

Sing and Spell Even More Sight Words

Volume 3

Handmotions

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Using Music and Movement to Reach Your K-1 English Language Learners

Presented By Heidi Butkus

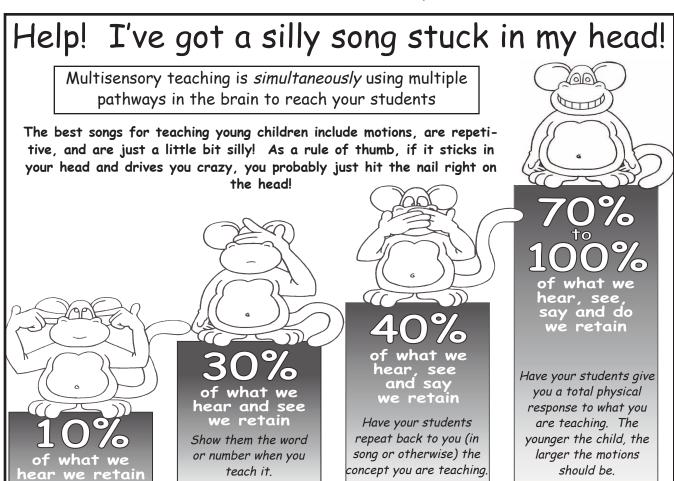
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The methods suggested in this presentation are supported by brain research and are also consistent with "best practices" recommended by the Learning Disability Association, the Council for Exceptional Children, the International Dyslexia Association, and other respected organizations. I took the principals that worked for language arts and applied them to math instruction, and this is what I got!

I found that the methods that work consistently well take advantage of *simultaneous* multisensory teaching techniques. This is simultaneous multisensory teaching in a nutshell:

The more senses involved all at once, the better you retain information.



Why is does this work? If one pathway to the brain is blocked, (as in a learning disability) there are other alternatives or paths to take in information.

Why use special education techniques to help children who are merely learning English as their second language? Because if you use techniques designed to get past a learning disability, you will very likely be able to teach them the content no matter what! Simply over-compensate for the lack of English language skills by using techniques designed for students with learning disabilities. Then you can be fairly sure that if it is possible for them to learn, they WILL learn! Then add as much language into it as possible!

Helpful Hints for Using Sing and Spell

- 1. To maximize results, introduce just one or two songs a week for Kindergarten. You can increase the number of songs introduced per week for older children.
- 2. Practice getting your children to calm down when you are done singing. Demonstrate the behavior you expect, and practice it with the children before you begin.
- 3. Always include hand motions of some kind. This keeps the children motivated and engaged.
- 4. Always show the word when you introduce a song. Have the children spell it aloud with you as you point to the letters.
- 5. Once the children know the songs, have them sit and write the words as you sing them. I use individual white boards or "Magna-doodles" for the children to write on.
- 6. Use the songs as a classroom management tool. If your students are getting restless, have them stand and sing a song with movements. They can get their wiggles out AND learn at the same time. They can also be used for review during those "unteachable" transition times.
- 7. Demonstrate how to write sentences, using the songs as a spelling tool. Explicitly teach what the songs can be used for.
- 8. Use a word wall. Some kids can repeat the spellings but not visualize the word. Have them sing the song aloud, and then find the word on the wall to copy it.

More ways to practice sight words:

1. Play Singing Sight Word Bingo.

The caller sings the song of the word, rather than just say the word.

2. Play Word Wall Hang Man.

It plays the same as the traditional game, but you choose only words from the word wall. For a non-violent version, draw some other object (like a pumpkin or a shamrock) rather than a hanging man.

3. Use Word Whackers.

Practice finding the word by whacking it with a spatula, etc.

4. Make Sing Along Songbooks.

Let the children practice reading the words as often as possible. My students enjoyed reading little song books that I made up for them. You can purchase the masters for these online at Heidisongs.com and print them out yourself. Or make your own by typing up the words. *If you make individual books, the children can highlight the target words.

5. Make a literacy center.

Print the words to a song on index paper, laminating it, and letting the children circle the target word with an erasable pen.

6. Make your own worksheets.

Make worksheets out of the songs by printing out the words to a song, and leaving out the target word each time it comes up. Have the kids fill in the missing words. The masters for these are also online at Heidisongs.com, along with the Sing Along Songbooks, or you can make them yourself.

- 7. Make Sight Word Puzzles by printing the word out in large type on very heavy index paper, and cutting it apart.
- 8. Play Jump On It.

Write the words on some heavy paper and laminate them. Lay them on the floor, and call out a word. The children run and jump on the word, calling out the name of it when they land. Related game: hide something under these words, and have the kids guess where it is by calling out a word and then looking under it.







All Heidisongs products also available on DVD to show visual aids and to help demonstrate the kinesthetic movements which activate the muscle memory required by some children to help them remember. Makes learning fast, fun and easy as they sing along to the music for a true multi-sensory learning experience!

Order Online @ www.HeidiSongs.com

Additional resources available at www.heidisongs.com

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More Information:

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AGAIN

(Sounds like "First in Ten" Cheer)

Swing arms in the formations shown as if cheerleading on the letters indicated.



A-

G-

A-

I-N,

Get ready to punch in the air on the words "Do it."



Punch up in the air on the word, "again."

Do it again!

Swing arms in the formations shown as if cheerleading on the letters indicated.



A-

G-

A-

I-N,

Get ready to punch in the air on the words "Do it."



Punch up in the air on the word, "again."

Do it again! (repeat)

AWAY

(Sounds like "K-K-K Katy")

Starting on the left, pretend to brush something away.





Starting on the right, pretend to brush something away.

A-W-AY, A-W-AY,

March in place on the words, "Dick and Jane can run."





Run in place on the words, "away, away, away."

Dick and Jane can run away, away, away!

Starting on the left, pretend to brush something away.





Starting on the right, pretend to brush something away.

A-W-AY, A-W-AY,

March in place on the words, "Dick and Jane can run."





Run in place on the words, "away, away, away."

Dick and Jane can run away, away, away! (repeat)

COME

(Sounds like "Little Liza Jane")

Note:

The hand motions for this song are done with a partner. The motions are done just like the dance for "Little Liza Jane."

Facing a partner, roll hands on the words, "Come, Little Liza."



Come, little Liza,

Slap legs on C-O, then clap



C - O-

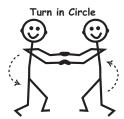


M-E



Slap hands with your partner "patty cake" style on M-E.

Take your partners hands and circle around.



(repeat)

Come and play, everyday, Come play with me!

(repeat)

COULD

(Sounds like "A-Hunting We Will Go")

Pretend to lift weights in time to the music (because you can!)







Just a C-O-U-L-D,

Rotate Elbows Together, and Back Again

Pretend to lift weights in time to the music





Just C-O-U-L-D!

Punch twice with the left and twice with the right in time to the music.

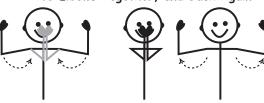




Can you spell could? You really should!

Pretend to lift weights in time to the music

Rotate Elbows Together, and Back Again



It's C-O-U-L-D!

HELP

(Sounds like "Lean to the Left" Cheer)

Lean to the left, sticking arms out to the side.



H-E-L-P! H-E-L-P!



Lean to the right, sticking arms out to the side.

Flip hands up and down when you say, "help me!"









Clap on the word, "please."

Help me, help me, help me please!

Lean to the left, sticking arms out to the side.





H-E-L-P! H-E-L-P!

Lean to the right, sticking arms out to the side.

Flip hands up and down when you say, "help me!"









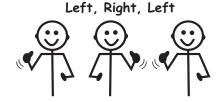
Clap on the word, "please."

Help me, help me, help me please!

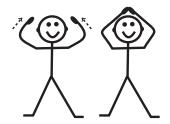
HOUSE

(Sounds like "Yankee Doodle")

Bounce Thumbs Back & Forth, Left & Right



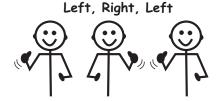
Bounce Your Thumbs,



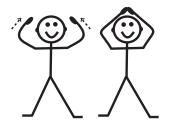
Bounce hands upwards, building the roof of your house.

I spell house with an H-O-U-S-E!

Bounce Thumbs Back & Forth, Left & Right



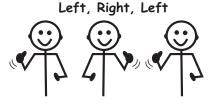
Bounce Your Thumbs,



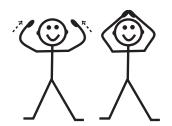
Bounce hands upwards, building the roof of your house.

I spell house with an H-O-U-S-E!

Bounce Thumbs Back & Forth, Left & Right



Bounce Your Thumbs.



Bounce hands upwards, building the roof of your house.

I spell house with an H-O-U-S-E!

Punch the air on the words "good," "old," and "tonight."







We'll have a good time in the old house tonight.

Jump and punch the air on the words "party."







Party, party party!

HOW

(Music by L. LeVier, Lyrics by H. Butkus)

Push one hand forward like an indian might say, "How!"



Push the other hand forward also.

"How" is written, "how" is written,

Cross Arms

Cross one hand over the other in front of your chest in time to the music on the letters H and O.



Bounce folded arms in front of your chest on the letter W.

Push one hand forward like an indian might say, "How!"



Push the other hand forward also.

"How" is written, "how" is written,

Cross one hand over the other in front of your chest in time to the music on the letters H and O.



Bounce folded arms in front of your chest on the letter W.

Push one hand forward like an indian might say, "How!"



How!

JUMP

(Sounds like "Jump Down, Turn Around")

Jump down and slap knees.





Turn around.

You gotta jump down, turn around,

Jump up and down three times.







J-U-M-P

Jump down and slap knees.





Turn around.

You gotta jump down, turn around,

Jump up and down three times.



Jump and Push Hands Down



Jump and Push Hands Down

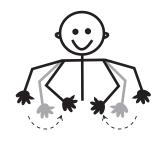


J-U-M-P! (repeat)

LITTLE

(Sounds like "The B-I-B-L-E")

Bounce your hands together in time to the music, getting smaller and smaller.



L-I-T-T-L-E,

Show me just a pinch of something very small between your fingers.



Thumbs to Yourself!



Point to yourself.

It's little, little, me!

Thumbs to Yourself!

Point to yourself.



I can spell it,

Show me just a pinch of something very small between your fingers on the word, "little."





Bounce your hands together in time to the music, getting smaller and smaller as you spell.

Little is L-I-T-T-LE!

LOOK

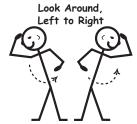
(Sounds like "Ta-ra-ra-boom-de-ay" by H. Sayers)

Bop yourself on the head on the word, "boom."



Ta-ra-ra-boom-de-ay!

Put your left hand over your eyes as if looking for something. Swing your body from left to right as you look.



"Look" is L-O-O-K!

Put your right hand over your eyes as if looking for something. Swing your body from right to left as you look.



"Look" is L-O-O-K!

Bop yourself on the head on the word, "boom."



Ta-ra-ra-boom-de-ay!

MAKE

(Sounds like "Nobody Likes Me")

Point!

Point to somebody.



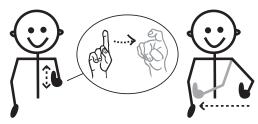
Hand in Fists



Make fists in front of you, like you are going to fight with somebody.

You can't make me, M-A-K-E,

Make your finger inch by like a little worm.



Make me go eat worms!

Point to somebody.



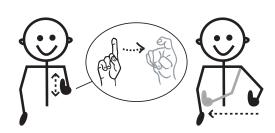
Hand in Fists



Make fists in front of you, like you are going to fight with somebody.

You can't make me, M-A-K-E,

Make your finger inch by like a little worm.



Itsy, bitsy, fuzzy, wuzzy worms!

The hand motions for this song are just like the ones for One Finger, One Thumb.

ONE

(Sounds like, "One Finger, One Thumb")

Pinch Finger to Thumb

On your left hand, tap your index finger together with your thumb in time to the music



One finger, one thumb, keep moving,

Pinch Finger to Thumb

With both hands, tap your index finger together with your thumb in time to the music



O-N-E-, keep moving!

Keep your fingers going and add one leg tapping.



O-N-E, keep moving,

Keep your fingers going and add both legs tapping (you'll look like you are marching with tapping fingers.)



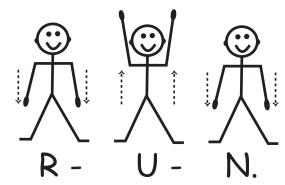


And we'll all spell number one!

RUN

(By Heidi Butkus)

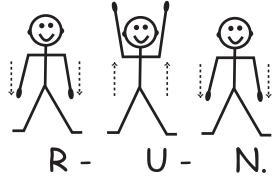
Hands down on R, up on U, and down again on N as shown.



Run in place.



Hands down on R, up on U, and down again on N as shown.



Run in place.



SHOULD

Point your fingers and bounce your hands to the right on the second "should."

Point your fingers and bounce your hands to the left on the first "should."







Point your fingers and bounce your hands to the center on the third "should."

S-H-O-U-L-D, S-H-O-U-L-D, S-H-O-U-L-D,

Start high and wave hands down to the floor.



Should, should, should, should, should, should, should!

Point your fingers and bounce your hands to the right on the second "should."

Point your fingers and bounce your hands to the left on the first "should."







Point your fingers and bounce your hands to the center on the third "should."

S-H-O-U-L-D, S-H-O-U-L-D, S-H-O-U-L-D,

Start high and wave hands down to the floor.



Should, should!

THEIR

(Sounds like, "Dunderbeck's Machine")

Step together step to the right, swinging arms as you go.



Oh, "their" is written, "their" is written, T-H-E-I-R!

Step together step to the left, swinging arms as you go.



For something that belongs to them, it's T-H-E-I-R!

Rock your baby on the word, "dolly."



Make a house





Drive your car.

Like it's their dolly, it's their house, or maybe it's their car.

Step together step to the right, swinging arms as you go.

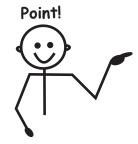


For something that belongs to them, it's T-H-E-I-R!

THERE

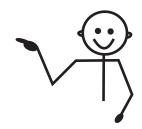
(Sounds like "Over There" by G.M. Cohan)

Point to something or someone.



Over there!

Point to something or someone.



Over there!

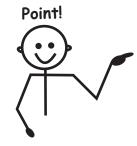
March!

March, swinging arms.



T-H-E-R-E,

Point to something or someone.



Over there!

THEY'RE

(by Heidi Butkus)

Put one hand out and hit a "pose" on the word, "they're."





Put one hand out and hit a "pose" on the word, "they're."

They're so fine! They are so fine!

Put one hand out and hit a "pose" on the word, "they're."





Put one hand out and hit a "pose" on the word, "they're."

They're so fine! They are so fine!

Dance around and Clap Twice following "R-E"





T-H-E-Y apostrophe R-E!

T-H-E-Y apostrophe R-E!

T-H-E-Y apostrophe R-E!

Start low and raise hands up high.



Hands explode and come down on "fine!"

That means they are fine!

THREE

This song gets faster as you go along.

(Sounds like "Do Your Ears Hang Low?")

Count with your fingers, showing 1, 2, then 3 fingers while spelling.





Wag three fingers back and forth when you say, "Can you spell the number three?"

T-H-R-E-E, can you spell the number three?

Jump three times.







Can you jump, two, three?

Slap your knees three times.



Can you slap your knee?

Count with your fingers, showing 1, 2, then 3 fingers while spelling.





Wag three fingers back and forth when you say, "Can you spell the number three?"

T-H-R-E-E, can you spell the number three?

Count with your fingers, showing 1, 2, then 3 fingers while spelling.



T-H-R-E-E!

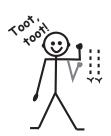
TO

(Sounds like "She'll Be Comin' Round the Mountain")

Chug Like a Train!

Make a "chug-chug" motion with your hands, as if on a train





Raise your hand and pull down on the word "to" as if ringing a bell or a train whistle

"To" is written with a "T" and then an "O" (to, to!) "To" is written with a "T" and then an "O" (to, to!)

Make Two Fists

Do the Zoo-Phonics signal for the letter T (or make up your own)



First you make a /t/ /t/

Make "O"

Make an O shape with your hands

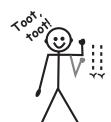


Then you make an "O" "O,"

Chug Like a Train!

Make a "chug-chug" motion with your hands, as if on a train





Raise your hand and pull down on the word "to" as if ringing a bell or a train whistle

"To" is written with a "T" and then an "O" (to, to!)

TOO

(Sounds like "Deep and Wide")

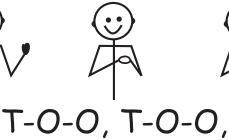
Make Two Fists



Make "O"

Make the hand sign for the letter T. Use Zoo-Phonics or make up your own.







Form an O with your hands.

Shake your finger on your right hand, "no."



There are way too many 2's you know,

Twist down and up!

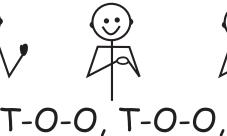
Do the twist.



Too, too, too, too, too!

Make the hand sign for the letter T. Use Zoo-Phonics or make up your own.







Form an O with your hands.

Pretend to push something away, because it is too much.





Pretend to give someone something by holding out your arms to them, like, "you can have some, too!"

That means "too much" and it means also!

TWO

(Sounds like "We Did It Before")

Show Two Fingers!

Hold up two fingers.



I write number two

Jump to the right as you spell, holding up two fingers like bunny ears.



Just T-W-O,

Jump to the left as you spell, holding up two fingers like bunny ears.



Just T-W-O,

Jump to the right as you spell, holding up two fingers like bunny ears.



Just T-W-O!

WANT

(Sounds like "Battle Hymn of the Republic")

Put hands as if praying in front of you, first one hand and then the other.



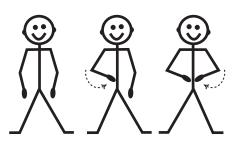




Bounce praying hands together as you spell.

I want a cookie, want a cookie, W-A-N-T!

Put hands on hips, first one hand and then the other.



Stomp feet to while you spell.

I want a cookie, want a cookie, W-A-N-T!

Pound fists in the air and stomp feet, first one and then the other, like you are having a fit.





Shake fists in the air and stomp feet, as you spell.

I want a cookie, want a cookie, W-A-N-T!

Wag finger as if to say, "No."





Point to yourself.

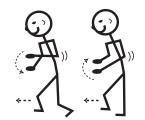
And it's not for you, it's all for me!

WE'RE

(Similar to "Auld Lang Syne")

Walk like an Egyptian to the right. Act as weird as possible!





Walk like an Egyptian to the left. Act as weird as possible!

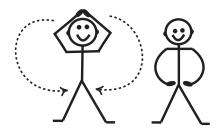
W-E apostrophe R-E, (repeat)

Walk like an Egyptian to the center. Act as weird as possible!



"We're" with an apostrophe,

Circle hands around to indicate "all of us" on the words, "we are."



That means "we are" weird, (repeat)

Make Weird Poses

Hit a variety of "weird" positions every time you say the word, "weird."

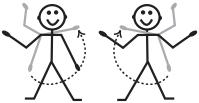


Because we're weird, because we're weird, because we're weird! We're weird, because we're weird, because we're weird, because we're weird, because we're weird! (repeat beginning)

WERE

(Sounds like, "Fooba Wooba John")

Put one hand out and then the other as shown.



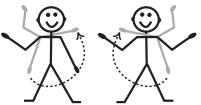
Were you there, were you there?

Swing arms back and forth in time to the music.



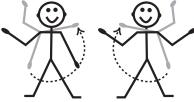
"Were" is written, "were" is written,

Put one hand out and then the other as shown.



Were you there, were you there, W-E-R-E?

Put one hand out and then the other as shown.



Were you there? Were you there?

Cross hands in front of you to cover yourself up!

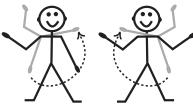




Put your hands on your cheeks in embarrassment.

Standing in your underwear?

Put one hand out and then the other as shown.



Were you? Were you? W-E-R-E!

WHEN

(Sounds like "Listen to the Mockingbird" by Winner and Millburn)

Point to Watch

Point to your watch on your left hand.



Point to your watch on your right hand.

W-H-E-N! W-H-E-N!

Direct the band in time to the music.



When, oh when will this song ever, ever, end?

Point to Watch

Point to your watch on your left hand.





Point to your watch on your right hand.

W-H-E-N! W-H-E-N!

Direct the band in time to the music.

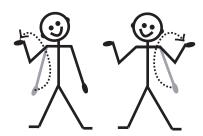


When I'm done I'm gonna sing it all again!

WHERE

(Sounds like, "Oh, Where Has My Little Dog Gone?)

Put one hand out and then the other, swaying back and forth in time to the music.

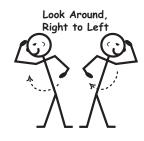


Oh where, oh where has my candy bar gone?

Put one hand over your eyes as if you are looking for something. Swing to the left and then to the right, changing hands.



W-H-



E-R-E!

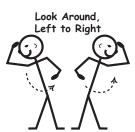
Point to someone

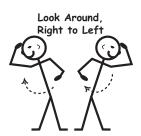
Point to someone, as if that person is the one that took your chocolate.



I left it there by my Daddy's chair!

Put one hand over your eyes as if you are looking for something.
Swing to the left and then to the right, changing hands.





W-H-E-R-E!

WHO

(Rhythm similar to "Who Let the Dogs Out?")

Wave arms in the air, side to side in time to the music on each letter.





Punch R-L-R alternately on each word, "who."

W-H-0!

Who, who, who, who!

Wave arms in the air, side to side in time to the music on each letter.





Punch R-L-R alternately on each word, "who."

W-H-0!

Who, who, who, who!

Wave arms in the air, side to side in time to the music on each letter.



Punch:

Punch

P

Punch R-L-R alternately on each word, "who."

W-H-0!

Who, who, who, who!

Wave arms in the air, side to side in time to the music on each letter.



Punch R-L-R alternately on each word, "who."

W-H-0!

Who, who, who, who!

W-H-Y

(Sounds like, "Flea Fly")

This is an echo song. The teacher says each line first and then the student echo back the same thing, doing the same hand motions.

(Echoes are in italics.)

Put your hands up, forming a Y on the word, "why."





Put your hands on your hips on "because."

Why? (Why?) Because! (Because!)

Shake your finger as if you are angry.



I said so! (I said so!)

Put your hands up, forming a Y, with first one hand and then the other.





Shake hands downward as you spell the word.

Why, why, why, W-H-Y! (Why, why, why, W-H-Y!)

Put hands on hips, first one and then the other. Then stomp feet, first one and then the other.



Because, B-E-C-A-U-S-E! (Because, B-E-C-A-U-S-E!)

Shake your finger as if you are angry.





Put finger in front of lips on the word,"Shhhhh."

Do your work 'cause you know you should! (Do your work 'cause you know you should!)

Shhhhhh! (Shhhhhhh!)

WOULD

(Sounds like, "99 Bottles of Pop)

Do a step-togetherstep motion to the right, swinging arms as you go.



W-O-U-L-D spells "would,"

Do a step-togetherstep motion to the left, swinging arms as you go.



W-O-U-L-D!

Shake finger at someone.



I know you would

Twirl your finger near your head as if to say, "You're crazy!



spell if you could!

Do a step-togetherstep motion to the right, swinging arms as you go.



W-O-U-L-D spells "would!"