Sing and Spell Vol. 6:
Jammin' with more
Sight Words

Lyrics & Handmotions

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Ask

(By Heidi Butkus)

Put your hands on each side of your mouth and shout "Ask!"


Put your hands on each side of your mouth as you sing "do you want to dance?"


Put your hands on each side of your mouth as you sing "do you want to stomp?"

Dance around while you sing "A-S-K," then put your hands around your mouth and shout "Ask!"


Put your hands on each side of your mouth as you sing "do you want to shake?"

Shake it!

Shake your hands on "A-S-K!" Then put your hands around your mouth and shout "Ask!"

Punch your hands up in the air, right, left, right on each letter. Then shout "Ask!" again.

Dance around while you sing "A-S-K," then put your hands around your mouth and shout "Ask!"
Ask


A-S-K spells Ask!

Put your hands on each side of your mouth as you sing "do you want to shout?"

Keep your hands around your mouth, then move them away from your face, and back in on "A-S-K!" Then shout "Ask!" again.

Punch your hands up in the air, right, left, right on "A-S-K Spells". Then on "Ask!" put your hands around your mouth and shout!
Ate

(By Heidi Butkus)

Pretend To Feed Yourself!

Sweep your in towards your mouth pretending to feed yourself, then do it with the other hand.

A-T-E! A-T-E! We ate it! We ate it!

Pretend To Feed Yourself!

Sweep your in towards your mouth pretending to feed yourself with one hand.

We A-T-E!

(Repeat Once from Top)

Rub Your Tummy!

Rub your tummy with one hand on “We ate it”. Then do it with the other hand on the second “We ate it”.

We ate it! We ate it! We ate it! We ate it!

Pretend To Feed Yourself!

Sweep your in towards your mouth pretending to feed yourself with one hand.

We A-T-E!

(Repeat Once from Line Above)
Day
(By Heidi Butkus)

Do a disco dance, pointing on finger up, then down across your side. Repeat with the other hand.

It’s a D-A-Y. We all spell day today!
(Repeat)

Wave your finger pointing to the right and bounce your hips.

And a Sunday, Monday, Tuesday too, they End with D-A-Y!

Wave your finger pointing to the left and bounce your hips.

And a Wednesday, Thursday, Friday too, they End with D-A-Y!

On "Yea!" cross your hands out to your sides.

Put your hands flat and out to your sides. Pump them in and out in time with the music.

Yea! And a Saturday, it ends with D-A-Y!
Does

(By Heidi Butkus)

D-O-E-S, does! Does!

(Repeat)

Beg like a doggie does!

(Repeat)

Dance like a doggie does!

(Repeat)

Jump like a doggie does!

(Repeat)

Put your hands from side to side on each letter when spelling out "Does".

On each word "does", stick your hands up and out to each side!

Beg like a dog! Stick your tongue out and pant inbetween repeats.

Put your paws out and dance like a dog! Turn around and pant like a dog inbetween repeats.

Jump up with your paws out, just like a doggie!

Jump like a doggie does!
Every
(By Heidi Butkus)

Wave your hands around in flat circles to your right and to your left. On "Every", make a rainbow with your hands.

E-V-E-R-Y, every!

Look around, right to left.

Everybody spy! Everybody spy! Everybody,

Wave your hands around in flat circles to your right and to your left. On "Every", make a rainbow with your hands.

E-V-E-R-Y, every!

During music break, look all around you!

Count to 3 with your fingers, then make a fist on "Hit it!"

1, 2, 3, Hit it!
(Repeat from top)
Give

(By Heidi Butkus)

Grab hands with a partner, and push one hand towards your partner, and they will push their other hand towards you. Go back and forth.

G-I-V-E, give, give!

(Repeat)

Give your friend a high five!

Give your friend a high TEN!

Give me five! FIVE! Give me ten! TEN!

(Repeat)

(Repeat from two more times)

Put your hands up high in the air.

Give it up!
**Going**

(By Heidi Butkus)

G-O-I-N-G! Going on safari!

Look! There goes a giraffe!


Going, going gone!

(Repeat)

Swing both arms to the left on “G-O-I-N-G”, then put your hands above your eyes and look! On repeat, do same motions on the right.

Look for a giraffe!

Put your hands on your cheeks and say “Ooo a giraffe!”

Look! There goes a giraffe! Oooo a giraffe!

Swing both arms to the left on “G-O-I-N-G”, then alternate to the right, then left again.


Point across the room.

Going, going gone!

(Repeat from 2nd line, for lion, gorilla, zebra)
Her
(By Heidi Butkus)

Curtsey like a Princess does!
Then keep your hands out flat and move your torso side to side.

Her is for a girl, and it's H-E-R, yes it's H-E-R

Curtsey again on "girl"

for a girl.
(Repeat)

Put your hands out to your side flat and turn around while moving your torso from side to side.

H-E-R, H-E-R

Point to someone on "her"

I saw her at the store!
(Repeat from top 2x)

Use your thumb to point backward on "Store".
Him
(By Heidi Butkus)

H-I-M. Him, him, him!

Run and chase him fly away,
Superhero save the day!

Take a bow on "H-I-M",
Swing up your arms to show your muscles!

H-I-M. Him! Him! Him!

(Repeat)

Run!
Run in place as fast as you can.

Put your hands up high and wave them around like you are a superhero flying.

Superhero save the day!
(Repeat from top)

Flex one muscle, then the other, then on the last "Him" pump your muscles up and back down.

Take a bow on "H-I-M",

H-I-M. Him! Him! Him!
Just
(By Heidi Butkus)

I heard something in the woods last night.

Pretend You’re a Bear!

Put your hand up to your ear and listen.
On “last night” stick out your thumb and motion behind you.

Put up your bear claws!

Put your hands on your cheeks and sing “Oh my!”

And I thought it was a bear. Oh my!

Put your hands over your eyes and take a look.

When I finally got a look I saw

Put your hands out flat on each side and shrug.

It was just a beaver!

Put your hands out in front of you and bend them straight down. Bounce them up and down on “J-U-S-T”.

J-U-S-T, just a beaver! (Repeat 3x)
Many
(By Heidi Butkus)

Jump on each letter when you sing “M-A-N-Y”

M-A-N-Y! How many times can you jump up high?

(Repeat)

Jump on each letter when you sing “M-A-N-Y”

1, 2, 3, 4, 5! M-A-N-Y!

Count to 5 and jump on each number.

Put your arms out and fly around while you sing “M-A-N-Y”.

M-A-N-Y! How many times can you fly?

(Repeat)

Jump on each letter when you sing “M-A-N-Y”

1, 2, 3, 4, 5! M-A-N-Y!

Put your arms out and fly around while you sing “M-A-N-Y”.

On “How”, stick out one hand out and flat to your side. Then on “Times” stick out the other hand.

PUT YOUR ARMS OUT AND FLY AROUND WHILE YOU SING “M-A-N-Y”.

Put your arms out and fly around while you sing “M-A-N-Y”.

On “How”, stick out one hand out and flat to your side. Then on “Times” stick out the other hand.

Put your arms out and fly around while you sing “M-A-N-Y”.

Flap your wings and count.

1, 2, 3, 4, 5! M-A-N-Y!
Many
(By Heidi Butkus)

M-A-N-Y! How many times can you wave good-bye?

1, 2, 3, 4, 5! M-A-N-Y!
Must
(By Heidi Butkus)

We must do what?

Chop and spell must! M-U-S-T!

Chop again to the front of you using your arms!

Must! Must! Chop and spell must!

On “must”, stick out one hand out and flat to your side. Then on “do” stick out the other hand. On “what?” shrug your shoulders!

On “must”, stick out one hand out and flat to your side. Then on “do” stick out the other hand. On “what?” shrug your shoulders!

We must do what?
Must
(By Heidi Butkus)

Hop up and down!

Hop and spell must! M-U-S-T!
Must! Must! Hop and spell must!

We must do what?

Make your hands into fists and bop them on each other, alternating.

Bop and spell must! M-U-S-T!
Must! Must! Bop and spell must!

On "must", stick out one hand out and flat to your side. Then on "do" stick out the other hand. On "what?" shrug your shoulders!

We must do what? STOP!

On "must", stick out one hand out and flat to your side. Then on "do" stick out the other hand. On "what?" shrug your shoulders!

Put your hand up high and yell "Stop!"
No
(By Heidi Butkus)

Shake your head and cross your arms back and forth.

N-O, no! N-O, no!

Shake one finger to the right, then one finger to the left.

No, no, Wiggles! No, no, Wiggles!
(Repeat from the top one more time)

Be a dog!

Put your paws up and shake them to the right, then to the left.

Turn around in a circle with your paws in the air!

End the song by bending your knees with your paws up, so you look like a dog begging for food.
Off
(By Heidi Butkus)

Off, O-F-F!

Blast off!

Count it down, blast off!

Off, O-F-F!

(Repeat, two more times)
Off
(By Heidi Butkus)

Count, ten, nine, eight,

Seven, six, five,

Four, three, two, one,

Zero, you’re done!
Off
(By Heidi Butkus)

Jump as high as you can!

Jump!

Blast off!
(Repeat)

Brush one arm with the other. On the repeat, do it with the opposite arm.

Off, O-F-F!
(Repeat)
(Repeat again from "Blast off!")

On the last "F", bring your hands up high and to the side. On repeat, bring arms out to the opposite side.
Only
(By Heidi Butkus)

Do-se-do!

Do the doe-se-doe on "O-N-L-Y", then slap your knees on "only". Repeat moving forward and backwards.

O-N-L-Y, only!
(Repeat 3x)

March around in a circle.

Can you spell it? Can you tell it?

Do-se-do!

Do the doe-se-doe on "O-N-L-Y", then slap your knees on "only". Repeat moving forward and backwards.

O-N-L-Y, only!
(Repeat 2x from top)
Our
(By Heidi Butkus)

We touch our legs cause Simon says!

O-U-R spells our.

Slap your legs in time with the music.

We touch our toes and then our nose!

O-U-R spells our!

Grab something!

Pretend to grab something and bring it in close to you, alternating hands.

On the last "our" pretend to grab something with two hands and bring it in to your chest.

Bend down and touch your toes, then come back up and touch your nose.

O-U-R spells our!

(Repeat 2x from top)
Ran

(By Heidi Butkus)

Turkey saw the fox and he R-A-N!

(Repeat)

Look from left to right, then run in place on "R-A-N"

Run!

Run!

Run!

Run!

Run!

(Repeat from top, only faster)

He ran! He ran! And he R-A-N

(Repeat)

Run a little faster on "He ran! He ran!" Then slow back down for "R-A-N"
Show

(By Heidi Butkus)

Put up one hand up high on “S-H”, then bring up the other hand on “O-W”

S-H-O-W, show, show, show!

(Repeat)

Put your hands together and bend down. Swing your hands around like an elephant’s trunk.

Clunk, clunk, clunk go the elephants at the show!

(Repeat)

Flex your muscles with your arms in front of your body on “Hunk, hunk, hunk”

Now flex your muscles above your head!

Hunk, hunk, hunk go the strong men at the show!

(Repeat)

Put up one hand up high on “S-H”, then bring up the other hand on “O-W”

S-H-O-W, show, show, show!
Show
(By Heidi Butkus)

Girls walk tight ropes carefully at the show!
(Repeat)

Clowns make faces merrily at the show!
(Repeat)

S-H-O-W, show, show, show!
(Repeat)

Put your arms straight out to your sides, then walk in a straight line back and forth, like you are on a tightrope.

Open your hands wide and stick them around your face, moving your head back and forth.

Put up one hand up high on "S-H", then bring up the other hand on "O-W"

Sweep one hand out to the side, then sweep the other out to the other side.
Soon
(By Heidi Butkus)

Hey Mr. Monkey! When's it time to eat?

S-O-O-N! Soo-oo-oon
(Repeat)

S-O-O-N! Soo-oo-oon
(Repeat)

S-O-O-N! Soo-oo-oon
(Repeat from top)

Wave really big to someone on "Hey Mr. Monkey"

Point to Watch
Point to your watch on your wrist.

Point to Watch

Point to your watch on your wrist.

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Take
(By Heidi Butkus)

Reach out in front of you with one hand, grab and pull back in towards your chest. Repeat for the other hand.

T-A-K-E, take it! Take it!
(Repeat)

Reach out with one hand, grab and sweep your hand behind your back. Then repeat for the other hand.

Shake both of your hands to the left side of your body two times. At the same time, take two steps to the left.

Take it to the left.

Shake both of your hands to the right side of your body two times. At the same time, take two steps to the right.

Take it to the right.
(Repeat from line above)

Reach out in front of you with one hand, grab and pull back in towards your chest. Repeat for the other hand.

T-A-K-E, take it! Take it!
(Repeat)
Take
(By Heidi Butkus)
Pat the Air Up!
Pat your hands up in the air until they are above your head.

Take it up.
Pat the Air Down!
With your hands already above your head, pat your hands down.

Take it down.
(Repeat from line above)

Reach out in front of you with one hand, grab and pull back in towards your chest. Repeat for the other hand.

T-A-K-E, take it! Take it!
(Repeat)

Swipe out both of your hands in front of you, then swipe them behind you.

Take it!
\textbf{Them}

(By Heidi Butkus)

\textbf{Pat Your Knees}

\textbf{Then Clap!}

Everyone sits on the floor for this song! The teacher will first clap and pat their knees, alternating during this line. Then the students will repeat on the second line.

\underline{Stop and clap and spell “them”! T-H-E-M}

Them! Them! Them! Them!


\underline{them, them, them!}

Floor, legs and spell “them”! T-H-E-M.

Them! Them! Them! Them!


\underline{them, them, them!}

Continue alternating between patting your knees and clapping your hands.

Now just pat your knees.

Alternating between patting the floor and patting your knees.

Now just pat your knees.
Think
(By Heidi Butkus)

Think, think, you can do it! Think, think, just stick to it

Point your finger to your head and bounce, then alternate to the other hand.

Think, think, you can do it! Think, think, just stick to it

Bop your head with your hand. Then with the other. Alternate after each “T-H-I-N-K”

T-H-I-N-K!
(Repeat 5x)

Point your finger to your head and bounce, then alternate to the other hand.

Think, think, you can do it! Think, think, just stick to it

Bop your head with your hand. Then with the other. Alternate after each “T-H-I-N-K” the first two times.

T-H-I-N-K!

On the third “T-H-I-N-K”, alternate boping your head faster, on each letter. At the same time walk forward and backward.
Walk

(By Heidi Butkus)

You can walk fast, W-A-L-K!

You can walk slow, W-A-L-K!

You can walk high, W-A-L-K!

You can walk low, W-A-L-K!
Walk
(BY Heidi Butkus)

You can walk in and give it a shout!

On “shout” punch your fist up in the air.

Turn around in a circle.

On “walk out”, jump to the left and motion your thumb outward.

Turn around once and walk out.

(Repeat from top)
Well

(By Heidi Butkus)

Bring your hands out and up, then back down to your knees. On the “L-L” put your hands on your knees and bounce twice.

W-E-L-L,

Jump in place 3 times.

well, well, well!

(Repeat)

Step out to your right with your hands straight out to your sides. Step back in, and clap your hands above your head at the same time. Repeat to left.

Popcorn! Popcorn! Well, well, well.

(Repeat)

(Repeat from top)

At the very end, everyone jump around all over the place like popcorn.

Popcorn!
Went
(By Heidi Butkus)

The zombies went like this.
(Repeat)

W-E-N-T! Went, went went!
(Repeat)

W-E-N-T! Went, went went!
(Repeat)

(zombie groan)

The children went like this!
(Repeat)
Went
(By Heidi Butkus)

W-E-N-T! Went, went went!
(Repeat)

W-E-N-T! Went, went went!
(Repeat)

Sweep your arm across your body while point on "W-E-N-T".

Point on each "Went", going across your body again.

Point!

(zombie groan)
(Repeat zombie lines)

Turn around in a circle.

Make a big zombie roar with your hands up high!
Yes
(By Heidi Butkus)

Put your hands up in the air on Y, cross them over on E, bring them back on S.

Pull Down and Say, “Yes!”

Pull down one hand and say, “Yes!”, then do the same with your other hand.

Y-E-S! Yes! Yes!
(Repeat)

Bend your knees and roll your fists around in a circle.

Yes, you can move it!

Bend your knees and roll your fists around in a circle.

Roll hands

On Woo-hoo bring your hands up and then back down.

Whoop, whoop! Woo-hoo!
(Repeat from line above)

Put your hands up in the air on Y, cross them over on E, bring them back on S.

Y-E-S! Yes! Yes!
(Repeat)
Yes
(By Heidi Butkus)

Shake Hips!

Yes, you can bump it!

Rotate Hips

Whoop, whoop! Woo-hoo!

(Repeat from line above)

Put your hands up in the air on Y, cross them over on E, bring them back on S.

Pull Down and Say, “Yes!”

Pull down one hand and say, “Yes!”, then do the same with your other hand.

Y-E-S. Yes! Yes!

(Repeat)

Shake your hands to the left and then to the right!

Yes, you can shake it!
Yes
(By Heidi Butkus)

Whoop, whoop! Woo-hoo!
(Repeat from line above)

Y-E-S. Yes! Yes!
(Repeat)

Tongue out!

End the song by sticking out your tongue and your hands out!