## Cowl with Patterned Squares <br> Designed and woven by John Mullarkey

Difficulty rating: Intermediate
Finished Size: End to end 72"; folded in half 36".
Yarn: Fibre Company Acadia (60\% merino/20\% baby alpaca/20\% silk), 50 gram/ 145 yard skeins in Douglas Fir. This is a DK weight yarn. You'll have only a few feet leftover. If you want to make a larger cowl, you'll need an additional skein.

Notions: tapestry needle, size E or F crochet hook.
Number of squares: 14,7 woven in plain weave, 7 with a double diamond outline pattern.

Overview: If you've never woven a pattern, this project is a great way to start. We suggest you practice by making a sample before beginning to work on the squares for your project. If this is the first time trying a pattern weave, you may find it helpful to wind the first three layers on your loom and then use a contrasting color for weaving the pattern. This way you can see exactly how the pattern is developing. Once you're confident with pattern weaving, proceed to the project.

Weaving: Weave seven squares in plain weave, and seven squares in pattern (see pattern section below).
Pattern: When creating this pattern, you will make all of the designs on just the rows that you weave with your needle. When you begin a row, do not count the loop at the edge. Your needle will go over the loop (don't count this) and then under the first warp thread (start counting now).

For this pattern, your needle goes under three warp threads to create the pattern floats. These will appear vertically in your weaving. If you look at the underneath of your swatch, you'll see horizontal floats. You can use the pattern either vertically or horizontally (as for this project).
Double Diamond Pattern (diagram on next page)
Abbreviations:
$\mathrm{O}=$ Over (a number of threads)
$\mathrm{U}=$ Under (a number of threads)
W = Weave plain weave (for a number of threads)
Row 1: Plain weave
Row 2: Plain weave
Row 3: W14, U3, W14
Row 4: W12, U3, O1, U3, W12
Row 5: W10, U3, O1, U3, O1, U3, W10
Row 6: W8, U3, O1, U3, O1, U3, O1, U3, W8
Row 7: W6, U3, O1, U3, W5, U3, O1, U3, W6
Row 8: W4, U3, O1, U3, W9, U3, O1, U3, W4
*Row 9: W2, U3, O1, U3, W13, U3, O1, U3, W2
Row 10: W4, U3, O1, U3, W9, U3, O1, U3, W4
Row 11: W6, U3, O1, U3, W5, U3, O1, U3, W6
Row 12: W8, U3, O1, U3, O1, U3, O1, U3, W8
Row 13: W10, U3, O1, U3, 01, U3, W10
Row 14: W12, U3, O1, U3, W12
Row 15: W14, U3, W14
Row 16: Plain weave


Finishing: Either sew in the ends for a short distance on the loom or after removing the swatch from the loom. Hand wash with warm water and mild soap and lay flat to dry. Lightly steam press before assembling the pieces.
Assembly: See diagrams on next page. Use a single crochet join to crochet the squares together. First assemble the squares vertically. Join a plain weave square to patterned square then flip the order, joining a patterned square to a plain weave square, and so on. Repeat until all but the last of the squares have been joined, to create a collar look.
Now, using a larger hook, single crochet along the midline, joining along the horizontals. Attach in just one loop of each doubled loop group along squares' edges. This causes the fabric to gather slightly in the middle.

Scrunch up or fold in half to create a collar-like cowl.
*Center row of diamond.


DOUBLE DIAMOND PATTERN
red = active thread


