

52 SHABBATS BY FAITH KRAMER

Friday Night Dinners Inspired by a Global Jewish Kitchen





CHALLAH FRITTERS

INTREDIENTS

1 (1-pound) loaf plain challah

4 large eggs, beaten

1 cup milk or unsweetened non-dairy milk

1½ cups mashed ripe bananas

½ cup sugar

1 teaspoon ground cinnamon

 $1\!\!/_{\!\!2}$ teaspoon ground nutmeg

 $\frac{1}{4}$ teaspoon salt

1/2 teaspoon vanilla extract

Vegetable oil for frying

Confectioners' sugar or cinnamon sugar, optional

Chocolate sauce, warmed, optional

- 1. Shred the challah into $\frac{1}{4}$ -inch pieces and place them in a large bowl.
- In a separate bowl, mix together the eggs, milk, bananas, sugar, cinnamon, nutmeg, salt, and vanilla. Add the shredded challah, stirring until well combined. Cover and refrigerate for 20 minutes.
- 3. Wet your hands. Using your hands, roll about 1 tablespoon of batter into a ball. Press it together firmly and roll it again, squeezing to compact it into a firm ball about 1 inch in diameter. Place it on a plate. Repeat with the remaining batter.
- 4. In a 12-inch wide, heavy pot, heat $\frac{1}{2}$ inch of oil over high heat to 350°F (the oil is ready when a bit of fritter batter bubbles as soon as it is added to the pan). Line a large plate with paper towels.
- 5. Roll the fritters between your hands to make sure they are compact, then gently roll them into the hot oil until you have 8 to 10 in the pot, being careful not to crowd the pan. Cook until the bottoms of the fritters are dark golden brown, 2 to 3 minutes. Flip the fritters with a slotted metal spoon or tongs and cook until the other side is browned, 1 to 2 minutes. Transfer the fritters to the prepared plate.