

HEIDISONGS™

Sing-Along Songs that Teach!

**Jumpin' Numbers
and Shakin' Shapes**

Volume 1

Lyrics & Handmotions

P.O. Box 603, La Verne, CA 91750

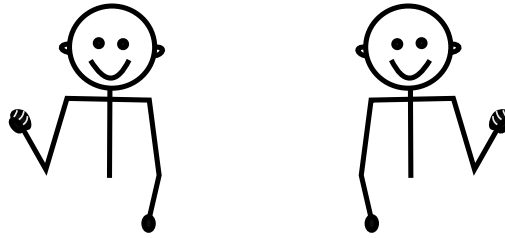
Phone: (909) 331-2090 Fax: (909) 592-2110

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Number 0

(by Heidi Butkus)

Show zero fingers with both hands alternately



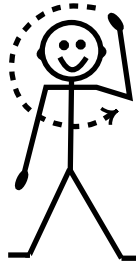
Zero, zero!

Shake finger "No"



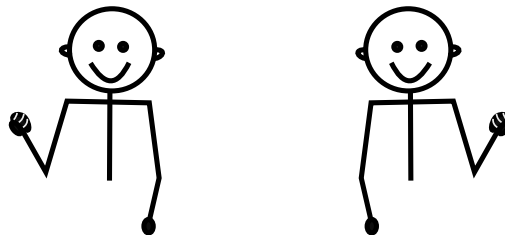
There's nothing there you know.

Make a big circle with your arm



So make a circle, round you go!

Show zero fingers with both hands alternately

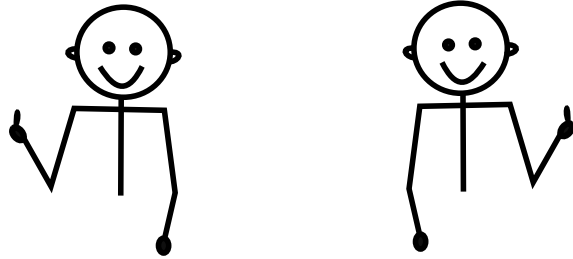


Zero, zero!

Number 1

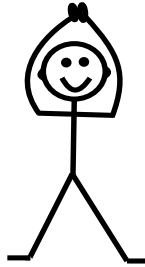
(Sounds like "Polly Wolly Doodle" - "Fare thee well" refrain)

Show one finger
with both hands
alternately



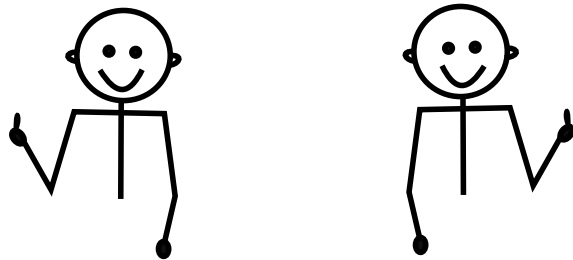
Number 1, number 1,

Swing both
hands up over-
head and clap



You are long and straight and tall.

Show one finger
with both hands
alternately



Number 1, number 1,

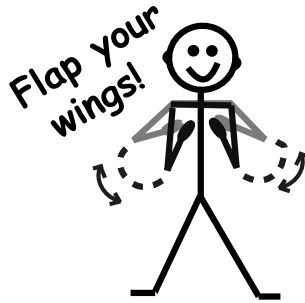


You're always first of all.

Number 2

(Sounds like "Hot Cross Buns")

Flap arms like wings
on each word, "two"



Two, two, two,

Flap arms like wings
on each word, "two"



Two, two, two,

Flap your left wing!

Flap your right wing!

Flap one "wing"



Flap the other "wing"

Two's a ducky, very lucky,

Flap arms like wings
on each word, "two"

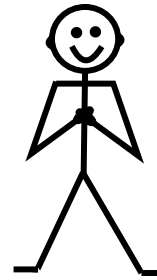
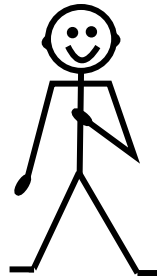


Two, two, two!

Number 3

(Sounds like "Reveille")

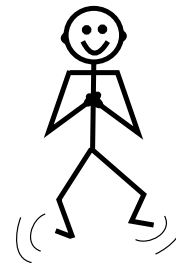
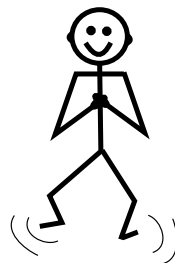
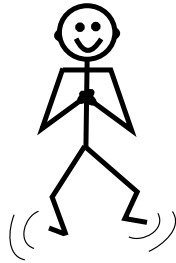
Place one hand in front of you, like a kangaroo



Place the other hand in front of you also

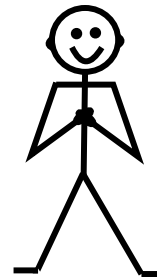
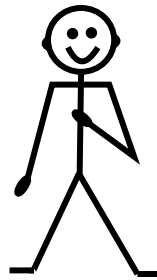
Kangaroo, kangaree

Hop
3 times



Goes three, three, three,

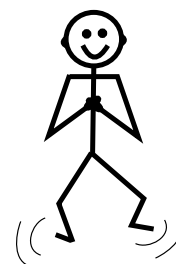
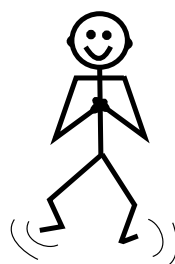
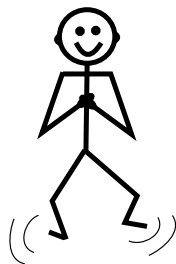
Place one hand in front of you, like a kangaroo



Place the other hand in front of you also

Kangaroo, kangaree

Hop
3 times

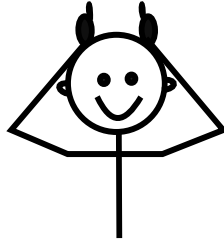


Goes three, three, three!

Number 4

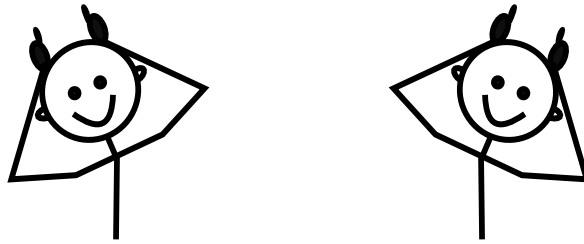
(Sounds like "The Bunny Hop")

Place hands on head
like bunny ears, and
sway back and forth



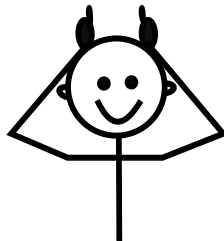
4 is like a bunny

Continue swaying as
before

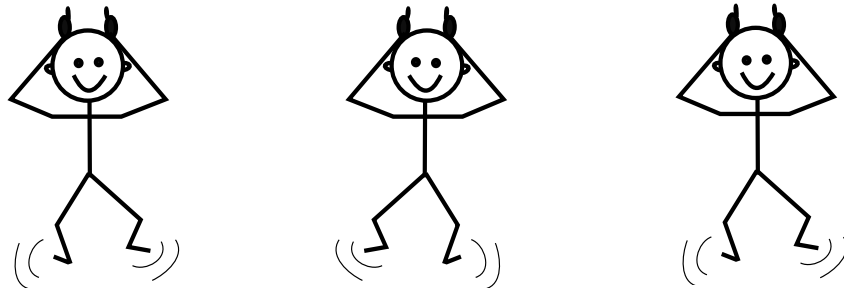


As it hops around the floor,

Keep swaying with
hands on head
making bunny ears



4 is like a bunny,

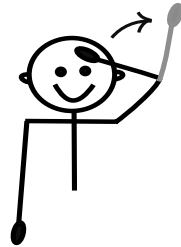


Four, four, four!

Number 5

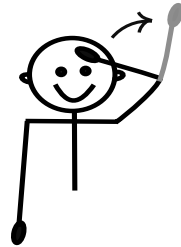
(Sounds like "Clementine")

Give a salute!



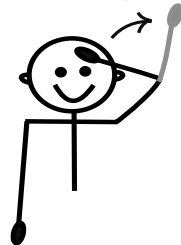
Place hand on temple,
and "salute" each
time you say "five"

Give a salute!



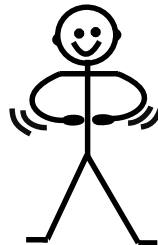
Number 5, number 5,

Give a salute!



Place hand on temple,
and "salute" each
time you say "five"

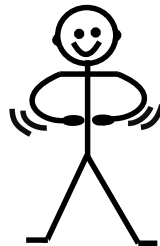
Show Me Your Fat!



Make a big belly with
your hands to show
"fat"

Number 5 is round and fat!

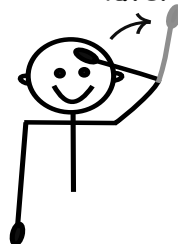
Show Me Your Fat!



Make a big belly with
your hands to show
"fat"

He's got a great big belly button,

Give a salute!



Salute on the word
"hat"

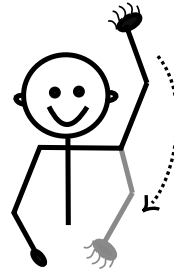
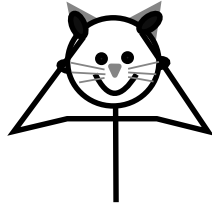
And he wears a funny hat!

Number 6

(Sounds like "The Wheels on the Bus")

Be a cat!

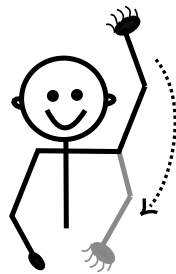
(Put hands on head to show cat ears)



(Scratch the air like a cat on the word six)

My little kitty cat goes number six,

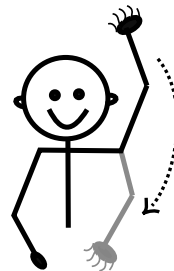
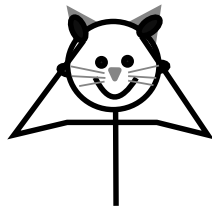
Scratch the air like a cat each time you say six



Number six, number six,

Be a cat!

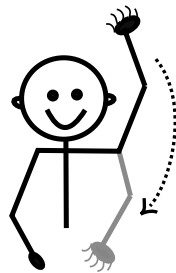
(Put hands on head to show cat ears)



(Scratch the air like a cat on the word six)

My little kitty cat goes number six,

Scratch the air like a cat each time you say six

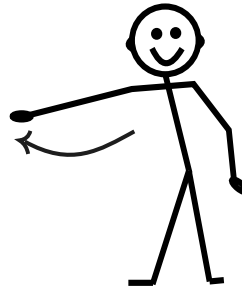
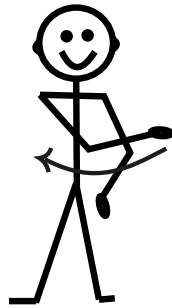


Six, six, six!

Number 7

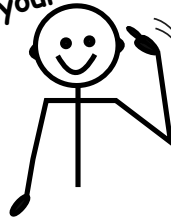
(Sounds like "The Dreidle Song")

Each time you say "seven," do a karate chop with alternating hands



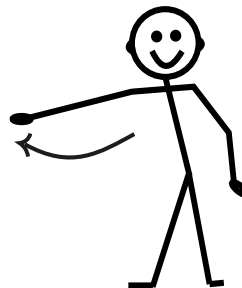
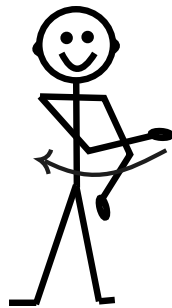
Seven, seven, seven.

Point to your head!



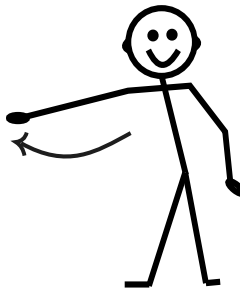
It's pointy on the top.

Each time you say "seven," do a karate chop with alternating hands



Seven, seven, seven.

Do one last big karate chop on the word chop. Then do another and shout "hual!"



A big karate chop! Hua!

Number 8

(Sounds like "This Is The Way the Ladies Ride")

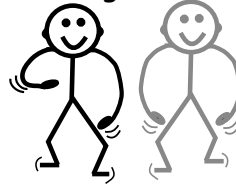
Scratch a Flea!

Scratch under your arm like a monkey



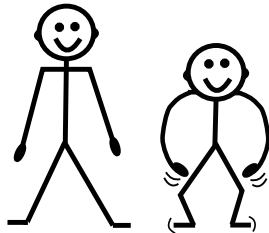
Pretend you're a gorilla!

Bend knees and arms like a monkey on the word "eight"

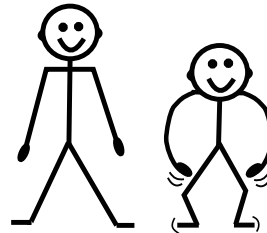


Scritchity scratch goes number eight,

Stand up straight then bend knees and arms like a monkey



Stand up straight then bend knees and arms like a monkey



Number eight, number eight.

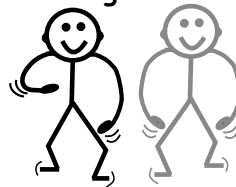
Scratch a Flea!

Scratch under your arm like a monkey



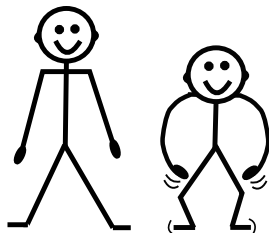
Pretend you're a gorilla!

Bend knees and arms like a monkey on the word "eight"

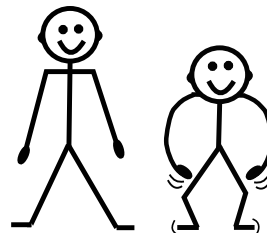


Scritchity scratch goes number eight,

Stand up straight then bend knees and arms like a monkey



Stand up straight then bend knees and arms like a monkey



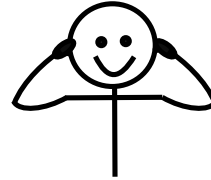
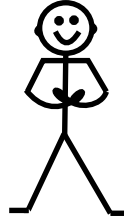
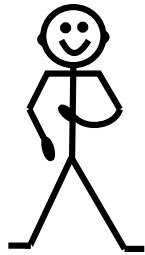
Monkey number eight!

Number 9

(Sounds like "London Bridges")

Hug yourself!

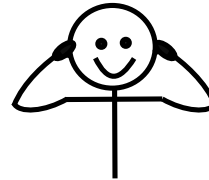
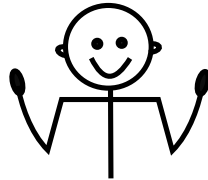
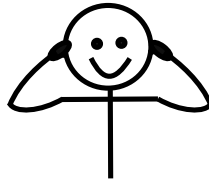
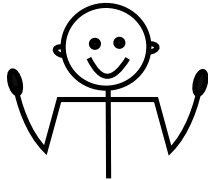
Put one hand across chest on shoulder, and then the other, as in giving yourself a hug



Cup hands behind ears to show a bear's ears each time you say "nine"

Snuggle wuggle number nine,

Pull hands away from ears, then cup hands behind ears

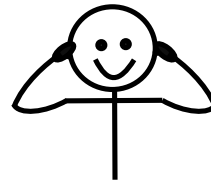
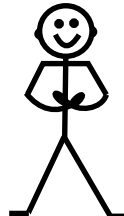
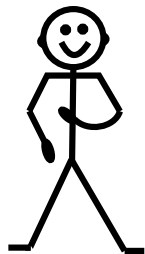


Pull hands away from ears, then cup hands behind ears

Number nine, number nine,

Hug yourself!

Put one hand across chest on shoulder, and then the other, as in giving yourself a hug

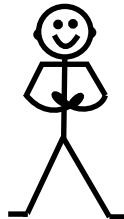


Cup hands behind ears to show a bear's ears each time you say "nine"

Snuggle wuggle number nine,

Hug yourself!

Rock back and forth, giving yourself a hug

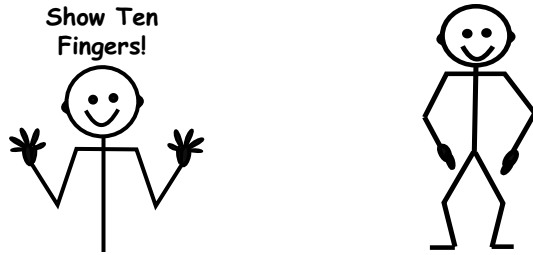


Hug your Teddy

Number 10

(by Heidi Butkus)

Show ten fingers,
then point to toes



Ten fingers, ten toes,

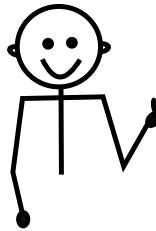
Point to your nose

Point To Your
Nose!



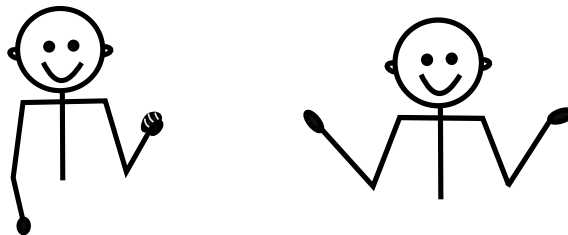
Ten bumps upon my nose!

Show one finger



First - a one,

Show a fist with zero
fingers, then hold
palms out to show that
you are all done.

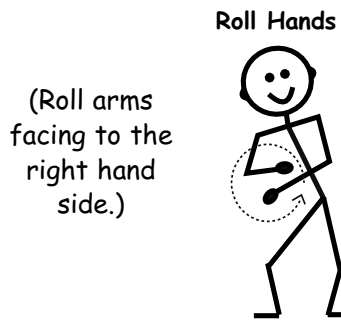
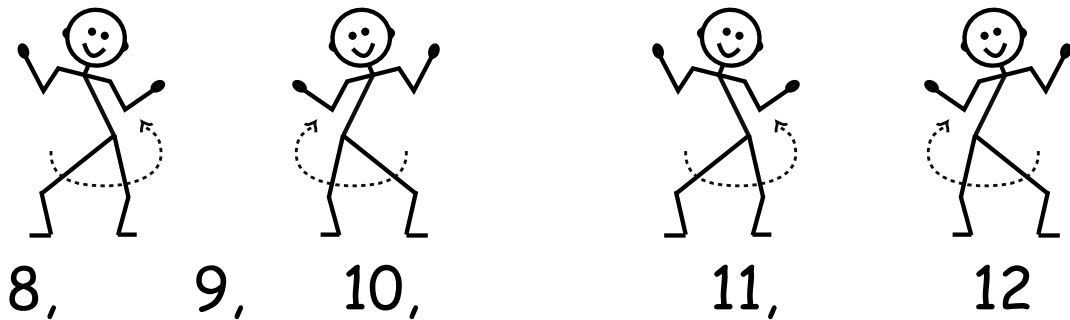
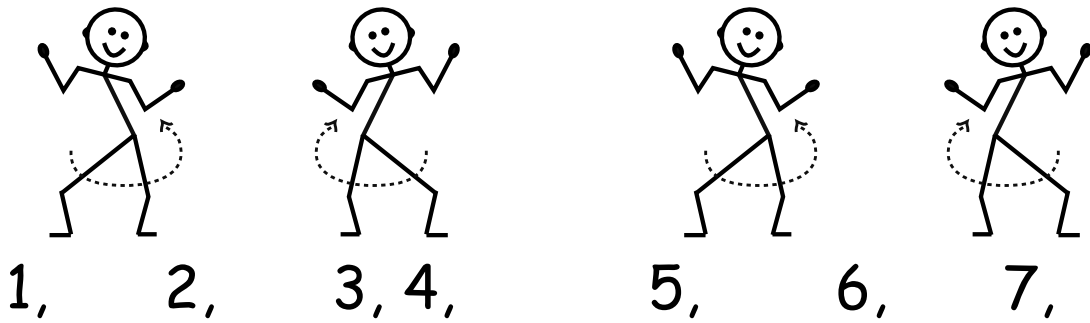


A zero, then I'm done!

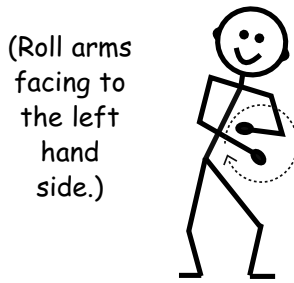
1-100 Song

(by Heidi Butkus)

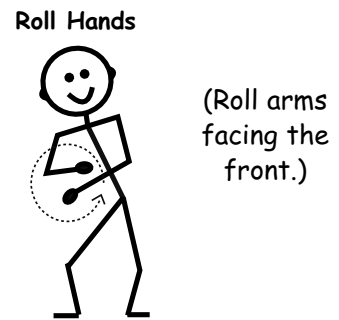
Swing hands side to side
and shake hips in time to
the music: right- left-
right, left - right- left



13, 14,



15, 16,



17, 18,

Pat legs three times
on the last three
beats of the
phrase.

Pat your legs in
time with the music!



19, 20!

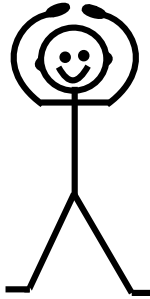
21, 22, 23, 24, etc.

Repeat hand motions from the beginning,
substituting the next set of numbers from 21-30, then 31-40, etc.

The Circle Song

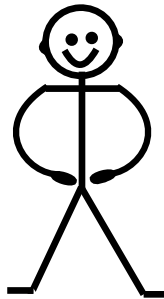
(Sounds like "Sally Go Round the Sun")

Make a circle with your arms in front of you.



A circle is like the sun,

Make a circle with your arms overhead.



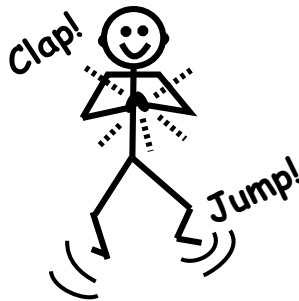
A circle is like the moon,

Pretend to bounce a ball.



A circle is like the ball I bounce

Jump and clap on the word "Boom!"

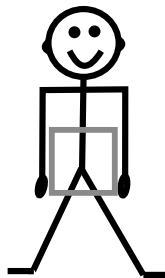


Every afternoon. Boom!

The Square Song

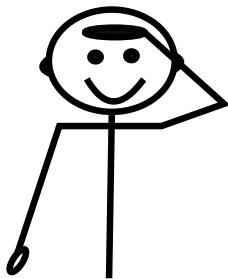
(Sounds like the "Birthday Song")

Pretend to hold out a present to a friend.



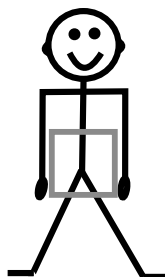
A square is a box,

Hold one hand over eyes as if looking at something.



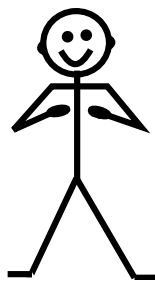
A present you see,

Pretend to hold out a present to a friend.



A square is a present

Point to yourself with your thumbs.



Happy Birthday to me.

The Triangle Song

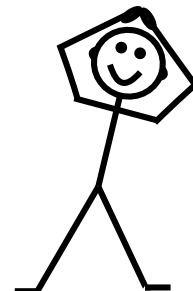
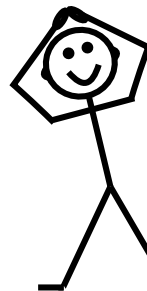
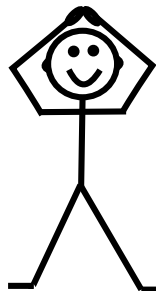
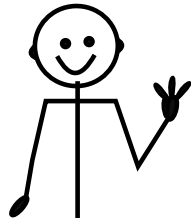
(Sounds like "Pier Gynt Suite")

Show three fingers on one hand.

Hold hands over head in a triangle shape to show a pointed hat.

Sway from side to side on each word "triangle."

Show Three Fingers!

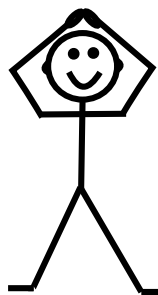
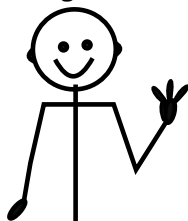


Three sides has the triangle, triangle, triangle,

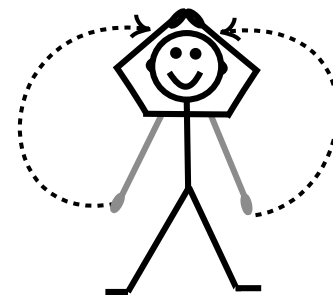
Show three fingers on one hand.

Hold hands over head in a triangle shape to show a pointed hat.

Show Three Fingers!



Swing hands around to make another pointy hat over head.



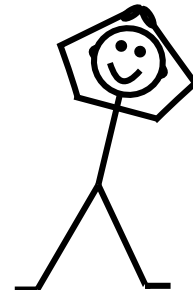
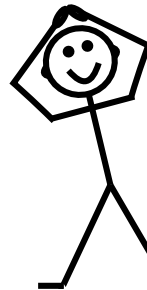
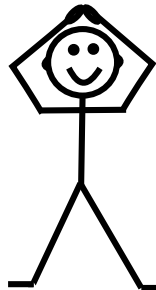
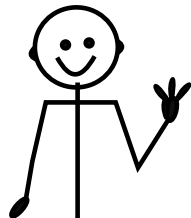
Three sides has the triangle just like a pointy hat!

Show three fingers on one hand.

Hold hands over head in a triangle shape to show a pointed hat.

Sway from side to side on each word "triangle."

Show Three Fingers!

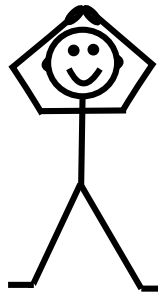
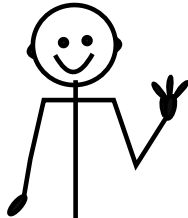


Three sides has the triangle, triangle, triangle,

Show three fingers on one hand.

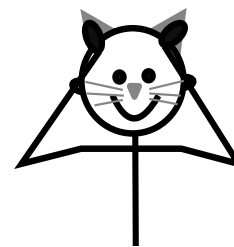
Hold hands over head in a triangle shape to show a pointed hat.

Show Three Fingers!



Hold hands like a cat's ears on your head.

Be a cat!



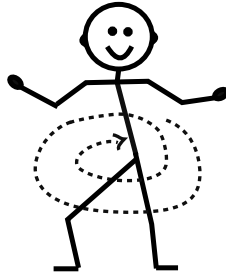
Three sides has the triangle, just like ears on a cat.
Meow!

The Oval Song

(Sounds like the "Dreidle Song")

Spin around!

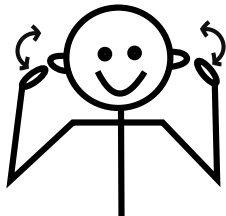
Turn around in a circle.



Oval, oval, oval,

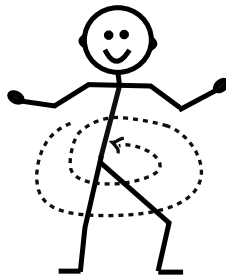
Twist Your Ears

Twist your ears back and forth.



Like ears on my head.

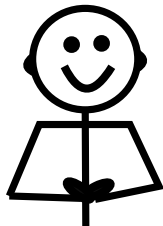
Turn around in a circle.



Oval, oval, oval,

Show me an egg.

Hold your hands in front of you to show me an egg.



Just like an Easter Egg!

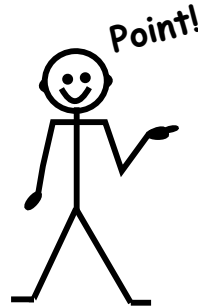
The Rectangle Song

(by Heidi Butkus)

Pretend to open a door on the word "rectangle."



Open the door!

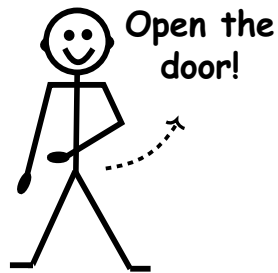


Point!

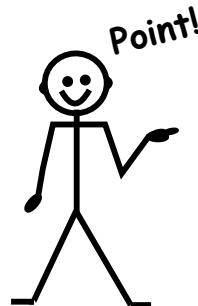
Point to a door.

A rectangle, rectangle, looks like a door,

Pretend to open a door on the word "rectangle."



Open the door!



Point!

Point to a door.

A rectangle looks like a door.

Pretend to open a door



Open the door!



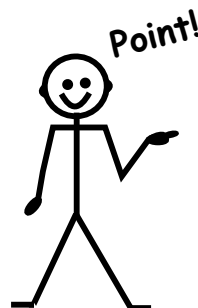
Take a step forward.

Open the door, step out on the floor,

Pretend to open a door on the word "rectangle."



Open the door!



Point!

Point to a door.

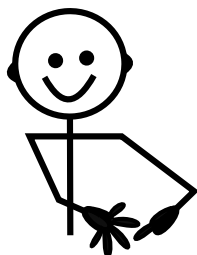
A rectangle looks like a door!

The Rhombus Song

(by Heidi Butkus)

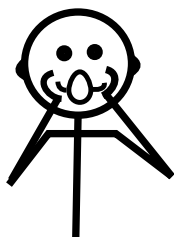
Point to Ring Finger

Point to your ring
finger.



Oh, yes, a rhombus is pretty like a diamond ring,

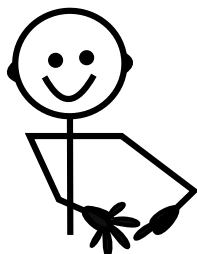
Cup hand around mouth
as if shouting or
singing something.



Oh, yes, a rhombus is pretty like a song to sing!

Point to Ring Finger

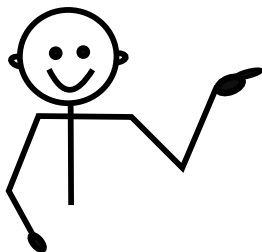
Point to your ring
finger.



Oh, yes, a rhombus is pretty like a diamond ring,

Point!

Point to someone
in the class.



Twist down and up!



Do the twist.

Oh, yes a rhombus is pretty just like you!
Cha, cha, cha!

The Octagon Song

(Sounds like "Cuban Pete")

Hold hand out in front of you to show that you stop someone.

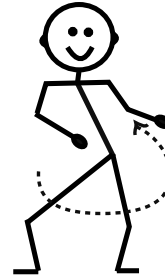


Hold thumb out like you are hitching a ride.



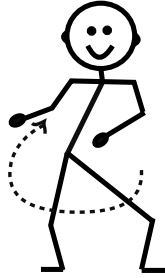
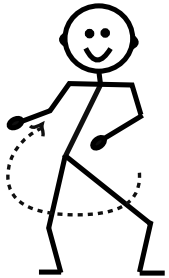
I see an octagon! I stop and then go on!

Do a little salsa dance and boogie around.



I stop and chick, chicky-boom,

Do a little salsa dance and boogie around.



Chick, chicky-boom, chick, chicky-boom.

Do a little salsa dance and boogie around.



I stop and chick, chicky-boom,
Chick, chicky-boom, chick, chicky-boom.