# INLAY HEART INKLE BAND

# Designed and woven by Jane Patrick



The symbolism of the heart depicting love dates back to around the 15th century, according to some art historians, while others say it was the 13th century. No matter when the heart became a recognized symbol for love, we know that it is a symbol that has lasted and will last for many more centuries.

Inlaid hearts allow for color changes along the length of a band. Instead of threading the pattern in the warp, I've created it in the weft with a supplementary weft. This technique is based on dukagang, a Scandinavian technique in which a weft is inlaid and tied down at intervals by a single warp yarn. Create a band to wrap a package or trim a top. Or put on a long warp and weave several bookmarks for your best buddies.

# **MATERIALS & EQUIPMENT**

- 4 colors of pink embroidery floss
- 10/2 perle cotton in natural
- 5/2 perle cotton in pink
- Schacht inkle loom
- Schacht belt shuttle
- tapestry needle
- popsicle stick

## **WARPING**

Determine the length of your warp for the project you have in mind. Follow the warping guide below to warp 67 ends.

## **WARPING GUIDE**

	3X								21X								3X		
Η	1		1		1		1		1		1		1		1		1		1
0		1		1		1		1		1		1		1		1		1	

H = heddled

O = open

10/2 perle cotton, white

5/2 perle cotton, pink



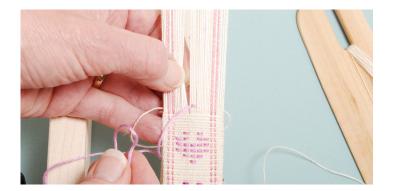
### WEAVING

Prepare the pick-up pattern:

- Lift the open threads up and on these threads only, begin picking up after the second pink thread from right. Pick up 1, leave 3 down, and repeat. You'll end at the last white warp before the pink border on the left. You should have 6 warps lifted, which will yield 5 spaces. These threads will become your tie-down threads for the supplementary weft.
- Place these picked-up threads on the popsicle stick behind the heddled threads and slide the stick to the back peg. The stick will store your pick-up pattern for all pattern rows.

### Weave as follows:

- 1. Weave 1" using 10/2 perle cotton for the weft. Work the last pick with the open threads up.
- 2. Weave a pick with the open threads down, leaving a loop at the selvedge.
- 3. Change sheds, beat, and pull the weft thread snug against the selvedge.
- **4.** Weave a pick with the open threads up, leaving a loop at the selvedge.
- 5. Change sheds, beat, and pull the weft thread snug against the selvedge.
- **6.** Now weave a pattern row with supplemental weft: Cut a length of embroidery floss at least 12 inches long to work all the pattern rows for the heart; thread it in a needle. Place all the warp threads in neutral (no shed opening). Slide the popsicle stick forward and raise the tie-down threads on your finger (threads marked in the diagram below). Slide the popsicle stick back to the back peg.
- 7. Following the pattern guide, bring up the embroidery floss from underneath the weaving at a red dot for the row. Run the needle under all marked tie-down warps, then take it back underneath at the other red dot. (You can work left to right or right to left.) Set down the needle; on the next pattern row, work from dot to dot in the opposite direction. The supplementary weft will travel along the wrong side of the weaving as you work the heart.
- **8.** Weave 2 picks of plain weave by repeating steps 2 through 5, then repeat steps 6 and 7 for row 2. Continue following the pattern guide, weaving 2 rows of plain weave between each pattern row.



WEAVING PATTERN ROW 1



WEAVING PATTERN ROW 2

# row 6 row 5 row 4 row 3 row 2 row 1

needle entry and exit

supplementary weft

**PATTERN GUIDE** 

## HINTS

- There is always a heddle row and an open row between each row of supplementary weft.
- Beat in the weft well for best effect. Carry the supplementary weft across the back of the weaving when there is no pattern showing in a square on the pattern guide. Sew in the ends on the back after the band is removed from the loom.
- I wove 6 rows between each heart motif and worked the hearts in 4 different shades of pink.