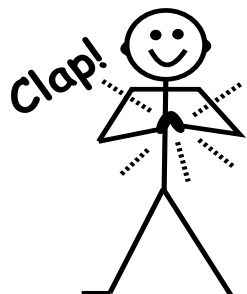
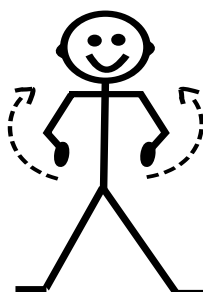
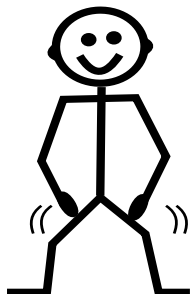
Slap your legs and bring your hands up, circling them back to point down to your feet.



Put your hands out and to your side. Then hop from side to side!

H...o...p. Hop, hop! Hop, hop, hop!

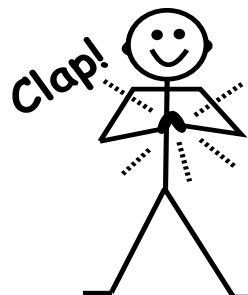
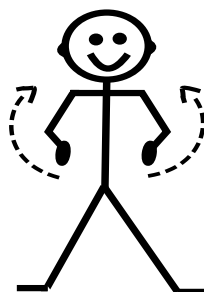
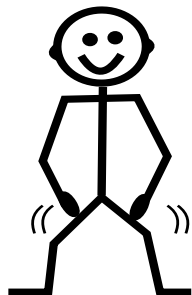
Slap your legs and bring your hands up near your chest.



Clap your hands on each "Pop!" to pop the bubbles.

P...o...p! Pop, pop! Pop, pop, pop!

Slap your legs and bring your hands up near your chest.



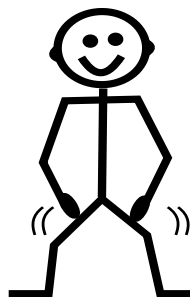
Clap your hands on each "Pop!" to pop the bubbles.

P...o...p! Pop, pop! Pop, pop, pop!

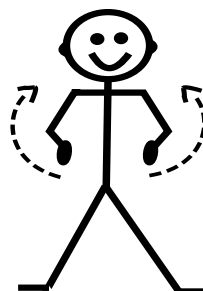
# Op Family

(By Heidi Butkus)

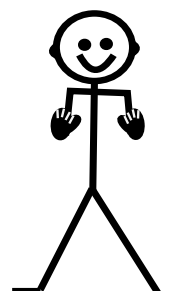
Slap your legs and bring your hands up into the "Stop!" position.



C...o...p.

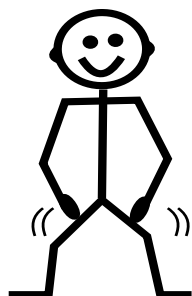


Cop, cop! Cop, cop, cop!

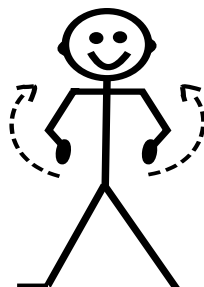


Alternate your hands, pushing them forward as if to say, "Stop!" on each word "Cop!"

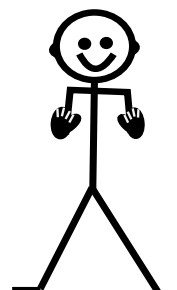
Slap your legs and bring your hands up into the "Stop!" position.



C...o...p.

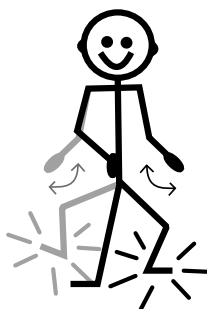


Cop, cop! Cop, cop, cop!



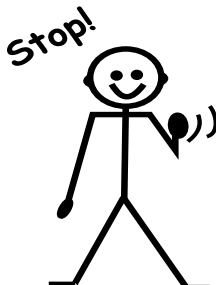
Alternate your hands, pushing them forward as if to say, "Stop!" on each word "Cop!"

Boogie to the beat!



Op makes a sound like this!  
It makes you want to hop and bop.

End in a pose with one hand flat and forward, like you're motioning someone to stop!



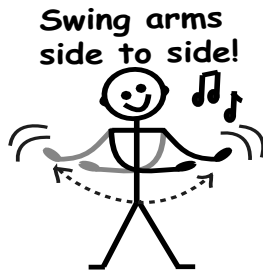
NOW, STOP!



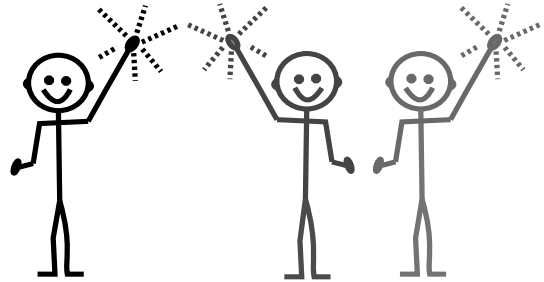
# Ot Family

(By Heidi Butkus)

Swing your arms from side to side. On the word "Family," punch up in the air, alternating hands.

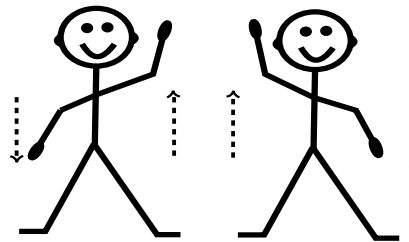
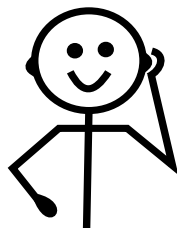


Swing arms side to side!



O...o...t! O...o...t Family! O...o...t! O...o...t Family!

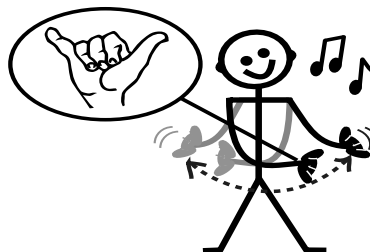
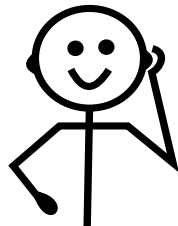
During the speaking part, hold your hand to your ear and listen.



Do "The Monkey!" Swing your arms up and down, moving from side to side.

D...o...t! Dot, dot! Dot, dot, dot, dot!  
D...o...t! Dot, dot! Dot, dot, dot, dot!

During the speaking part, hold your hand to your ear and listen.



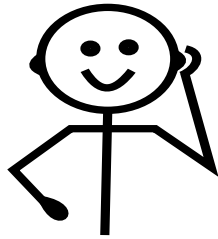
Hang ten by dancing around with your hands making a sign language letter Y.

H...o...t! Hot, hot! Hot, hot, hot, hot!  
H...o...t! Hot, hot! Hot, hot, hot, hot!

# Ot Family

(By Heidi Butkus)

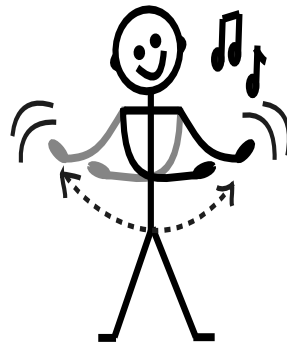
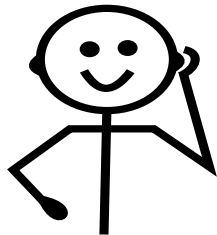
During the speaking part, hold your hand to your ear and listen.



Do the pony dance, alternating your feet and arms in time with the music.

P...o...t! Pot, pot! Pot, pot, pot, pot!  
P...o...t! Pot, pot! Pot, pot, pot, pot!

During the speaking part, hold your hand to your ear and listen.

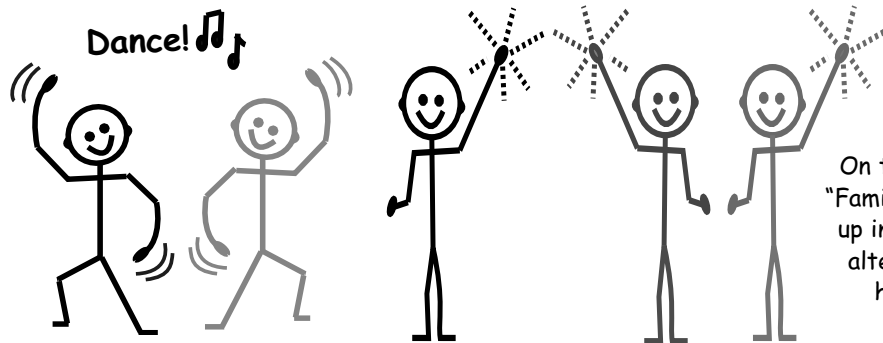


Turn to your right and swing your arms from left to right, snapping your fingers. Turn to the left and repeat action.

G...o...t! Got, got! Got, got, got, got!  
G...o...t! Got, got! Got, got, got, got!

During the speaking part, hold your hand to your ear and listen.

Dance any way you want to, free style!



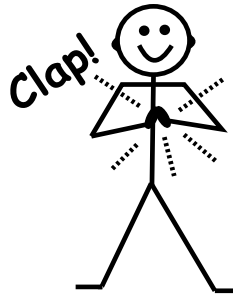
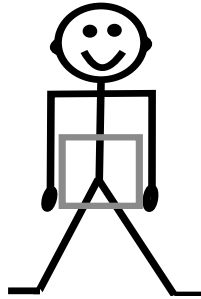
On the word "Family," punch up in the air, alternating hands.

O...o...t! O...o...t Family! O...o...t! O...o...t Family!

# Ox Family

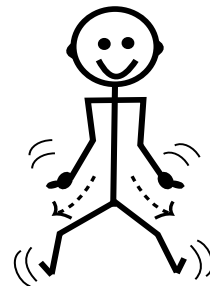
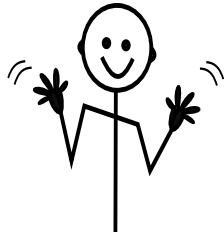
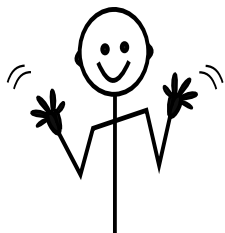
(By Heidi Butkus)

Make a square with your hands, finishing the square with a clap each time you say "box."



B...o...x. Box! B...o...x. Box!

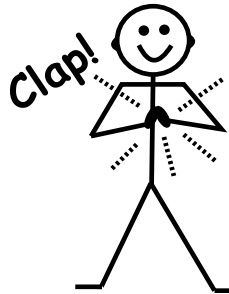
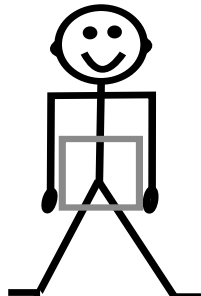
Jump around as if YOU are the Gingerbread Man, with your hands open.



Then circle your hands around and jump on the word "box," as if you are just coming out of the box.

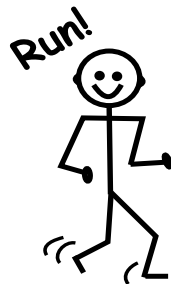
The Gingerbread Man jumped out of the box!

Make a square with your hands, finishing the square with a clap each time you say "box."



B...o...x. Box! B...o...x. Box!

Run in place!



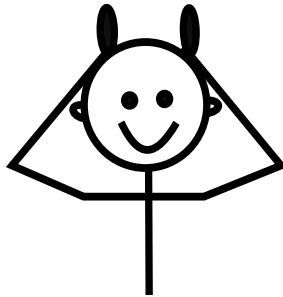
Run, run, go!

Run, run, go!

# Ox Family

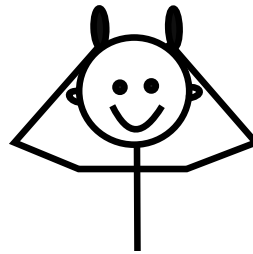
(By Heidi Butkus)

Put your hands behind your ears, shaped like a fox's pointy ears and rock back and forth.



F...o...x. Fox! F...o...x. Fox!

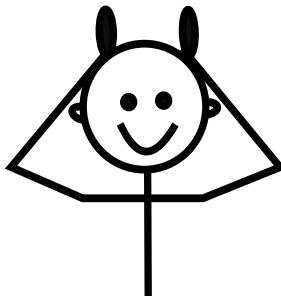
Run in place!



Put your hands behind your ears on the word "fox!"

Then he ran away from the fox!

Keep your hands behind your ears, and pretend to be a fox!



F...o...x. Fox! F...o...x. Fox!

Run in place!



Run, run, go!

Run, run, go!

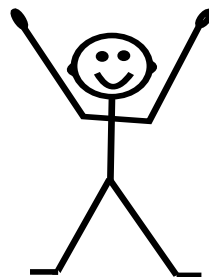
# Et Family

(By Heidi Butkus)

Pat one knee after the other repeatedly.

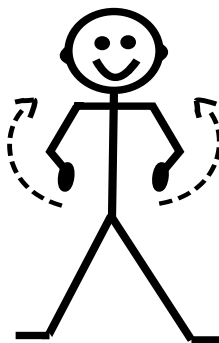


On the sound "et" throw your hands up above your head.



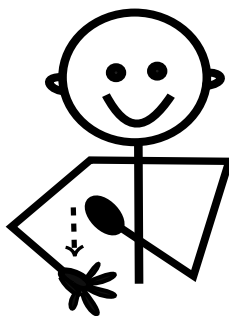
It's the Et Family. E...t!

On the words, "Here we go!" motion your hands forward and bring them back toward you, as if you are saying "Come with me!"



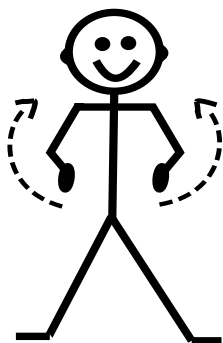
Here we go!

Pound your fist on your other hand three times, on each "Set."



S...e...t. Set, set!

Motion your hands forward and bring them back toward you, as if you are saying "Come with me!"

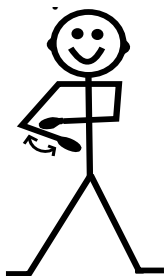


Here we go!

# Et Family

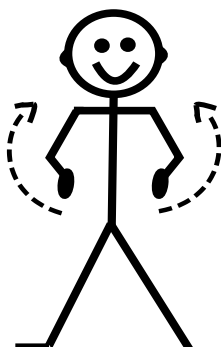
(By Heidi Butkus)

Pet your arm up  
and down.



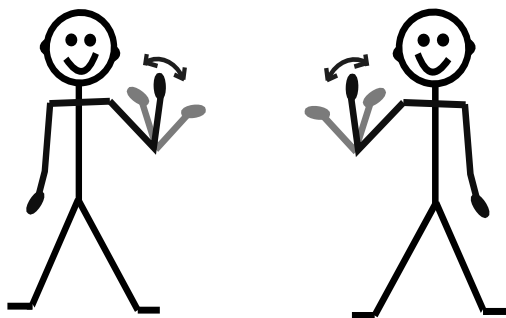
P...e...t. Pet, pet!

Motion your hands for-  
ward and bring them  
back toward you, as if  
you are saying "Come  
with me!"



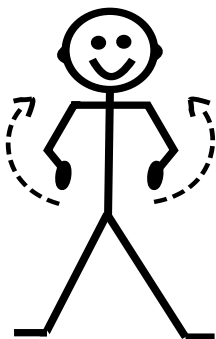
Here we go!

Move your arm as if  
you have a net in your  
hand and you're trying  
to catch a bug.



N...e...t. Net, net!

Motion your hands  
forward and bring  
them back toward you,  
as if you are saying  
"Come with me!"



Here we go!

# Et Family

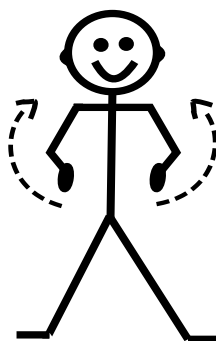
(By Heidi Butkus)

Put your hands out like paws and beg like a dog!



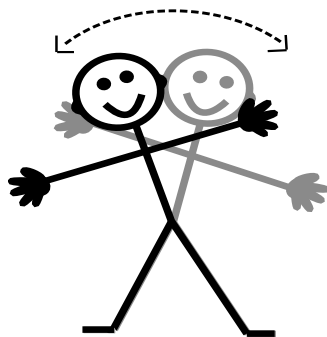
V...e...t. Vet, vet!

Motion your hands forward and bring them back toward you, as if you are saying "Come with me!"



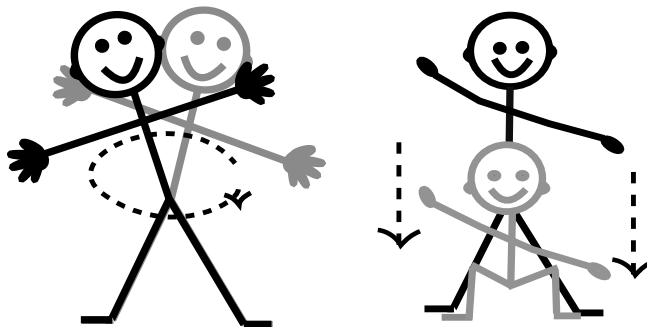
Here we go!

Put your hands straight out like airplane wings, then fly back and forth.



J...e...t. Jet, jet!

Keep your hands out like an airplane, spin around, and fall to the ground on "weee!"



It's the Et family. Now we're falling down, weeee!

# En Family

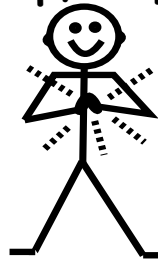
(By Heidi Butkus)

**Do-se-do!**

Do the do-se-do, walking in a circle and crossing your feet. Then clap on "En Family!"

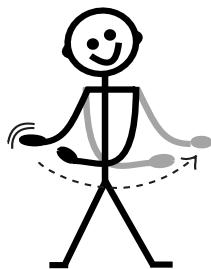


**Clap, clap!**

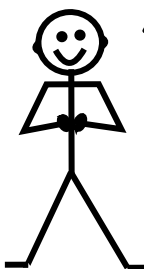


E and an N! En Family! E and an N! En Family!

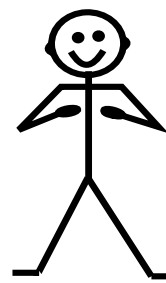
Push your hands from one side of your body to the other.



**Read a book!**

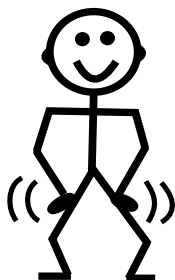


Then pretend to read a book, and point to yourself on "me."

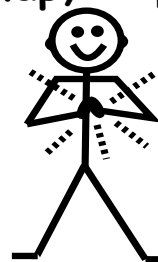


Blend those sounds and read 'em with me!  
Blend those sounds and read 'em with me!

Put your hands on your knees. Bend your knees and bounce up and down with the music.



**Clap, clap!**

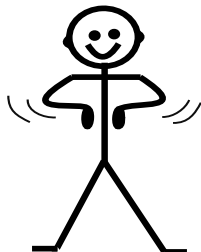


Clap your hands on each "Ben!"

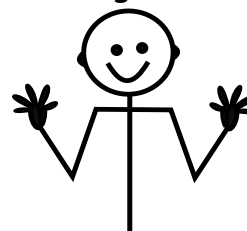
B...e...n. B...e...n. Ben, Ben. Ben, Ben, Ben.

**Ride a horse!**

Pretend you are riding a horse. Then show ten fingers on the word "ten".



**Show Ten Fingers!**



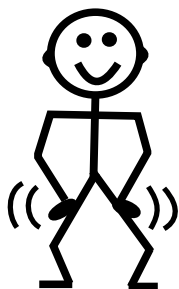
Ben rides a pony and he's only ten!



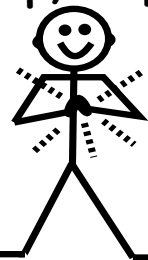
# En Family

(By Heidi Butkus)

Put your hands on your knees. Bend your knees and bounce up and down with the music.



Clap, clap!

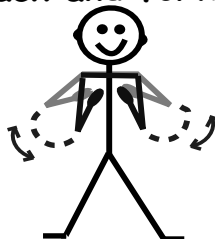


Clap your hands on each "hen!"

H...e...n. H...e...n. Hen, hen. Hen, hen, hen.

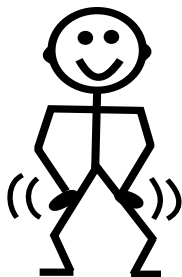
Walk like a chicken  
back and forth!

Walk around flapping  
your arms like a  
chicken!

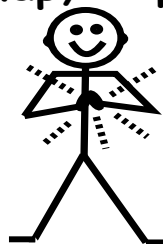


A hen is a girl chicken living in a pen.

Put your hands on your knees. Bend your knees and bounce up and down with the music.



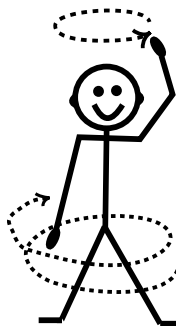
Clap, clap!



Clap your hands on each "Ken!"

K...e...n. K...e...n. Ken, Ken. Ken, Ken, Ken.

Pretend to swing a  
rope around your head  
like you are roping a  
cow.



Ken is a farmer and he works with Ben!

# En Family

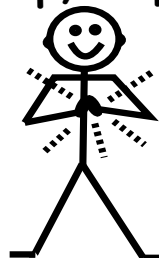
(By Heidi Butkus)

Do-se-do!

Do the do-se-do, walking in a circle and crossing your feet. Then clap on "En Family!"

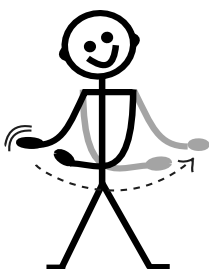


Clap, clap!

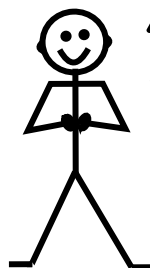


E and an N! En Family! E and an N! En Family!

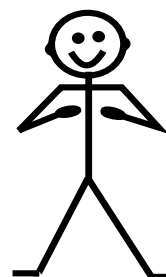
Push your hands from one side of your body to the other.



Read a book!



Then pretend to read a book, and point to yourself on "me."



Blend those sounds and read 'em with me!  
Blend those sounds and read 'em with me!

# Eg Family

(By Heidi Butkus)

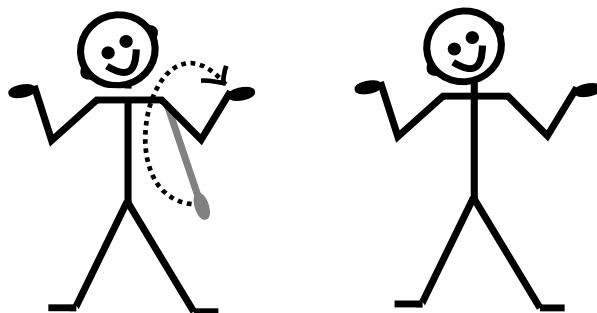
Pretend You're  
a Dinosaur!

Put your hands up like  
dinosaur claws and  
move them from side  
to side.



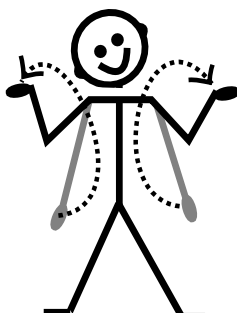
A dino named Meg laid a dinosaur egg,

Put one hand bent  
out to your side,  
then put the other  
one out too.



With an E and a G,

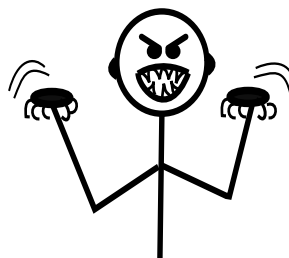
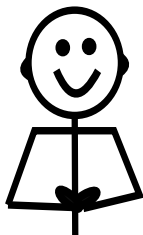
Circle arms around as  
shown.



That's the Eg Family!

Show me an egg.

Put your hands in  
front of you making  
an egg shape. Keep  
your arms there  
while you bend your  
knees on "Egg."



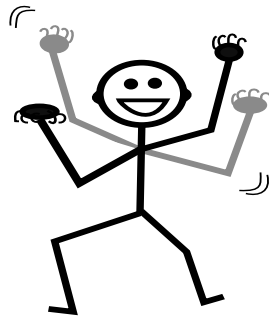
Roar like a dinosaur!

E...gg. Egg. Roar! E...gg. Egg. Roar!

# Eg Family

(By Heidi Butkus)

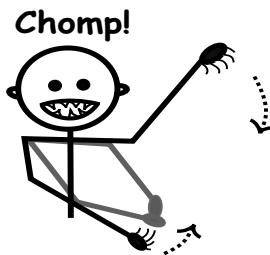
Reach up and pull your hands down, alternating your hands.



Roar like a dinosaur!

M...e...g. Meg. Roar! M...e...g. Meg. Roar!

Make your hands into big claws and chomp down.



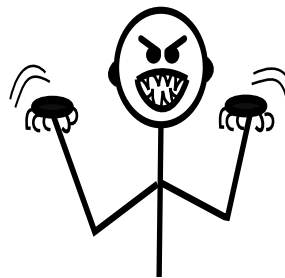
Chomp!



Roar like a dinosaur!

B...e...g. Beg. Roar! B...e...g. Beg. Roar!

Cross your right elbow over to your left knee, and then do the same with your left elbow and right knee. Alternate in time with the music.



Roar like a dinosaur!

L...e...g. Leg. Roar! L...e...g. Leg. Roar!

# Eg Family

(By Heidi Butkus)

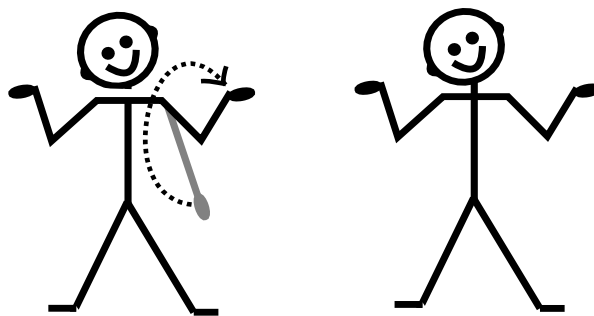
Pretend You're  
a Dinosaur!

Put your hands up like  
dinosaur claws and  
move them from side  
to side.



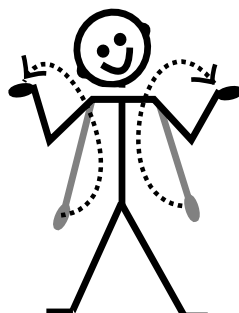
A dino named Meg laid a dinosaur egg,

Put one hand bent  
out to your side,  
then put the other  
one out too.



With an E and a G,

Circle arms around as  
shown.

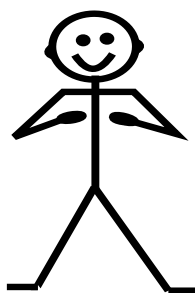


That's the Eg Family!

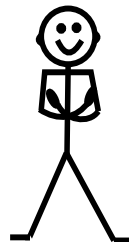
# Ug Family

(By Heidi Butkus)

Bang on your chest when you say, "Ug." Then hug yourself on the word "family."



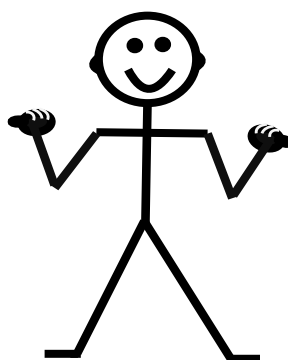
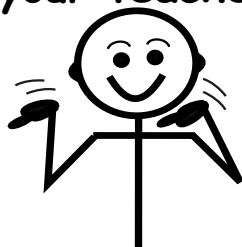
Hug yourself!



Ug Family! Ug Family!

On the letter "U" point your index fingers forward. On the letter "G" point your thumbs out to your sides.

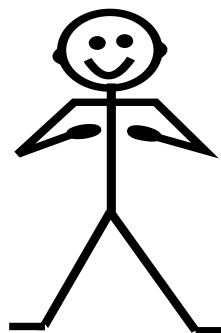
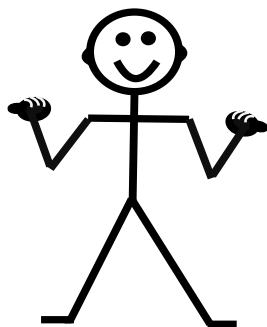
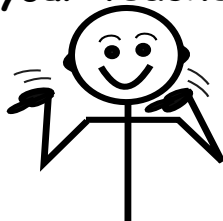
Point to your teacher!



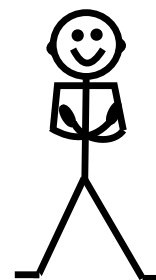
U and a G! U and a G!

Repeat the motions for the first and second lines all at once!

Point to your teacher!



Hug yourself!

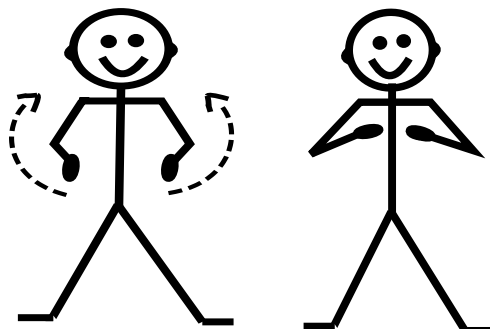


Letters U and G are the Ug Family!

# Ug Family

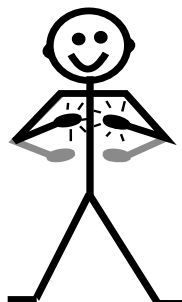
(By Heidi Butkus)

Put your hands in fists and bring them forward and up to your chest. Then bang on your chest on the word, "Ug."



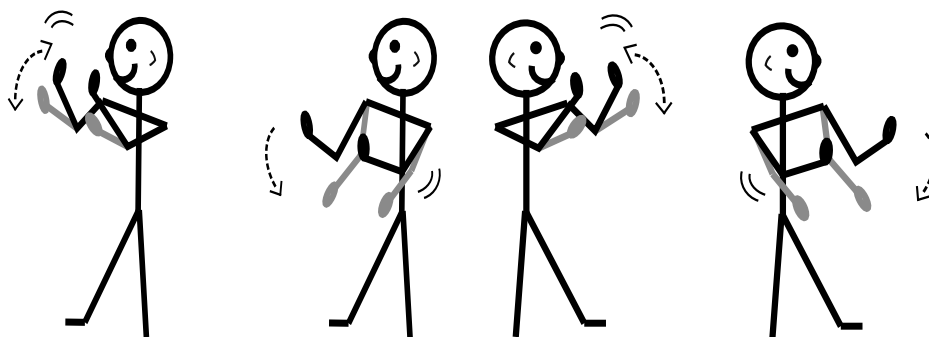
U...g! U...g!

Pound your chest three times, once on each "Ug."



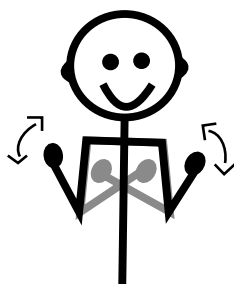
Ug, ug, ug!

Shake your fists back and forth, then shake them down. Do this once to the left, and once to the right in time with the music. (It's like shaking maracas!)



Ugga mugga, ugga mugga!

Criss cross your fists back and forth in time with the music.



Dig that crazy beat!

# Ug Family

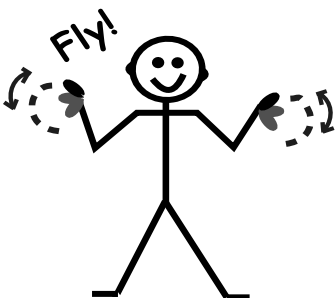
(By Heidi Butkus)

Flap your hands like a bee, once to the left, and once to the right.



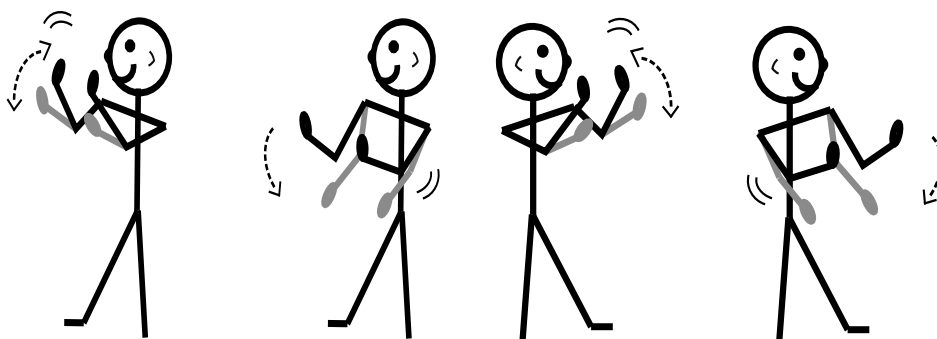
B...u...g! B...u...g!

Now sway your body back and forth while flying like a bee.



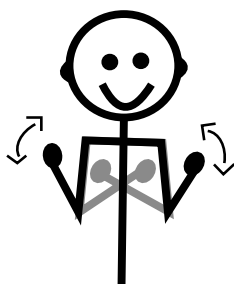
Bug, bug, bug!

Shake your fists back and forth, then shake them down. Do this once to the left, and once to the right in time with the music. (It's like shaking maracas!)



Bugga mugga, bugga mugga!

Criss cross your fists back and forth in time with the music.



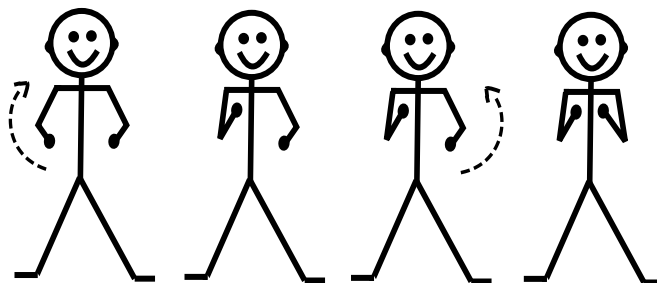
Dig that crazy beat!



# Ug Family

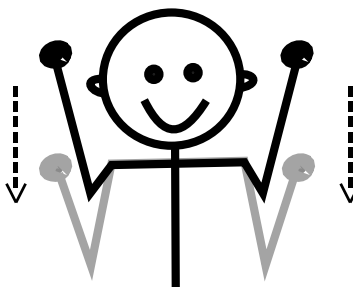
(By Heidi Butkus)

Pretend to pick up a heavy jug.



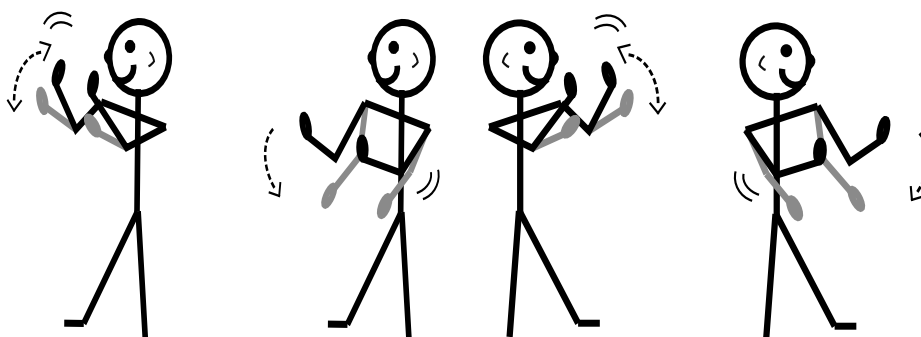
J...u...g! J...u...g!

Put your fists up high and pull them down on each "jug," as if you are lifting the jugs up and down.



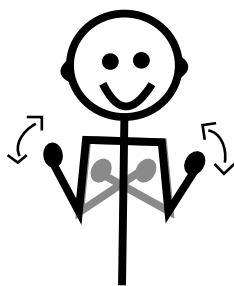
Jug, jug, jug!

Shake your fists back and forth, then shake them down. Do this once to the left, and once to the right in time with the music.



Jugga mugga, jugga mugga!

Criss cross your fists back and forth in time with the music.

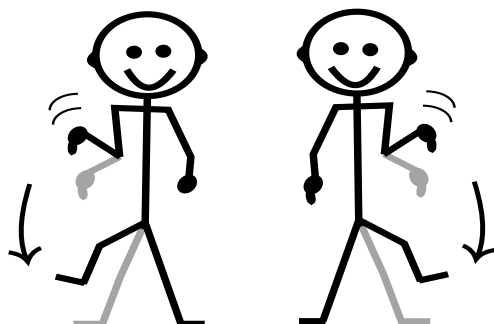


Dig that crazy beat!

# Ug Family

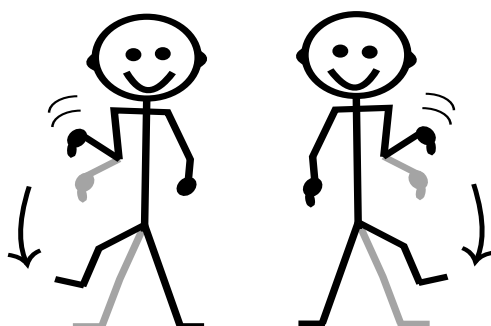
(By Heidi Butkus)

Point down with your left hand, and stomp with your left foot. Repeat with your right hand and right foot.



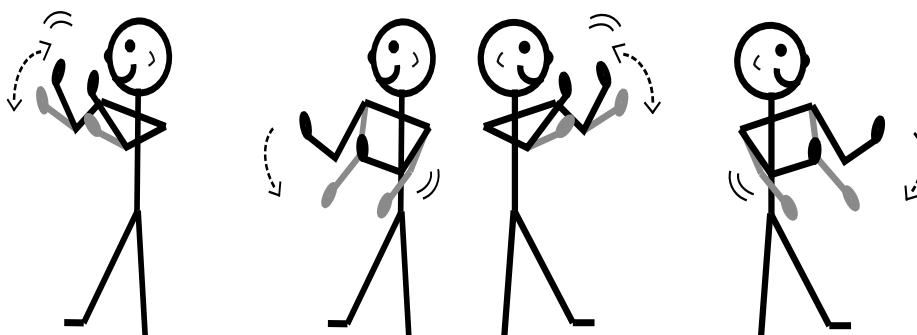
R...u...g! R...u...g!

Continue step above, but repeat faster, alternating on each "Rug."



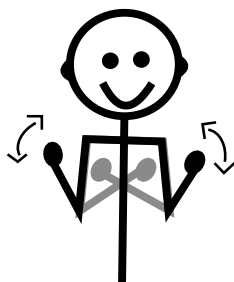
Rug, rug, rug!

Shake your fists back and forth, then shake them down. Do this once to the left, and once to the right in time with the music.



Rugga mugga, rugga mugga!

Criss cross your fists back and forth in time with the music.

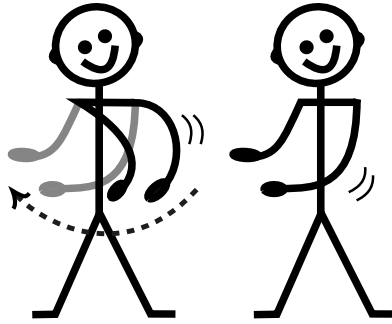


Dig that crazy beat!

# Ug Family

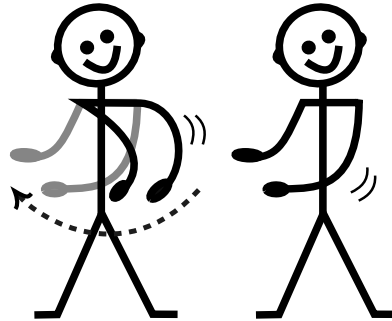
(By Heidi Butkus)

Pretend to pick up something very heavy and "lug it."



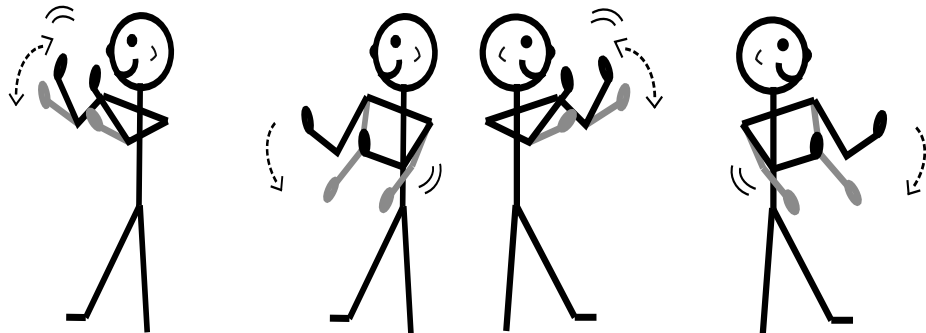
L...u...g! L...u...g!

Repeat same action above, but only one time.



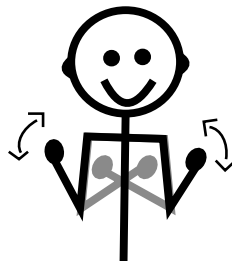
Lug, lug, lug!

Shake your fists back and forth, then shake them down. Do this once to the left, and once to the right in time with the music.



Lugga mugga, lugga mugga!

Criss cross your fists back and forth in time with the music.

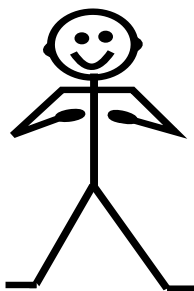


Dig that crazy beat!

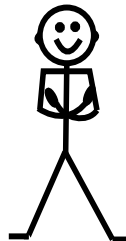
# Ug Family

(By Heidi Butkus)

Bang on your chest when you say, "Ug." Then hug yourself on the word "family."



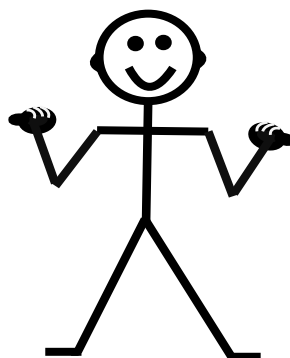
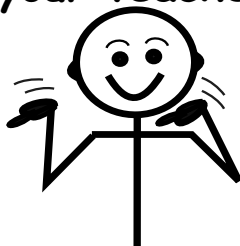
Hug yourself!



Ug Family! Ug Family!

On the letter "U" point your index fingers forward. On the letter "G" point your thumbs out to your sides.

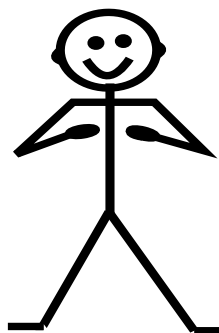
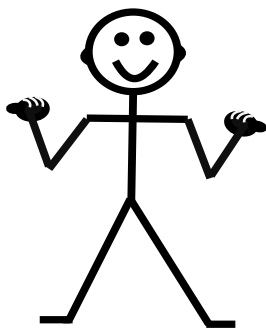
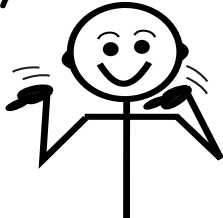
Point to your teacher!



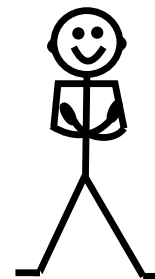
U and a G! U and a G!

Repeat the motions for the first and second lines all at once!

Point to your teacher!



Hug yourself!



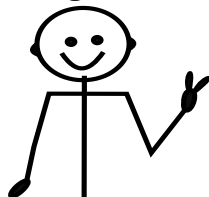
Letters U and G are the Ug Family!

# Ut Family

(By Heidi Butkus)

Show two fingers

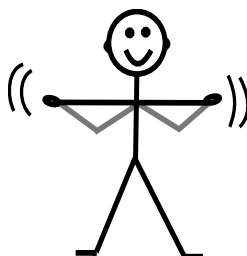
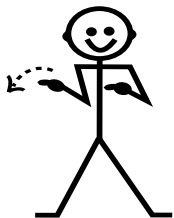
Show Two  
Fingers!



## Here are two letters

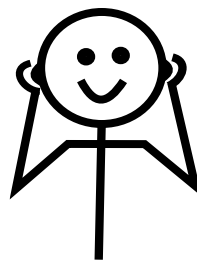
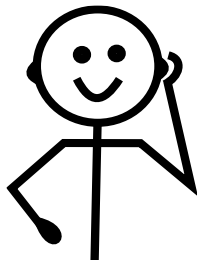
Point to somebody  
when you say "U"  
and then make a T  
with your arms.

Point to someone



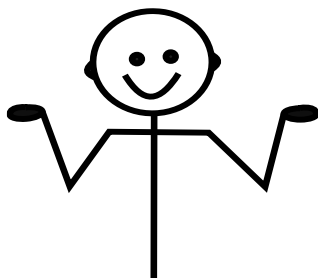
## U and T,

Put your right hand  
behind your right ear,  
then put your left hand  
behind your left ear.



## When you sound them out together,

Bend your elbows and  
flatten your palms on  
either side of you, in  
kind of a silly "Egyptian"  
type of pose!

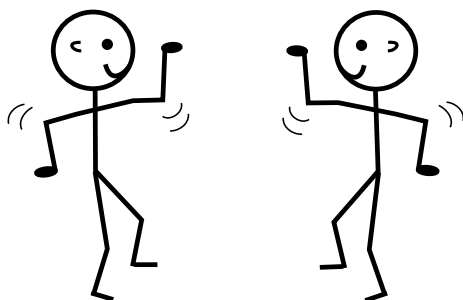


## It's the Ut Family!

# Ut Family

(By Heidi Butkus)

Walk like an Egyptian! Bend one elbow so your hand is flat and near your head. Bend the other one so the hand is low by your torso. Do this action to the right and to the left.

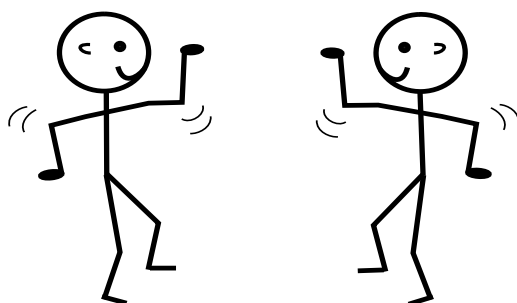


T u t!

T...u...t!

T...u...t!

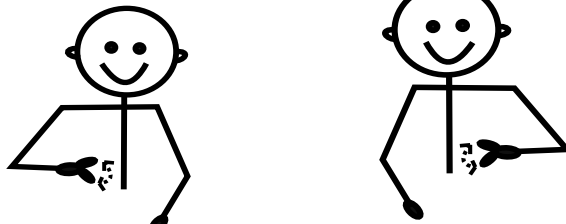
Keep your hands in the same position as before. Then pulse your arms in time with the music.



Tut, Tut, Tut!

Pretend to cut with scissors!

Pretend to cut with scissors. Make your fingers the scissors, and alternate hands.

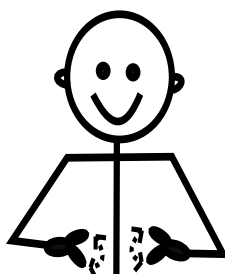


C u t!

C...u...t!

C...u...t!

Continue with same action as before, but making both of your hands into scissors.

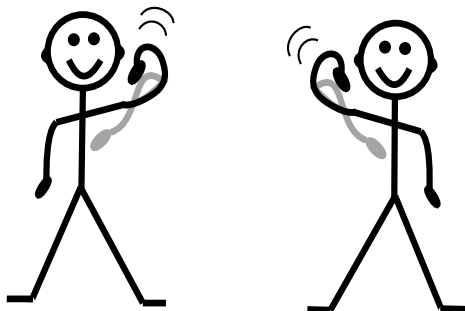


Cut, cut, cut!

# Ut Family

(By Heidi Butkus)

Swing your right hand up and down in front of you, like a swimming motion. Do the same with your left hand.

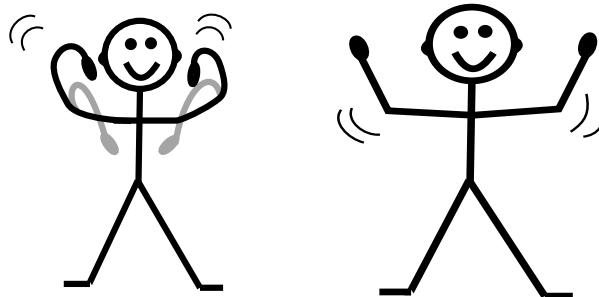


R u t!

R...u...t!

R... u...t!

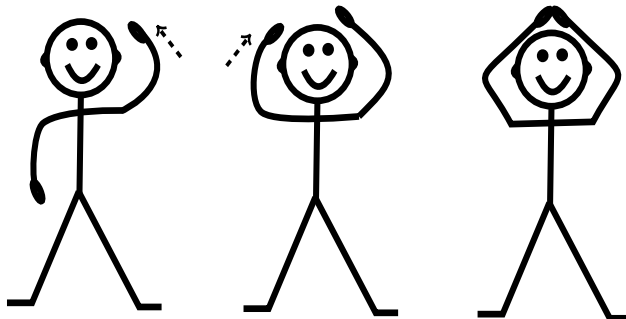
Repeat the same motion as before, but at the same time so your hands cross over each other.



Put your hands in fists and bend your elbows. Shake your arms in an up and down motion.

Rut, rut, rut!

Bring your right hand and point it above your head. Then bring your left hand up. Point them above your head to make a pointy house.

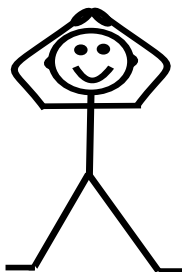


H u t!

H...u...t!

H...u...t!

Keep your hands in a house formation and move your head back and forth in time with the music.



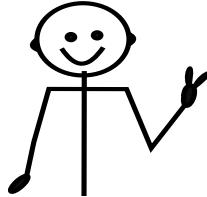
Hut, hut, hut!

# Ut Family

(By Heidi Butkus)

Show two fingers

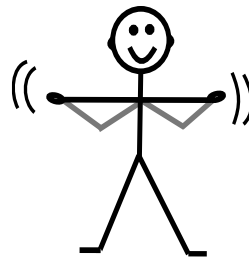
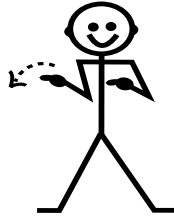
Show Two  
Fingers!



## Here are two letters

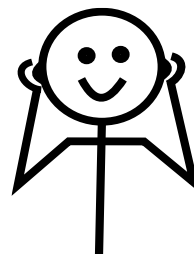
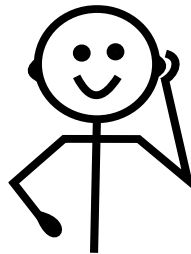
Point to somebody  
when you say "U" and  
then make a T with  
your arms.

Point to someone



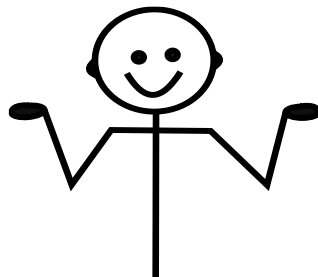
## U and T,

Put your right hand  
behind your right ear,  
then put your left hand  
behind your left ear.



## When you sound them out together,

Bend your elbows and  
flatten your palms on  
either side of you, in  
kind of a silly "Egyptian"  
type of pose!



## It's the Ut Family!



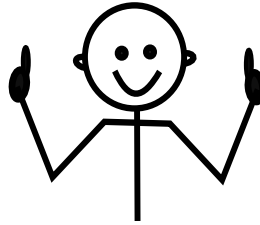
# Un Family

(By Heidi Butkus)

Run in place!



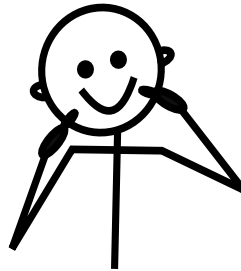
Point Up!



Keep running in place and point up towards the sun when you sing the word "sun".

Gotta run, run, run in the sun, sun, sun,

Keep running and place and point to your smile.

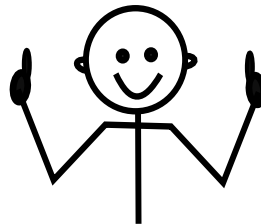


Lots of fun, fun, fun with the Un Family!

Run in place!



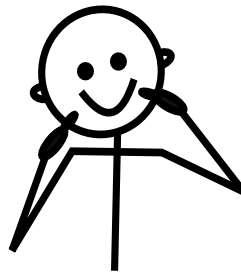
Point Up!



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Gotta run, run, run in the sun, sun, sun,

Keep running and place and point to your smile.

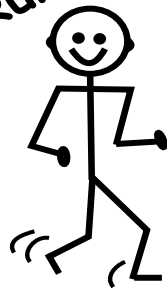


Lots of fun, fun, fun with the Un Family!

# Un Family

(By Heidi Butkus)

Run!



R u n!

Run in place in slow motion!

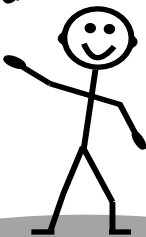
Run in a circle!



Run around in a circle.

## Run, run, run with the Un Family!

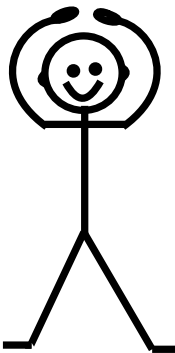
Surf!



S u n!

Pretend to surf, leaning back and forth.

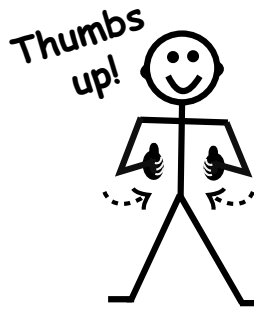
Make a big circle around your head and move back and forth with the music.



## Sun, sun, sun with the Un Family!

# Un Family

(By Heidi Butkus)



Two thumbs up!

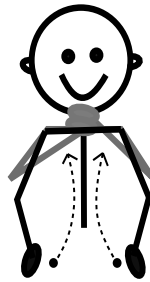
F u n!

**Bounce Your Thumbs,  
Left, Right, Left**

Shake your left thumb out to the side, then your right thumb, then your left thumb again.



Fun, fun, fun with the Un Family!



Pretend you are eating a hamburger.

B...u...n!

Keep the hamburger bun by your mouth and move back and forth with the music.

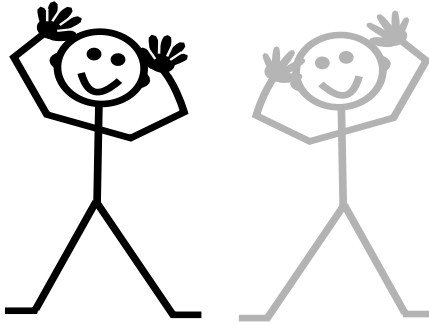


Bun, bun, bun with the Un Family!

# Nonsense Words

(By Heidi Butkus)

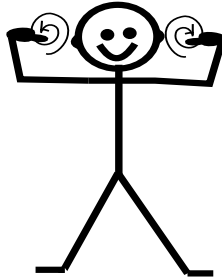
Put your hands at the top of your head and move them back and forth.



Nonsense words, nonsense words,

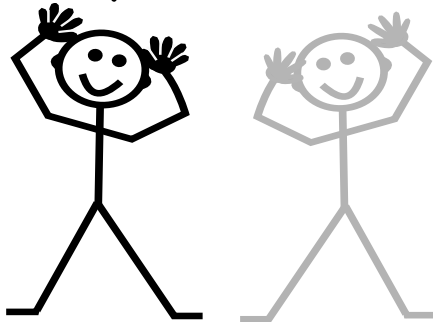
Twirl  
your fingers!

Twirl your fingers in opposite directions with a silly look on your face.



Silly, willy nonsense words!

Put your hands at the top of your head and move them back and forth.

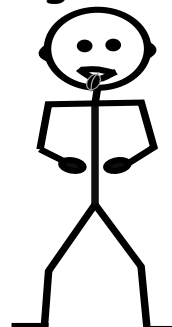
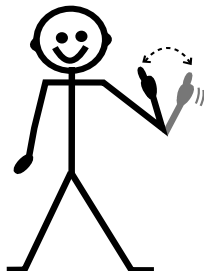


Nonsense words, nonsense words,

Shake finger from  
right to left!

Tongue out!

Shake your finger from left to right. Then blow raspberries!



They don't mean a thing! Ththth!