

HEADBAND WITH A TWIST

Designed and woven by Deborah Bagley

Keep the nip off your ears and protect your hairstyle when the wind blows. Made from 6 patterned squares, this headband fits teens and adult women. For a very warm ear muff, you can weave 12 squares and sew them into a double-layer band.



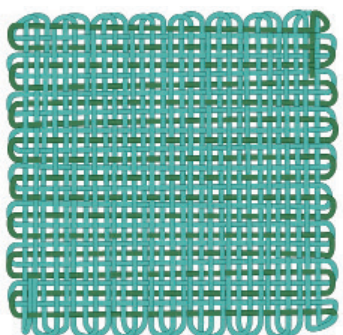
MATERIALS & EQUIPMENT

- 50 yds of Red Heart Soft (100% acrylic, 5 oz/256 yards) in Teal—you can substitute any worsted or DK weight yarn
- Zoom Loom and weaving needle
- fork or comb for beating
- tapestry needle

PROJECT SPECS

Finished size: 3-1/2" wide and 10" long when assembled and lying flat

Weave structure: plain weave with floats



WEAVING

Weave 6 squares for a single-layer band or 12 squares for a double-layer band. Mark the right side at the same corner of each square after you take it off the loom—this will make it easier to line up the weaving patterns before you seam the headband. Weave in tails on all squares.

The squares have a simple pattern. Wind the 3 layers as you normally would, then weave the 4th layer like this (shown in dark green in the diagram):

U = under, O = over, * * = repeat

Row 1: U1, O1 across ending with U1 (plain weave)

Row 2: *U3, O1* 7 times, U3

Row 3: U1, O1, *U3, O1* 7 times, U1

Rows 4–15: repeat rows 2 and 3

Row 16: plain weave

If you print this PDF, print in color—illustrations won't be legible in black and white.



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ASSEMBLY

1. Lay out the squares so the weaving pattern runs the same way. Double overcast or slipstitch together to make a 1 x 6 rectangle—see Figure 1. Weave in all tails from seaming the squares.
2. Lay out the rectangle right side up. At the left end of the rectangle, fold the short edge in half with the fold at the bottom, like the letter U. At the right end of the rectangle, fold the short edge in half with the fold at the top, like an upside-down U—see Figure 2A.
3. To make the twist, bring all the short edges together and align them at the top and bottom. (Don't worry about the rest of the headband for now. It will get all crumpled until you sew the twist, then it will unfold and look perfect.) You now have 4 layers of fabric: a U next to an upside-down U—see Figure 2B.
4. Rearrange the layers so one U fits inside the other—see Figure 2C. Align the layers at top and bottom. Whipstitch through all 4 layers and weave in the tails. Unfold the band and turn it right side out.

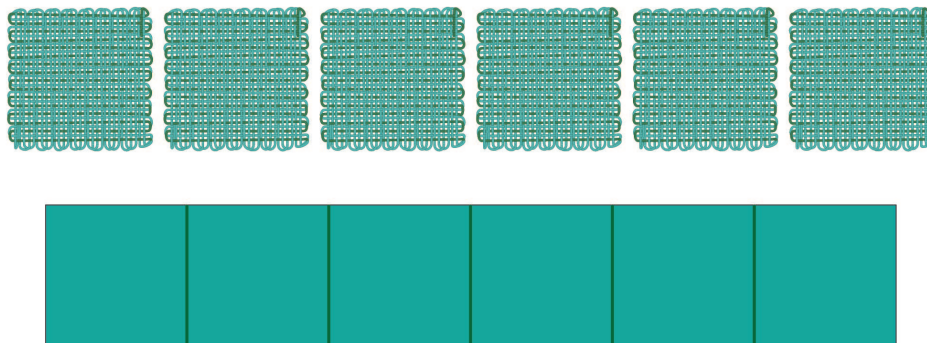


Figure 1: Seaming the rectangle

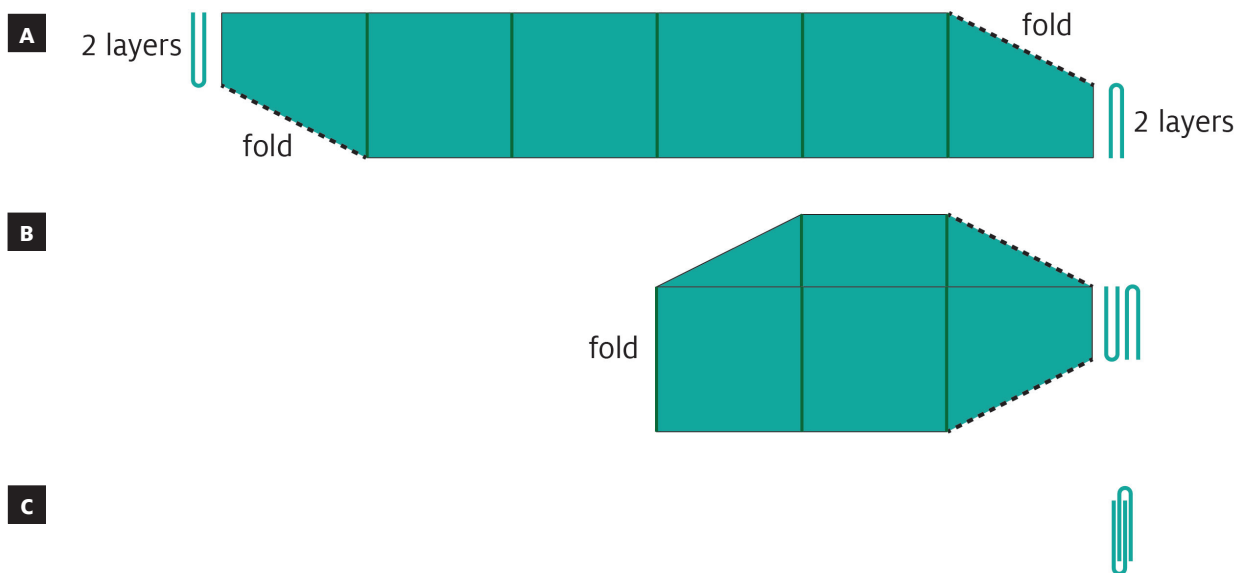


Figure 2: Making the twist

VARIATIONS

Double Layered Headband: Sew 2 sets of 1 x 6 rectangles. With right sides together, sew together along the long sides. Turn right sides out. Repeat steps 2-4 from Assembly, sewing together 8 layers for the twist.

Two-Color Headband: Weave 3 squares of each color. Place 3 squares of color A, then 3 squares of color B or alternate between the colors. Assemble as explained above.