



CARDIO

Rowers

BODYWORX



AIR ROWER

Product Code: KRX700

Key Features

Resistance: 9 Level Air Resistance System

Drive System: Nickel Plated Chain

Console: Backlit LCD display which shows Time, Distance, Strokes, Stroke Rate, Estimated Calorie Burn, Watts, Cycle, Paddle Width & Pulse

Programs: Quick Start, Time, Distance, Calories, Play the Game & Interval Programs of 20/10, 10/20 & 10/10

Built-in Receiver: Yes

Chest Belt: No

Seat: Large comfort saddle

Rail: Stainless Steel

Pedals: Adjustable with foot strap

Maximum User Weight: 150 KG (331 LBS)

Assembled Dimensions: 239cm (L) x 62cm (W) x 109cm (H)

Folded Dimensions: 117cm (L) x 70cm (W) x 113cm (H)

Other Features

- Smart Phone Holder
- Slide rail can be easily disconnected for storage
- Transportation Wheels