

HEIDISONGS™

Sing-Along Songs that Teach!

Musical Math

Lyrics & Handmotions

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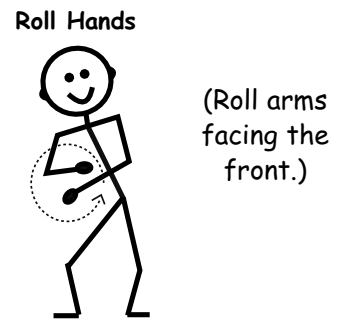
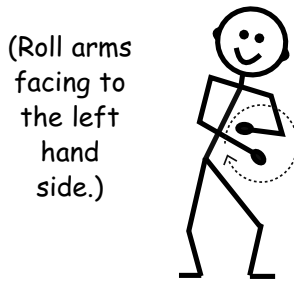
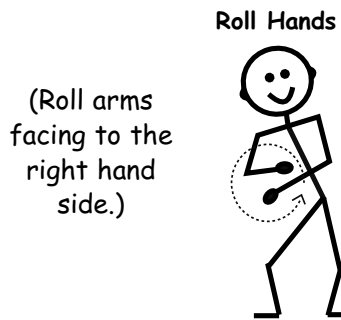
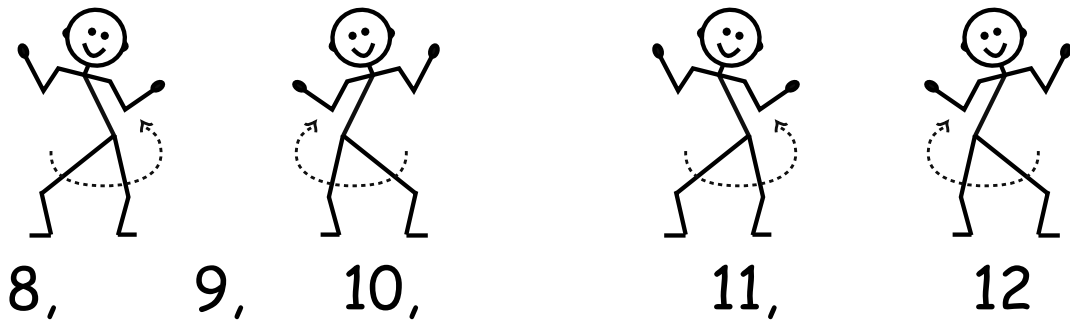
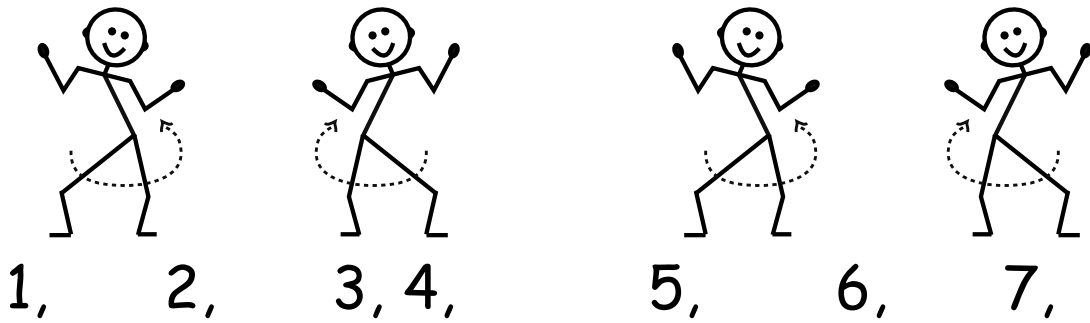
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1-100 Song

(by Heidi Butkus)

Swing hands side to side
and shake hips in time to
the music: right- left-
right, left - right- left



Pat your legs in
time with the music!

Pat legs three times
on the last three
beats of the
phrase.



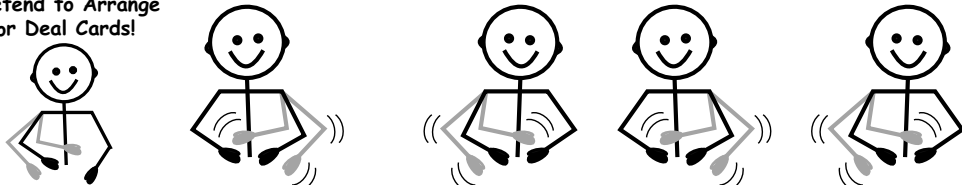
19, 20!
21, 22, 23, 24, etc.

Repeat hand motions from the beginning,
substituting the next set of numbers from 21-30, then 31-40, etc.

Sorting

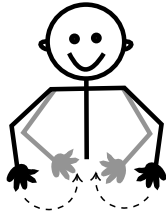
Make a motion as if you are dealing cards or sorting things out in front of you on each word, "sort."

Pretend to Arrange or Deal Cards!

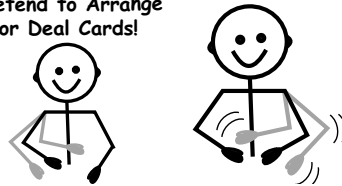


I can sort, I can sort! I can sort, sort, sort,

Pretend to gather things up and put them in a pile in front of you.



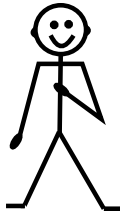
Pretend to Arrange or Deal Cards!



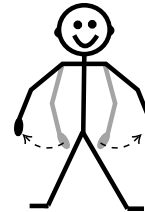
Make a motion as if you are dealing cards or sorting things out in front of you on each word, "sort."

I can put 'em into groups and I can sort, sort sort!

To show color, make the sign language signal for the color white, which is done by pulling on the front of your shirt.

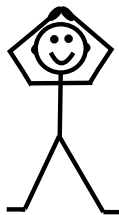


To show size, hold out your hands to show something really big, with one hand high up and the other down low.



I can sort by color. I can sort by size.

To show shape, make a triangle shape like a pointy hat on top of your head.



Shake finger!

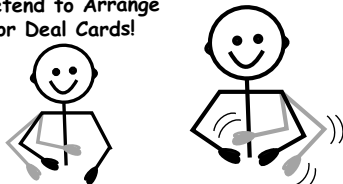


Shake your finger as if to say, "I told you so!"

I can sort by shape- any old time!

Make a motion as if you are dealing cards or sorting things out in front of you on each word, "sort."

Pretend to Arrange or Deal Cards!

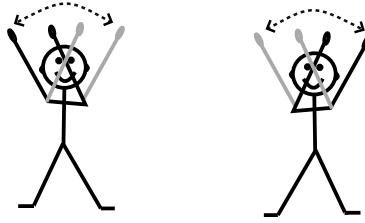


Pretend to gather things up and put them in a pile in front of you on the words, "put 'em into groups" (as before.)

I can sort, I can sort! I can sort, sort, sort,
I can put 'em into groups and I can sort, sort sort!

Position Words

Wave hands over your head back and forth in time to the music, with fingers spread open.



Over my head with my hands in the air!

Pat your behind!

Pat your clothes where your underwear would be.



Under my clothes I've got my underwear!

Point to each body part as you say it.

Touch Your Shoe!



Point To Your Nose!



I've got some fuzzy stuff between my toes, behind my knees and on my nose!

Point to your shoes.

Point down!



Hop!



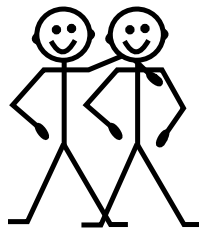
Hop & turn!



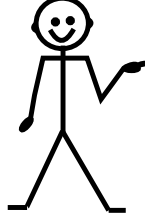
Hop on one foot, then turn around in circles while hopping when the music says to.

In my shoes I've got feet that hop, around and around until I stop!

Put your arm over the shoulder of a friend on the word, "friend." Point to where the kids turn in their homework or other papers according to the music.



Point!



Flap your wings!

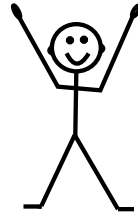
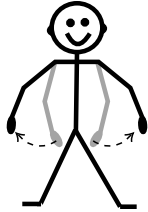


Flap arms like a duck, then make a duck's bill with your hands and pretend to quack.

I'm next to my friend but we don't talk,
And I put my homework in the homework box!
Wart's on a duck's back. Quack, quack!

More

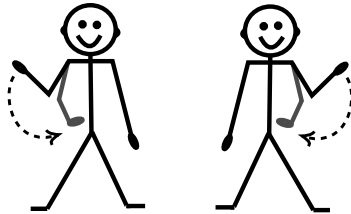
Put hands out
really big to show
a whole lot of
things.



Put hands out
really big to show
a whole lot of
things.

More means a lot! More means a lot!

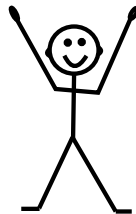
Make a "come on!"
motion with your
hands (First right,
then left) as if to
say, "Come on, give
me more!"



Make three "come on!"
motions again,
this time with
both hands in time
with the music.

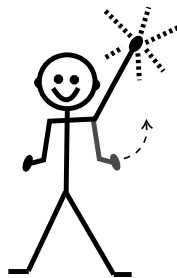
More candy, more cookies, give me all you've got!

Put hands out
really big to show
a whole lot of
things.



More means a lot.

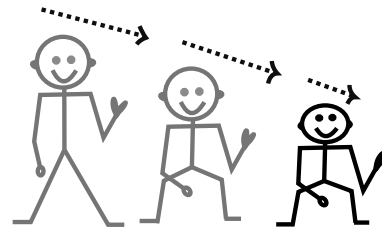
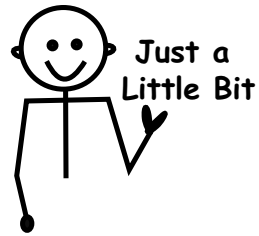
Punch your hand in
the air and jump
on each word,
"more."



More, more, more!

Less

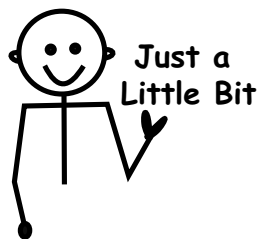
Pinch your fingers together on the words "less" and "little" to show just a small amount.



Each time you say the word, "little," crouch down a little bit more and squeeze your fingers closer together.

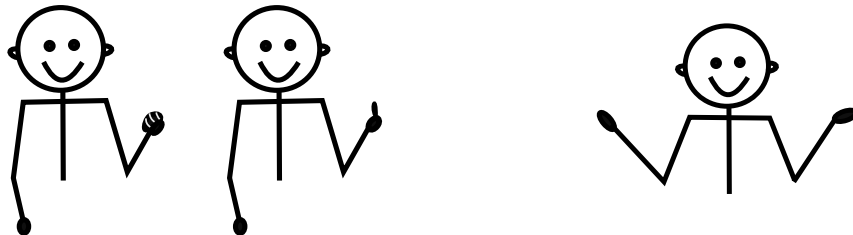
Less is just a little. Little, little, little!

Pinch your fingers together on the words "less" and "little" to show just a small amount.



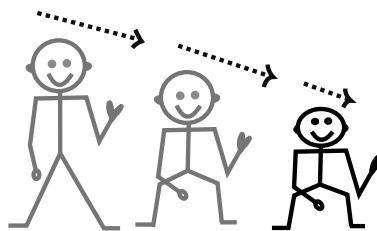
Less is just a little-bitty bit!

Make a fist to show zero fingers on the word, "zero." Show one finger for number one and two fingers for number two.



Put your hands out as if to say, "All done!"

Like zero or one or two, that's it!



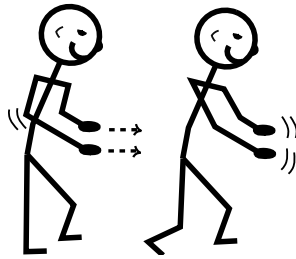
Each time you say the word, "little," crouch down a little bit more and squeeze your fingers closer together.

Less is just a little-bitty bit!

Equal

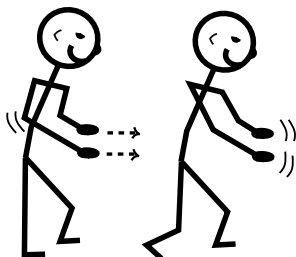
(Sounds like the chorus to "My Bonnie Lies Over the Ocean")

Walk to the right side, with one hand over the other, sort of forming an equal sign with your hands as you walk along.



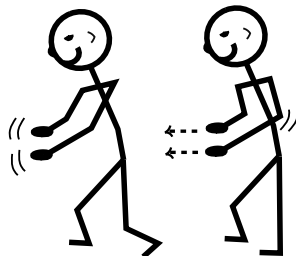
Equal, equal,

Continue walking to the right side, with one hand over the other, sort of forming an equal sign with your hands as you walk along.



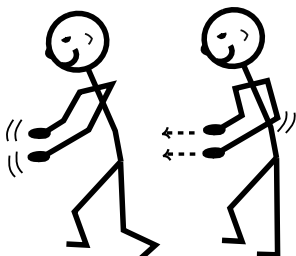
Oh, equal is always the same, the same!

Walk to the left side, with one hand over the other, sort of forming an equal sign with your hands as you walk along.



Equal, equal,

Continue walking to the left side, with one hand over the other, sort of forming an equal sign with your hands as you walk along.



Oh, equal is always the same!

AB Pattern

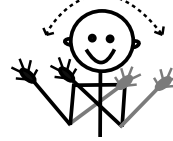
Thumbs to Yourself!

Point your thumbs towards yourself.



Wave Hands Back and Forth!

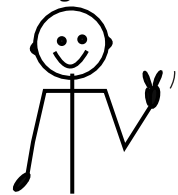
On the words, "A," "B," and "pattern," wave hands back and forth in time to the music, with fingers spread open.



I can make a pattern- an AB pattern,

On the words, "A," "B," and "pattern," wave hands back and forth in time to the music, with fingers spread open.

Wave Hands Back and Forth!



Show two fingers on the word, "two."

An AB pattern, with just two things!

A- Jump

B- Clap

Jump on A, then clap on B. Continue doing this when the words change to "red-green."



A-B, A-B, A-B, A-B! Red-green, red-green, red-green, red-green!

Thumbs to Yourself!

Point your thumbs towards yourself.



Wave Hands Back and Forth!

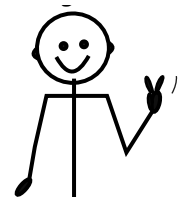
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Wave Hands Back and Forth!



Show two fingers on the word, "two."

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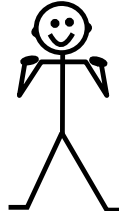
ABC Pattern

"A:" Slap
your thighs.

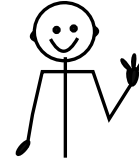
"B:" Clap
your hands.

"C:" Touch
your shoulders

Continually make
an ABC pattern in
time to the music,
with the following
motions:



Show Three
Fingers!



Show three fin-
gers on the word,
"three."

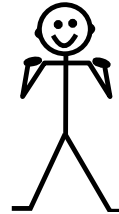
The ABC pattern, it always has three!

"A:" Slap
your thighs.

"B:" Clap
your hands.

"C:" Touch
your shoulders

Continually make
an ABC pattern in
time to the music,
with the following
motions:



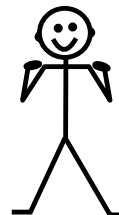
It goes A-B-C, A-B-C,

"Red:" Slap
your thighs.

"Blue:" Clap
your hands.

"Green:" Touch
your shoulders.

Continually make
an ABC pattern in
time to the music,
just as before.



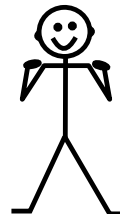
Red-blue-green, red-blue-green!

"A:" Slap
your thighs.

"B:" Clap
your hands.

"C:" Touch
your shoulders

Continually make
an ABC pattern in
time to the music,
with the following
motions:



Show Three
Fingers!



Show three fin-
gers on the word,
"three."

ABC pattern, it always has three!

The AAB Pattern

Continually make an AAB pattern in time to the music, with the following motions:

"A:" Slap your thighs.



"A:" Slap your thighs.



"B:" Slap your knees.



The AAB pattern, AAB goes legs-legs-knees, legs-legs-knees.

Continually make an AAB pattern in time to the music, with the following motions: (same as before.)

"Red:" Slap your thighs.



"Red:" Slap your thighs.



"Green:" Slap your knees.



Red-red-green, red-red-green, red-red-green, red-red-green,

Continually make an AAB pattern in time to the music, with the following motions:

"Chug:" Make a train chugging motion.



"Chug:" Make a train chugging motion.



"Caboose"



On the word, "caboose," scoot back quickly, throwing your derriere backwards.

Chug-chug, caboose! Chug-chug, caboose!
Chug-chug, caboose! Chug-chug, caboose!

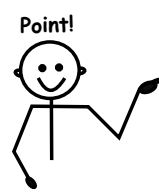
"Duck:" Flap your arms like a duck.



"Duck:" Flap your arms like a duck.



"Goose:" Point to someone.



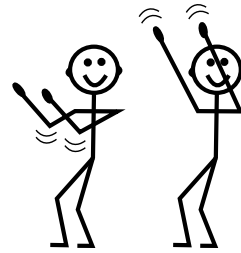
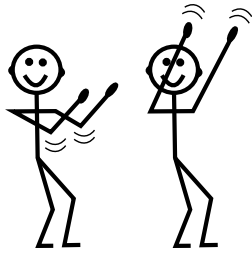
Point to someone on the word, "goose."

Continually make an AAB pattern in time to the music, with the following motions:

Duck-duck, goose! Duck-duck, goose!
Duck-duck, goose! Duck-duck, goose!

What Comes Next?

Push hands to the right while doing a step-together-step motion.



Push hands to the left while doing a step-together-step motion.

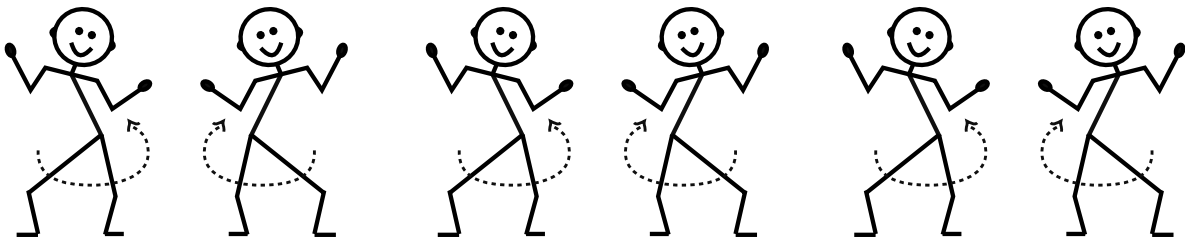
What comes next? What comes next?

Point your finger as if to say, "I told you so!"



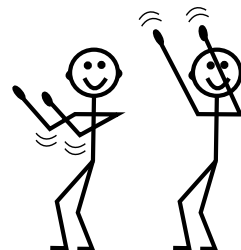
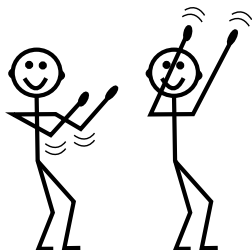
Point your finger as if to say, "I told you so!"

Just do your best! Just do your best!



It's 19, and 20, 29 and 30, 39 and 40,

Push hands to the right while doing a step-together-step motion.



Push hands to the left while doing a step-together-step motion.

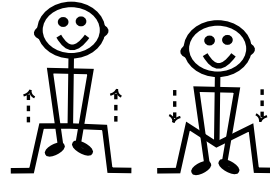
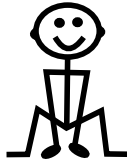
Is what comes next! What comes next?

(Continue counting out the numbers until you reach 100)

Penny

Squat down in a "froggy position" with your hands down on the ground between your legs. Bounce in time to the music while squatting.

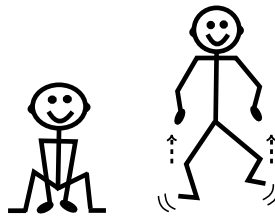
Pretend You're a Frog!



Bop your head like a croaking frog on the words, "mm-hmm."

A froggy found a penny, said, "mm-hmm! mm-hmm!"

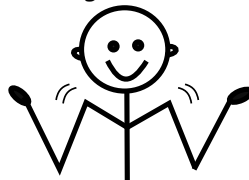
Jump up to a standing position. Show one finger for one cent.



It's brownish and it's worth one cent,

Shrug Shoulders

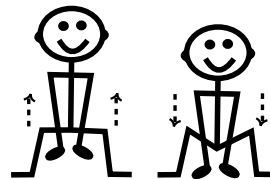
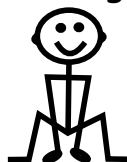
Shrug shoulders and hold hands out as shown.



He found the penny by accident,

Squat down in a "froggy position" with your hands down on the ground between your legs. Bounce in time to the music while squatting.

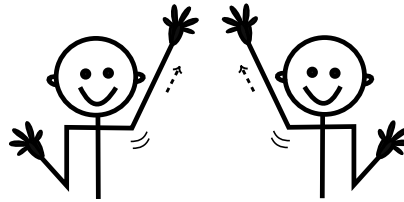
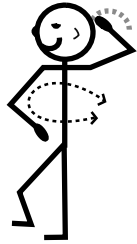
Pretend You're a Frog!



"Mm-hmm! Mm-hmm!"

Nickel

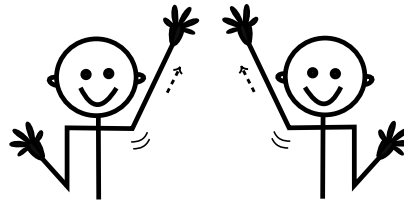
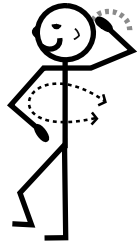
Grab a fake ponytail behind your head, then turn around in a circle while showing your pony tail.



Wave hands over your head, (first right then left) on the words five cents. Spread fingers wide to show five fingers.

Oh, the man with the pony tail is on the nickel,
And it's worth five cents!

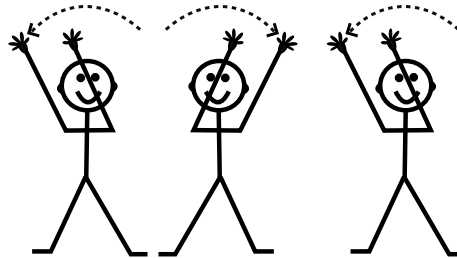
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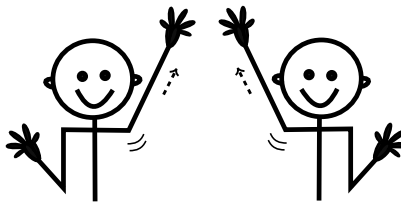
Oh, the man with the pony tail is on the nickel,
And it's worth five cents!

Wave hands over your head, (right, left, right, etc.) each time you say the word, "nickel." Spread fingers wide to show five fingers.



Nickel, nickel nickel!

Wave hands over your head, (first right then left) on the words five cents. Spread fingers wide to show five fingers.

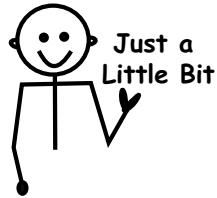


And it's worth five cents!

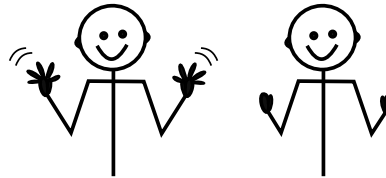
Dime

(Sounds like "If You're Happy and You Know It")

Hold one hand up and squeeze thumb and fore-finger together to show something small.



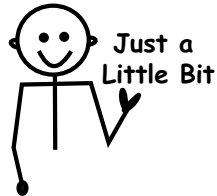
Open and Close Hands



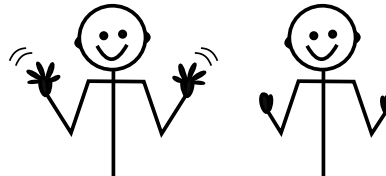
Hold both hands in front of you and spread out all ten fingers every time you say "dime" or "ten cents."

Oh, the little coin's a dime, it's a dime!
(Ten cents!) Clap twice each time you say, 'Ten cents!'

Hold one hand up and squeeze thumb and fore-finger together to show something small.



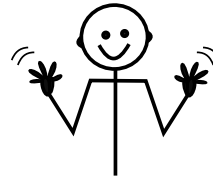
Open and Close Hands



Hold both hands in front of you and spread out all ten fingers every time you say "dime" or "ten cents."

Oh, the little coin's a dime, it's a dime!
(Ten cents!) Clap twice each time you say, 'Ten cents!'

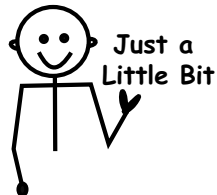
Point to your head in time to the music to show that you remember.



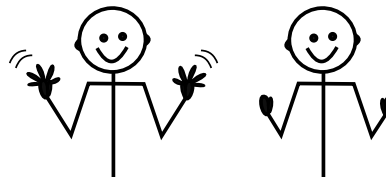
Hold both hands in front of you and spread out all ten fingers, bouncing hands in time to the music.

I remember every time- ten pennies make a dime!

Hold one hand up and squeeze thumb and fore-finger together to show something small.



Open and Close Hands



Hold both hands in front of you and spread out all ten fingers every time you say "dime" or "ten cents."

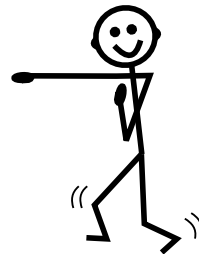
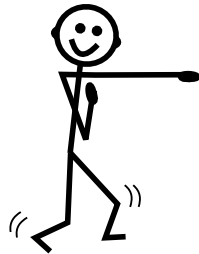
It's a dime, it's a dime, it's a dime! (Ten cents!)

Clap twice each time you say, 'Ten cents!'

Quarter

(Sounds like "The Tango")

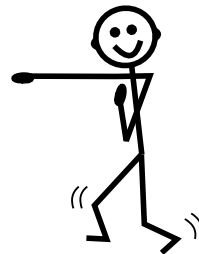
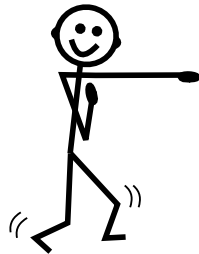
Turn sideways and pretend to dance the tango with one hand out leading the way and the other folded in.



Flip around quickly and turn the other direction on the word, "quarter."

Twenty-five cents- a great big quarter!

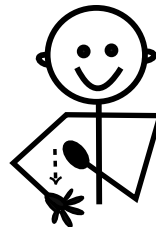
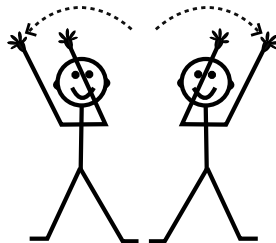
Turn sideways and pretend to dance the tango (to the opposite direction) with one hand out as before.



Flip around quickly and turn the other direction on the word, "quarter."

Twenty-five cents- a great big quarter!

Wave hands back and forth in time to the music, with fingers spread open.



Pound your fist into the palm of the other hand on the word, "now."

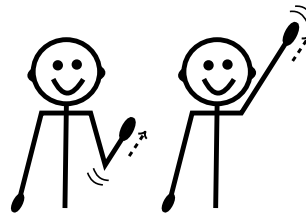
Twenty-five cents. I want a quarter now!

Shake your finger as if to say, "I told you so."



"Yum..." - (punch half way up.)

"...yum!" - (punch all the way up.)



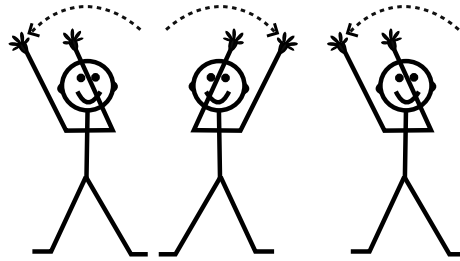
Punch fist in the air on the words, "yum, yum."

To buy some bubble gum. Yum, yum!

Estimate

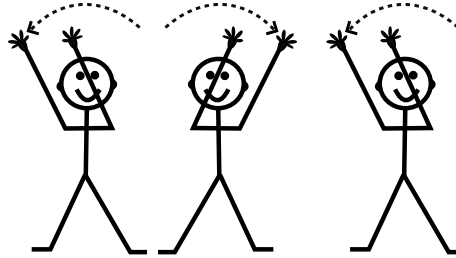
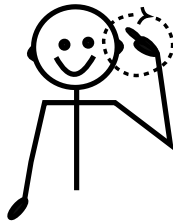
(Sounds like "The Pizza Hut Round")

Wave hands back and forth in time to the music, with fingers spread open on each syllable of the word, "Estimate."



Estimate! Estimate!

Twirl fingers next to head in a "crazy!" type of motion on the words, "take my best guess."



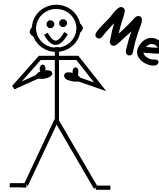
Wave hands back and forth in time to the music, with fingers spread open on each syllable of the word, "Estimate."

I take my best guess and then I estimate!

(repeat first two lines)

Point meone!

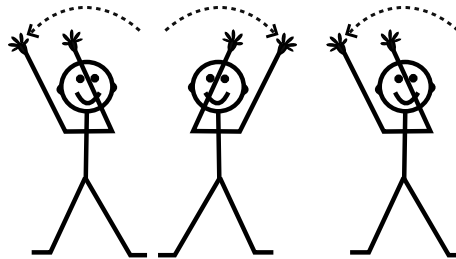
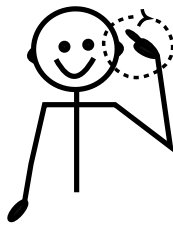
Point to somebody.



Point to yourself.

You're close, but I'm closer!

Twirl fingers next to head in a "crazy!" type of motion on the words, "take my best guess."



Wave hands back and forth in time to the music, with fingers spread open on each syllable of the word, "Estimate."

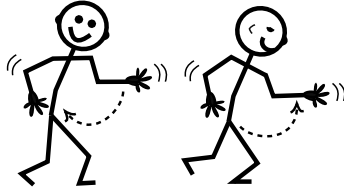
I take my best guess and then I estimate!

(repeat last two lines)

Count by Ten's

Turn and face to the right and walk that direction one step for every other number, letting arms swing.

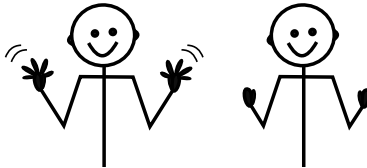
Left Hand Forward,
then Right Hand Forward



10, 20, 30, 40, 50, 60, 70, 80, 90, 100,

Show ten fingers
on the words,
"Count by tens!"

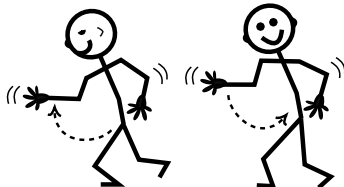
Open and Close Hands



Count by tens!

Turn and face to the right and walk that direction one step for every other number, letting arms swing.

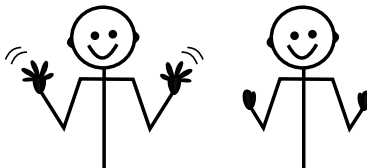
Right Hand Forward,
then Left Hand Forward



10, 20, 30, 40, 50, 60, 70, 80, 90, 100,

Show ten fingers
on the words,
"Count by tens!"

Open and Close Hands

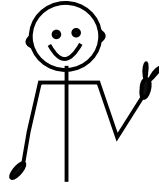


Count by tens!

Count by Two's

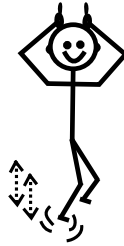
Show Two
Fingers!

Show two fingers.



Count by two's to twenty.

Put hands on head
like bunny ears
and hop on the
underlined syllables.



Twenty! Twenty! Hop like a bunny!

Hop like a bunny
to the left on two,
four, and six.



Hop like a bunny
to the right on
eight ten and
twelve.

Two, four six. Eight, ten, twelve.

Hop like a bunny
to the left on
fourteen, sixteen,
eighteen.



Fourteen, sixteen, eighteen.

Put hands on head
like bunny ears
and hop on the
underlined syllables.

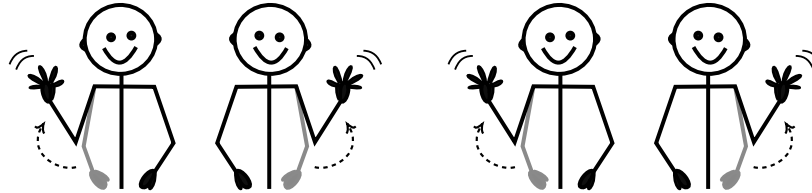


Twenty, twenty, hop like a bunny!
(Repeat from beginning)

Count By Fives

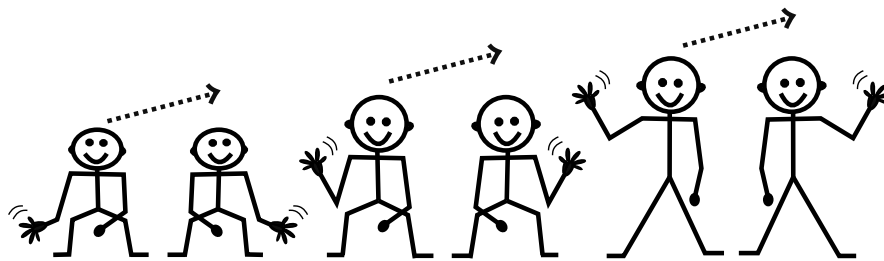
(Sounds like the baseball game "Charge" song)

Show five fingers on the underlined syllables, shifting weight onto each foot as you sing.



Count by fives, count by fives,

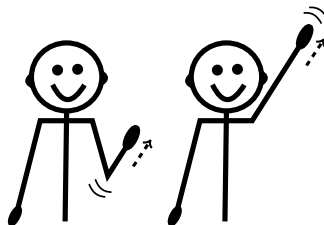
Continue as before, showing five fingers on each hand on each beat. Start down low with hands near to ground and grow taller as you sing.



(Let hands fall after saying number 100.)

Five then ten, 15, 20, 25, 30, 35,
40, 45, 50, 55, 60, 65, 70, 75, 80,
85, 90, 95, 100!

Punch one fist into the air on the word, "Charge!"



Charge!

The Sphere

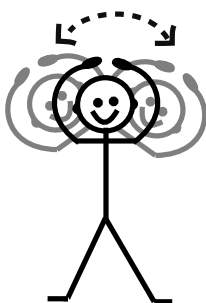
(By Heidi Butkus)

Pretend to bounce
a ball.



Bouncy, bouncy ball,

Make a circle with
your arms over-
head, swaying left
and right in time
to the music.



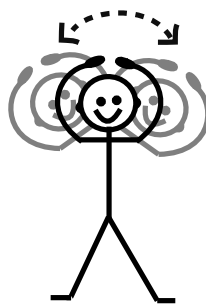
It's a sphere, it's a sphere!

Pretend to bounce
a ball.



Bouncy, bouncy ball,

Make a circle with your
arms overhead, swaying
left - right - left
in time to the music.



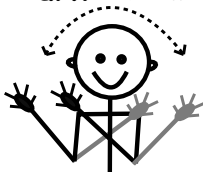
it's a sphere, sphere, sphere!

The Cube

(Sounds like "Ain't Gonna Rain No More")

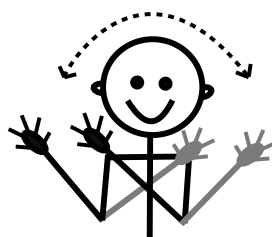
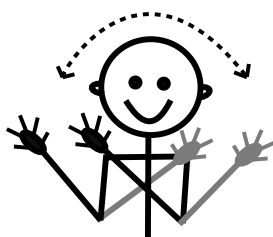
Wave hands back and forth in time to the music, with fingers spread open, while turning around in a circle.

Wave Hands and Turn Around!



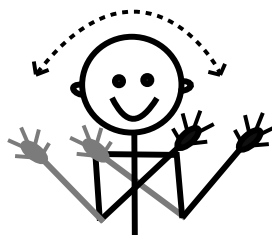
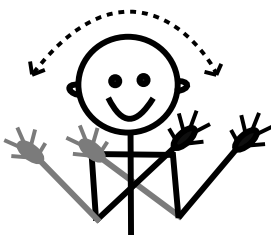
My little block is a cube, a cube,

Continue as before.



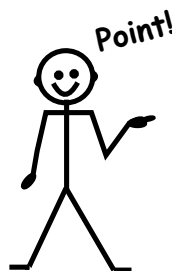
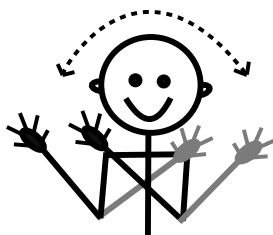
And I know just what to do!

"Unwinding," turn around the other direction. Wave hands back and forth in time to the music, with fingers spread open.



My little block is a cube, a cube,

Continue as before.



Point to someone on the word, "you!"

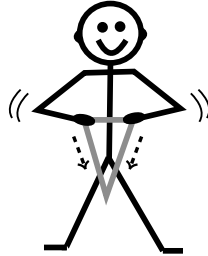
Gonna build a house for you!

The Cone

(Sounds like "When I Was Single")

Draw Triangle

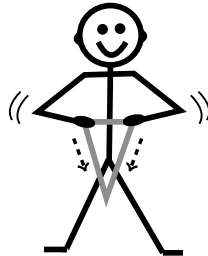
Draw a triangle in the air with your fingers.



A cone's a triangle treat!

Draw Triangle

Draw a triangle in the air with your fingers.



A cone's a triangle treat!

Wave hands back and forth in time to the music, with fingers spread open.

Wave Hands Back and Forth!



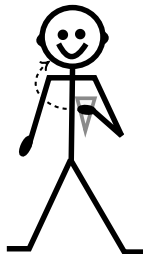
Point down!



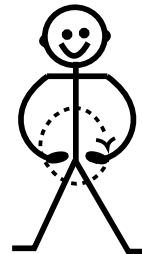
Point to the ground.

Oh, the edges are round, and it points to the ground,

Pretend to eat the ice cream cone.



Rub your tummy on the word, "Yum!"



Like an ice cream cone you can eat! Yum!

Addition

(Sounds like "La Cucaracha")

Turn slightly sideways and stomp on the ground on the last two syllables of the word, "addition," while punching the ground (as if stomping a cucaracha.)

Hand and Foot Forward

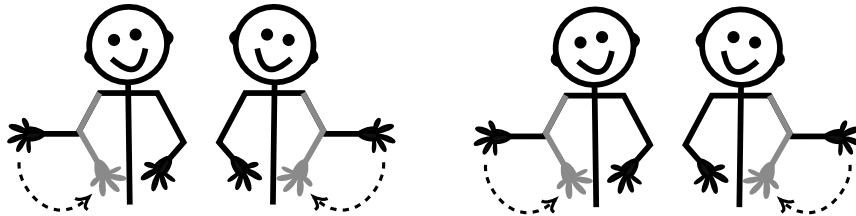


Hand and Foot Forward



Add-d-d-dition! Add-d-d-dition!

Pretend to push some things together in time to the music.



Put 'em all together now!

Turn slightly sideways and stomp on the ground on the last two syllables of the word, "addition," while punching the ground (as if stomping a cucaracha.)

Hand and Foot Forward

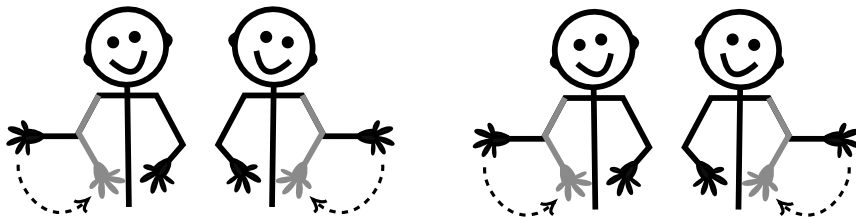


Hand and Foot Forward



Add-d-d-dition! Add-d-d-dition!

Pretend to push some things together in time to the music.



Put 'em all together now!

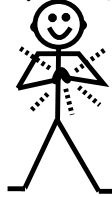
Addition Doubles

(Verses 1 & 2)

(Sounds like "The Army Chant")

Clap your hands
three times on the
words, "Clap your
hands."

Clap, clap!



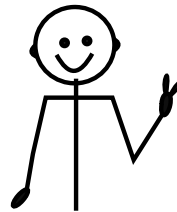
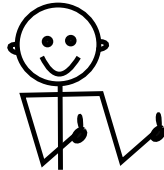
Touch
Your Shoe!



Reach down and
touch your shoe.

Teacher: Clap your hands and touch your shoe!
(Children echo.)

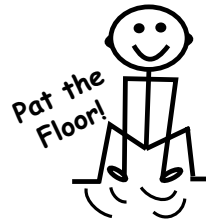
Put out one finger
on one hand, and
then the other.
Put hands close
together on the
word, "two."



Teacher: One plus one equals two!
(Children echo.)

Pat Your Knees!

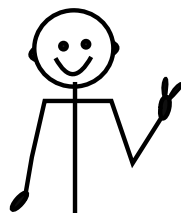
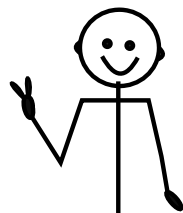
Slap your knees
three times.



Reach down and
pat the floorin
time to the music.

Teacher: Slap your knees and pat the floor!
(Children echo.)

Put out two fin-
gers on one han-
d, and then the
other. Put hands
close together on
the word, "four."



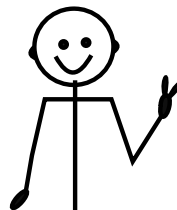
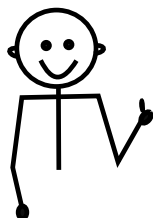
Teacher: Two plus two equals four!
(Children echo.)

Addition Doubles

("Sound Off" Chorus section)

(Sounds like "The Army Chant")

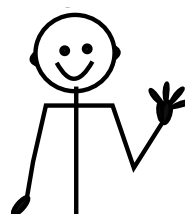
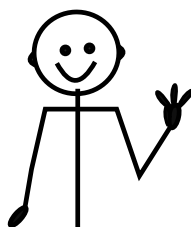
Place hand on mouth as if you are shouting.



Hold up one finger, then two.

Teacher: Sound off! *Children:* One, two!

Place hand on mouth as if you are shouting.



Hold up three fingers, then four.

Teacher: Sound off! *Children:* Three, four!

Place hand on mouth as if you are shouting.



Hold up the number of fingers as indicated by the lyrics.

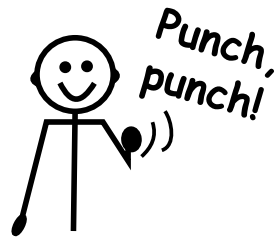
All: Sound off, sound off: one, two-three, four!

Addition Doubles

(Verses 3 & 4)

(Sounds like "The Army Chant")

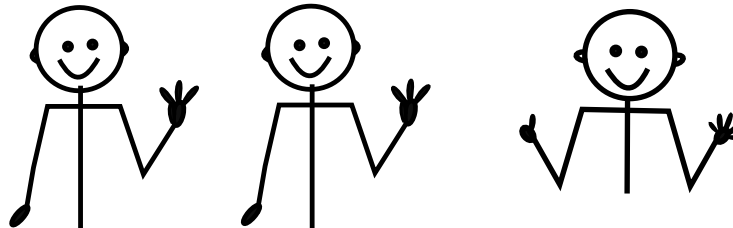
Punch out two times.



Do some karate kicks.

Teacher: Punch and punch and do some kicks!
(Children echo.)

Put out three fingers on one hand, and then the other. Put hands close together on the word, "six."



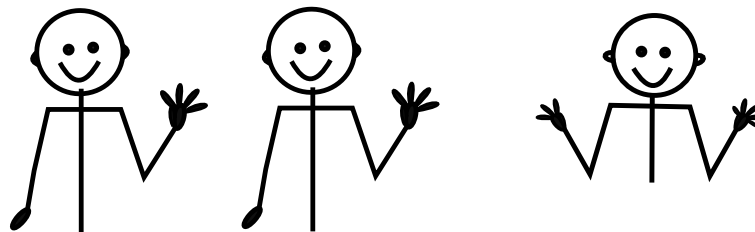
Teacher: Three plus three equals six!
(Children echo.)

Run in place.



Teacher: Run to school, don't be late!
(Children echo.)

Put out three fingers on one hand, and then the other. Put hands close together on the word, "six."



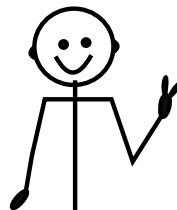
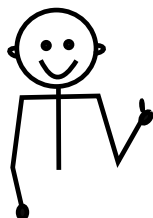
Teacher: Four plus four equals eight!
(Children echo.)

Addition Doubles

("Sound Off" Chorus section)

(Sounds like "The Army Chant")

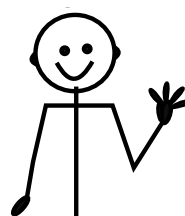
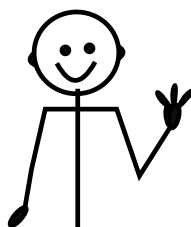
Place hand on mouth as if you are shouting.



Hold up one finger, then two.

Teacher: Sound off! *Children:* One, two!

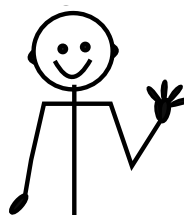
Place hand on mouth as if you are shouting.



Hold up three fingers, then four.

Teacher: Sound off! *Children:* Three, four!

Place hand on mouth as if you are shouting.



Hold up the number of fingers as indicated by the lyrics.

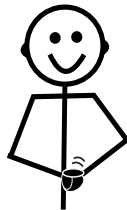
All: Sound off, sound off: one, two-three, four!

Addition Doubles

(Verses 5 & 6)
(Sounds like "The Army Chant")

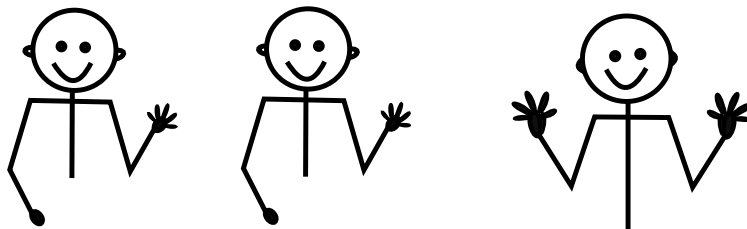
Point to your watch!

Wave hands back and forth in time to the music, with fingers spread open.



Teacher: Time for recess once again!
(Children echo.)

Put out five fingers on one hand, and then the other. Put hands close together on the word, "ten."



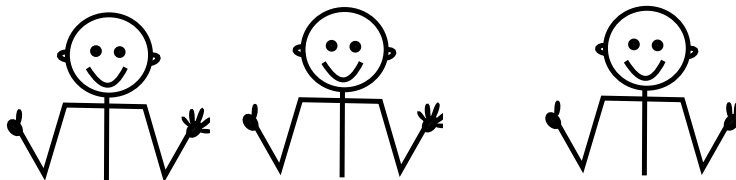
Teacher: Five plus five equals ten!
(Children echo.)

Shake finger, as if to say, "no."



Teacher: Don't you tattle, don't you tell!
(Children echo.)

Using both hands, "flash" six fingers two times to show number twelve. If desired, on the word, "twelve" show one finger on one hand and two fingers on the other.



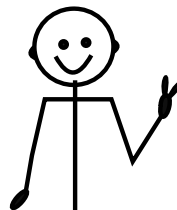
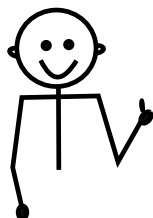
Teacher: Six plus six equals twelve!
(Children echo.)

Addition Doubles

("Sound Off" Chorus section)

(Sounds like "The Army Chant")

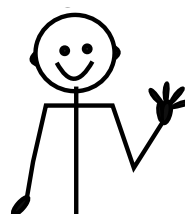
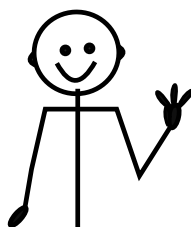
Place hand on mouth as if you are shouting.



Hold up one finger, then two.

Teacher: Sound off! *Children:* One, two!

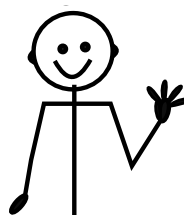
Place hand on mouth as if you are shouting.



Hold up three fingers, then four.

Teacher: Sound off! *Children:* Three, four!

Place hand on mouth as if you are shouting.



Hold up the number of fingers as indicated by the lyrics.

All: Sound off, sound off: one, two-three, four!

Five Plus Two

(Sounds like "Mambo Italiano")

Take one foot and stomp it in front of you on the words "five" and "that." The hands, (in fists) follow the feet. First one hand down, then the other as you stomp.

Hand and Foot Forward



Hand and Foot Forward



Five plus two, that equals number seven!

(Continue as before)

Take one foot and stomp it in front of you on the words "five" and "that." The hands, (in fists) follow the feet. First one hand down, then the other as you stomp.

Hand and Foot Forward



Hand and Foot Forward



Five plus two, that equals number seven!

(Continue as before)

Take one foot and stomp it in front of you on the words "five" and "that." The hands, (in fists) follow the feet. First one hand down, then the other as you stomp.

Hand and Foot Forward



Hand and Foot Forward



Five plus two, that equals number seven!

Put out one foot as if showing me new shoes. Then point to your foot in time with the music.

Point down!



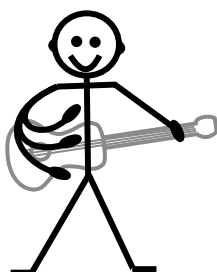
Five plus two is seven socks!

(Spoken, not sung)

Two Plus Three

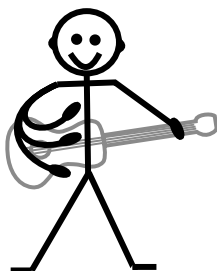
(Sounds like, "La Malagueña")

Hold your arms out as if you are playing the guitar. Strum and bounce from side to side in time to the music.



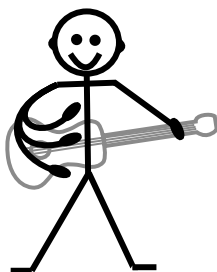
Two plus three, two plus three,
that equals number five,

Hold your arms out as if you are playing the guitar. Strum and bounce from side to side in time to the music.



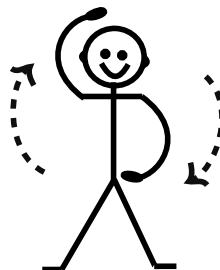
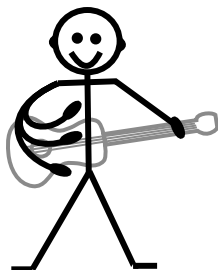
Two plus three, two plus three,
that equals number five,

Hold your arms out as if you are playing the guitar. Strum and bounce from side to side in time to the music.



Two plus three, two plus three,
that equals number five,

Strum your guitar two times hard on "Five, five, five, five" and also bob your head like a rock star.



Throw your hand in the air on the word, "Olé!" like a Spanish Flamenco dancer.

Five, five, five. Olé!

Two Plus Four

(In the style of "The Twist.")

Twist down and up!

Swing your hips back
and forth like a go-go
dancer doing the twist.



Come on , baby, do the twist!

Twist down and up!

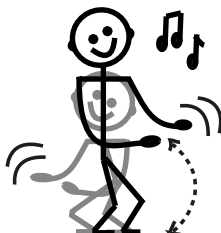
Swing your hips back
and forth like a go-go
dancer doing the twist.



Two plus four equals six!

Twist down and up!

Swing your hips back
and forth like a go-go
dancer doing the twist.



Come on baby, do the twist!

Twist down and up!

Swing your hips back
and forth like a go-go
dancer doing the twist.



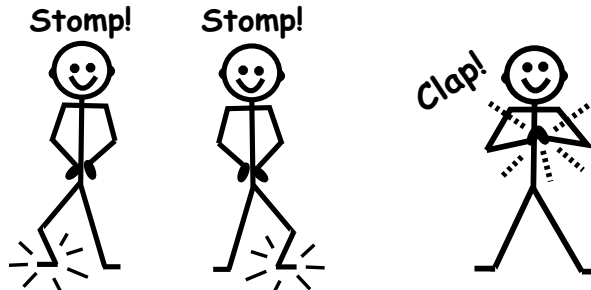
Twist down lower
for emphasis on the
words, "Da na na na."

Two plus four equals six! Da na na na!

Three Plus Four

(In the style of "We Will Rock You")

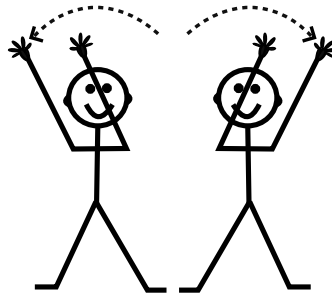
Do a "stomp, stop, clap" pattern in time to the music, "a la Queen."



Repeat this stomping pattern four times total for introduction.

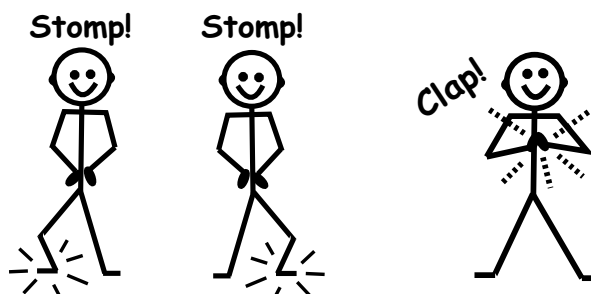
(Instrumental introduction: stomp, stomp, clap!)

Wave hands back and forth over head in time to the music on the words, "Three plus four is."



Three plus four is seven!

Do a "stomp, stop, clap" pattern in time to the music, "a la Queen."



(Stomp, stomp, clap! Stomp, stomp, clap!)
(Repeat this sequence four times total.)

Five Plus Three

Dance around freestyle
on this one!

Rock and Step Together
♪ Step to the Left!



Five plus three is eight!

Dance around freestyle
on this one!

Rock and Step Together
♪ Step to the Right!



Five plus three is eight!

Dance around freestyle
on this one!

Rock and Step Together
♪ Step to the Left!



Five plus three is eight!

Swing arms up and down
for last verse! Freeze on
the last note of the song
(not the last word.)



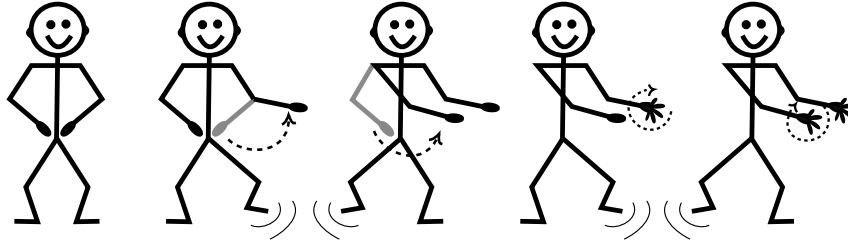
Five plus three is eight!

Six Plus Three

(In the style of "The Macarena")

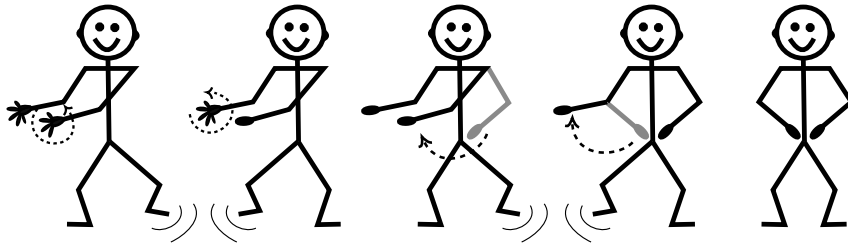
The movements to this song are similar to the first part of The Macarena. This movement is repeated three times for the children to form a pattern they can remember.

Facing to the RIGHT, first place one hand out (palms down), then the other, then flip the palms over as in The Macarena.



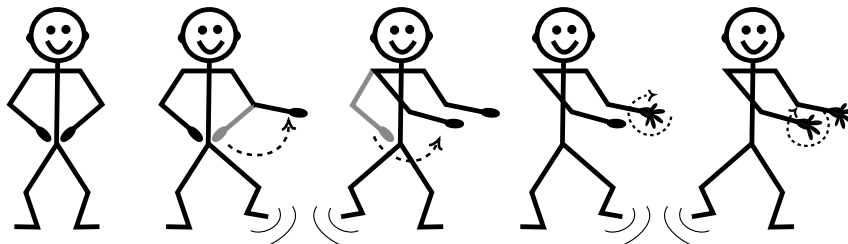
A six plus a three is a number, number nine!

Facing to the LEFT, first place one hand out (palms down), then the other, then flip the palms over as in The Macarena.



A six plus a three is a number, number nine!

Facing to the CENTER, first place one hand out (palms down), then the other, then flip the palms over as in The Macarena.



A six plus a three is a number, number nine!

Place hands on hips and swing them around in a circle, as in The Macarena.

Rotate Hips



Jump and clap on the word, "Whew!"

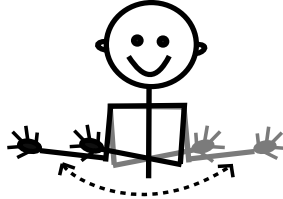
Hey, number nine. Whew!

Six Plus Four

(Sounds like, "Go Big Red")

**Flip Hands
Back and Forth!**

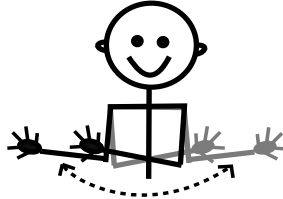
Flip hands back
and forth from
right to left as
you move forward.



Six plus four equals ten,

**Flip Hands
Back and Forth!**

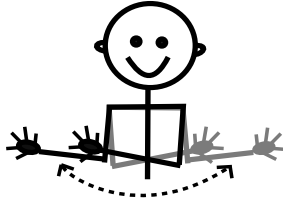
Flip hands back
and forth from
right to left as
you move back-
wards.



Six plus four equals ten,

**Flip Hands
Back and Forth!**

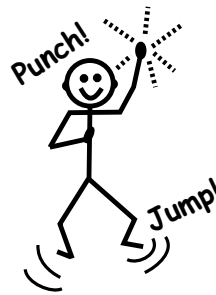
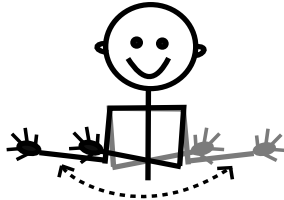
Flip hands back
and forth from
right to left as
you move forward.



Six plus four equals ten,

**Flip Hands
Back and Forth!**

Flip hands back
and forth from
right to left as
you move back-
wards.



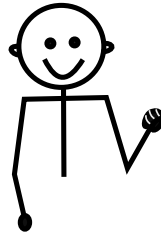
Jump and punch
hands in the air
(right-left-right) like
a cheerleader on the
words, "num-ber ten"
and "Do it a-gain!"

Six plus four equals number ten! Do it again!

Anything Plus Zero

(Sounds like, "Dunderbeck's Machine")

Hold up one fist to show zero fingers.



Oh, anything plus zero is the same thing that you had!

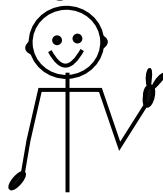
Cover up your "zero" fist with your other hand.



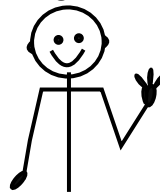
Just cover up the zero, you don't even have to add!

Hold up two fingers for the word "two," and three fingers for the word, "three."

Show Two Fingers!



Show Three Fingers!

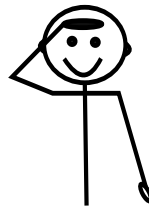


'Cause two plus zero is two,
and three plus zero is three!

Cover up your "zero" fist with your other hand.



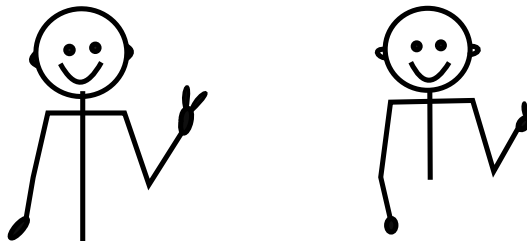
Hold your hand over your eyes to show that you are seeing something.



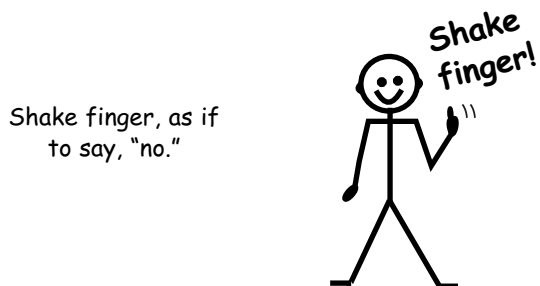
Just cover up the zero, write the number
that you see!

Mix it up

Hold up two fingers for the word "two," and one finger for the word, "one." Reverse order for next line

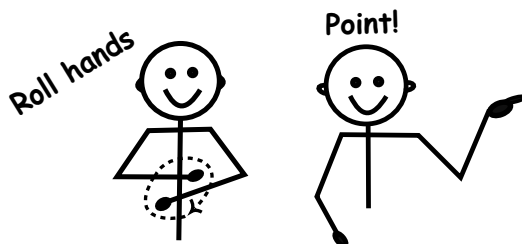


Two plus one, One plus two,



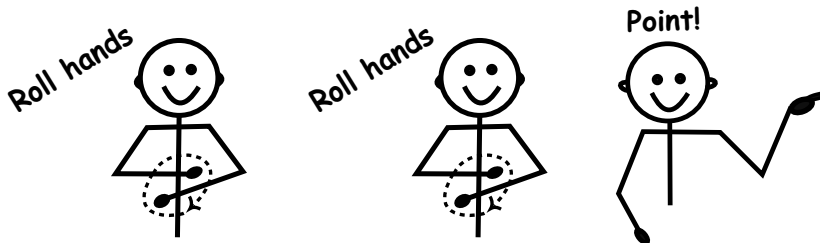
The answer is the same, no matter what you do!

Roll your hands and point Left, then roll your hands and point Right on each verse



Mix it up! Mix it up!

Roll your hands continuously until the last verse, then point Right



Mix it up, mix it up, mix it up!

Subtraction

With both hands,
point to someone
on the word "you."
Bounce along in
time to the music.

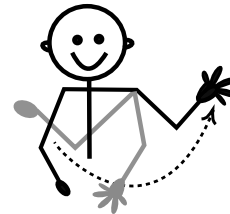
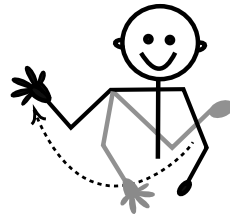
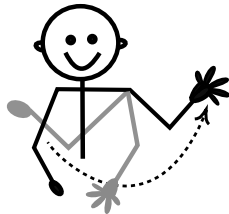
Point to someone



You can do subtraction! You can do subtraction!

Pretend to sweep
something aside to
the music, first to
the right, and then
to the left. (Hand
comes down on the
word, "away.")

Sweep away



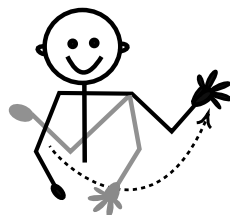
Take it, take it, take it, take it, take it away!
Take it, take it, take it, take it, take it away!

Faster this time, pretend to erase something
on a chalkboard in time to the music, first to
the right on the word "subtract," and then to
the left on the words, "take away."

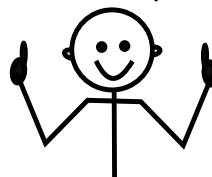
Point to the
sky on the
words,
"Count it up."

On the words, "Go
play," put your
thumb out as if to
say, "You're out!"

Sweep away



Point Up!



Subtract. Take away. Count it up. Go play!
Subtract. Take away. Count it up. Go play!

Alphabet Action

(Note: For each letter, first the name of the letter is said twice, then the sound is given three times. Then an action word is sung five times. It is recommended that the teacher show or point to alphabet cards when the letters or sounds are said.)

A - Ants (stomp on ants)

B - Boo! (scare someone)

C - Clap! (clap hands)

D - Dig! (dig like a dog)

E - End! (point to your rear end)

F - Fly! (pretend to fly)

G - Go! (thumb a ride)

H - Hop! (hop on one foot)

I - Itch! (scratch your arm)

J - Jump! (jump up and down)

K - Kick! (do a karate kick)

L - Leap! (leap to the side with one hand up)

M - Mine! (pretend to grab something)

N - No! (shake your finger, "No!")

O - On! (put one hand on the other)

P - Play! (run and shake hands over head)

Q - Quack! (flap arms like a duck)

R - Run! (run in place)

S - Swim! (pretend to swim)