

RESCUE YOUR SKIN

At-home peel treatments can be tricky, but this tall Q-tip is loaded with highly-effective ingredients that help tackle many skin issues. The Lisén Pure Genius Multi-Action Peel Stick features lactic acid that gently exfoliates the skin to reveal a brighter complexion; glycolic acid that balances sebum production, minimises pores, and helps clear blackheads; salicylic acid, which treats acne and blemishes; and Bambusa Vulgaris Water that deep cleanses the skin. The Peel Stick can be used for spot treatment, or all over the face to reveal a smoother texture and luminous appearance.

Lisén Multi-Action Peel Stick, ₹1,500 for a pack of 10



Kérastase Chroma Absolu Shampoo, ₹2,450

Kérastase Chroma Absolu High Shine Gloss Treatment for Color-Treated Hair, ₹3,600

Kérastase Chroma Absolu Strengthening Mask for Color-Treated Hair, ₹3,350



HEALTHY, HAPPY HAIR

Kérastase's new range, Chroma Absolu, is designed for those who enjoy experimenting with hair colour but don't enjoy worrying about damage. Taking a skincare-inspired approach for their haircare formulas, Kérastase's Chroma Absolu helps build and maintain the health of the hair fibre. Comprising two shampoos (as per hair types), a mask, and weekly rinse-out treatment, the key ingredients of this range include amino acid, which penetrates the cortex to rebuild the hair from inside out; tartaric acid that reduces oxidative stress and shields your locks against external damage; and lactic acid which gently exfoliates and seals the hair surface to reduce frizz and boost shine.

Schwarzkopf Professional OS5+ Magic Anti Frizz Shine Serum, ₹1,000



Aveda Smooth Infusion Style-Prep Smoother, ₹2,730



The Earth Collective Anti-Frizz Hair Serum, ₹850



Moroccanoil Smoothing Oil, ₹2,700



Kiehl's Smooth Oil-Infused Leave-In Treatment, ₹2,200



TIGI Bed Head Control Freak Frizz Control Serum, ₹1,300



THE FRIZZ POLICE

Humidity can wreak havoc on one's hair, especially if you love smooth, sleek locks. And to save your hair from gaining extra 'body' in the summertime, consider adding a frizz-control spray or serum to your haircare routine. These formulas are packed with nourishing ingredients that prevent frizz and don't weigh down the hair. Smoothing a pea-sized amount of one of these serums on damp hair will tackle flyaways, while misting a spray pre- and post-styling will keep your hairdo in place.

By Meghna Sharma