

SALUS  SAUNAS



Hampton Sauna

Sauna Installation & Owner's Manual

WARNING! Do not place anything combustible close to heater, above the heater, and on both sides of the heater. This includes but not limited to towels, lights, robe hooks, accessories, etc. Nothing should be on the same wall as your heater that is combustible.

Read this entire manual through to the end before proceeding with the assembly.

Hampton Installation & Owner's Manual

Thank you for your purchase of your Hampton sauna! Should you have any questions during assembly, please feel free to call us at 888.287.0111, or email sales@salussaunas.com.

Your Hampton Indoor Sauna is specifically designed to utilize your existing floor. As such, assembly is made very simple since the entire sauna sits on pre-fabricated rails and risers. Your sauna can be assembled on any surface that is firm and flat, including concrete, ceramic, vinyl, laminate or tile. Installation on a carpeted surface is not recommended.

Your Hampton kit should include the following:

- | | |
|---|--|
| <input type="checkbox"/> 4 Floor risers | <input type="checkbox"/> Upper bench |
| <input type="checkbox"/> 4 Wall support rails | <input type="checkbox"/> Lower side bench |
| <input type="checkbox"/> 4 Roof support rails | <input type="checkbox"/> Long backrest w/LED light |
| <input type="checkbox"/> 2 Roof sections | <input type="checkbox"/> Short backrest |
| <input type="checkbox"/> Wall section A | <input type="checkbox"/> LED power supply |
| <input type="checkbox"/> Wall section B | <input type="checkbox"/> Door handle assembly |
| <input type="checkbox"/> Wall section C | <input type="checkbox"/> Heater |
| <input type="checkbox"/> Wall section D | <input type="checkbox"/> Stones |
| <input type="checkbox"/> Wall section E | <input type="checkbox"/> Wall sensor cover |
| <input type="checkbox"/> Wall section F | <input type="checkbox"/> Hardware bag containing |
| <input type="checkbox"/> Door section G | 2" screws, 2.5" bench screws, and trim nails |
| <input type="checkbox"/> Wall section H | <input type="checkbox"/> Heater fence kit |
| <input type="checkbox"/> Wall section I | <input type="checkbox"/> 2 Roof trim pieces |



Step 1. Connect the Four Floor Risers

Fasten the four floor risers together using the predrilled holes as a guide, being sure the two shorter boards are located on the sides and the two longer boards are on the front and back. Use a framing square to ensure the assembly is square. (1-3)



Image 1



Image 2



Image 3

Step 2. Position Wall Support Rails

Align each wall support so that the angled cuts make a corner, placing the shorter supports on the sides and the longer supports on the front and back. Each wall support has a predrilled hole. Fasten the front, back and sides together and lay the assembly squarely on top of the floor risers with the groove facing up. The rails should overlap both sides of the riser by approximately 1". Secure the assembly to the floor risers using three screws evenly spaced on each wall support rail. (4-10)



Image 4

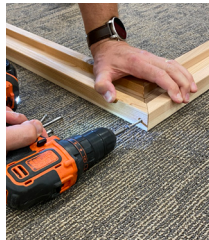


Image 5



Image 6



Image 7



Image 8



Image 9



Image 10

Step 3. Position Wall Sections A & B

Position wall section A in the groove of the left rail and push it flush against the back rail. Having a helper hold wall section A, orient wall section B so that the vent holes are on top and place it in the groove of the back rail. Push the flat edge flush against wall section A. Align the two panels so they are flush and fasten them together using the 2" screws. (11-13)



Image 11



Image 12



Image 13



Step 4. Position Wall Sections C & D

Position wall section C into the groove of the back rail. Attach it to wall section B by way of the tongue and groove fit. Position wall section D on the side rail, pushing it flush against the back rail. Align the two panels so they are flush and fasten them together using the 2" screws. (14-16)



Image 14



Image 15



Image 16

Step 5. Position Wall Sections E & F

Position wall section E on the side rail, orienting it so the vent holes are at the bottom, and the footrest support is on the interior of the sauna room. Attach it to wall section D by way of the tongue and groove fit. Next, position wall section F on the front rail, pushing it flush against wall section E and securing it in place with 2" screws. (17-19)



Image 17



Image 18



Image 19

Step 6. Position Door Section G and Wall sections H and I

Position door section G onto the front rail, attaching it to wall section F by way of the tongue and groove fit. Next, position wall section H on the front rail and attach to door section G by way of the tongue and groove fit. Finally, position wall I on the side rail, and attach it to wall section A by way of the tongue and groove fit. Secure it to wall section H with 2" screws. (20-23) Note: Your door may be different than what is pictured.



Image 20



Image 21



Image 22



Image 23



Step 7. Assemble and Position Roof Support Rails

Align each roof support rail so the angled cuts join together to make a 90-degree angle, placing the shorter supports on the sides and the longer supports on the front and back. Fasten them together using 2" screws through the predrilled holes. Place the assembly on top of the wall sections so that the wall sections fit snugly into the groove. When in place, secure the assembly to the walls using three 2" screws on each rail. (24-26)



Image 24



Image 25



Image 26

Step 8. Position Roof Panels and Trim

Align the two roof panels so they are centered on the roof support rails with the pre-drilled holes facing up. Secure them to the support rails through the pre-drilled holes using 2" screws. Next, use the provided trim nails to secure the trim pieces to the raw edges of the roof panels (27-28)



Image 27



Image 28

Step 9. Bench, Footrest, and Backrest Assembly

Place the upper bench on the pre-installed upper bench supports and push flush against the back wall, being sure the sides with the supports are against the walls. Secure the bench to the back and side panels using 2.5" bench screws and the predrilled holes in the bench frame supports. (29,30)



Image 29

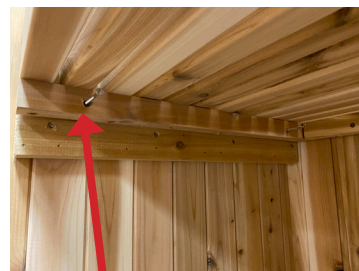


Image 30



Next, position the footrest by resting it on the supports on each side of the sauna. Secure each side of the footrest to the support using 2.5" screws through the pre-drilled holes on the top and front of the foot rest. (31-33)



Image 31



Image 32



Image 33

For the final step of the bench and footrest assembly, locate the lower side bench and cleat with pre-drilled holes. Position the side bench against the footrest so that the top of the bench is flush with the footrest. Secure it to the footrest through the pre-drilled holes using 2.5" screws. Supporting the unsecured side of the bench with your hand, place the cleat under the lower side bench on wall section H, so that the bench rests on the cleat. Using a level, adjust the height of the cleat so that the bench sits level. Secure the cleat to wall section H through the pre-drilled holes. Finally, secure the bench to the wall sections through the pre-drilled holes. (34-36)



Image 34



Image 35

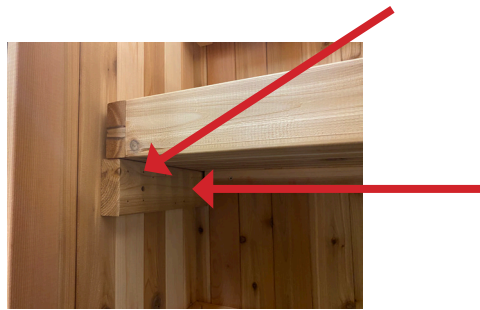


Image 36

Center and level the upper backrest approximately 8-12" above the bench, and make a mark where the LED light power cord will exit the sauna to connect to power. Bore a 1/2" hole at this location. Next, push the LED light power cord out of the hole and connect to the power supply. Rest the power supply on the lower rail. Finally, level and secure the upper and lower backrests. (37-40)



Image 37



Image 38



Image 39



Image 40



The LED light can be controlled from within the sauna using the controls tacked onto the side of the backrest. Using the three buttons, the LED light can be turned on and off, made dimmer or brighter. (41)



Image 41

Step 10. Accessories

Install the vent hole cover with the provided screw and washer. (42)



Image 42

Install the door handle on the door. (43-44)



Image 43



Image 44

Step 11. Heater Installation

Please consult the Salus Saunas heater installation guide attached to the top of the heater box. All electrical connections must be done by a qualified licensed electrician.

