Music For Classroom Management

Handmotions

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I'm gonna boogie! Boogie!
Boogie with my backpack!

Do the twist!

Boogie right through the day!
The Backpack Boogie
(By Heidi Butkus and Mike Cravens; First Verse)

Pretend to unzip your backpack and look inside.

**Unzip your backpack!**

I’m gonna check for books and notes and things,

Pretend to put things away or turn things in.

**And turn in all the stuff I needed to bring,**

Pretend to throw your homework into the box.

**Throw something!**

And if there’s any homework, pop it in: ka-zing!

**Twist down and up!**

**And boogie right through the day!**
The Backpack Boogie
(By Heidi Butkus and Mike Cravens; Chorus)

I'm gonna boogie! Boogie!
Boogie with my backpack!

Rock and step together step to the right in time to the music, and then pat your back on the word, "backpack."

Pat your back!

I'm gonna boogie! Boogie!
Boogie with my backpack!

Rock and step together step to the left in time to the music, and then pat your back on the word, "backpack."

Pat your back!

Boogie! Boogie! Boogie with my backpack!

Rock and step together step to the right in time to the music, and then pat your back on the word, "backpack."

Pat your back!

Boogie! Boogie! Boogie with my backpack!

Do the twist!

Twist down and up!

Boogie right through the day!
The Backpack Boogie
(By Heidi Butkus and Mike Cravens; Second Verse)

I say goodbye with a smile. I don’t cry anymore!

And I greet my teacher as I walk through the door!

And I know my things don’t belong on the floor!

And I boogie right through the day!
The Backpack Boogie
(By Heidi Butkus and Mike Cravens; Chorus)

I'm gonna boogie! Boogie!
Boogie with my backpack!
Boogie! Boogie! Boogie with my backpack!
Boogie! Boogie! Boogie with my backpack!
Boogie right through the day!

Do the twist!

Rock and step together step to the right in time to the music, and then pat your back on the word, "backpack."

Rock and step together step to the left in time to the music, and then pat your back on the word, "backpack."

Rock and step together step to the right in time to the music, and then pat your back on the word, "backpack."

Rock and step together step to the right in time to the music, and then pat your back on the word, "backpack."

Rock and step together step to the right in time to the music, and then pat your back on the word, "backpack."

Twist down and up!
I Can Follow the Rules
(By Heidi Butkus and Mike Cravens; Verse 1)

Roll your hands, and then put them out as shown on the word, "rules."

I can follow the rules!

Roll your hands, and then put them out as shown on the word, "rules."

I can follow the rules!

Point to your smile.

And we'll have a good day,

Roll your hands, and then put them out as shown on the word, "rules."

When we follow the rules!
I Can Follow the Rules
(By Heidi Butkus and Mike Cravens: Verse 2)

I can listen to my teacher,

Listen to my teacher,

Listen to my teacher,

And I follow the rules!
I Can Follow the Rules
(By Heidi Butkus and Mike Cravens: Verse 3)

Point to your eyes, and then point to your teacher.

I can follow the directions,

Follow the directions

Follow the directions,

Roll your hands, and then put them out as shown on the word, "rules."

Point to your eyes, and then point to your teacher.

Point to your eyes!
Point to your teacher!

Point to your eyes!
Point to your teacher!

Point to your eyes!
Point to your teacher!

Point to your eyes!
Point to your teacher!

Point to your eyes, and then point to your teacher.

Point to your eyes!
Point to your teacher!

Point to your eyes!
Point to your teacher!

Point to your eyes!
Point to your teacher!

Point to your eyes!
Point to your teacher!

Point to your eyes!
Point to your teacher!

Point to your eyes!
Point to your teacher!

Point to your eyes!
Point to your teacher!

And I follow the rules!
I Can Follow the Rules
(By Heidi Butkus and Mike Cravens; Verse 4)

Show your hands and then pat your chest.

I keep my hands to myself,

Pat your chest!

Show your hands and then pat your chest.

Keep my hands to myself,

Pat your chest!

Show your hands and then pat your chest.

Keep my hands to myself,

Pat your chest!

Roll your hands and then hold them out as shown.

And I follow the rules!
I Can Follow the Rules
(By Heidi Butkus and Mike Cravens; Verse 5)

It gives us more time to learn,

And more time to play,

More time for fun stuff

every day!

While pointing to your watch, step together step to the right.

While pointing to your watch, step together step to the left.

While pointing to your watch, step together step to the right.

Hold hands out as shown.
I Can Follow the Rules
(By Heidi Butkus and Mike Cravens; Verse 5, continued)

It gives us more time to learn,

And more time to play,

More time for fun stuff
every day!

While pointing to your watch, step together step to the right.

Rock and step together step to the right!

While pointing to your watch, step together step to the left.

Rock and step together step to the left!

While pointing to your watch, step together step to the right

Rock and step together step to the right!

Hold hands out as shown.
I Can Follow the Rules
(By Heidi Butkus and Mike Cravens; Ending)

Roll your hands, and then put them out as shown on the word, "school."

When we follow the rules at school,

Roll your hands, and then put them out as shown on the word, "school."

When we follow the rules at school,

Roll hands

Roll hands

When we follow the rules at school,

Rock right and left with hands out as shown.

Oh, yeah!

Rock R-L

Roll hands

Roll hands

When we follow the rules at school,

Jump and punch the air!

Punch!

Jump!

OH, YEAH!
When the Bell Rings, Freeze!
(By Heidi Butkus and Mike Cravens; Chorus)

Dance to the music and then freeze on the word, “freeze.” Then put both hands forward on the word, “Stop!” Hold both hands up on the words, “Hands Up!”

When the bell rings, freeze! Stop! Hands up!

Dance to the music and then freeze on the word, “freeze.” Then put both hands forward on the word, “Stop!” Hold both hands up on the words, “Hands Up!”

When the bell rings, freeze! Stop! Hands up!

Freeze with your hands up and wiggle your fingers until the bell stops.

FREEZE! Stop! Hands up!
When the Bell Rings, Freeze!
(By Heidi Butkus and Mike Cravens; Verse)

You can play all day!  You can play, play, play!

Dance to the music and then freeze on the word, “freeze.” Then put both hands forward on the word, “Stop!” Then hold both hands up on the words, “Hands Up!”

But when the bell rings, freeze!  Stop!  Hands up!

Freeze with your hands up and wiggle your fingers until the bell stops.

But when the bell rings, freeze!  Stop!  Hands up!
The Tattling Song
(By Heidi Butkus and Mike Cravens; Chorus)

Put your hands on your head as if teasing somebody.

Nobody likes a tattle tale!

Put your hands on your head as if teasing somebody.

Nobody likes a tattle tale!

Shake your finger in front of you.

If you tattle every day,

Shake your finger from right to left!

Shake your finger from side to side.

Nobody’s going to want to play!
The Tattling Song
(By Heidi Butkus and Mike Cravens; Verse)

Slap your cheeks, as if you are frightened. Then point out from the mouth on “Do tell us!”

Is it dangerous? Do tell us!
(Echo): Is it dangerous? Do tell us!

Slap your cheeks, as if you are frightened. Then point out from the mouth on “Tell for sure!”

Is someone hurt? Tell for sure!
(Echo): Is someone hurt? Tell for sure!

Slap your cheeks, as if you are frightened. Then point out from the mouth on “Tell us please!”

An emergency? Tell us please!
(Echo): An emergency? Tell us please!

Shake finger in front of you. Then zip your lips and put your hands out as shown.

But if it’s not, be a friend!
Zip it up and that’s the end!

(Repeat from the beginning.)
Interrupting
(By Heidi Butkus and Mike Cravens)

Interrupting is very disrupting!

Don’t start squawking,

When someone else is talking!

(Repeat three more times!)
Outside Voices, Inside Voices
(By Heidi Butkus and Mike Cravens; Verse)

Walk like a dinosaur with one hand up.

Point!

Point down!

Shake finger!

Outside voices inside make it hard for us to learn!

Cross your hands in front of you in time to the music as if to say, "No, no!"

Screaming’s not okay! Screaming’s not okay!

Walk like a dinosaur with one hand up.

Point!

Point down!

Shake finger!

Outside voices inside make it hard for us to learn!

Cross your hands in front of you in time to the music as if to say, "No, no!"

Screaming’s not okay! Screaming’s not okay!
Outside Voices, Inside Voices
(By Heidi Butkus and Mike Cravens; Chorus)

Outside voice: Hooray! Inside voice: Hello!

Point outside, and punch and jump on the word, “Hooray!”
Point down on the word, “inside.”
Wave to somebody on the word, “Hello.”

Whisper: Okay! Whisper: Okay!

Point outside, and punch and jump on the word, “Hooray!”
Point down on the word, “inside.”
Wave to somebody on the word, “Hello.”

Outside voice: Hooray! Inside voice: Hello!

Pur one finger in front of your mouth on the word, “Whisper.” Then open fingers on the word, “Okay!”

Whisper: Okay! Whisper: Okay!

Point outside, and punch and jump on the word, “Hooray!”
Point down on the word, “inside.”
Wave to somebody on the word, “Hello.”

Pur one finger in front of your mouth on the word, “Whisper.” Then open fingers on the word, “Okay!”
Please and Thank You
(By Heidi Butkus and Mike Cravens)

Put one hand out and then the other.

Start with please, and then say thank you!

Put one hand out and then the other.

Start with please, and then say thank you!

Put one hand out and then the other.

Start with please, and then say thank you!

Shake your finger.

Always be polite!

((Repeat from the beginning))
Is it a question or a story? Question or a story?

That's what I have to figure out, Before I raise my hand!

Point to your head. Then raise your hand.

Is it a question or a story? Question or a story?

That's what I have to figure out, Before I raise my hand!
Question or a Story?
(By Heidi Butkus and Mike Cravens; Verse 1)

A question’s what I ask to find something out,
Find something out, find something out!
A question’s what I ask to find something out,
When I don’t understand!

Hold hands out as shown on the word, “question.” Then point to your head with your right hand on “find something out.”

Point to your head!

Point to your head!

Point to your head!

Point to your head!

Shake finger from side to side.

Shake finger from right to left!

When I don’t understand!
Question or a Story?
(By Heidi Butkus and Mike Cravens; Verse 2)

A story's what I tell about something I did,

Clasp hands together!

Roll one hand.

Clasp your hands together on the word story, like a story teller. Then roll on hand as if you are going on, and on, and on....

Clasp your hands together on the word story, like a story teller. Then roll on hand as if you are going on, and on, and on....

A story's what I tell about something I did,

Point to someone

Point to someone

Point to the right and then to the left.

Or what happened here or what happened there!

A story's what I tell about something I did,

Point to your watch!

When there's extra time!
“Okay, let’s try some examples, and see if you can figure out if it’s a question or a story.”

“Can you explain that again? I don’t understand.”

“Put your hand behind your ear as if you are listening.”

“Point to your head!”

“Point to your head!”

“Shake finger!”

“Shake finger!”

“Point to your watch!”

“Clasp hands together!”

“I saw you at the grocery store yesterday!”

“Story! That can wait!”

“What does that word mean? I don’t know it!”

“Question! That’s important!”

“Question! That’s important!”
Question or a Story?
(By Heidi Butkus and Mike Cravens; Examples)

“Today... um... is my little brother’s birthday!”
Story! That can wait!

“Can you help me with this? I’m confused!”
Question! That’s important!

“Once I went to the zoo and I saw a tiger!”
Story! That can wait!

- Put your hand behind your ear as if you are listening. Clasp hands together on the word, “story,” and touch your watch for “wait.”
- Point to your head on the word, “story,” and then shake your finger on, “That’s important.”
- Clasp hands together!
- Point to your watch!
- Point to your head!
- Shake finger!
- Point to your watch!
- Clasp hands together!
Question or a Story?
(By Heidi Butkus and Mike Cravens; Chorus)

Put one hand out and then the other each time you say, "question" or "story."

Is it a question or a story?  Question or a story?

Point to your head.
Then raise your hand.

That's what I have to figure out,
Before I raise my hand!

Put one hand out and then the other each time you say, "question" or "story."

Is it a question or a story?  Question or a story?

Point to your head!

That's what I have to figure out,
Before I raise my hand!
A question’s what I ask to find something out,

Find something out, find something out!

When I don’t understand!
Question or a Story?
(By Heidi Butkus and Mike Cravens; Verse 2)

A story’s what I tell about something I did,
Or what happened here or what happened there!

A story’s what I tell about something I did,
When there’s extra time!
Cover Your Mouth
(By Heidi Butkus and Mike Cravens; Verse)

Cover your mouth!

When everybody’s coughing,
Cover your mouth!

It’s happening too often,

To keep the germs from spreading,

There’s something you must do:

Cover your mouth with your right hand, placing your elbow over your mouth.

Cover your mouth with your left hand.

Brush your hands away from your mouth.

Brush your hands away from your mouth!

Shake your finger.

Shake your finger!
Cover Your Mouth
(By Heidi Butkus and Mike Cravens; Chorus)

Cover your mouth! Cover your mouth!

Put your hands in the "praying" position on the word, "please."
Cover your mouth with your right hand, placing your elbow over your mouth.

Cover your mouth! Cover your mouth!

Cover your mouth with your left hand.

Just cover your cough or your sneeze,

Point to your elbow.

With your elbow or your sleeve!

Put your hands in the "praying" position on the word, "please."

Please!
Cover Your Mouth
(By Heidi Butkus and Mike Cravens; Chorus, continued)

Cover your mouth!

Cover your mouth with your right hand, placing your elbow over your mouth.

Cover your mouth!

Cover your mouth!

Cover your mouth!

Just cover your cough or your sneeze,

Point to your elbow.

Point to your elbow!

Point to your elbow!

With your elbow or your sleeve!

Put your hands in the "praying" position on the word, "please."

Please!

Please!

(Repeat from the beginning)
Blow Your Nose
(By Heidi Butkus and Mike Cravens)

Blow! Blow your nose!

Point to your nose on the word, “Blow.” Then pretend to blow your nose.

Blow! Blow your nose!

Point to your nose on the word, “Blow.” Then pretend to blow your nose.

Blow! Blow your nose!

Pretend to take a deep breath and close your mouth.

Take a breath and close your mouth,

Blow your nose!

Blow your nose!

Blow that icky mucas out!
Blow Your Nose
(By Heidi Butkus and Mike Cravens)

Shake your finger.

Wiping’s not enough!

Pretend to be a dragon.

Be a dragon!

Walk like a dragon.

Blow your stuff!

Blow your nose!

(Repeat from the beginning!)
The Potty Dance
(By Heidi Butkus and Mike Cravens; verse)

If you’re doing the potty dance, it’s time to go!

Dance!

If you’re doing the potty dance, it’s time to go!

Dance!

Shake your finger.

If you’re doing the potty dance, it’s time to go!

Even if you’re playing or you’re watching a show,

Dance!

If you’re doing the potty dance, it’s time to go!
The Potty Dance
(By Heidi Butkus and Mike Cravens; verse)

Dance, dance.  Go, go, go!

Dance, and then twist on "Go, go, go!"

Dance, dance.  Go, go, go!

Dance, and then twist on "Go, go, go!"

Dance, dance.  Go, go, go!

Dance, and then twist on "Go, go, go!"

Dance, dance.  Go, go, go!

Dance, and then twist on "Go, go, go!"

Dance, dance.  Go, go, go!

(Repeat from the beginning!)
Potty, Potty, Flush, Flush
(By Heidi Butkus and Mike Cravens; verse)

Bend your knees down and up two times.

Potty, potty, flush, flush,
Wash, wash, hush, hush!

Bend your knees down and up two times.

Potty, potty, flush, flush,
Wash, wash, hush, hush!

Bend knees down and up!

Wash hands.

Bend knees down and up!

Shhh!

Bend knees down and up!

Wash hands.

Bend knees down and up!

Shhh!

Bend knees down and up!

Wash hands.

Bend knees down and up!

Wash, wash, hush, hush!

Pretend to wash your hands, and then put one finger on your lips for “hush, hush.”

Wash hands.

Pretend to wash your hands, and then put one finger on your lips for “hush, hush.”
Potty, Potty, Flush, Flush
(By Heidi Butkus and Mike Cravens; verse)

Pretend to play, and then shake your finger from right to left.

Stop to play? No way!

Pretend to play, and then shake your finger from right to left.

Stop to play? No way!

Pretend to play, and then shake your finger from right to left.

Stop to play? No way!

Pretend to play, and then shake your finger from right to left.

Stop to play? NO WAY!

(Repeat from the beginning!)
Right Hand, Left Hand
(By Heidi Butkus and Mike Cravens; verse)

Salute with your right hand.

Give a salute!

With my right hand, I give a salute,

Brush your hand on your thigh with your left hand.

With my left hand, I brush off my suit.

Pretend to play, and then shake your finger from right to left.

With my right hand, I reach for the sky,

Wave to somebody with one hand!

With my left hand, I wave goodbye.

(Repeat from the beginning!)
Right Hand, Left Hand
(By Heidi Butkus and Mike Cravens; verse)

Show your right hand, and then your left hand. Then pound on your legs.

Right hand, left hand, pound, pound, pound!

Show your right hand, and then your left hand. Then touch the ground with your left hand.

Right hand, left hand, touch the ground!

Pretend to play, and then shake your finger from right to left.

Take your right hand, and give it a squeeze,

Put your hand on your heart.

Put it over your heart, and face the flag please!

Pat one knee, then the other!

Touch the floor

Put one hand on your heart.

(Repeat from the beginning!)
Red, White and Blue
(Traditional tune; Lyrics by Heidi Butkus and Mike Cravens)

Red, white, and blue! Red, white, and blue!

Wave your hands back and forth as shown while turning around. Then point to someone on the word, “you.”

An ABC pattern just for you!

March!

Red, white, and blue! Red, white, and blue!

Wave your hands back and forth as shown while turning around. Then point to someone on the word, “you.”

An ABC pattern just for you!
The Days of the Week
(By Heidi Butkus and Mike Cravens)

Sit on the floor
and pat your knees!

Sitting on the floor, sway
back and forth, then clap
three times on "It's time to
go again!"

Sit on the floor
and sway left and right!

Sit on the floor
and clap three times!

Saturday, the week is done! It's time to go again!

Sit on the floor
and pat your knees!

Sitting on the floor, sway
back and forth, then clap
three times on "It's time to
go again!"

Sunday, Monday, Tuesday, Wednesday, Thursday, Friday!

Saturday, the week is done! No more and that's the end!
The Days of the Week
(Traditional Tune; Lyrics by Heidi Butkus and Mike Cravens)

Sit on the floor and pat your knees in time with the music.

Sunday, Monday, Tuesday, Wednesday, Thursday, Friday!

Sit on the floor and sway back and forth, then clap three times on "It's time to go again!"

Sit on the floor and sway left and right!

Sit on the floor and clap three times!

Saturday, the week is done! It's time to go again!

Sit on the floor and pat your knees in time with the music.

Sit on the floor and pat your knees!

Sunday, Monday, Tuesday, Wednesday, Thursday, Friday!

Sit on the floor, sway back and forth, then clap three times on "It's time to go again!"

Sit on the floor and sway left and right!

Sit on the floor and clap three times!

Saturday, the week is done! No more and that's the end!
The Months of the Year
(By Heidi Butkus and Mike Cravens; First verse)

Make wavy water hands and dance to the right! Make wavy water hands and dance to the left!

First listen to the singer, and then on the ECHOS, do the "hula" type of move as shown.

January! (January!) February! (February!)

First listen to the singer, and then on the ECHOS, do the "hula" type of move as shown.

March and April! (March and April!)

First listen to the singer, and then on the ECHOS, do the "hula" type of move as shown.

May and June! (May and June!)

First listen to the singer, and then on the ECHOS, do the "hula" type of move as shown.

July and August! (July and August)
The Months of the Year
(By Heidi Butkus and Mike Cravens; First verse continued)

Make wavy water hands and dance to the right!

Then September! (Then September!)

Make wavy water hands and dance to the left! Make wavy water hands and dance to the right!

October and then comes November!
(October and then comes November)

Make wavy water hands and dance to the left! Make wavy water hands and dance to the right!

Last of all we have December!
(Last of all we have December!)

Show one finger on the left and two on the right to form number twelve. (Make sure you mirror this for the children so that they are not "reading" it backwards when they look at you!)

Make wavy water hands and dance to the right! Make wavy water hands and dance to the left!

Show "one ten" on the left and "two ones" on the right to make 12!

Twelve months in the year. Remember: twelve!

(The last line is sung altogether, with no echo.)
The Months of the Year
(By Heidi Butkus and Mike Cravens; Second verse)

January, February!

Do the "hula" type of move as shown.

Make wavy water hands and dance to the right!

Make wavy water hands and dance to the left!

March and April! May and June!

Do the "hula" type of move as shown.

Make wavy water hands and dance to the right!

Make wavy water hands and dance to the left!

July and August! Then September!

Do the "hula" type of move as shown.

Make wavy water hands and dance to the right!

Make wavy water hands and dance to the right!

October and then comes November!
Twelve months in the year. Remember:

Show one finger on the left and two on the right to form number twelve. (Make sure you mirror this for the children so that they are not “reading” it backwards when they look at you!

Show “one ten” on the left and “two ones” on the right to make 12!

Twelve!
Criss Cross Applesauce
(By Heidi Butkus and Mike Cravens)

Sit on the floor
and sway left and right!

Criss cross, applesauce!

Sit on the floor
and clap three times!

Clap, clap, clap!

Point to your eyes and then
point to the teacher.

Eyes on the teacher,

Point to your eyes!

Put your hands in your
lap.

Point to the teacher!

(Repeat two more times, getting quieter each time.)

Hands in your lap!

Hands in your lap!
The Tracing Song
(By Heidi Butkus and Mike Cravens)

Sit on the floor
and sway left and right!

Trace! Trace! Trace! Trace!

Sit on the floor and pat your knees.

Hold the pattern down while you go around!

Sit on the floor and sway back and forth.

Shake your finger.

Don’t let the pattern move! Stay right on the groove!

Sit on the floor and sway left and right!

Trace! Trace! TRA-A-ACE!

((Repeat.))
The Cutting Song
(By Heidi Butkus and Mike Cravens; First verse)

Sit on the floor and pretend to cut!

Cut, cut, cut, cut, C-U-T,

Sit on the floor and pretend to cut!

C-U-T, C-U-T!

Sit on the floor and pretend to cut!

Cut, cut, cut, cut, C-U-T!

Sit on the floor and pretend to cut!

Cut, cut, C-U-T!
The Cutting Song
(By Heidi Butkus and Mike Cravens; Second verse)

Sit on the floor and pretend to cut!

Keep the scissors straight ahead,

Straight ahead, straight ahead!

Turn the paper 'round instead,

Cut, cut, C-U-T!
The Glue Song
(By Heidi Butkus and Mike Cravens)

Sit on the floor and pat your knees in time with the music.

Glue, glue, glue, glue! Glue, glue, glue, glue!

Sit on the floor and shake your finger from side to side. Then hold up one finger.

Just a dot, not a lot! One dot!

Sit on the floor and shake your finger from side to side. Then hold up one finger.

Just a dot, not a lot! One dot!

Sit on the floor and shake your finger from side to side. Then hold up one finger.

Just a dot, not a lot! One dot!

Sit on the floor and shake your finger from side to side. Then hold up one finger.

Just a dot, not a lot! One dot!
Snap That Cap
(By Heidi Butkus and Mike Cravens)

Twist on a cap! Slap your fist!

Snap that cap like that! Snap that cap like that!

Twist on a cap! Twist on a cap!

Put it on tight! Put it on tight!

Twist on the cap.

Shake your finger, on one hand and then the other.

Next time we want it, it will write!
Next time we want it, it will write!

Slap your fist on the word, “pop.” Then push your hand out in front of you as shown on the word, “stop.”

Make it go pop. Now stop!
Make it go pop. Now STOP!
Try Your Best
(By Heidi Butkus and Mike Cravens)

Shake your finger on one hand and then the other.

Just try your best!
Shake your finger on right hand, then left!

Just try your best!
Shake your finger on right hand, then left!

Point to somebody. Then show your muscles.

You can do it, if you try!
Point and show both muscles!

You can do it, if you try!
The Smarty Pants Dance
(By Heidi Butkus and Mike Cravens)

Do the smarty pants dance!

I get it! I got it!

Do the twist or dance any way you want!

Do the smarty pants dance!

Bounce your thumbs left then right!

I get it! I got it!

Do the twist!

Do the twist or dance any way you want!

Do the smarty pants dance!

Bounce your thumbs left then right!

I get it! I got it! Woo woo! Woo woo!
Line Up!
(By Heidi Butkus and Mike Cravens)

Clap your hands over your head.

Line up!  (Line up!)

Slap your hands down at your sides.

Hands down!  (Hands down!)

Put your hands around your eyes and show how you open them up.

Open Your Eyes!

Eyes open!  (Eyes open!)

Point to your mouth and show how it closes.

Point To Your Mouth!

Mouths closed!  (Mouths closed!)
Line Up!
(By Heidi Butkus and Mike Cravens, continued)

Keep walking! (Keep walking!)

Walk!

Shake your finger from side to side.

Shake finger from right to left!

No talking! (No talking!)

No talking!

Push your hands out in front of you.

Push!

Pushing, NO! (Pushing, NO!)

Pushing, NO!

Point forward.

Here we go! (Here we go!)

Here we go!

(Repeat from the beginning)
I Love My Lunchbox
(By Heidi Butkus and Mike Cravens; Verse 1)

Cross your arms and give yourself a hug. Then rub your tummy.

I love my lunchbox! It's got a sandwich inside!

Cross your arms and give yourself a hug. Then rub your tummy.

I love my lunchbox! It's got some fruit inside!

Cross your arms and give yourself a hug. Then rub your tummy.

I love my lunchbox! It's got some chips inside!

Cross your arms and give yourself a hug. Then do the twist!

I love my lunchbox! Do doo doo doo doo doo!

(Repeat this verse from the beginning)
I Love My Lunchbox
(By Heidi Butkus and Mike Cravens; Verse 2)

Cross your arms and give yourself a hug. Then dance!

I love the lunch line! We rock and sing while we wait!

Cross your arms and give yourself a hug. Then push your hands forward.

I love the lunch line! And pushing’s never okay!

Cross your arms and give yourself a hug. Then dance!

I love the lunch line! Sometimes the food’s really great!

Cross your arms and give yourself a hug. Then do the twist!

I love the lunch line! Do doo doo doo doo doo!

(Repeat this verse from the beginning)
Fight
(An original rap by Heidi Butkus)

F-I-G-H-T! We don't fight! F-I-G-H-T! We don't fight!

Punch left and right as you spell the word, and then shake your finger on the words, "We don't fight!"

Talk it over! Walk away! Find another game to play!

Talk!

Make your hands "talk" as shown, and then thumb a ride on the words, "Walk away."

Put your hand over your eyes as if looking for another game to play.

Talk it over! Walk away! Find another game to play!

Punch left and right as you spell the word, and then shake your finger on the words, "We don't fight!"

F-I-G-H-T! We don't fight! F-I-G-H-T! We don't fight!