



Frontenac, Lennox and Addington Ontario Health Team

Frontenac Lennox and Addington
Ontario Health Team

Land Acknowledgment

“With deep respect and humility, we acknowledge that the FLA OHT is located on the traditional territories of the Anishinaabe, Haudenosaunee and Huron-Wendat Nations, as well as the territories of other rural and urban Indigenous community members including Métis, Inuit, and other First Peoples from across the Turtle Island. We stand upon land that carries the footsteps of Peoples of Indigenous ancestry who have been here for thousands of years. We have an opportunity to learn from each other, improve relationships and promote respect for the past, present and future. We are thankful to share, learn, work, play and grow on these lands as we work together to build a new health-care system that will be inclusive and equal for all”.

“We are working together to radically re-design the health-care system; to keep people healthy and well and connected with high quality, easy-to-access services.”

Dr. Kim Morrison, Frontenac, Lennox and Addington Ontario Health Team (FLA OHT) Executive Lead.



Ontario Health Teams

Ontario Health Teams are in development throughout the province. They are teams of health, community, and social services providers working together to be professionally and financially responsible for making sure people get the care they need, when and where they need it.

The Frontenac Lennox and Addington Ontario Health Team (FLA OHT) is:

300+

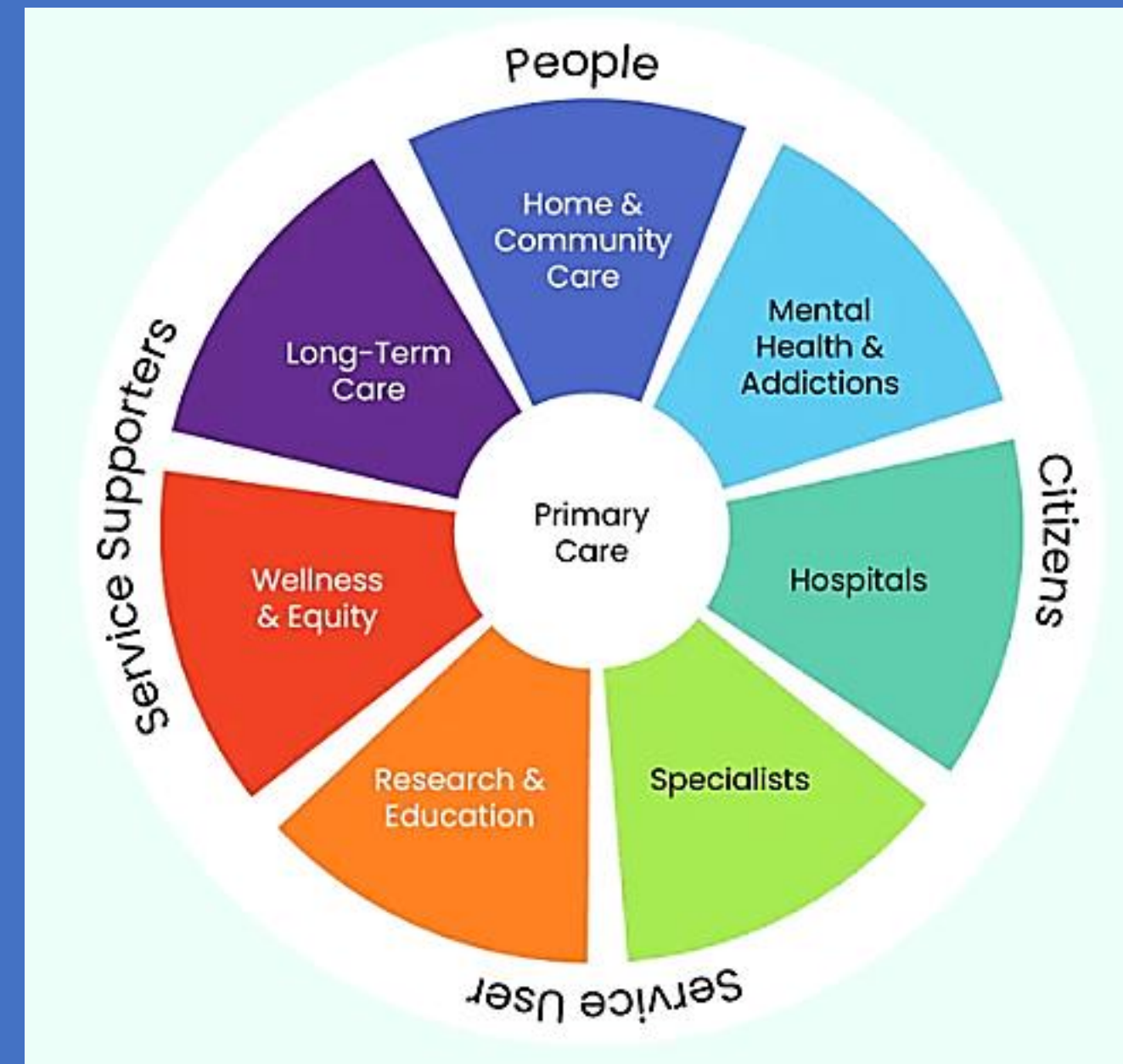
health-care providers & community members

160

family doctors

3

hospitals



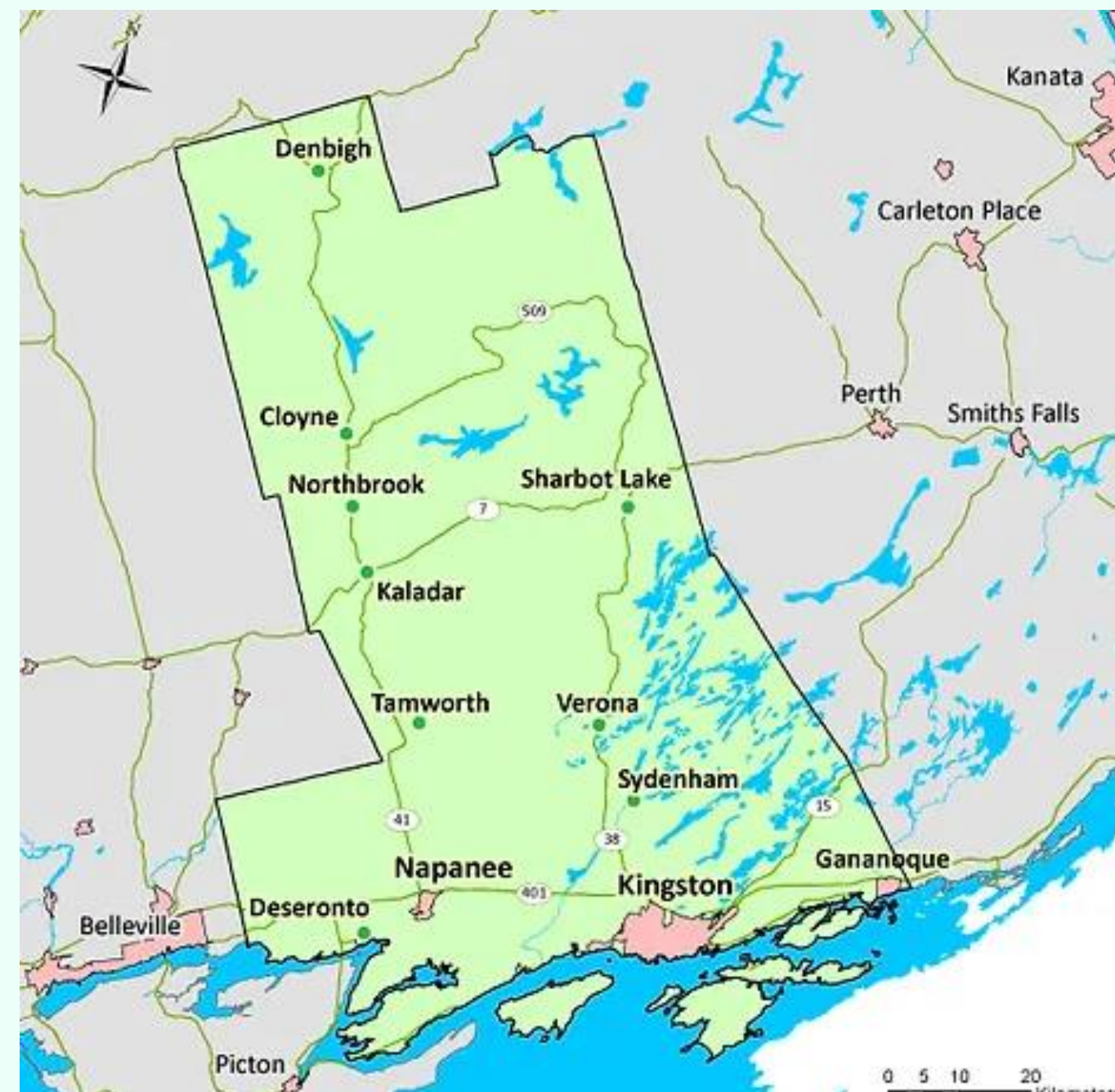
Frontenac, Lennox and Addington region

We are all working together to meet the health and wellness needs of the people in the region.

This area is composed of vibrant urban cities, many small towns, picturesque villages along Lake Ontario and many rural and remote areas – yet many health and wellness challenges exist.

220,000

approximate population of
the FLA OHT region





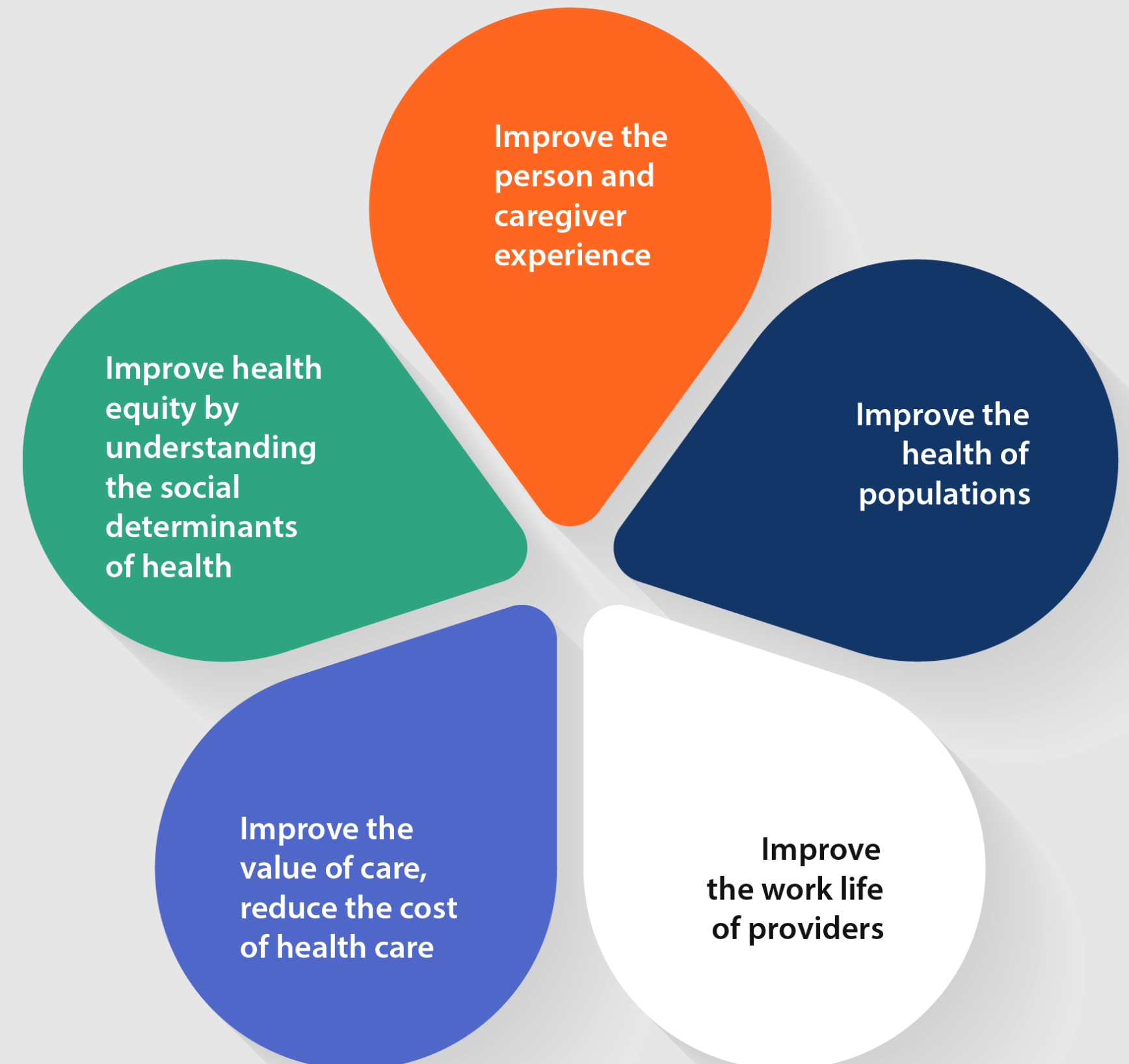
Who the FLA OHT serves

- We are older than the rest of the province. One in four people is older than 53.
- We have a total population of about 220,000 where one in eight or over 20,000 people do not have a primary care provider. This puts more pressure on emergency departments and hospitals.
- Hospitals in the region are experiencing severe shortages of health-care workers and longer wait times have become normal.
- Mental health and addiction needs in this region are higher than the provincial average.
- The regional Indigenous population is higher at 3.7 per cent compared to the rest of the province at 2.8 per cent.
- More people speak French as their first language at 3.1 per cent compared to the provincial average of .03 per cent, and we are a designated area under the French Language Services Act.

Quintuple Aim

The new vision for health care in Ontario is well aligned with the Quintuple Aim, a health-care framework with five objectives.

- Improve the person and caregiver experience
- Improve the health of populations
- Improve the work life of providers
- Improve the value of care, reduce the cost of health care
- Improve health equity by understanding the social determinants of health



Mission

A People-Centred Health Home for everyone in Frontenac, Lennox & Addington counties

Vision

A healthier community where we all have equitable access to high-quality care, services and supports that empower us toward Achieving our best health





People-Centred Health Home

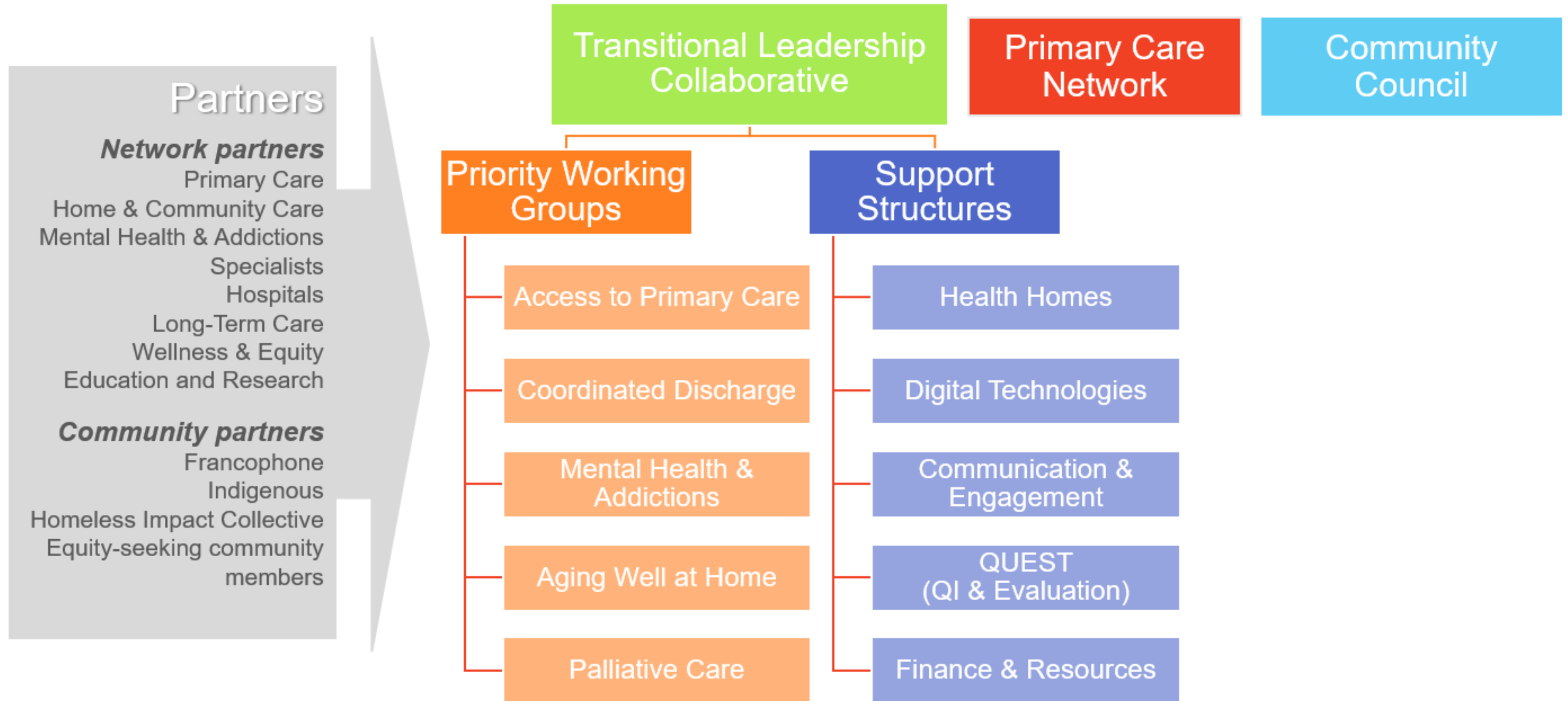
The Health Home is our home base for easy access to all the health care and wellness services we need to achieve our best health.

The Health Home is our front door to the health-care system. It includes a team dedicated to supporting our best health and wellness through every stage of our lives. The Health Home team might be a physical primary care practice, a virtual service or a mobile health-care team that comes to us – whatever works best for each of us.

The Health Home team

- **People** empowered to be partners in their own care, equipped with the knowledge, resources and tools to support their health and wellbeing
- **Primary care doctors, nurse practitioners and/or traditional healers** to support health-care needs and connect people to other health and wellness providers as needed
- **Nurses and allied health professionals** to support preventive care and managing chronic disease
- **Mental health workers** to support mental, emotional and spiritual health
- **Home and community care coordinators** to provide easy access to community health and social services from people's homes
- **Community social support workers** to connect us with the resources we need in our community including housing, food-sharing programs and other community supports
- **Connections** to the broader community of service providers and social supports we may need to achieve our best health

Organizational structure



Including people across the FLA OHT

Transitional Leadership Council

Participate in strategy and policy development.

Support Structures, Working Groups

Participate in initiatives and projects. Share stories to ground priority work in experience.

Representation on committees, projects, process improvement

Participate in health and wellness redesign for program and service design and personal health care decisions, as well as ad-hoc activities.

Governance, Boards and Leadership Teams

Participate in leadership and partner boards.



People with lived and living experience will be members of each group

Five-year strategic directions

1

2

3

4

5

Promote equitable health and wellness

Improve health-care quality

Empower people to achieve their best health and wellness

Support provider well-being

Deliver value-based care





Thank You



FLA OHT



www.flaoht.ca



Kingston, ON