

HEIDISONGS™

Sing-Along Songs that Teach!

Jumpin' Numbers

11 thru 30

Volume 2

Lyrics & Handmotions

P.O. Box 603, La Verne, CA 91750

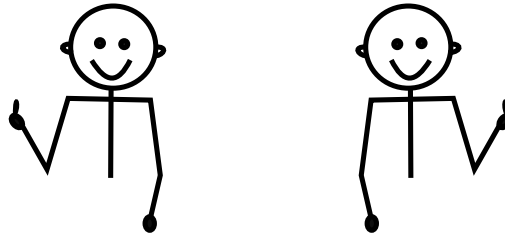
Phone: (909) 331-2090 Fax: (909) 592-2110

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Number 11

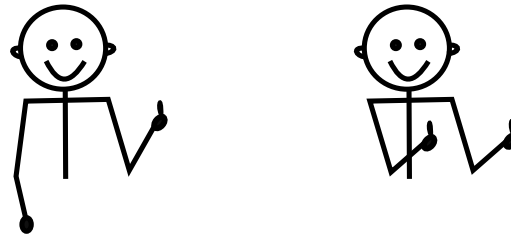
(Sounds like "The Fox Hunt")

Hold one finger up on both hands, moving hands back and forth



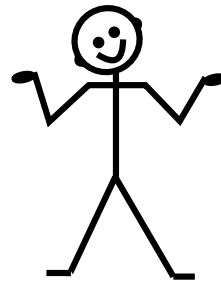
Eleven, eleven, eleven,

Show one finger on one hand, and then one finger on both hands



A one, a one,

Hold palms out to show that you are done

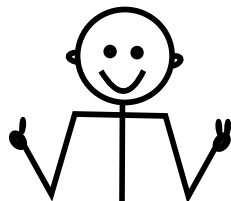
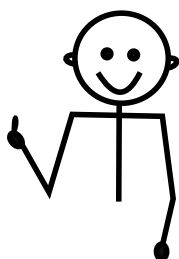


I'm done!

Number 12

(Sounds like "Taps")

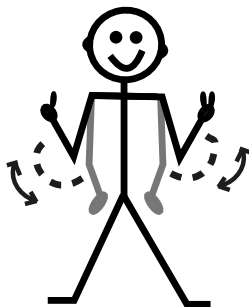
First show one
finger on one hand



Then show one
finger on one hand
and two fingers on
the other to show
number 12

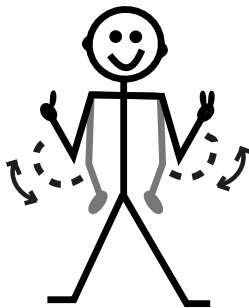
First a one, then a two,

Keep fingers showing
number 12 as
before, but flap
arms in time to the
music.



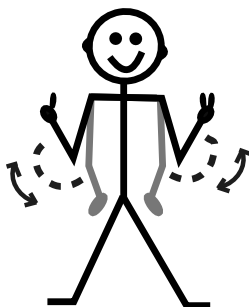
That's a twelve,

Keep fingers showing
number 12 as
before, but flap
arms in time to the
music.



That's a twelve,

Keep fingers showing
number 12 as
before, but flap
arms in time to the
music.

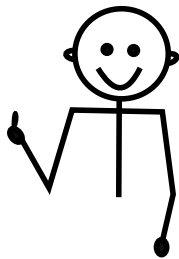


That's a twelve!

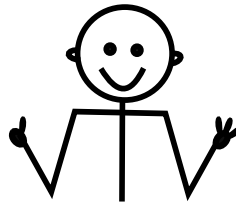
Number 13

(Sounds like "Shave and a Hair Cut- Two Bits")

First show one finger
on one hand



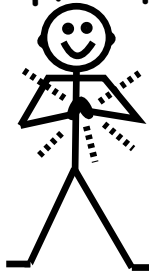
Then show three
fingers on the other
hand at the same time
to show 13



One and a three that's

Clap, clap!

Clap hands two times
in time to the music



Thirteen!

Shake hips in time to
the music

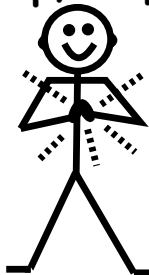
Shake
Hips!



Bum ba da bum bum-

Clap, clap!

Clap hands two times
in time to the music

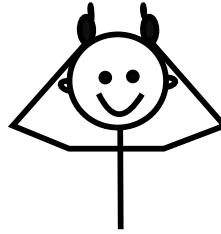
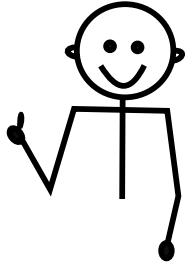


Thirteen!

Number 14

(Sounds like "Little Brown Jug")

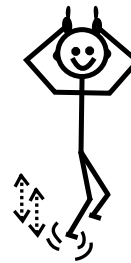
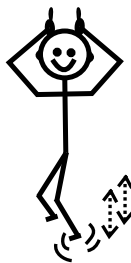
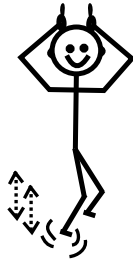
First show one
finger on one hand



Put both hands on
head to show bunny
ears

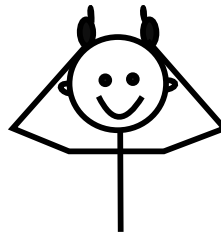
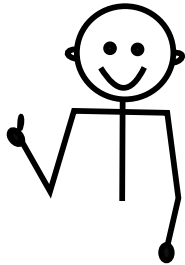
First a one, then a four,

Crouch low
and jump
with hands
like bunny
ears



Fourteen rabbits on the floor!

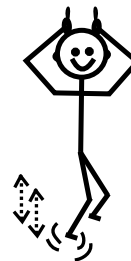
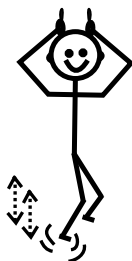
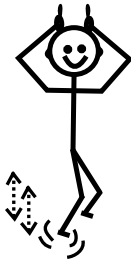
First show one
finger on one hand



Put both hands on
head to show bunny
ears

First a one, then a four,

Jump
towards the
door with
hands like
bunny ears

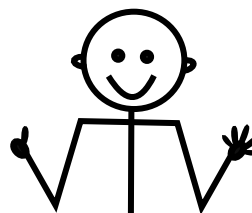
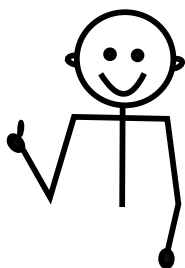


Fourteen hoppin' out the door!

Number 15

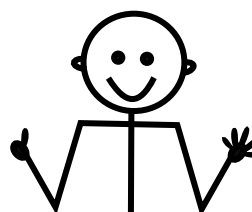
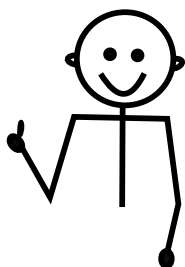
(Sounds like "Goodbye")

Show five fingers on
one hand and one finger
on the other



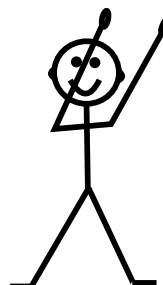
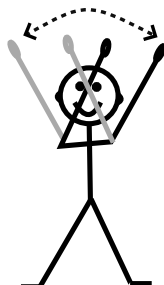
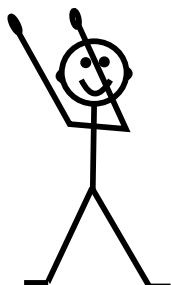
Number fifteen,

Show five fingers on
one hand and one finger
on the other



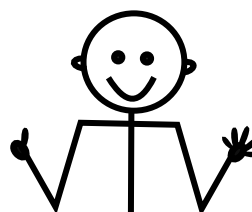
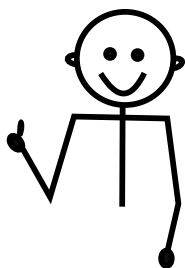
Number fifteen,

Wave hands
overhead
back and
forth



Hey, hey, hey,

Show five fingers on
one hand and one finger
on the other

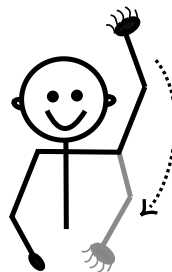
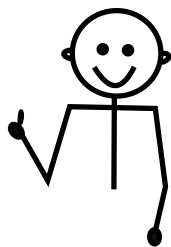


One then five!

Number 16

(Sounds like "The Bear Went Over the Mountain")

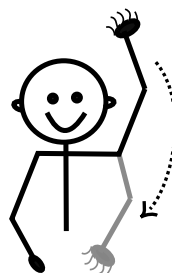
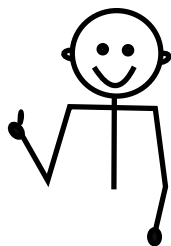
Show one finger on
one hand



Scratch the air like a
cat on the word six

A one and a six is a sixteen,

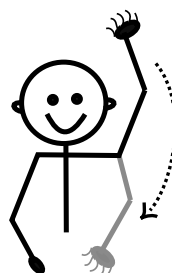
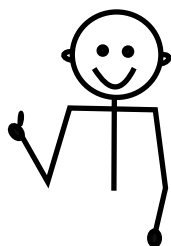
Show one finger on
one hand



Scratch the air like a
cat on the word six

A one and a six is a sixteen,

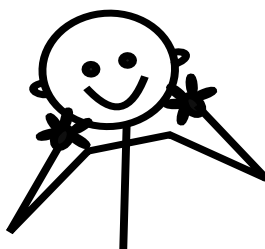
Show one finger on
one hand



Scratch the air like a
cat on the word six

A one and a six is a sixteen,

Open palms and frame
your face to show how
pretty you are and wiggle
fingers



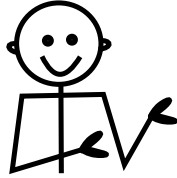
My little sweet sixteen!

Number 17

(Sounds like "The Chicken Dance")

Fingers to Thumb
Motion with hands

Make a "quack, quack"
motion with hands, as in
the Chicken Dance



First you make a number one,

Flap arms like a
chicken



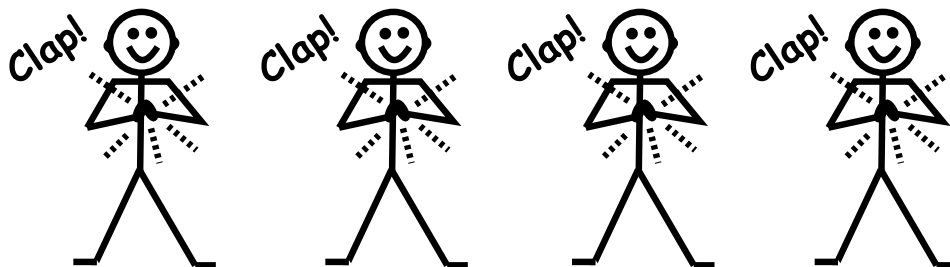
Then a seven after that,

Shake your "tail" in
time to the music



That's a number seventeen!

Clap hands
in time to
the music



(Clap, clap, clap, clap!)

(Repeat sequence four times)

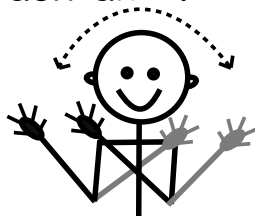
(All of the movements in this song are the same as in the traditional Chicken Dance)

Number 18

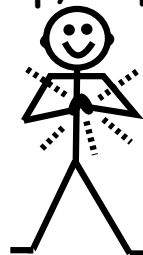
(Sounds like "Chiapanecas - Mexican Folk Song")

**Wave Hands
Back and Forth!**

Wave hands back
and forth in front
of your chest



Clap, clap!

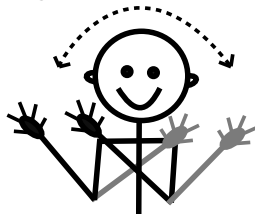


Clap twice on the
word, "18"

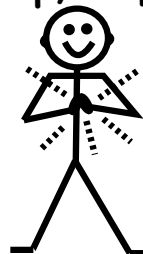
First make a one, then an 8 - 18!

**Wave Hands
Back and Forth!**

Wave hands back
and forth in front
of your chest



Clap, clap!

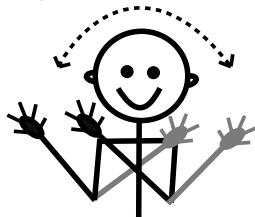


Clap twice on the
word, "18"

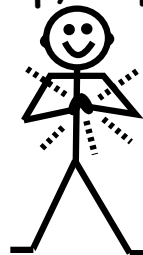
First make a one, then an 8 - 18!

**Wave Hands
Back and Forth!**

Wave hands back
and forth in front
of your chest



Clap, clap!

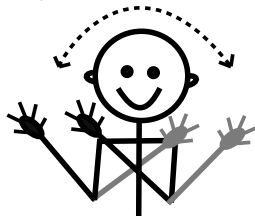


Clap twice on the
word, "18"

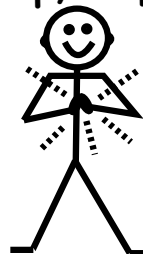
First make a one, then an 8 - 18!

**Wave Hands
Back and Forth!**

Wave hands back
and forth in front
of your chest



Clap, clap!



Clap twice on the
word, "18"

First make a one, then an 8 - 18!

Number 19

(Sounds like "Alouette")

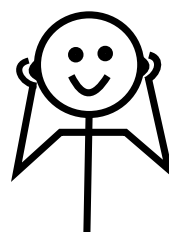
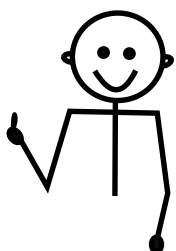
Pat your legs in
time with the music!

Pat legs in time to the
music



Number nineteen,

First show one fin-
ger on one hand



Cup hands behind
ears to show a
bear's ears each
time you say "nine"

One and then a nine means

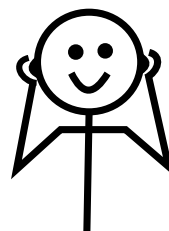
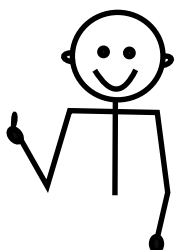
Pat your legs in
time with the music!

Pat legs in time to the
music



Number nineteen,

First show one fin-
ger on one hand



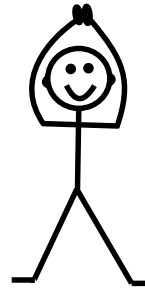
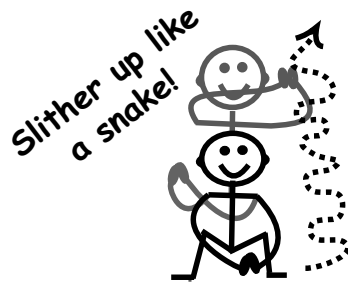
Cup hands behind
ears to show a
bear's ears each
time you say "nine"

One and then a nine!

Number 20

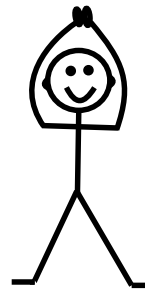
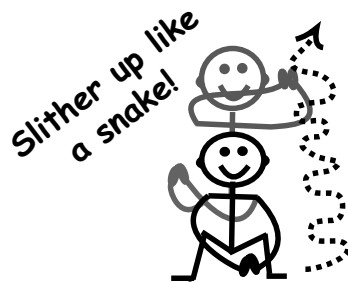
(Sounds like "The Snake Charmer")

Crouch down low and rise up like a snake, twisting and swaying with palms together



Number 20 goes first a two and then zero!

Crouch down low and rise up like a snake, twisting and swaying with palms together



Number 20 goes first a two and then zero!

Shake finger as in warning



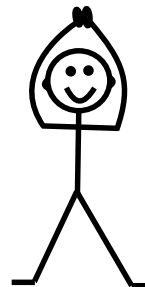
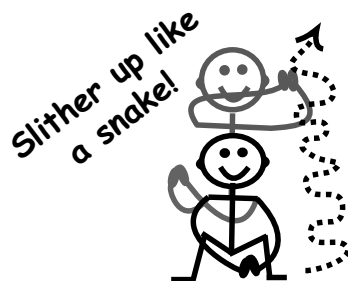
Pat your behind!



Point to your behind in time to the music

Better watch out for the 20, or he'll bite your little bunty!

Crouch down low and rise up like a snake, twisting and swaying with palms together

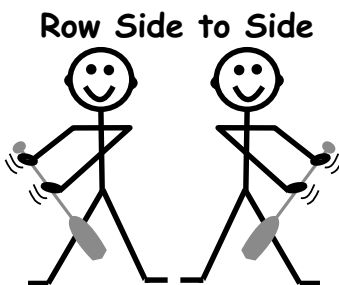


Number 20 goes first a two and then zero!

Number 21

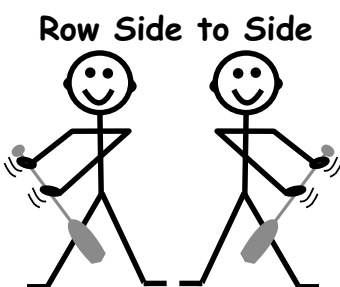
(Sounds like "Row, Row, Row Your Boat")

Make a boat rowing motion with your hands in time to the music



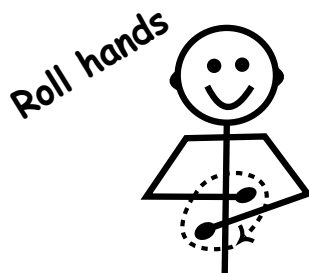
Number twenty-one!

Make a boat rowing motion with your hands in time to the music



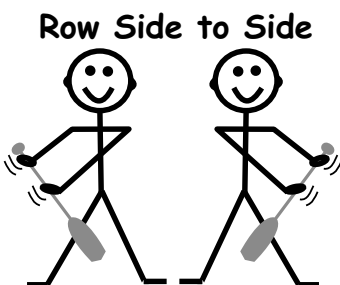
Two and then a one.

Roll your hands in time to the music



Merrily, merrily, merrily, merrily,

Make a boat rowing motion with your hands in time to the music



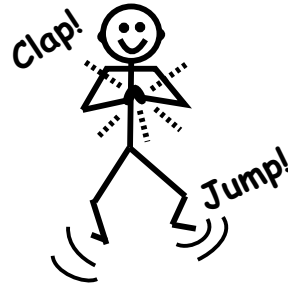
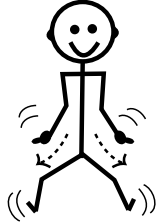
Number twenty-one!

Number 22

(Sounds like "La Raspa")

Bounce up and down to the music while pushing hands down.

Jump and Push Hands Down

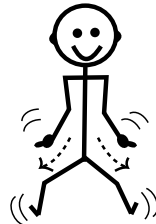


Jump and clap two times

It's number twenty-two! (Clap, clap)

Bounce up and down to the music while pushing hands down.

Jump and Push Hands Down

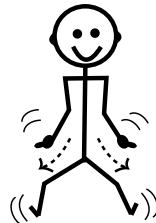


Jump and clap two times

A two and another two! (Clap, clap)

Bounce up and down to the music while pushing hands down.

Jump and Push Hands Down

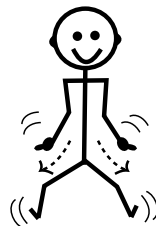


Jump and clap two times

It's number twenty-two! (Clap, clap)

Bounce up and down to the music while pushing hands down.

Jump and Push Hands Down



Jump and clap two times

A two and another two! (Clap, clap)

(Repeat)

Number 23

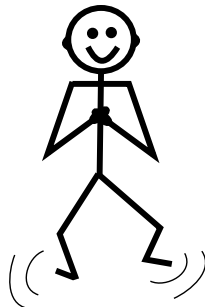
(Sounds like "Bingo")

Flap arms like wings on
the word, "two"



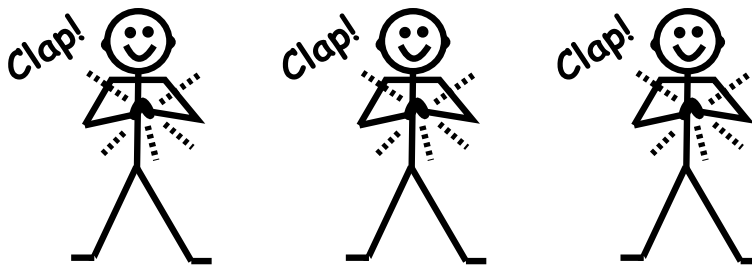
There is a number with a two

Jump like a kangaroo on
the word "three"



And after that a three!

Clap five times
just like in the
song "Bingo"



Number 23! Number 23! Number 23!

Shake finger as in
"I told you so!"

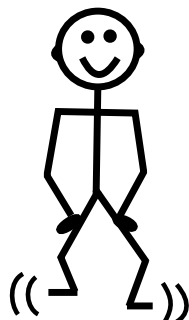


It's such an easy number!

Number 24

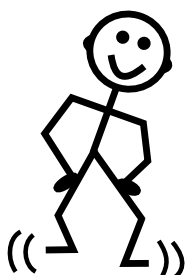
(Sounds like "Pop Goes the Weasel")

Put hands on thighs
and bounce to the
music



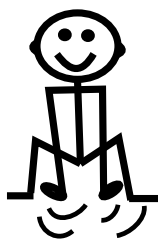
Twenty-four is easy to do.

Crouch down lower. Put
hands on knees and
bounce to the music



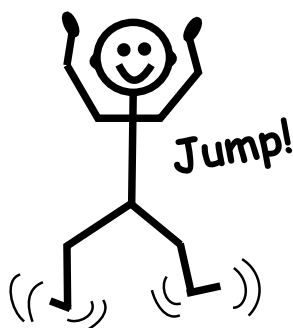
First you make a two.

Crouch all the way
down and place hands
on the floor. Bounce
to the music



After that you make number four.

Jump up on the word
"Pop!" and throw your
hands in the air as if
you "blasted off"



Pop! Twenty-four!

Number 25

(Sounds like "The Farmer In the Dell")

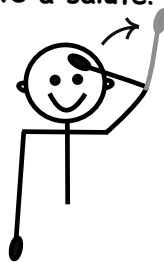
Flap arms like wings on the word, "two"



Well, first you make a two,

Place hand on temple, and "salute" on the word "five"

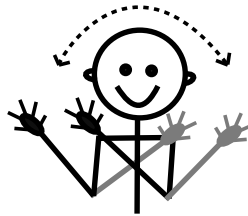
Give a salute!



And then you make a five,

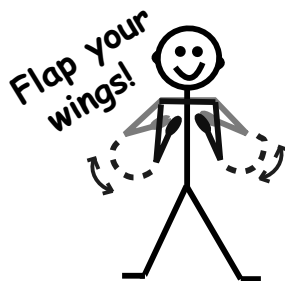
Wave hands back and forth in front of you in time to the music

Wave Hands Back and Forth!

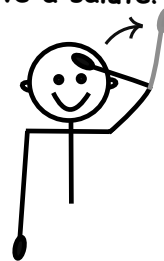


Hi ho the dairy-o,

Flap arms like wings on the word, "two"



Give a salute!



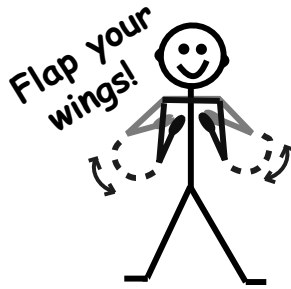
Place hand on temple, and "salute" on the word "five"

It's number 25!

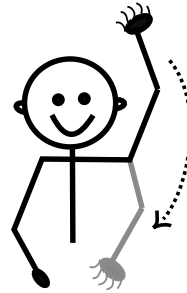
Number 26

(Sounds like "The Limbo Rock")

Flap arms like wings on the word, "two"



Scratch the air like a cat on the word six



First a two and then a six-

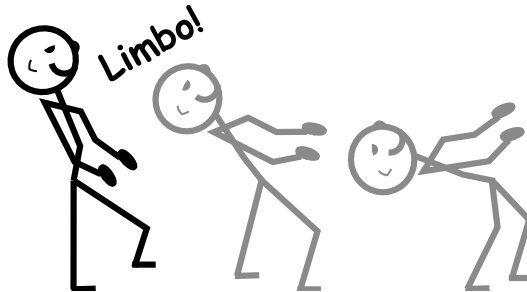
Turn around fast on the word six

Turn around!



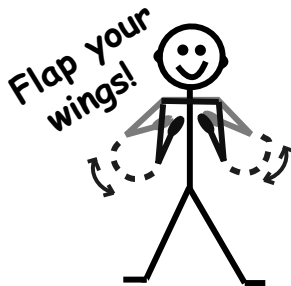
That's a number twenty-six! (Repeat first two lines)

Lean backwards and pretend to go under a limbo stick

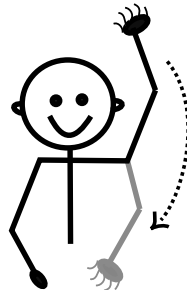


Jack be nimble, Jack be quick! Jack go under limbo stick!

Flap arms like wings on the word, "two", then scratch the air like a cat on the word six



Turn around!



Turn around fast on the word six

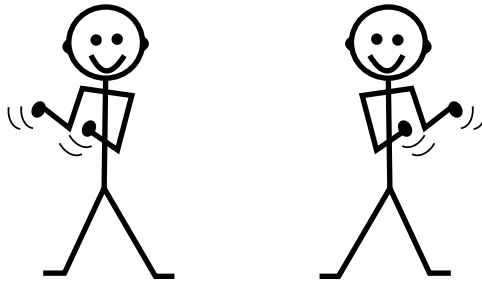


First a two and then a six-
That's a number twenty-six!

Number 27

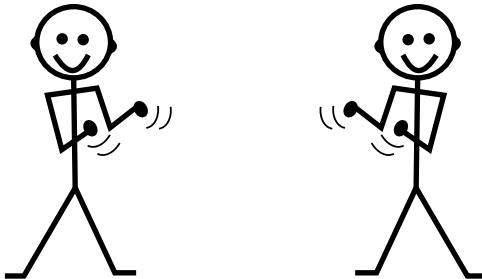
(Traditional melody)

Shake your hands in front of you from side to side



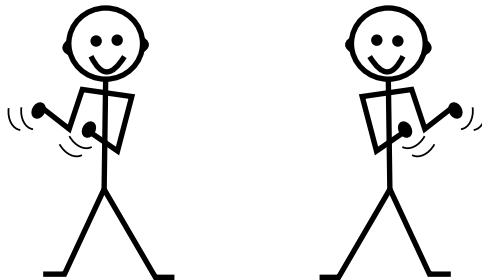
Well first a two, and then a seven now,

Shake your hands in front of you from side to side



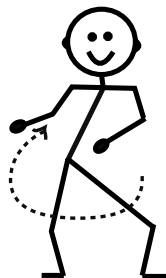
Two and then a seven now,

Shake your hands in front of you from side to side



Two and then a seven now,

Do the twist

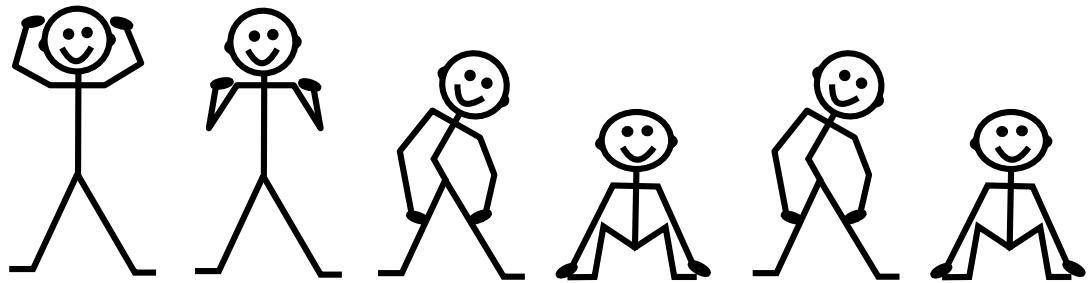


Make twenty-seven today!

Number 28

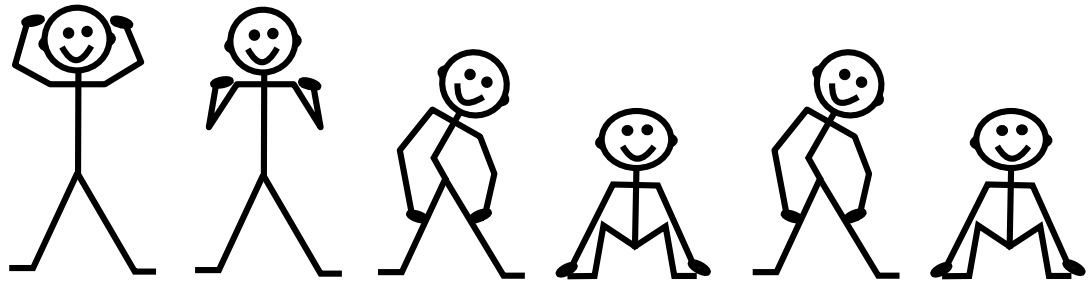
(Sounds like "Head, Shoulders, Knees and Toes")

Touch your head, then shoulders, knees and toes. Touch your knees and toes again.



First a two and then an eight, then an eight!

Touch your head, then shoulders, knees and toes. Touch your knees and toes again.



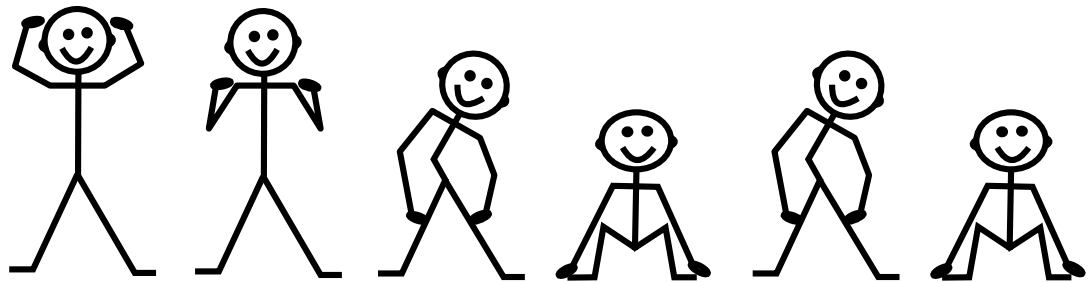
First a two and then an eight, then an eight!

Shake finger as in "I told you so!"



That's how we make number twenty-eight!

Touch your head, then shoulders, knees and toes. Touch your knees and toes again.



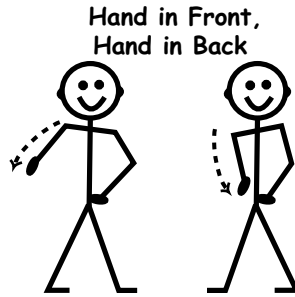
First a two and then an eight, then an eight!

(The hand motions to this song are the same as "Head, Shoulders, Knees, and Toes")

Number 29

(Sounds like "The Hokey Pokey")

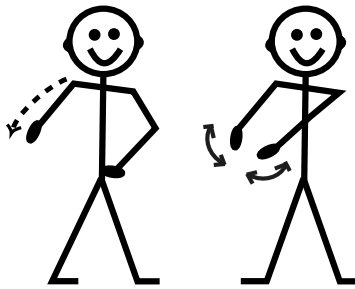
Put your hand in front of you



Put your hand behind you

Well, first you make a two, and then you make a nine,

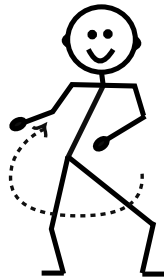
Put your hand in front of you



Shake your hands in front of you

And when you write it down, that's a number twenty-nine!

Turn around in a circle, while waving hands back and forth as in the "Hokey Pokey"

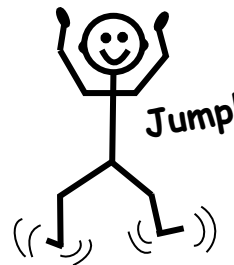
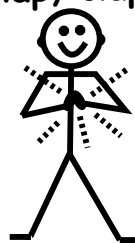


You listen to your teacher and you know you're doing fine!

Do the twist, clap your hands twice and jump in the air with hand up

Pat Your Knees!

Clap, clap!



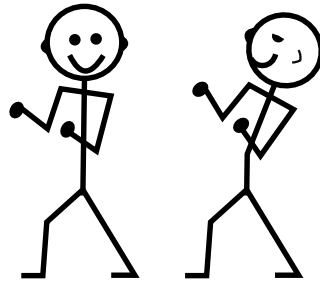
That's number twenty-nine!

(The hand motions to this song are the same as "The Hokey Pokey")

Number 30

(Sounds like "The Conga")

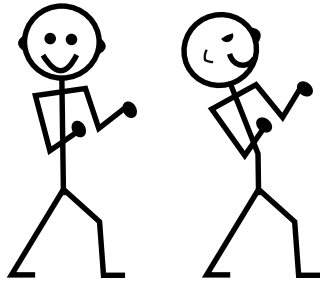
Walk forward,
swinging arms



Throw head back on last
syllable of "thirty"

Let's all make a thirty!

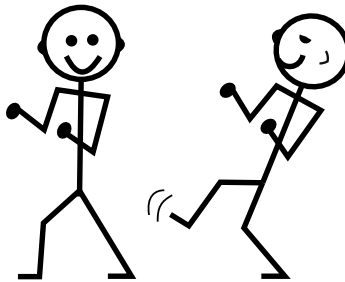
Walk forward,
swinging arms



Throw head back on last
syllable of "thirty"

Let's all make a thirty! (Repeat first two lines)

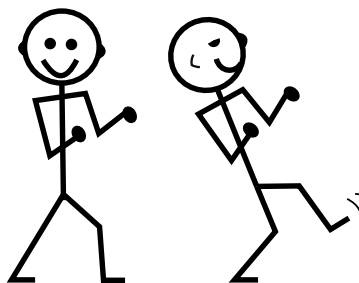
Walk forward,
swinging arms



Throw head back on last
syllable of "zero"

Three, then zero!

Walk forward,
swinging arms



Throw head back on last
syllable of "zero"

Three, then zero! (Repeat first two lines)