# **Comprehensive Allround Vitality Kit contains** DAPOXETINE+TADALAFIL combo:

Comprehensive Allround Vitality Kit contains Tadalafil and Dapoxetine used to treat premature ejaculation in men. Tadalafil works by inhibiting the phosphodiesterase enzyme, which leads to the breakdown of cGMP and causes relaxation of smooth muscles and vasodilation (widening) of blood vessels in the penis. Thereby, it helps to treat erectile dysfunction and symptoms of an enlarged prostate. Dapoxetine works by increasing the serotonin level in nerves, which improves control over ejaculation and hence increases the time taken to ejaculate.

Take DAPOXETINE+TADALAFIL as prescribed by your doctor. You are advised to take DAPOXETINE+TADALAFIL for as long as your doctor has prescribed it for you, depending upon your medical condition. In some cases, you may experience nausea, dizziness, vomiting, dryness in the mouth, indigestion, nosebleeds, headache, flushing (sense of warmth in the face, ears, neck, and trunk). Most of these side-effects do not require medical attention and will resolve gradually over time. However, you are advised to talk to your doctor if you experience these side-effects persistently.

Do not take DAPOXETINE+TADALAFIL if you take nitrates (used to treat angina), riociguat (used to treat pulmonary hypertension), or alpha-blockers, if you have heart problems or stroke, low, or uncontrolled high blood pressure. DAPOXETINE+TADALAFIL is not intended for use in women. DAPOXETINE+TADALAFIL may cause dizziness, so drive with caution. Avoid consuming alcohol as it might cause increased dizziness. DAPOXETINE+TADALAFIL should not be given to children as safety and effectiveness have not been established. Keep your doctor informed about your health condition and the medicines you are taking to avoid unpleasant side-effects. Do not take DAPOXETINE+TADALAFIL if you have taken MAO inhibitor (a medication for depression) in the last 14 days.

## Side Effects of TADALAFIL+DAPOXETINE

- Nausea
- Dizziness
- Vomiting
- Dryness in mouth
- Indigestion
- Nosebleeds
- Headache
- Flushing (sense of warmth in the face, ears, neck, and trunk)

#### **In-Depth Precautions and Warning**

#### **Drug Warnings**

Do not take DAPOXETINE+TADALAFIL if you are allergic to any of its contents; if you are taking nitrates (used to treat angina), riociguat (used to treat pulmonary hypertension), or alpha-blockers; if you have heart problems or stroke, low blood pressure, or uncontrolled

high blood pressure, if you ever had a loss of vision. Inform your doctor before taking DAPOXETINE+TADALAFIL if you have sickle cell anemia (abnormal red blood cells), multiple myeloma (cancer of bone marrow), leukemia (blood cell cancer), deformation in penis, severe kidney or liver problems. Consult your doctor immediately if you experience DAPOXETINE+TADALAFIL. loss of vision or hearing while taking DAPOXETINE+TADALAFIL is not intended for use in women. DAPOXETINE+TADALAFIL may cause dizziness, so drive with caution. Avoid consuming alcohol as it might cause increased dizziness. DAPOXETINE+TADALAFIL should not be given to children as safety and effectiveness have not been established. Do not take DAPOXETINE+TADALAFIL if you have taken an MAO inhibitor (anti-depressant medication like Isocarboxazid, Phenelzine, Selegiline, and Tranylcypromine) in the last 14 days.

## **Drug Interactions**

**Drug-Drug Interactions:** DAPOXETINE+TADALAFIL may have interaction with antihypertensive (amlodipine, lisinopril, losartan, metoprolol, riociguat), alpha-blockers (tamsulosin), anti-anginal (nitroglycerin), anti-fungal (ketoconazole, itraconazole), antibiotics (erythromycin, clarithromycin), anti-TB (rifampicin), anticonvulsants (phenobarbital, phenytoin, carbamazepine), anti-HIV (ritonavir, saquinavir, nelfinavir), pain-killers (tramadol), anti-depressants (lithium, nefazodone), MAO inhibitor (Isocarboxazid, Phenelzine, Selegiline, and Tranylcypromine).

**Drug-Food Interactions:** Avoid consumption of alcohol as it may temporarily impair your ability to get an erection. Also, do not take St John's wort plant (a natural remedy to treat depression).

**Drug-Disease Interactions:** DAPOXETINE+TADALAFIL may have interactions with cardiovascular/heart disease, renal dysfunction (kidney impairment), pulmonary disease, alcoholism, liver disease, seizure disorder, hearing loss, retinitis pigmentosa (loss of vision), and priapism (prolonged erection of the penis).

Drug-Drug Interactions Checker List:

- AMLODIPINE
- LISINOPRIL
- LOSARTAN
- METOPROLOL
- RIOCIGAUT
- TAMSULOSIN
- NITROGLYCERIN
- KETOCONAZOLE
- ITRACONAZOLE
- ERYTHROMYCIN
- CLARITHROMYCIN
- RIFAMPICIN

- PHENOBARBITAL
- PHENYTOIN
- CARBAMAZEPINE
- RITONAVIR
- SAQUINAVIR
- NELFINAVIR
- TRAMADOL
- LITHIUM
- NEFAZODONE
- ISOCARBOXAZID
- PHENELZINE
- SELEGILINE
- TRANYLCYPROMINE

## Safety Advice

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ALCOHOL CAUTION

You are advised not to consume alcohol while taking DAPOXETINE+TADALAFIL as it may cause increases dizziness.

• PREGNANCY

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UNSAFE

DAPOXETINE+TADALAFIL contains Tadalafil, which belongs to pregnancy category B. DAPOXETINE+TADALAFIL is not intended for use in women.

BREAST FEEDING <mark>UNSAFE</mark>

DAPOXETINE+TADALAFIL is not intended for use in women.

• DRIVING CAUTION

DAPOXETINE+TADALAFIL may cause dizziness. Therefore you are advised to drive and operate machinery only if you are alert.

#### LIVER CAUTION

Dose adjustment may be needed. Please consult your doctor before taking DAPOXETINE+TADALAFIL if you have liver impairment/liver disease or any concerns regarding this.

## KIDNEY CAUTION

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Dose adjustment may be needed. Please consult your doctor before taking DAPOXETINE+TADALAFIL if you have kidney impairment/kidney disease or any concerns regarding this.



CHILDREN UNSAFE

DAPOXETINE+TADALAFIL should not be given to children as safety and effectiveness have not been established.

# **Habit Forming**

No

## **Diet & Lifestyle Advise**

- Maintaining a healthy weight, eating a balanced diet, and regularly exercising may help you manage erectile dysfunction.
- Avoid alcohol consumption to treat your condition effectively, as consuming an excessive amount of alcohol may temporarily impair your ability to get an erection.
- Avoid usage of tobacco.
- Share intimate time with your partner.
- Stay sexually active to prevent further problems with erectile dysfunction.

# **Special Advise**

- Take DAPOXETINE+TADALAFIL 30 minutes to 4 hours before sexual intercourse. However, it is best to take it an hour before sexual activity.
- Do not take DAPOXETINE+TADALAFIL more than once in a day. Take DAPOXETINE+TADALAFIL as prescribed by the doctor.
- Talk to your doctor if the erection persists for greater than four hours.